

2010 Grant Recipients

Total Amount Awarded: \$269,616

STATEWIDE PROGRAMS

Best Beginnings/United Way

Alaska's Early Learning Guidelines

\$16,667 Serving Anchorage / Statewide

Best Beginnings is creating family friendly versions of the Alaska's Early Learning Guidelines (ELGs) in languages other than English. ELGs inform parents, caregivers, community members, and leaders about expectations for children's development and learning. Best Beginnings will share Alaska's Early Learning Guidelines with expecting, new, and first-time parents and other community members in the most common non-English languages read by Alaskans.

Resource Center for Parents and Children (RCPC)

Alaska Parent Line

\$51,799 Serving Fairbanks / Statewide

The Alaska Parent line connected parents with trained parent educators who offered parenting advice and referrals 12 hrs/day, 7 days/week, 9:00 AM-9:00 PM.

Community Partnership Project

\$15,000 Serving Fairbanks / Statewide

The Community Partnership Project is a primary prevention project that utilizes the Community Café model to facilitate conversations amongst parents in the greater Fairbanks community. The purpose of this project is to provide a forum for parents to engage in an open and honest dialogue about how to ensure the safety and health of children. Parents from different "communities" within the Fairbanks area were identified to participate in the various Community Cafés hosted by RCPC. Leadership over the Cafés was provided initially by RCPC staff, then by parents who naturally took ownership of the group.

Community Education Project

\$10,000 Serving Fairbanks / Statewide

The Community Education Project supports RCPC in its efforts to provide comprehensive parent education and support services to families throughout the Fairbanks community. Funds from this project supported the following parent education classes and support groups: Parenting the Positive Discipline Way, 40 Developmental Assets for Kids, Raising a Spirited Child Support Group, and a Teen Parent class. This project also provided for child care services and nutritious snacks for both children and parents that participated in a parenting class or support group. The Community Education Project also includes training and professional development for parent educators. To support the goal and objectives of this project, parent educators were trained to utilize the Parenting the Positive Discipline Way, Assets, and Young Parenting curricula.

Statewide Cuddle Cure Project

\$17,500 Serving Fairbanks / Statewide

The Statewide Cuddle Cure Project is a primary prevention educational program that targets parents who are expecting a newborn or are caring for an infant birth to three months of age. Through this project, RCPC provides outreach services, instructor training, technical assistance, and support to Cuddle Cure instructors residing in eleven rural communities, including: Barrow, Bethel, Dillingham, Fort Yukon, Haines, Homer, Kenai, Kotzebue, Nome, Tok, and Valdez.

SOUTHCENTRAL ALASKA

Alaska Injury Prevention Center

Positive Parenting

\$16,667 Serving Anchorage

The Positive Parenting Program is a six week workshop designed to strengthen families. The Weekly classes provide skills training for the whole family in self-esteem, safety, discipline, communication, etc.

Cook Inlet Tribal Council, Inc.

Child Wellness Project

\$16,667 Serving Anchorage

The CITC Child & Family Services Department Outreach for Child Wellness Project is aimed at increasing both awareness of and access to supportive services in the Anchorage community for Alaska Native or Native American adults and children who have recently relocated to this urban area or who have not utilized resources available to them. Resource information to prevent child abuse and neglect is

disseminated directly to families through program volunteers as well as through monthly community orientation sessions. The Outreach for Child Wellness project connects families with both primary and secondary prevention services that promote healthy parenting skills and strengthening families within CITC and the larger system of resources in the Anchorage community.

SeaView Community Services

SeaView Planning Grant

\$10,000 Serving Seaward

The SeaView planning grant will support the various components of planning a community-based primary child abuse prevention program for the community of Seward. The program will be spearheaded by a coalition comprised of approximately 15 members. The outcomes include the development of strong support systems, increased resiliency and connectedness and healthy families and communities.

thread

Strengthening Families Support

\$17,500 Serving Alaska / Rural Communities

Utilizing the five protective factors (parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and healthy child social and emotional development) this project expands on current efforts that help early educators integrate family support principles in their programs. thread provides specific training, support, and financial incentives that help child care programs enhance their abilities to support families. Early Education Trainers in Alaska have been fortunate to receive national training on quality curricula around the prevention of child abuse and neglect. As a result, participating child care programs will have access to Partnering with Parents: Prevention of Child Abuse and Neglect by Zero to Three, the nation's leading resource on the first years of life, and Stronger Together by the Parent. Child abuse and neglect is strongly connected to quality relationships between families and child care programs in both of these curricula.

Strengthening Families Community Café Liaison Project

\$15,000 Serving Alaska / Rural Communities

This project was designed to "Strengthen Families and Communities" through the offering of Community Cafes to service agencies and child care programs within the Municipality of Anchorage and in nine rural communities. thread created

opportunities for meaningful conversations between parents to build on the Statewide Prevention Summit vision “By the year 2030 Alaska will be the safest state for a child to be born and raised and that each child will be healthy, safe, and nurtured.” thread strived to build capacity in rural and urban communities around the ability to host guided conversations to build community wisdom and to build Protective Factors in families. thread utilized new and existing partnerships to build connections to empower more parents to advocate for their needs and improve the early care and education for their children.

INTERIOR ALASKA

Fairbanks Resource Agency

Supported Parenting Program

\$16,667 Serving Fairbanks / North Pole

The Supported Parenting Program has been recognized for its innovative approach to parenting education and to meeting the diverse learning styles of parents who fall into high risk groups of substance abuse, ineffective coping skills, and/or poor socialization skills due to cognitive disabilities. Through its unique interactive curriculum design, the project focuses on the prevention of substance abuse and alcohol related birth defects while strengthening the resiliency and skills of parents. Two components of the project, onsite childcare and home visits, service to encourage regular class attendance and help parents apply learned class skills to practical use in other settings. A third component, which helps parents to independently connect to community resources and services, provides additional skills to assist parents with problem solving and choosing healthy and safe alternatives to coping with life challenges. Classes are offered every other Tuesday from September through June. Families are welcome to attend together and actively participate in parent child interactive nights that are planed once a month.

Open Arms Child Development Center

Preventing Child Abuse and Neglect

\$9,482 Serving Fairbanks

Open Arms offers full time care and education for children ages 6 weeks to 10 years of age. Services offered through the ACT grant include A Four Point Connect plan with new families, Parents Navigators, Parent Coaching, Professional Counseling Services, Parenting Classes, and Wednesday Evening Family Dinners, and activities. These services are available on an ongoing basis throughout the year and address three of the five protective factors highlighted in the Strengthening Families Initiative.

SOUTHEAST ALASKA

Catholic Community Services

Family Resource Center: Expanding Capacity

\$16,667 Serving Juneau

The Catholic Community Services Family Resource Center and the Young Parent Healthy Teen Center offer the Casey Family Programs, Powerful Families curriculums. These include: Financial Literacy, Parent Advocacy and Parent Leadership. These classes run on scheduled cycles. Additionally, CCS facilitates Our Time parent support groups which meet at different locations weekly.

Juneau Family Health & Birth Center

Strength in Families Program

\$7,500 Serving Juneau

The Strength in Families Program, a program of the Juneau Family Birth Center, is a prevention and support program designed to positively influence families, parents, and children before child abuse and neglect occurs. This free education and social support program has been designed to serve all families – but especially families who are at-risk and under-served – and exist as a program within the context of a community family center, birth center, and clinic. The program utilizes education, support, and health care from a team of providers including a physician, midwives, a doula, and educators. Services are received voluntarily and seek to promote positive family functioning built upon participants' strengths, attempt to influence social forces (birthing and parenting practices) which impact parents and children, and are culturally responsive to program participants, building on the cultural strengths of the family and community.

Building Strength in Families: A Community Program to Prevent Child Abuse & Neglect

\$15,000 Serving Juneau

The Strength in Families Program is a prevention and support program designed to positively influence the community, families, parents, and children before child abuse or neglect occurs. This free education and social support program has been designed to serve all families – but especially families who are at-risk and under-served – and exists as a program within the context of a community family center, birth center, and family practice clinic. This grant includes Community Cafés; valuable “round table” discussions aimed at gathering collective information and creating ideas to strengthen families.

REACH, Inc.

STAR Project

\$17,500 Serving Juneau

STAR Project goals include providing screening, assessment and early intervention services for 25 children and their families, increasing staff skills for understanding and supporting infant/toddler mental health, and increasing families' capacity to contribute to their young child's social, emotional and behavioral wellbeing.