

# 1-page ACHIEVER

Day:

Name:

## PURPOSE

Long-term goals			
Daily goals to achieve long-term goals	Goal 1:	Goal 2:	Goal 3:
Prioritized actions list to achieve daily goals	1.  2.  3.	1.  2.  3.	1.  2.  3.
Contact list	- Reaching out to:  - Waiting on:  - Daily recorded important contacts:		
Daily to-do list following hours			
GRATITUDE: 3 things thankful for	GIVING: 3 things can contribute to others	GROWTH: 3 things can be done differently	