

About the Agency

The Familial Trust is an agency providing a variety of services for the families of compulsive gamblers, alcoholics and addicts. Our staff consists of trained and experienced consumers, providing clients with first hand support and knowledge.

Our staff are able to offer a gentle, empathetic approach to dealing with clients who may be experiencing grief, anxiety and resentment.

Mission Statement Kaupapa

“To educate family members as to the impact another person’s addictions has had on their lives and empower them to make lasting changes for the future.”

Patron – Dr Robert Crawford

Familial Trust Because Families Matter

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Familial Trust *Te Whanau o* *Whakapono*

Outpatient Treatment Programme



**For those affected by
another’s addiction**

**A Registered Charitable Trust
CC25231**

Family Member Treatment Programme

This program is designed to give new insights and education to family members and associates whose lives may have been affected by another's addiction.

It is designed for anyone who may be living with or grew up with the problem of addiction in their lives.

Clients may have had addictions of their own and want to investigate their family of origin issues.

The program is run for three consecutive days (three hours per day) over four weeks. Each session will consist of 1³/₄ hours of education and one hour of group therapy.

The cost of the programme is \$150.00 however, we have a sliding scale fee system for all our programmes and services. No-one will be turned away for financial reasons.

Please note that this is an **intensive** Outpatient Treatment Programme. This means that emotions will be stirred up. However, the basic value of the Familial Trust is to provide a **safe** environment where you will be supported and encouraged.

Criteria

- ❖ Those whose lives have or are being affected by another's addiction.
- ❖ For those who have or have had addictions, there is a requirement of 2 years abstinence from the substance or behaviour.
- ❖ Attendees must have a minimum of 4 one-on-one counselling appointments and 2 aftercare appointments with their original clinician.
- ❖ Completion of a comprehensive assessment and paperwork will be required – including collection of data and previous assessments from any other agencies involved in your care (past or present).

In this therapeutic process, the client will gain knowledge in the following areas:

- Addiction and its effects on the family
- Self Awareness
- Healthy Boundaries
- How to have relationships and communicate with the addict
- Feelings – what are they?
- Recovery – what is it?
- How to make lasting changes

Goals and Objectives

- ❖ *To provide the client with a supportive and non-judgmental environment that will encourage, support and educate in a way to make lasting changes and to strengthen the family unit.*
- ❖ *To provide information and support to families/whanau or people with addictions – acknowledging and providing the families needs in relation to information, education and support.*
- ❖ *To provide advocacy, peer and social support.*
- ❖ *To provide support to people leaving residential programs.*