

---

## Itinerary for Ghana Cultural Tour

**Tour Reference:** R100604  
**Tour Name:** Request from Savannah State Uni. Alumni – Barbara Myers  
**Quote Reference:** Q100272  
**Start Date:** June 9 – 18, 2018

**Day 1 Sat 9 Jun 2018**

**UPDATED NOVEMBER 9, 2017**

### Akwaaba Arrival

Arrive in Accra, Ghana at **2:00pm**. Transfer from airport to your hotel for orientation at **3:30am**.

### La Palm Royal Beach Hotel - 2 Nights

La Palm is Accra's principal address for businessmen, government delegations and tourists. Hugging the shores of the Atlantic, this 152-room hotel, is located inside 30 acres of lush lawns and landscaped gardens. With its 8 bars and restaurants, 3 swimming pools, a gym, spa, hair salon, nightclub and La Palm is rightly the One Destination with Endless Possibilities.



### Welcome Dinner with Live Band Music

Enjoy live band music at the Lapalm Beach Hotel. Afterwards, have dinner where you will enjoy your sampling of some Ghanaian cuisine. **(Dinner at 7.00pm at the hotel)**

**Meals Included: breakfast and Dinner**

---

**Day 2 Sun 10 Jun 2018**

### Accra City Tour

After breakfast, take part in a brief orientation before embarking on a sightseeing city tour of Accra at **9.00am**. You will drive through the administrative and economic districts of Accra, the capital of Ghana. This 137-year-old city has a blend of colonial and modern architecture that summarize her history. You will visit the W. E. B. Dubois Center for Pan African Culture, Independence/ Black Star Square and Kwame Nkrumah Memorial Park. End your tour at the Arts Centre where you will have an opportunity to use your bargaining skills to shop from an open air market for artefacts from Ghana and West Africa.

You will complete your tour with a visit to the dressmakers. **(Overnight at La Palm Royal Beach Hotel)**



**Meals Included: Breakfast and lunch**

**Day 3 Mon 11 Jun 2018**

**Accra - Cape Coast and Elmina Slave Dungeons**

Enjoy breakfast at your hotel; depart for Cape Coast at **8.00am**. On arrival embark on a tour of the infamous Forts, Castles and Slave Dungeons of Ghana. History will unfold the story of the slave trade which the impact is still felt beyond the shores of Africa today. Visit the Cape Coast Castle built by the Swedes in 1653 and was later taken over by the British. This castle also houses the West African Historical Museum established by the Smithsonian Institute in collaboration with the Ghanaian Government in 1994.

Afterwards, visit the Elmina Castle built by the Portuguese in 1482 and is also known as St. George's Castle. This castle was the first European structure built in Sub - Saharan Africa. The colourful harbour nestled below the Elmina Castle, full of pirogues preparing to go to sea offers one of West Africa's greatest photo opportunities. *(Drive time: Accra to Cape Cost is 3hrs)*



**After dinner participate in KASA (TALK TIME) at 8.30pm-An opportunity to learn more about Ghanaian culture or simply talk to each other and share information about the experiences you are having on the tour. (This activity will be led by the tour guide). Then enjoy a Bonfire by the beach!**

**Overnight at Coconut Grove Beach Resort, Elmina - 2 Nights**

Coconut Grove Beach Resort has become an important land mark in Elmina. All rooms are air-conditioned, with hot and cold water, mini bar, satellite multi-channel TV reception, and Wi - Fi connection. The popular Ocean View Restaurant has an enviable reputation for the best sea food served fresh in the region. Coconut Grove Beach Resort is the only hotel in Elmina that has access to a clean and safe beach.



**Meals Included: Breakfast and lunch**

---

**Day 4 Tue 12 Jun 2018**

**Kakum National Park and Elmina Walking Tour** *(High impact activity)*

After breakfast, at **8.00am** drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa's surviving tropical rain forests. Extending over 360sq km, Kakum is the home to over 40 large mammals and 400 bird species as well as many species of butterflies, flora and fauna. The most popular attraction is the Canopy walkway which is made up of seven bridges extending 330m, hanging 100 feet above the forest floor. Choose between a 2 km nature walk through this forest to discover the wide variety of exotic floral species and the medicinal values they offer or take a walk on the canopy walkway.

After lunch, embark on a guided walking tour of Elmina, which was the first point of European contact in Sub-Saharan Africa. It was once the most cosmopolitan city in Tropical Africa. Climb the Jago Hill to Fort Saint Jargo, which was used by the Dutch as a post to snatch the Elmina Castle from the Portuguese. You will be thrilled by the various Colonial Dutch Cemeteries as well as the colourful *Asafo* (Fante Traditional Soldiers) Posts with their philosophical symbols. **(Overnight at Coconut Grove Beach Resort – Elmina)** *(Drive time: Elmina to Kakum is 45min)*

**Meals Included: Breakfast and lunch**



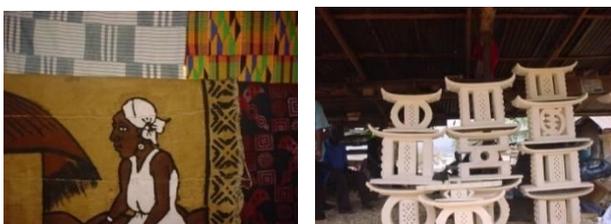
---

**Day 5 Wed 13 Jun 2018**

**Elmina – Assin Manso - Kumasi City Tour**

After breakfast, drive through the forest zone to Kumasi, the seat of the Ashanti Empire to explore the legends of the famous Ashantis, whose legacies are still evident today. En route, stop at Assin Manso, visit the site of "Donkor Nsuo", the former Slave River and market, the final transit point for a large number of enslaved Africans. This is the final resting place for two ancestors whose mortal remains were returned from the USA and Jamaica and re-interred there.

Continue on to Kumasi where you will visit Manhyia Palace Museum, to obtain firsthand information on the legacies of the Ashanti kingdom. A regal history that dates back to 1700 is told with relics and artefacts. Enjoy a drive through the city with monuments dedicated to the memory of the great Ashanti people. End the day's tour at the National Cultural Centre which features the Prempeh II Jubilee Museum and various studios of the brass makers, potters and batik makers. *(Drive time: Elmina to Kumasi is 4hrs)*



**Meals Included: Breakfast and lunch**

**Golden Tulip Kumasi – 2 Nights**

This remarkable hotel, the Golden Tulip Kumasi City is a first class African style business hotel set in extensive tropical gardens in the central business district of the Ashanti regional capital in Kumasi. The restaurant also offers a la carte style menu and buffets with international and local flavour. The hotel is equipped with facilities such as a forex bureau, lounge bar, Drive VIP bar, swimming pool, tennis courts, a shop and casino.



**Day 6 Thu 14 Jun 2018**

**Ashanti Craft Village**

This day is devoted to visiting the three famous Ashanti craft villages. After breakfast depart for Ahwiaa, the wood carvers' village, Ntonso, the home of Adinkra cloth, and Bonwire, the Kente weaving village. You will have an opportunity to see how African crafts are made and to buy directly from the artisans who make them. **(Overnight at Golden Tulip Kumasi)**



**After dinner participate in KASA (TALK TIME)-An opportunity to learn more about Ghanaian culture or simply talk to each other and share information about the experiences you are having on the tour. (This activity will be led by the tour guide)**

**Meals Included: Breakfast and lunch**

**Day 7 Fri 15 Jun 2018**

**Kumasi – Cedi Beads Factory - Akosombo**

Check out and depart after breakfast for drive to the Eastern Region to visit the cedi bead factory. Beads play a very important role especially in the life and culture of the Krobo people of Ghana. They are used to mark family status, special occasions and the important rites of passage of girls to puberty called the "Dipo". Participants will be shown around the factory and participate in the making of beads by hand in batches in a traditional manner. Continue the drive to Akosombo and check in at hotel.

*(Drive time: Kumasi to Akosombo is 4hrs)*

**Meals Included: Breakfast and Lunch**



### **Volta Hotel - 1 Night**

The natural beauty and tranquility of this location is the view from each of the elegant rooms of Volta Hotel, originally built to accommodate Ghana's first president Dr. Kwame Nkrumah, while he supervised the construction of the Akosombo Hydro Electric Dam, nestled in a beautiful ecological environment overlooking the world's second largest man-made lake, the Volta and the Akosombo Dam. The hotel has as part of its recreational facilities has a large outdoor swimming pool, a double tennis court, table tennis and two cruise boats.



### **Day 8 Sat 16 Jun 2018**

#### **Naming Ceremony - Accra**

Depart early morning for a scenic drive to a beautiful village located on the lower course of the splendid Volta River. You will have the opportunity to pay a courtesy call on the paramount chief and elders amidst traditional drumming and dancing by the villages and also participate in a naming ceremony, where you will be given a traditional African name.

After the ceremony visit the school within the community and give a donation to the school and it's students. Then partake in other activities including a demonstration of pottery making which is the main occupation of the women in the village. Finally there will be an opportunity to donate school supplies and medical equipment to the community school and clinic. Afterwards, continue to Accra. **(Overnight at Lapalm Royal Beach Hotel)** *(Drive time: Torgorme to Accra is 1hr,30 min)*



**Meals Included: Breakfast and Lunch**

**Day 9 Sun 17 Jun 2018**

---

**Shopping - Farewell Dinner with Traditional Drumming and Dancing**

After breakfast, explore the unique city of Accra and discover some little treasures and souvenirs to take back home to share with family and friends. Then spend the rest of the day relaxing.

At **6.30pm** in the evening enjoy a colourful performance by the pool involving dancing, singing and drumming. You will be gathered on the lawn by the pool as you watch traditional dancing accompanied by drumming. Towards the end of the performance you will be invited to dance with the troupe as you show them what you have learnt and perhaps you can also show them your dance moves too! After this interactive performance you will have dinner at the restaurant at your hotel. (**Overnight at Lapalm Royal Beach Hotel**)



**Meals Included: Breakfast and lunch**

**Day 10 Mon 18 Jun 2018**

---

**Departure**

Spend the rest of the day doing last minute packing and relaxing. Late transfer to the airport in the evening for final departure back home

**Meals Included: Breakfast**

**END OF ITINERARY**



## Landtours Ghana Limited

199 Soula Loop, North Labone, Accra, Ghana

Tel: +233 (0) 302 761 752

Fax: +233 (0) 302 761 751

Email: corporatetravel@landtours.com

Website: www.landtours.com

**GROUP NAME: SAVANNAH STATE ALUMNI GL**  
**TOUR NAME: 10-DAY GHANA CULTURAL TOUR 2018**  
**TOUR DATE: JUNE 9 – 18, 2018**  
**QUOTE DATE: OCTOBER 31, 2017**

**SUMMARY OF TOUR PACKAGE**  
**10 Days/ 9 Nights tour includes the following:**

<b>TRANSPORTATION</b>	Transportation in an air-conditioned vehicle
<b>ACCOMMODATION</b>	Accommodation in the best 4/3 –Star hotels features air-conditioned rooms with private baths, WIFI, TV and telephone, bar & restaurant and swimming pool.
<b>MEALS</b>	Breakfast, 8 Lunches, 2 Dinners
<b>ENTRY FEES</b>	All entry fees included in this tour package are included as stated in itinerary
<b>OTHER</b>	Three small bottles of water per person daily and portorage at airport and hotel
<b>GUIDING SERVICES</b>	A trained licensed driver and Tour Guide will accompany you when on tours.
<b>COMPLIMENTARY PACKAGE</b>	One (1) Double Occupancy Room

\*Please note: Single Supplement

The cost of this tour is based on 2 people sharing a room. In cases where there is only one person in a room, that person will pay an additional single supplement:

**DISCLAIMER:**

The Cost of package will increase if hotels, airline fares and transportation cost increase. Quote will be reviewed 3 months before group's arrival and you will be notified accordingly.



## Landtours Ghana Limited

199 Soula Loop, North Labone, Accra, Ghana

Tel: +233 (0) 302 761 752

Fax: +233 (0) 302 761 751

Email: corporatetravel@landtours.com

Website: www.landtours.com

**GROUP NAME: SAVANNAH STATE ALUMNI GL**  
**TOUR NAME: 10-DAY GHANA CULTURAL TOUR 2018**  
**TOUR DATE: JUNE 9 – 18, 2018**  
**QUOTE DATE: OCTOBER 31, 2017**

Please note that your quote/package is based on the following hotels. We will **only proceed** with reservations for you after we receive your completed confirmation form with your choice of package.

If any of these hotel quoted for your choice of package are unable to confirm, we will secure an alternative and available hotel for you. Please note that this **may increase or decrease your quote/package** depending on the new hotel obtained for you. If it is necessary to choose an alternative hotel, we will inform you prior to making the change.

Please note that services that are prepaid and not used at the group's decision, a refund will not be given.

### **4/3 Star Package:**

<b>Location/City</b>	<b>Hotel</b>	<b>Star Rating</b>
Accra	Lapalm Royal Beach Hotel	4-star
Elmina	Coconut Grove Beach Resort	3-star
Kumasi	Golden Tulip Kumasi	4-star
Akosombo	Volta Hotel	3-star



## Landtours Ghana Limited

199 Soula Loop, North Labone, Accra, Ghana

Tel: +233 (0) 302 761 752

Fax: +233 (0) 302 761 751

Email: corporatetravel@landtours.com

Website: www.landtours.com

**GROUP NAME: SAVANNAH STATE ALUMNI GL**  
**TOUR NAME: 10-DAY GHANA CULTURAL TOUR 2018**  
**TOUR DATE: JUNE 9 – 18, 2018**  
**QUOTE DATE: OCTOBER 31, 2017**

### **Included in Land Cost**

- All ground transportation and transfers as per itinerary or similar
- All accommodations as specified in this itinerary or similar
- All meals as specified within the budget as outlined as in Breakfast, 8 Lunches and 2 Dinners.
- Entrance fees for all tours and excursions specified in the itinerary or similar
- Baggage assistance and fees at hotels and airport
- Professional English-speaking local guides

### **Not Included in Land Cost**

- International flights.
- All airport departure taxes (international departure taxes to be paid in USD)
- Excess baggage charges
- Passport and visa fees
- Meals not specified in this itinerary
- En route meals, hotels, transportation, and other arrangements
- All drinks except bottled water or soda with meals
- Personal items such as laundry, email, fax, telephone, souvenirs, etc.
- Gratuities for tour and site guides and drivers
- Trip cancellation, travel delay, and baggage insurance (Note: This optional coverage is highly recommended and can be purchased through your local insurance company)
- Charges incurred as a result of delays beyond Land Tours Ghana, such as delayed or cancelled flights