



DOUBLE Z
LAND & LIVESTOCK

ZZ Meat Club Sample Year

	Just Beef (avg. wt.)	Beef & Lamb (avg. wt.)
January	Ground (2 lbs) Chuck Roast (3.5 lbs) Cross-cut Shank (2 lbs)	Shoulder Roast (3.5 lbs)
February	Ground (2 lbs) Short Ribs (4 lbs) Bottom Round Roast (3.5 lbs)	Rack of Lamb (1.5 lbs)
March	Ground (2 lbs) Brisket (3 lbs) Chuck Steak (2 lbs)	Stew (2 lbs)
April	Ground (3 lbs) Top Round Roast (3.5 lbs)	Leg of Lamb (3.5 lbs)
May	Ground (3 lbs) Porterhouse (2.5 lbs) London Broil (2.5 lbs)	Ground (2 lbs)
June	Ground (3 lbs) Franks (1 pkg./6 franks) Sirloin Tips (1 lb) Flank Steak (1 lb)	Rack of Lamb (1.5 lbs) Rib Chops (3.5 lbs)
July	Ground (3 lbs) Ribeye (3 lbs) Kabobs (1 lb)	Kebabs (3 lbs)
August	Ground (3 lbs) T-Bone (2.5 lbs) Skirt or Hanger Steak (.75 lb)	Loin Chops (3.5 lbs)
September	Ground (2 lbs) Sirloin Steak (2 lbs) Stew Beef (3 lbs)	Shoulder Roast (3.5 lbs)
October	Ground (2 lbs) Yankee Neck Pot Roast (3.5 lbs) Chuck Steak (2 lbs)	Ground (2 lbs)
November	Ground (2 lbs) Face Rump roast (3.5 lbs)	Shank (3.5 lbs)
December	Ground (1 lb) Eye Round Roast (3.5 lbs) Tenderloin (1 lb)	Leg of Lamb (3.5 lbs)