The values we share together in Trinity College Graduate Students’ Union make all the difference
Welcome

Dean of Graduate Studies

Hi everyone,

My name is Neville Cox and I’m currently Trinity College’s Dean of Graduate Studies. In this role I am the College Office with responsibility for the admission and progression of all graduate students and thus I will be ultimately responsible for you during the next academic year as you study here. Can I welcome you all to Trinity – and a special welcome to all our incoming students. I hope that the next year is one of great academic and personal fulfilment for you. Trinity is, of course, an ancient university but it is also highly innovative and progressive and is, I believe, utterly committed both to scholarship and to the well-being of all its students. These are the ideals that underpin the work of my office and I can assure you of my personal commitment to the well-being of each one of you.

As you begin the new academic year, perhaps I could offer two pieces of advice! First, and whereas of course your studies take priority, please remember that this university is a hive of ‘extra-curricular’ activity and I would strongly encourage you to benefit from this! I have no doubt that your studies will be enhanced by taking part in the wider life of the university. Secondly, some of you may encounter difficulties along the way. I have no doubt that the best advice is to try to deal with problems early on rather than letting them fester. We really try to take all reasonable steps to accommodate students in difficulty. In this handbook and at orientation you will be briefed on the support services that are available in college. In addition, your supervisor or thesis committee, or your course director as well as your school’s director of postgraduate teaching and learning, will be invaluable to you.

And finally, if I can ever be of assistance to you, please do not hesitate to contact me. I look forward to meeting as many as possible of you during the year.

Good luck!
Trinity’s Graduate Students’ Union (GSU) is the representative body for all postgraduate students in Trinity College Dublin. The two Sabbatical Officers of the GSU work full-time and represent postgraduate students on all major committees including Board, Council, Student Life, Graduate Studies Committee and Research Committee. The Union represents postgraduate students within the University, advocates on behalf of Union members on issues that impact your education internally and nationally; and protects the interests of our members during their studies.

The Union provides social and recreational facilities for postgraduate students, manages the facilities of the 1937 Postgraduate Reading Room in Parliament Square and provides a Graduate Common Room for postgraduate students in House 7. The Union also provides lockers for students in the 1937 Reading Room, with rental organised through the House 6 Front Office.

The GSU President and GSU Vice-President are elected to represent their respective areas separately from one another. Both report independently to the GSU Executive and to GSU Board and at GSU Council. The GSU President works primarily in the area of policy and the GSU strategic initiatives and directly oversees the implementation of the Union’s fiscal and commercial development and annual growth. The Vice-President is the Welfare and Academic Officer whose focus is to help postgraduates realise their academic potential and provides confidential one-to-one advice, advocacy and support with issues like supervisor relationships and financial deprivation. The GSU sends a weekly email of information, postgrad events and updates from the university. This year’s sabbatical team will work to ensure that postgraduate students are heard, valued and respected, and endeavour to create a progressive, inclusive, dynamic environment where everyone can participate fully.

Social media:
- #PuttingPostgradsFirst
- Facebook: @TrinityGSU
- Instagram: @tcdgsu
- Twitter: @TrinityGSU

Contact info:
- GSU Website: www.tcdgsu.ie
- GSU President: president@tcdgsu.ie
- GSU Vice-President: vicepresident@tcdgsu.ie
- Office landline: 01896 1169
- GSU, 2nd Floor, House 6, Front Square, Trinity College Dublin, Dublin 2
Dear friends, welcome to the World of the Graduate Students’ Union (GSU). I hope all is well with your good selves. Along with Gisèle Scanlon, Vice-President, I recently assumed stewardship of the Graduate Students’ Union 2019–2020 term. Established in 1973, we are the main representative body for postgraduate students in Trinity College Dublin, the University of Dublin, and one of only two such unions in Ireland for postgrads. All registered postgraduate students with Trinity College Dublin are de-facto members of the Union. We exist to enable you – the postgraduate community – to be brilliant. Trinity benefits greatly from your intelligence, vision, energy, enthusiasm, creativity, and investment, therefore you are represented at all levels of College governance through your GSU.

As President, and primary spokesperson for the Union, it is my job to articulate the views and concerns of the membership on local and national issues, and to ensure that the Union amplifies your voice. I am responsible for implementing the Union’s mandates, for pursuing GSU strategic initiatives, and implementing our annual and multi-year plans. It is imperative that College undertakes to postgrad-proof its decisions, that is, to improve the culture of the organisation around how it engages with postgrads, and in the coming term I will endeavor to make this a reality. I need your help to do that. I will be working to represent your interests on College committees such as Board, Finance, and Graduate Studies, and to maintain and develop productive, professional relationships with all Trinity stakeholders so as to improve, and enhance, your learning – and work – experience during your time here. Meet me halfway. Becoming active in the GSU will provide you with a structured way of plugging into campus life, plus it’s a great way to get to know your peers. There are many ways to engage, from volunteering at social events, to campaigning, to fundraising. You can get involved as a Course Representative, a member of the Executive, you can keep yourself informed by attending GSU AGM and Council meetings, or simply come along to our social events.

As someone who has returned to education later in life I understand the sacrifices that postgrads make to engage with College. This is especially true for international students unfamiliar with Irish culture, and who may be grappling with a language that is not their native tongue; for student-parents juggling home and work-life balance, and older postgrads (especially those returning to education after a long break) and members of minority groups. I know that many of you, for example doctoral candidates working in isolation, will end up spending a lot of time studying alone, and that it can be difficult to interact socially with your peers. If you are member of a minority like myself, that is Black, Irish, and Queer, this can be a bit more complicated. If any of this resonates with you, then the GSU is here for you! GSU Vice-President, Gisèle Scanlon, and I were elected on a platform of “Putting Postgrads First”, encompassing three pillars: vision, engagement, and inclusion. Visibility is critical to promoting diversity and inclusion. People need to see themselves reflected, so get involved. Personally I hope that my ethnicity, sexuality, and gender will help minority groups represented by the GSU to find their tribe. I represent all of us. I am committed to working to create an environment in Trinity where each of us, regardless of our differences, is free to be the best version of ourselves. I will endeavour to ensure that your voice is heard, and that your contribution to College life is valued, and respected. Work with us to create an inclusive, pluralist and democratic space where all postgrads can feel supported and affirmed in College. We are your tribe. Together let’s make 2019–20 the year of #PuttingPostgradsFirst.

Biography

A fourth-generation Dubliner, Shaz Oye enjoyed successful careers in both the Arts, as a singer, songwriter and producer; and Third Sector, as former Executive Director of Dublin AIDS Alliance (now HIV Ireland), and appointee to the Equality Authority Advisory Committee on Sexual Orientation (now Irish Human Rights Commission) before being accepted onto the Trinity M.Ed. (Music) programme in 2017. She served on the GSU Executive as Equality and Diversity Officer 2018–2019 where she led on UNCRPD disability rights, and Repeal with Gisèle Scanlon.
Dear fellow postgraduate,

I hope by now that you are starting to find your place? Obviously, there is no single answer to this question. So if you will forgive me, I’m going to talk about finding your place here with the help of the many mentors and services available in Trinity College. I first entered Trinity when I was seven: through Front Gate, under the arch and out into the great expanse of front square. I re-entered three years ago through Front Gate as a postgraduate and this journey – under the arch into shadow and out to an inspiring open space – is for me a metaphor of what this place should do for you.

As you grapple with the question of how you will find your own space to excel in academia, you will find that for the most part this means spending time in the library or one of the postgraduate study spaces in college. As a postgraduate I spent a lot of time in the 1937 Reading Room and the Berkeley Library where without the subject librarians’ help I know I would not have thrived.

Negotiating a new environment and the pressure of a looming dissertation or paper isn’t easy. I know that when something prevents you from achieving your full potential. It is in that capacity that I am here to offer you my full support so that I may direct you to the many experts on hand to help you.

I know that you have made a huge effort to be here, and that it can become challenging sometimes. As the welfare and academic officer, I know that the risk of difficulty increases if you are struggling financially – you might even be giving up a career to take this route, or trying to balance your studies with a job or family responsibilities. Whatever your circumstance, you will hopefully be reminded that brilliance comes in many forms, and that success is sometimes slow and subtle, and rewarding in unexpected ways.

These are merely words, but words are the building blocks you will build with to communicate your ever-growing ideas. Academia can be a fragile space in some ways but if it cracks, there are people here who will try to help you repair it. I hope that you will find friendship and connect with teachers, fellow students and the Union. You are varied and valuable and like the scholars who have tread these cobbles before you for hundreds of years in Front Square, you are different like each and every cobble. I look forward to honouring your difference.

Gisèle Scanlon

Vice-President of the Graduate Students’ Union

Le dea-mhéin an eagarthóir.
GSU: A History of Firsts

We’re part of history
We are members of a unique Union, with a very rich history in Trinity College Dublin. Each year since we were founded has been different and distinct, defined by the character and personality of our members from across the world. In 2019 we continue to create firsts.

GSU: A History of Firsts

→ 1969, the then Dean of Graduate Studies proposes a Research Student Common Room as a way to foster community and intellectual discussion among Trinity’s small but important postgraduate cohort. After some negotiation, the Bursar allocates a lecture room on the first floor of House 7 overlooking College Green and Westmoreland Street. This room is still in use as the GSU Common Room today and hosts the weekly social events.

→ 1973, the student committee of the Research Student Common Room and others decide to unionise to collectively bargain for better salaries and conditions for research students. They were supported by the Student Representative Council (later TCDSU) and in 1973 the GSU was founded. This was the first formal student union in Trinity’s history.

→ Though graduate associations are common in the UK, the GSU would remain the only postgraduate student union until the twenty-first century when University of Limerick and the Royal College of Surgeons established their own.

→ 1980, Alumnus the GSU’s first publication was established. Publishing notices, creative writing and drafts of scholarly work, this was a precursor to College Green, Trinity Postgraduate Review and the weekly newsletter, Postgrad News. The Alumnus editorial board would go on to include scholars like the late Peter Hart and former Vice Provost Chris Morash.

→ 1989, the annual College Green, Trinity’s Creative Arts magazine for postgraduates, staff and alumni was established by the former Vice Provost Chrish Morash. It would go on to publish pieces by Seamus Heaney, Brendan Kennelly, Eavan Boland and Paula Meehan.

→ 1991, the GSU President becomes a sabbatical (full-time, salaried) post due to the increasing need for specialist support for postgraduates. This marks the first postgraduate-specific sabbatical officer in any Irish student union.

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→ 1997, the Universities Act is passed by the Oireachtas (Irish parliament). This requires all universities to include at least one postgraduate student as a member of their governing authority. From then on elections of GSU Presidents are simultaneously elections to the College Board.

→ 2001, following the establishment of the Usquer Library with a new 24-hour study space (now part of Kinsella Hall), College agrees to re-dedicate the 1937 as a postgrad-only reading room, with a particular view to ensuring study space for Arts and Humanities research students. The Library and GSU establish a 1937 users committee to oversee the space and its development.

→ 2001, the Journal of Postgraduate Research (later called Trinity Postgraduate Review) is founded. This is the first journal to publish scholarly work in any discipline and becomes a first experience of academic publishing and peer-reviewing for many future scholars.

→ 2006, the workload of the GSU President and part-time Vice-President (education officer) is too significant. An application to the College Change Fund successfully secures resources to support a second sabbatical officer. The GSU Vice-President becomes full time and its brief expands to include student welfare. It would be another seven years before another university would elect a postgraduate education officer (UCD in 2013).

→ 2010, The GSU elects its first all-female sabbatical team. This would be replicated again in 2015 and 2019.

→ 2014, The GSU celebrates its 40th anniversary as Ireland’s oldest postgraduate student union and Trinity’s oldest SU.

→ 2017, Trinity Postgraduate Review invites submissions from students outside Trinity, becoming an inter-institutional journal for the first time.

→ 2019, Trinity College Dublin Students’ Union and Trinity College Graduate Students’ Union elects its first all-female sabbatical teams electing a total of seven females to both unions.
How do I get involved?

When we work together and support one another, we’re at our best. It’s our collective energy, teamwork and friendship that makes the Graduate Students’ Union a warm and welcoming place to create bonds for life while you study and work. We’re stronger together.

How can I get involved?

→ The Graduate Students’ Union (GSU) offers an array of possibilities for student participation, all with varying degrees of time requirements. The three main ways to get involved are becoming a course, department (PhD students) or school representative; becoming a member of the Executive Committee, or becoming a member of the Electoral Commission. There are also committees such as the Events Committee and the Communications Committee, as well as other sub-committees to the Executive Committee that are set up from time to time for specific purposes.

Become A Representative

→ The skills developed during your time as either a course or school rep, particularly gained through rep training, are invaluable for future employment. It’s also a great way to meet fellow students, and members of the academic staff, to get involved with the GSU and experience the internal workings of the college. Rep elections are held early in the academic year, and anyone interested is encouraged to put themselves forward.

Course/class representative

→ Course Reps provide the connection between the GSU and the student body, and act as a link between students and their course coordinators and department or school administrators. Course Reps help to resolve minor academic issues and to arrange activities and nights out for their course.

‘The fact that I was able to effect positive change along with the Graduate Students’ Union by providing academic support to friends and colleagues is one of my proudest achievements.’

Sarah Cullen,
GSU School Rep School of English.

School Representative

→ School Reps sit on the executive committee of their School, where they represent their classmates and make sure that the postgraduate perspective is fully considered. They provide the GSU with a presence on the ground, and keep the Executive and Sabbatical Officers informed of any issues that needs to be raised at College level.

‘As the GSU Faculty EMS Rep I had a wonderful experience and met and worked with others, especially those in STEM. It was extremely valuable as an international student to learn more about the graduate student community through the Graduate Students’ Union at Trinity College.’

Daniel J (DJ) Ringis, GSU Faculty of Engineering, Mathematics and Science (EMS) Rep.

Become a Member of the Executive Committee

→ The GSU’s Executive Committee is responsible for the management of the day-to-day affairs of the GSU. It is made up of fourteen positions.

The eleven elected positions:

→ President
→ Vice-President
→ Faculty of Arts, Humanities and Social Sciences (AHSS) Officer
→ Faculty of Arts, Humanities and Social Sciences (AHSS) Rep
→ Faculty of Engineering, Mathematics and Science (EMS) Officer
→ Faculty of Engineering, Mathematics and Science (EMS) Rep
→ Faculty of Health Science (HS) Officer
→ Faculty of Health Sciences (HS) Rep
→ Research Student Officer
→ Equality and Diversity Officer
→ Chairperson

Faculty Officers and Reps

→ We have a number of reps from various bodies in the university, with Faculty Officer and deputy Faculty Rep positions in AHSS, EMS and Health Sciences. These Faculty Officers not only represent their students on GSU Exec but also at university meetings.

→ Faculty of Arts, Humanities and Social Sciences (AHSS) Officer
→ Faculty of Arts, Humanities and Social Sciences (AHSS) Rep
→ Faculty of Engineering, Mathematics and Science (EMS) Officer
→ Faculty of Engineering, Mathematics and Science (EMS) Rep
→ Faculty of Health Science (HS) Officer
→ Faculty of Health Sciences (HS) Rep

Research Student Officer

→ The Research Student Officer is responsible for liaising with the Sabbatical Officers on Research Student issues, both academic and social. This Officer will assist the GSU with the organisation and running of research related events. This position is crucial, as doctoral study can present students with unique challenges.

Equality and Diversity Officer

→ This Officer shall represent Union members in, and deal with issues faced by the postgraduate community right across the university in areas of Equality and Diversity. This includes working in areas pertaining to accessibility, championing the opposition to all forms of discrimination and working to ensure that all Union members are afforded equal opportunities within the Union and across the University.

Chairperson

→ The Chair presides over GSU Executive meetings and over GSU Council meetings and sits on the Electoral Commission which plans and implements Sabbatical elections.

The seven appointed positions

The following seven positions forming part of the GSU’s Executive Committee will be filled through a CV and interview process.

Email vacancies.tcdgsu@gmail.com

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Those seven positions are as follows:
- **Communications Officer**
- **Events Officer**
- **International Student Officer**
- **Environmental Officer**
- **Oversight Officer**
- **Director of PG Spaces**
- **Treasurer**

**Communications Officer**
The Communications Officer is responsible for the GSU’s communication strategy, which targets diverse audiences, from students and staff, to outside journalists. S/he advises the Executive Committee on communications methods, prepares the news releases for Facebook, Twitter, news articles, the weekly Postgrad News, and manages the TCDGSU website.

**Events Officer**
The Events Officer is responsible for organizing social events and activities throughout the year. These events can range from informal coffee mornings and pub quizzes, to holiday parties and our celebrated Halloween Ball! This position is an excellent opportunity to gain valuable organisational, management and event planning experience within a fun and active environment. The Events Officer also chairs an Events Committee that provides support for the planning and execution of GSU events.

**International Student Officer**
The International Student Officer is on the Executive Committee to represent the interests of the international student postgraduate community within the Union. This Officer will work to assist international students with their visa/immigration concerns and also be actively engaged in liaisoning with College bodies that work in areas of importance to international students.

**Environmental Officer**
The Officer shall represent Union members in areas pertaining to the environment which affects the postgraduate community right across the university and society. This Officer also works to implement and improve the Union’s conservation practices in a bid to reduce the Union’s ecological footprint. This Officer also represents the postgraduate community on college committees that work in areas of importance to the environment and is a champion of health and safety in the Union.

**Oversight Officer**
The Oversight Officer is on the Executive Committee to ensure there is a continuity from one year to the next. Their responsibility is to advise and support the Communications Officer and the Events Officer in their roles, as well as record the minutes of meetings. The Oversight Officer sits on all five governance bodies in the Union.

**Director Of PG Spaces**
In charge of how the Graduate Students’ Union handles places like the 1937 Reading Room, the GSU Common Room, carrels and PG space across campus, the Director is vital to helping us examine, report on and improve conditions in these spaces for our members. Union’s Board.

**Treasurer**
The Treasurer is responsible for safekeeping the funds of the GSU. They will record all incoming and expenditure and will report on the financial position to the Executive Committee on an ongoing basis. They will prepare end-of-year financial reports with the support of an Accountant. It would be ideal to either have previous experience or have a relevant educational background and interest.
Postgraduate Spaces

The GSU Graduate Common Room
- In 1969 the then Dean of Graduate Studies proposed a Research Student Common Room, in the hope that the communal space would bring the small postgraduate community together and encourage intellectual discussion. After some negotiation, the Bursar allocated a lecture room on the first floor of House 7, overlooking College Green and Westmoreland Street. Today it is the GSU Common Room, an important hub of postgraduate activity where several social events take place weekly.

- This room, which is located in Front Square on the first floor of house 7, is a spacious social area reserved specifically for postgraduate students. It is designed to offer a friendly environment for students to unwind and connect with each other. We would ask you to respect this space and keep it as you would hope to find it, clean, tidy and well looked after!

- The Common Room provides students with an array of amenities. The area is equipped with a projector and accompanying sound system, which will allow for movies and videos to be shown. The Common Room also includes kitchen facilities, where tea, coffee and milk are available. The GSU would like your help to grow our ‘take a book, leave a book’ library available for all its users. This space is open Monday through Friday 9.00am to 8.00pm.

- All postgraduate students have access to this space through swipe access by using your student card. Outside the opening hours specified, postgraduates will not be able to gain access to the Graduate Common Room.

1937 Postgraduate Reading Room
- In many ways, the Reading Room is one of the focal points of postgraduate life at Trinity. It is one of the few postgraduate-only designated study areas on campus, and is available to every registered postgraduate student regardless of discipline, programme or year of study.

- The Reading Room is situated in Front Square and is accessible by student card swipe access 24 hours a day, 7 days a week. The building features a large study room, which has a respectful silence policy in place among the postgraduate community. A separate computer room with printer access, a new kitchenette which has two microwaves, a kettle and fridge and a small breakout space, as well as toilets, a fresh drinking water source and vending machines are also available in this space.

- Lockers are also available in the Reading Room, and can be secured on the 12th and 17th of September 2019 by visiting TCDSU Front Office on the ground floor of House 6. Thereafter the remaining lockers will be available to rent at any time. Lockers are €30 with a €10 deposit refundable upon return of the locker key which usually is in August the year after you acquire your locker key.

- Whilst the Reading Room is accessible for 24/7 use, students who leave College after midnight but wish to return to the Reading Room must do so within one hour and must leave their College ID cards with front gate security and collect same upon their return. Access will not be granted if these steps aren’t followed after midnight.
Trinity College’s Global Room

What we do
→ Since its launch, the Global Room in the Watts Building has established itself as a hub for specialised supports for Trinity’s international student community.

The Global Room aims to:
→ Provide specialised advice and information to international students to support them during their student journey.
→ Provide a social and event space to foster and encourage international engagement and integration between all Trinity students and to celebrate cultural diversity.

Who we are
→ Managed by the International Student Liaison Officer, Michelle Hogan, with the support of Abi Odekeye, Executive Officer, the Global Room team provide guidance and support to international students on a wide range of issues including immigration (INIS registration in particular and Graduate Employment Scheme), accommodation, cultural adaptation and the basics of settling into life in Dublin and at Trinity.

→ This year for the first time, the Global Room will host and facilitate a ‘New 2 Dublin’ series aimed specially at postgraduate students. This series will provide sessions to incoming students whether Irish or international on adjusting to life in Dublin city and answer questions large and small, in an attempt to de-mystify Trinity for new PG students. Topics will range from tips on meeting new people to where to find the cheapest groceries, Irish culture and all aspects of student life at Trinity. Further information on this timetable for this programme will be available on the Global Room’s social media channels in September.

Global Room Student Ambassadors
→ The Global Room is also supported by a team of over 20 Global Ambassadors, current undergraduate and postgraduate Trinity students from Ireland and the rest of the world, with specialist training to answer queries that may arise during the transition from an international student’s home country to Ireland. Recruitment for Student Ambassadors takes place in April each year and we welcome applications for international postgraduate students at that time.

Social and event space for all students
→ Fostering engagement between students from all backgrounds is a key focus of the Global Room team, and we do this by hosting celebrations of national holidays, film screenings, international dance, music and art showcases, along with seminars and talks throughout the year. These events are run by both the Global Room team and Trinity’s wide range of clubs and societies.

Location
→ The Global Room is located beside the Academic Registry on the first floor of the Watts Building, on East Campus. The space can accommodate approximately 80 people comfortably and is open Monday through Friday from 9.30am - 9.00pm during the academic term.

Booking an event
→ To book a student/society event in the Global Room, please complete and email the online booking form, found on the website. For more information, please stop by the Global Room and speak to Michelle Hogan, the Global Room Manager, email tcdglobalroom@tcd.ie or visit https://www.tcd.ie/study/international/trinity-life/global-room/

Keeping in touch
Keep an eye on the Global Room’s Social media channels for up-to-date information on our activities:
→ Facebook: @trinityglobalroom
→ Twitter: @tcdglobalroom
→ Instagram: @tcdglobalroom
→ https://www.tcd.ie/study/international/trinity-life/global-room/
Dear Postgraduate,
Welcome to the Trinity Community!

You are now part of a global community that stretches far beyond Front Gate and long past commencement. With 150,000 alumni in 140 countries around the world, there are huge benefits to being part of Trinity’s alumni network.

Benefits include:
→ Networking Events
→ 70+ Alumni Groups worldwide
→ Trinity Alumni Online Network
→ Professional Development
→ Alumni Room on Campus

For more information visit: www.tcd.ie/alumni

Consider joining a society

Postgraduate students are very welcome and encouraged to get involved in extra-curricular activity in Trinity. Alright, stop, collaborate and listen!

Central Societies Committee
→ There are around 125 recognised societies, with everything from culture and science, debating to dancing, sign language to singers, acting to archaeology, and food and drink to fashion. The Central Societies Committee (CSC) facilitates the work of the student societies in Trinity College. The CSC is composed of elected students whose sole purpose is to ensure that student societies have the best support, help and advice available to them. The CSC produces a guide (available during Freshers’ Week and throughout the year) to give you an idea of all the student societies that exist in Trinity College. The CSC website also has links to all of the societies’ own websites and social media links. www.trinitysocieties.ie
→ For any extra info you can email info@csc.tcd.ie

When can I join a society?
→ Generally societies sign up members at all events at the start of term. We recommend you research the society through our database http://trinitysocieties.ie/society-search-result/ or on Facebook, and contact them directly for information. For postgraduates, the easiest and best time of the year to join a society is during Postgraduate Fresher’s Friday which is held this year on August 30th in the Graduates Memorial Building in Front Square for a full day and will be attended by some of the societies, publications, and sports clubs, each of them eager to secure your membership.

Can I join the societies during undergraduate Fresher Week as a postgraduate?
→ The Undergraduate Fresher Week taking place in Trinity College will take place over the week Mon 2nd September to Friday 6th September and will also offer an opportunity to join a host of college societies. Membership of societies for postgraduates is open from the 30th of August 2019 and a student can join at any date thereafter.

How much does it cost?
→ Each society charges a membership fee generally between €2 and €6. This gives you access to the society’s events as advertised throughout the year.

Who can join a TCD Society?
→ Current TCD Students and Staff can join TCD Societies. Presentation of a current staff or student card and registration with a valid TCD email address is necessary for registration.

Do I have to find the society in college to join it?
→ Throughout Undergraduate week on 2nd September to Friday 6th September each society will have a stall erected in front square where you can learn more about each society and have the opportunity of joining. For those staying in Halls, there will be an opportunity to join TCD societies before Freshers week begins. This information will be circulated by the JCR.

What if I miss Freshers week?
→ Generally societies sign up members at all events at the start of term. We recommend you research the society through our database or on Facebook, and contact them directly for information.
Postgraduate Social Events

Both Shaz and Gisèle, the two Sabbatical Officers, work with college to organise events for postgraduates around many serious issues. In addition to this, there are also lots of fun social events, listed below. Additionally, the GSU also encourages you all to explore the city and the rest of the country as much as possible. Dublin is a great city and there are great events here held annually. Join in and make new connections. Here’s what we’ve planned so far.

Monthly Table Quizzes
→ The GSU hosts a Postgrad Table Quiz once a month at various locations around Dublin. This is a great chance to show off all of your postgraduate knowledge, as well as a handy excuse to meet up with other postgraduate students. Come along by yourself and we will introduce you to other postgrads and GSU friends, or bring a few friends and make a team. Prizes are given for best team name, highest points and even for the best incorrect answer!

Halloween Ball
→ The GSU will host its annual themed Halloween Party on the Friday before Halloween (31st October 2019), where you can get creative with costumes and have a great night out in Dublin’s city centre. Prizes are given for best dressed because we love it when you get inventive! Tickets will go on sale in the TCDGSU Office, located on the second floor of House 6. Tickets will also be available on Eventbrite.

Christmas Commons
→ We are delighted to be hosting the Annual GSU Christmas Ball this year. You will be met with a champagne reception, followed by a three-course meal and after-party. This year, Trinity’s Postgrad Ball will take place in a secret location. Please join us for one of the most memorable nights of the year! Tickets go on sale in the TCDGSU Office, located on the second floor of House 6. Tickets will also be available on Eventbrite. The event always sells out quickly so get your tickets early to avoid disappointment.

The GSU on tour
→ Join the Graduate Students’ Union Sabbats and your fellow postgrads on trips around the country. This is a great chance to see a bit more of Ireland with other postgraduate students and learn a bit about the Irish history and culture. Check our website for the Postgraduate Social Calendar.

The GSU Wednesday Walking Club
→ Trained by Athletics Ireland, GSU leaders will help you to get the most from the Trinity College campus as you start to clock up the kilometres each Wednesday at lunchtime. Join the GSU as they start to train and count steps in groups in preparation for the big day. 2020 will see the Trinity Graduate Students’ Union Sports day, with a major prize on the day for the team who walked the most steps in 2019–20.

Postgrad Week
→ This week is planned to provide both academic and social activities for our postgraduate community. During PG Week, the GSU hosts academic events and workshops that we would encourage all postgraduates to attend, as well as the annual Postgraduate Research Showcase. PG Week also features both mindful and social events including yoga sessions, meditation and, on the final night, the annual GSU Birthday Party!

Trinity Ball
→ Trinity Ball, known as the largest private party in Europe, draws more than 10,000 guests each year, and features well-known headline acts. This year, Trinity Ball will be held on 17th April, 2019. Tickets may be purchased from TCDSU Front Office, on the ground floor of House 6. Information about this will be made available closer to the time.

Postgrad Ball
→ Trinity’s annual postgrad ball is a GSU tradition! You will be greeted by a champagne reception, which will be followed by a three-course meal and after-party. This year, Trinity’s Postgrad Ball will take place in a secret location. Please join us for one of the most memorable nights of the year! Tickets go on sale in the TCDGSU Office, located on the second floor of House 6. Tickets will also be available on Eventbrite. The event always sells out quickly so get your tickets early to avoid disappointment.

Monthly Culture Salon
→ The GSU will host a Monthly Culture Salon as well as to meet other postgraduate students! Come along by yourself and we will introduce you to other postgrads and GSU friends, through books, film and contemporary culture talks. As part of this, the GSU will also hold a BYOB event – Bring Your Own Book and Bottle! To join in and build up new friendships through the arts, keep an eye on our online Postgraduate Social Calendar.

Monthly Table Quizzes
→ The GSU hosts a Postgrad Table Quiz once a month at various locations around Dublin. This is a great chance to show off all of your postgraduate knowledge, as well as a handy excuse to meet up with other postgraduate students. Come along by yourself and we will introduce you to other postgrads and GSU friends, or bring a few friends and make a team. Prizes are given for best team name, highest points and even for the best incorrect answer!

Halloween Ball
→ The GSU will host its annual themed Halloween Party on the Friday before Halloween (31st October 2019), where you can get creative with costumes and have a great night out in Dublin’s city centre. Prizes are given for best dressed because we love it when you get inventive! Tickets will go on sale in the TCDGSU Office, located on the second floor of House 6. Tickets will also be available on Eventbrite.

Christmas Commons
→ We are delighted to be hosting the Annual GSU Christmas Ball this year. You will be met with a champagne reception, followed by a three-course meal and after-party. This year, Trinity’s Postgrad Ball will take place in a secret location. Please join us for one of the most memorable nights of the year! Tickets go on sale in the TCDGSU Office, located on the second floor of House 6. Tickets will also be available on Eventbrite. The event always sells out quickly so get your tickets early to avoid disappointment.

Monthly Culture Salon
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GSU Publications

Two Graduate Students’ Union publications offer an opportunity to get published in Trinity College in 2019–20. Trinity Postgraduate Review (TPR) showcases the best postgraduate research and College Green Journal is the postgraduate Humanities journal, which celebrates the creative work of current students, teachers and alumni.

Trinity Postgraduate Review Journal
The Trinity Postgraduate Review Journal, commonly referred to around college as TPR, is a peer-reviewed, multidisciplinary journal, compiled and edited by Trinity postgraduates from all areas of College. It is the journal that encourages interdisciplinary research collaboration in a peer-reviewed tradition for scholarly engagement and is entirely staffed and run by postgraduate students. Submissions are actively encouraged from all fields and disciplines, with multidisciplinary papers especially welcomed. The journal was published this year with a team of twelve editors of various disciplines, and with more investment and editorial guidance this coming academic year, the GSU hopes to expand TPR and collect even more submissions from students, not just across all three of Trinity College’s faculties, but from other international universities as well. A submission call will go out through the Graduate Students’ Union’s newsletter and social media channels in Autumn 2019.

College Green Journal
College Green Journal, now in its 29th incarnation, was originally founded twenty-nine years ago by Chris Morash, the former Vice-Provost and Chief Academic Officer in Trinity, who held the Seamus Heaney Professorship in Irish Writing. His aim back then was to foster and promote revolutionary literary talent under a succession of literary editors. Several prestigious English literature scholars from Trinity have edited it since, and work is selected from present postgraduates and alumni, showcasing their creativity in the literary arts, the visual arts and the sciences. The journal boasts an extremely rich literary heritage with Eavan Boland, Paula Meehan, Michael Longley, Seamus Heaney, Eiléan Ní Chuilleanáin and many others all finding a place within its pages. A submission call will go out through the Graduate Students’ Union’s newsletter and social media channels in Autumn 2019, seeking work that responds to a set theme. Work from the following categories will be considered:

- Literary Fiction: a short story of prose fiction (max. 2,000 words), or flash/micro fiction (max. 300 words).
- Poetry: works in Irish or English will be considered.
- Popular Fiction: a work of 2,000 words or under.
- Visual Art and Art Criticism: original photography and artwork (such as collage, painting, sketches). Art writing and art criticism are also welcome.
- Non-Fiction: an essay up to 2,000 words including critical pedagogy, social justice and real-life experience pertaining to the theme.
- Culture: a cultural reflection (max. 1,500 words), or a review (max. 300 words).

Submission guidelines
Whether it’s an original idea responding to the theme, or a reworking of an essay, the College Green team will be delighted to read your work and will accept submissions from postgraduate students from any discipline who are keen to be considered for publication. Written submissions must be attached as Word documents. When submitting, please state the name of your piece, the category it belongs to, your postgraduate level of study (M.Phil, MSc., PhD, PG Dip., PG Cert.) and a fifty-word biography. Last year’s contributors drew inspiration from diverse areas of Trinity life, and we hope that many of you will do the same this year!

Further info:
- Facebook: https://www.facebook.com/trinitypostgradreview
- Facebook: https://www.facebook.com/collegegreentrinity
Exclusive discount for Trinity students
All You Can Eat Data, calls and texts.

Get it now at REFRESH
Also available from the SU shop in House 6

TCDSU would like to extend a warm welcome to incoming and returning postgraduate students to the GSU this September 2019!

Upon registration, every new postgraduate is automatically a member of both the Graduate Students’ Union (GSU) and the Students’ Union (SU). The SU’s aims and functions are similar to that of the GSU, as the SU’s mandate is to represent all students, yet the focus is on undergraduate students. The structure of the SU also resembles that of the GSU, including class reps, an executive and 6 Sabbatical Officers.

Every year the SU runs a variety of campaign weeks, in which the postgraduate community is encouraged to participate. These campaigns weeks are varied ranging from Rainbow Week to Mental Health Week. They are located downstairs from the GSU in House 6 on the first floor!

Follow TCDSU on social media to find out what they are up to!

TCDSU.org  TCDSU  TCDSU  TCDSU
Contents

- Library
- Student Learning Development
- CELLT & English For Academia
- Study Tips
- Academic Registry
- Careers Service
- IT Services
- Academic Regulations

Postgraduate
Education
Services
Welcome to the Library of Trinity College Dublin, the largest library in the country. We look forward to helping you achieve and succeed. As a legal deposit library, we are entitled to a copy of every book and journal title published in Ireland and the UK each year. The Library collection includes 6.5 million printed items, 850,000 e-books and 145,000 e-journals.

YOUR LIBRARIES
There are five main library buildings for studying and consulting material. Note that you need your Trinity Student Card to enter or borrow from any of the libraries. Your TCD ID App can also be used to gain access.

1937 Reading Room
The 1937 Reading Room, open 24/7, is a dedicated postgraduate reading room and learning space located in Front Square. It includes a large study space, a computer room with printers, a kitchenette, a breakout space and gender-neutral toilet facilities.

Berkeley, Lecky, Ussher Libraries (BLU Complex)
These libraries house material related to Arts, Humanities, Social Sciences, Nursing & Midwifery, and a 24-hour study space (Kinsella Hall).

Hamilton Library
Located on the second floor of the Hamilton building, it houses material related to Engineering, Mathematics and Science.

John Stearne Medical Library
Located in the Trinity Centre for Health Sciences at St James’ Hospital, this library accommodates the clinical portion of Trinity’s medical collection. You will also find medical books in the Hamilton Library.

Old Library
In addition to the Book of Kells, the Old Library contains the Early Printed Books and Manuscripts libraries. As well as supporting the research needs of individual scholars, the Research Collections team deliver classes to introduce students to primary sources. If you have any questions about your research or you’re not sure where to locate materials relevant to your research topic, staff at our information desks are very happy to help.

Request
As we don’t have the space to display everything, approximately 80% of our collection is in storage. For these items, you need to place a request via Stella Search. You will receive an email to notify you when your item is ready for collection. If you don’t see an option in Stella to request an item from storage, you may need to fill in a paper slip, available at the reading room counters. Books from storage areas can take a little while to be delivered depending on where they are stored and how busy the Library is.
Postgraduate Study Desks (Carrels)

Carrels, or individual study desks, are available in the BLU and Hamilton Libraries. They are assigned to registered doctoral and research postgraduate students on a first-come, first-served basis. Taught postgraduates are invited to apply from November each year.

Visiting Other Libraries

Masters and doctoral postgraduate students can visit and use the collections of almost all academic libraries in Ireland with an ALCID card. Apply for a card at the Berkeley Library Admissions Desk.

Library Hits: Helpful Information

If you are new to TCD or want to brush up on existing skills, join us for a series of 40-minute taster sessions. No need to book. Times visit: www.tcd.ie/library/support/skills-training.php

Sessions include:

- Getting to Know the Library
  → Learn how to make the most of Ireland’s biggest library – a general introduction to our resources and services.

- Finding Material on my Reading List
  → You have your reading list, what now? A guide to finding the library resources recommended by your lecturer.

- Citation and Plagiarism
  → Worried about plagiarism? Find out what it is and why it is important to acknowledge the work of others. We will also show you how to cite and reference correctly.

- Critical Thinking
  → Why do you need to think critically? This session will provide you with tips

Get To Know Your Subject Librarian

Each Trinity student has a dedicated Subject Librarian who can help you find, evaluate and cite information for your research. Make sure you attend the library workshops organised by your lecturer. Arrange an appointment to meet your librarian for any follow on, one-to-one guidance on developing your search strategy for your literature review or systematic review.

Contact:
→ 01896 1127 - Subject Librarian Desk

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Margaret Rooney
• Biochemistry
• Biology
• Botany
• Environmental Science
• Geography
• Immunology
• Microbiology
• Molecular Medicine
• Zoology

Roy Stanley
• Music

Greg Sheaf
• Chemistry
• Physics

Terry McDonald
• Law

John Cremin
• Drama
• Film

Pat Creamer
• Genetics
• Geology

Cliona Ní Shúilleabáin
• European Studies (French, Italian & Spanish)
• French
• Hispanic Studies
• Irish & Celtic Studies; Italian
• Near & Middle Eastern Studies;
• Religions, Theology & Ecumenics

David Macnaughton
• Business
• Economics
• Engineering
• Mathematics
• Philosophy
• Sociology
• Political Science

Jessica Eustace-Cook
• Nursing & Midwifery
• SFI Research

David Mockler
• Medicine at St James’

Siobhán Dunne
• Social Work & Social Policy

Isolde Harpur
• Asian Studies
• English
• European Studies
• Germanic Studies
• German, Polish & Russian
• Linguistic, Speech & Comms
• Sciences
• Russian & Slavonic Studies

Seán Hughes
• Classics
• Gender & Women’s Studies
• History
• History of Art & Architecture

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on what critical thinking is and how you can apply it to your learning assessments.

EndNote
- How do I manage references for my essay?
  Save time writing your bibliography. Class duration is 50 minutes followed by an optional clinic for attendees.

Essay Writing
- Essays are a common form of assessment in TCD. Come along for tips on the stages of the writing process, how to structure an essay, how to answer the question and build an argument.

Evaluating Journal Research Papers
- It’s not all about books and websites.
  Evaluate the quality and impact of research published in academic journals in your discipline.

Researching my Literature Review
- How do I establish what has already been published on my research question? Find out how to create an effective search strategy.

Reading and Note-Making
- So much reading and so little time. Learn how to read more efficiently and effectively and make useful notes from reading material and lectures.

Skills for Academic Success
- Work smarter, not harder, to get the most out of your study time. Learn how to prioritise tasks, manage your time and get advice on how to improve your academic performance.

The Old Library and its Special Collections
- Discover unique collections spanning 3,000 years. Find out how you can utilise our Early Printed Books and Manuscripts and Archives Research libraries in your research.
Student Learning Development

Student Learning Development is here to help you achieve your academic potential while studying in Trinity. The supports available include free workshops, online resources and individual consultations. Student Learning Development, is commonly referred to in College as SLD.

Workshops
Student Learning Development holds a wide range of free workshops throughout the year on a variety of topics for students from all departments. Those of interest to postgraduates include:

- Planning and Managing your PhD
- Critical Writing Skills
- Reading and note-Taking Strategies
- Critical Argument Skills
- PG Literature Review Skills

Many of these workshops are hosted online and students can participate in them even if off-campus. View the workshop schedule on http://student-learning.tcd.ie

The Blackboard Module will have a PG Skills Section for the new semester. It will cover topics such as ‘Planning and Managing your PhD’, Thesis Writing, Viva Preparation, Getting Published, and Copyright and Intellectual Property. Details at https://student-learning.tcd.ie/blackboard/

There is also a ‘PG Skills Development Summer School’ at https://student-learning.tcd.ie/postgraduate/phdmodule/

CELLT & English for Academia

The Centre for English Language Learning and Teaching (CELLT) at Trinity College, University of Dublin has a dual focus: first, to provide English language support to students via the English for Academic Purposes (EAP) programme; second, to research, develop and share innovative international approaches to English and Second Language Learning and Teaching. Our programmes are student-centred, task-based, and are culturally and linguistically responsive to our students’ diverse backgrounds. They can also access our self-study resources, including online testing, and can participate in tailor-made English language writing clinics. Students work on tasks relevant to their own academic fields, and complete written and spoken presentations. Students are given a certificate of completion if they satisfy all aspects of the course, confirming their English language proficiency level. Find out more at www.tcd.ie/slscs/english
Postgraduate Study and Academic performance tips

The SLD teams see many postgraduate students each term with questions about their studies. While each student has their own individual issues or concerns, below are some of the questions we are often asked. SLD Blackboard has a large range of resources that can help you with your studies. You can enrol on this free module at: http://student-learning.tcd.ie/blackboard/

I have a lot of unscheduled time on my own yet find it hard to get down to study. I procrastinate and time just goes by.

I have been told I need to be more critical. What does that mean?

It can be defined as:

→ “the intellectually disciplined process of actively and skillfully conceptualising, applying, analysing, synthesising and/or evaluating information gathered from, or generalised by, observation, experience, reflection, reasoning or communication, as a guide to belief or action [or argument]” (Scriven & Paul, 2001, p. 1).  

→ Postgraduate students are expected to be able to think and write critically. Plymouth University has developed a good resource on critical thinking which can be found at https://www.plymouth.ac.uk/uploads/production/document/path/1/1170/Critical_Thinking.pdf

I have to write a thesis/dissertation but I don’t know what that involves:

→ Thesis Writing: Your thesis/dissertation is not the end of your study but your first piece of significant academic work. Completing it is both a contribution to new knowledge AND a learning process for you. What you learn about research and writing will outlive the relevance of the content. Each school will have a format or structure that your thesis will be expected to follow. You will be assigned a supervisor who will direct you during your dissertation. Look in your student handbook or talk to your supervisor for thesis writing guidelines. As it is a long term-project, you can start by breaking the task of producing a thesis/dissertation into manageable “chunks” and using a planner to plan the different parts of the thesis. A useful resource on thesis writing can be found at https://ebookcentral.proquest.com/lib/trinitycollege/detail.action?docID=4182305

I don’t understand when and how I am supposed to reference and I’m afraid that I will plagiarise:

→ The purpose of citing references is so that a reader of your essay or paper will be able to look up the material based on the information you provided. References are also an important way of acknowledging ideas, information and quotations that are not your own. There are many styles of referencing so make sure you check your student handbook to see what style you are expected to follow. For an overview on some referencing styles see https://www.tcd.ie/library/assets/pdf/Academic%20Style%20Guides.pdf.

→ By not acknowledging the work of others you may seem to be presenting the work as your own and thereby committing plagiarism. Plagiarism is considered to be academic fraudulence and carries penalties. For more information and examples of plagiarism and how to avoid it check out https://www.tcd.ie/library/support/plagiarism/story.html

I have given an essay assignment to do but I’ve never done an essay before. Help!

→ If you haven’t done an academic essay before, it can be daunting. However, once you understand the process of essay writing and learn the rules of academic writing, it makes the job a lot easier. Academic writing is a more formal way of writing than other forms of writing. You will have to provide evidence for statements you make and reference your sources of evidence. You will need to write concisely, explain your points clearly and unambiguously and ensure you address the topic of your essay. For tips academic writing see https://owl.english.purdue.edu/owl/section/1/1/ and https://www.bradford.ac.uk/academic-skills/writing/study/assignment-writing/traditionalacademicwriting/ and https://www.adelaide.edu.au/english-for-uni/other-useful-websites/
Academic Registry

Even postgraduate students can sometimes require assistance navigating the tricky landscape of College administration. If you find yourself lost in the language of commencements and foundation scholarships during your time at Trinity, the Academic Registry (AR for short) should be your first port of call. The AR is your student academic admin support hub, providing friendly and experienced service to students, staff and public enquirers. We are responsible for services that support the complete student lifecycle in Trinity – from application, registration, student finance, assessment to graduation. The Academic Registry’s guiding mission is to provide key centralised administrative services to students and staff supporting the best possible Trinity experience.

As a postgraduate student at Trinity we can offer you the following assistance:

Service Team:
→ Our friendly and experienced Service Team offer information to all potential and current students, as well as alumni. A student may apply to have their name, gender, date of birth or nationality changed or corrected by completing the Change of Personal Details Form. You should complete this form and drop it into the Service Desk with supporting documentation for approval.

I have been told I need to be more critical. What does that mean?
→ ‘Critical thinking’ and ‘critical analysis’ are terms which are consistently used by academicians in explanations of what is required by students in their university work as well as in feedback about what is lacking in student assignments.

Applications and Admissions:
→ One of our core functions is the administering of the application and admission processes for all postgraduate students to Trinity, and we can keep you informed of any updates, offer letters and country specific information you may require for application.

Registration Support:
→ The AR creates your Trinity student record once you have been successful in admission and provide you with guidance to complete the eight step online registration process. For more guidance on how to register, check out our student guide through the process.

Student Finance:
→ Should you have any queries on your total bill, sponsorship, refunds or wish to discuss federal aid, our Finance team is on hand to offer advice.

Assessment and Progression:
→ You’ll most likely take part in one of the 78,000 scheduled examinations while studying at Trinity. Our Assessment team schedule, manage and oversee all formal examination sessions throughout the academic year on and off campus. Your assessment timetable will be published on the my.tcd.ie portal four weeks in advance of the start of each examination session.

Graduation:
→ The AR also schedules, manages and co-ordinator the 50+ graduation ceremonies, conferring approximately 5,500 students on an annual basis. Before your graduation, you will receive a message through your my.tcd.ie portal confirming your graduation details and requesting you to confirm your attendance at ceremony. If you need any advice or guidance when planning your big day please let us know.

Your student record:
→ At any time during your study in Trinity you can edit your student details through the “My Student Record” tab in your my.tcd.ie portal. Following the completion of your studies, the AR is the main repository for all Trinity student and graduate records. Should you need a replacement parchment don’t hesitate to get in contact.

Feedback:
→ Communication with, and feedback from, our students who use of our services is key to how we adapt our processes to be more focused on those that use them. We urge you to take every opportunity to engage with us on how you feel we could provide a better service. This could be through rating an answer you receive over email, leaving a comment on our social media channels or discussing any issues with us in the office.

Contact:
→ https://www.tcd.ie/academicregistry/
→ academic.registry@tcd.ie
→ 01896 4500

Opening Times:
→ The Academic Registry is located in the east wing of the campus in the Watts building.
→ Monday to Thursday: 9:00am to 17:30pm and Friday: 09:00 to 17:00.

Further info:
→ Facebook: https://www.facebook.com/TCDAcademicRegistry/
→ Twitter: https://twitter.com/TCDAcadRegistry
Passion

Trinity Careers Service

Postgraduate study opens the doors to many opportunities but the market is competitive and you will need to differentiate yourself clearly from other candidates.

Resources

→ The Careers Service provides a wide range of resources and services to help you make and implement informed choices about your future career direction.

→ The Careers Information Centre at 7-9 South Leinster Street contains a range of free, career-related booklets and employer materials for you to take away. Online, the website www.tcd.ie/careers provides useful information on a range of topics from career choice and planning to working abroad, taking a year out, and everything in between.

Services

→ Individual appointments to meet a careers consultant are also available and can be booked through MyCareer, the online careers portal. They work to identify how best to approach the next step in your career, help you review your CV/Linkedin profile and to provide coaching to ensure maximum impact at interview. Job opportunities from employers currently recruiting Trinity graduates as well as postgraduates are also available.

→ The Careers Service also offers a wide range of events, seminars, workshops and employer presentations, including postgraduate-specific events throughout the year that will help you explore where your postgraduate study can take you.

→ The Careers Service and Student Learning and Development offer a 5 ECTS accredited module to PhD students called Planning and Managing Your Career.

MyCareer

MyCareer is the online careers service that you can use to:

→ Apply for opportunities which match your preferences.
→ See vacancies including research options.
→ Search opportunities/postgraduate courses and funding.
→ View and book spaces at Careers Service and employer events.
→ Submit your career queries to the Careers Service team and book an appointment with a Careers Consultant.
→ Simply log in to MyCareer using Trinity username and password and personalise your profile.

Opening Times:

→ During term: Monday to Friday 9.00am to 5.30pm.
→ Out of term: Monday to Friday 9.30am to 12.30pm and then 2.15pm to 5.00pm.
IT Services

IT Services provides the central computing services in Trinity, including an IT Service Desk, research computing, networking and audio-visual services.

You username and password
→ After completing online registration at my.tcd.ie, you will receive an intray message with your unique Trinity username. This intray message will also list the steps for setting your own password, which you must do before being able to use the student MyZone email service. You will also need your username and password to connect to the Wi-Fi service, use the online library services, go to the VLE at mymodule.tcd.ie and to access many other IT services in Trinity.

Your TCD MYZONE email account
→ As a student at Trinity, you will receive a MyZone ‘@tcd.ie’ email account, accessed at myzone.tcd.ie. It is provided by Google, so it’s a lot like Gmail, and includes unlimited online data storage and its yours for life. Official Trinity emails will be sent to this account, so you should check it regularly.

Getting Connected to the Network
There are two separate networks that postgraduates may connect to in Trinity:

→ The TCDConnect Wi-Fi is available to all students. Details of how to access this network are available online at www.tcd.ie/services/network/tcdconnect.php

→ Some departments may also allow you to connect your personal computer to the wired network in offices and labs. To apply for such a connection, please visit www.tcd.ie/itservices/network/offices-labs.php

Getting Help
→ News, alerts and troubleshooting information are available at www.tcd.ie/services

→ There are lots more services that we offer for students at Trinity and you can find all of the Getting Started information you will need at www.tcd.ie/itservices/students/new_students.php

Contact
You can get in touch with the IT Service Desk by:

→ email to itservicedesk@tcd.ie
→ phone at 01896 2000
→ in person on the ground floor of Áras An Phiarsaigh.
Student Academic Regulations

A lot of the information relating to your course/school is available in your local course/school research handbook. Keep a copy of your handbook safely and ensure you can access it easily if you have a query. The definitive list of postgraduate regulations, information and charges is found in the College Calendar Part III. The Postgraduate Advisory Service (PAS) is available to help postgraduate students understand the regulations in the Calendar and advise on what, if any, regulations may apply in your case. The answers to some common questions postgraduates have are below:

What is plagiarism?

Plagiarism is the act of presenting the work or ideas of others as one’s own, without due acknowledgement. Plagiarism is considered to be academically fraudulent, and an offence against academic integrity that is subject to the disciplinary procedures of the University. Plagiarism (including self-plagiarism) can arise from deliberate actions and also through careless thinking and/or methodology. The offence lies not in the attitude or intention of the perpetrator, but in the action and in its consequences. It is the responsibility of the author of any work to ensure that he/she does not commit plagiarism and postgraduates should ensure the integrity of their work by seeking advice from their lecturers or supervisors on avoiding plagiarism.

Trinity has developed a compulsory Ready Steady Write plagiarism tutorial available to all students on plagiarism and postgraduates are asked to sign a declaration when submitting course work, whether in hard or soft copy or via Blackboard, confirming that they understand what plagiarism is and have completed the tutorial.

Guidelines on avoiding plagiarism, and a link to the Ready Steady Write plagiarism Tutorial is available for the library website at: http://tcd-ie.libguides.com/plagiarism

What is a structured PhD?

All PhD students in Trinity are deemed to be on a structured programme. This means that, in addition to the PhD project which is their primary focus while on register, they must also complete taught modules to the value of 10 to 30 (maximum) ECTS. Some schools have specific requirements as to how these credits are to be obtained, and your School’s research handbook will have details on this. Students will be registered on SITS to the modules that they undertake.

All incoming PhD students must complete the Research Integrity and Impact in an Open Scholarship Era as part of their ECTS requirement. Other modules may be those set up by your School specifically for PhD students, modules from taught masters programmes (running in your School or in another School by permission) or modules provided by other areas in College for such as by Tangent, Academic Practice and eLearning (CAPSL), Student Learning Development and the Library.

ECTS cannot be double counted for more than one award i.e. a student who completes the PG Dip in Statistics may not count the credits in any of these modules towards their structured PhD credit requirement.

I have to undergo a confirmation/transfer process. What is this?

All PhD students must be confirmed on the PhD register following the successful review by a panel of a student’s confirmation report and confirmation interview. The structure of the report will vary depending on each school’s regulations. For full time PhD students the confirmation review will normally take place eighteen months after their first registration, and the following year for part time students. This process is also used for research masters students wishing to transfer to the PhD register.

Can I have my exam script rechecked or remarked?

Postgraduates have the right to discuss their examinations and assessments with the appropriate member of staff and may also view their scripts. Having done so, a postgraduate may request that their results be reconsidered, but only in cases where they have reason to believe:

the grade is incorrect because of an error in calculation of results
that the examination paper specific to the graduate student’s course contained questions on subjects which were not part of the course prescribed for the examination or that bias was shown by an examiner in marking the script, assessment or dissertation.

Postgraduates are strongly advised to contact PAS before making a request outlined above.

Can I appeal the result of my module/confirmation panel/thesis examination?

In some cases an academic appeal may be possible. No appeal can overturn the examiners’ academic verdict on the work as presented and only changes of a procedural nature (such as a supplemental sitting of an examination) can be recommended. Appeals can be made on one of three grounds only and evidence of these grounds must be supplied.

The grounds for appeal are that the student’s case:

is not adequately covered by the ordinary regulations of the College, or
is based on a claim that the regulations of the College were not properly applied in the applicant’s case, or
represents an ad misericordiam appeal.

It is normally not possible to take an appeal relating to stress, illness or injury after the fact. Postgraduates are strongly advised to contact PAS for guidance in making an academic appeal.

I am unwell, should I still attend my exam tomorrow?

Students who are unwell are strongly advised to attend a doctor to confirm their fitness to attend College. If they are declared unfit to attend college/ exams, they should notify the relevant academic staff member in writing immediately and supply the medical evidence within three days of the exam. Post-dated medical certificates will not be accepted.
My name is Kevin O’Kelly and as the Dean of Students, I welcome all Postgraduate students: those returning and those just arriving. To those of you starting, I congratulate you – you have made an excellent choice. Trinity is an exciting and invigorating community. Your colleagues have come from all counties in Ireland and from over 122 countries around the world; these are the people you will study with, travel with, struggle with, and succeed with. Some will become professional colleagues and some will become your life-long friends.

Trinity takes pride in fostering a community where students develop not just academically but culturally, socially and professionally as well. While your journey through Trinity will be exciting, it will also be challenging. There are numerous supports and services here to help you on your way such as:

- Postgraduate Advisory Service
- Careers Advisory Service
- Student Counselling Service
- Day Nursery
- Disability Service
- Student Health Service
- Chaplaincy
- Sports & Recreation

It is important that you are aware of these services and I encourage you to access the help whenever you need it.

As the Dean of Students, it is my role to encourage an exceptional and comprehensive student experience. As Trinity students you will be exposed to unlimited opportunities for involvement, leadership, and personal exploration. My role is to support and facilitate student development, integrating the out-of-class experience of students with the academic mission of College. Indeed, we recognise that the attributes we want each of you to cultivate cannot all be provided solely in the classroom. I invite you to embrace all that Trinity has to offer but also to see this as an opportunity to celebrate and share your own experiences, your own stories and in that way make your contribution to the richness of the Trinity Student Experience.
During your time at Trinity, you will probably often hear that postgraduate study is a wonderful opportunity to work at the frontiers of discovery and develop the discipline you work in, at the same time developing yourself academically, professionally and personally.

This is absolutely true.
But words like discovery and development sound very challenging, don’t they?
Well, there will be times when you feel challenged during your postgraduate study. In fact, it’s probably important that you do – this is part of where dynamic research comes from and it’s normal. It’s also normal to ask for help in meeting those challenges.

In the following pages you’ll learn about the different ways Trinity services can give you the tools to manage your studies in a healthy way, to cope with difficult times, and learn more about yourself and how to get the right balance of work, rest and play.

My job, as Postgraduate Student Support Officer, is to help you to access the information and support you need to navigate Trinity and make the most of your time here, and while the Postgraduate Advisory Service (PAS) is therefore often the first port of call if you have a query, each service can be contacted directly for an appointment or assistance with questions or concerns you have that aren’t covered in this handbook.

There are no silly questions, and it’s important that you access the correct information and support early on – don’t wait for things to get better by themselves. All of the services in this handbook work together to help our postgraduates realise their potential, as individuals and as a community.

My time as a postgrad at Trinity was some of my very best. I hope this year means the same to you.
Keep in touch.
Postgraduate Advisory Service

The Postgraduate Advisory Service, commonly referred to as PAS, is the frontline support for postgraduate students at Trinity. PAS is coordinated by the Postgraduate Student Support Officer who acts as a first point of contact for postgraduate students needing support or guidance.

We support students by:

- Providing frontline confidential and free support, information, and referral via the Postgraduate Student Support Officer
- Providing, on referral, named academics to provide advice and, in certain circumstances, advocacy via a panel of Postgraduate Advisors
- Providing other supports including informal mediation, workshops and training to postgraduates
- Administering the Postgraduate Student Assistance Fund and other financial assistance to postgraduate students
- PAS also provides assistance for postgraduates in the event of disciplinary and/or academic appeals
- PAS is located on the ground floor of House 27.
- We’re open Monday to Friday and appointments are available from 10am to 3pm
- We also offer brief drop-ins every Tuesday and Thursday 2.30-3.30pm for quick queries or to arrange a longer appointment

Financial Assistance

The Postgraduate Advisory Service administers the Postgraduate Student Assistance Fund. This fund is intended to tackle disadvantage by providing small amounts of financial assistance to students requiring additional support to enable them to fully benefit from their third-level studies. It is co-funded by the Irish Government and the European Social Fund as part of the ESF program for Employability, Inclusion and Learning 2014-2020.

There are a few sources within College that registered postgraduates can turn to if they find themselves dealing with financial hardship. There is no financial assistance to help students pay tuition fees, however.

Student Union Welfare Loans

The Students’ Union offers interest-free loans up to €100. The repayment plans are flexible, and this loan may be availed of more than once. Simply drop into the SU’s Welfare Office, on the first floor of House 6, to discuss applying. For more info at https://www.tcdsu.org/financial-assistance

Student Charges

The Student Charges paid at registration may be reimbursed to registered postgraduates in certain circumstances. Students will need to demonstrate that they have qualified for SAF, or that their sole source of income (or family income if deemed dependent) is social welfare payments.

Postgraduate Student Assistance Fund

The Student Assistance Fund, referred to around College as the SAF, is a fund for registered students in severe financial hardship due to emergency or unforeseen circumstances. The fund is intended to help cover expenses such as rent, food, transport and childcare and an award is made against a specific cost (e.g. one month’s rent, or an emergency medical expense).

The Postgraduate SAF is administered by the Postgraduate Advisory Service (PAS), and is means tested, requiring an online application, a short personal statement, and the provision of supporting documentation.

All applications are treated in confidence, and are considered by the Postgraduate Financial Assistance Committee whose membership includes the Senior Tutor and Vice-President of the GSU. The committee is chaired by the Dean of Graduate Studies.

Applications usually open in mid-October. Contact the Postgraduate Student Support Officer in PAS for further details:

- pgsupp@tcd.ie
- https://www.tcd.ie/seniortutor/students/postgraduate/financial-assistance/

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Grad Chats: The Postgraduate Student Support Group

Are you feeling confused or overwhelmed about being a Postgraduate student in Trinity? Would you like to connect more with Postgraduate peers? ‘Grad chats’ is drop-in, open support group for postgraduate students (taught or research). The support group will be both educational and interactive in its delivery.

At Grad Chats you will get a chance to:

- Share your postgraduate experiences with others
- Meet other postgraduate students and learn from their experiences
- Explore academic relationships and how best to manage these
- Learn the importance of self-care as a postgraduate student
- Learn relaxation and anxiety management techniques to improve coping skills
- This is an open group, booking isn’t necessary, just come along on the day!
- Tea and coffee provided!
- Time: 11am -12.15pm
- Dates: Weekly from Friday Sept 13th
- Venue: GSU Common Room, First Floor, House 7 (Front Square)
- Facilitated by: Student Counselling Services (SCS) and Postgraduate Advisory Service (PAS)
- Wheelchair access: No*
- Gender neutral toilets: Yes

* Please contact us if you have any accessibility difficulties and would like to access this group

Contact:

- https://www.tcd.ie/seniortutor/students/postgraduate
- pgsupp@tcd.ie
- 01896 1417
Harmony

Diversity and Inclusivity are core values of Trinity College, expressed in successive College Strategic Plans, most currently in ‘Our Values’ in the TCD Strategic Plan 2019—2024, (pending), as follows:

- Pioneering
- Inclusive
- Collaborative
- Ethical
- Fearless

While it is very important that our commitment to Equality, Diversity, and Inclusion is reflected in our strategy, it is even more important that we ensure these values are evident in the everyday experiences of our students. In this regard, the College has in place a range of policies, structures, and services to give life to our values.

In relation to policies, the primary policy is our Equality Policy (https://www.tcd.ie/equality/policy/equality-policy/), which sets out our fundamental policy commitments to:

- Promote equality in all aspects of activity – employment, education and service provision
- Prevent discrimination for students, staff and service users on any of the protected equality grounds
- Identify and address any barriers to full participation in University life

The Equality Policy is supplemented by a range of more specific targeted policies, including for example the Dignity and Respect Policy (https://www.tcd.ie/hr/assets/pdf/dignity-and-respect.pdf) which sets out the standards of Respect that are mutually expected across College, and a framework to address any issues in this regard: the Gender Identity and Gender Expression Policy (https://bit.ly/33HbsXg), which outlines the College’s formal commitment to recognise and support an individual’s gender identity and gender expression; the Accessible Information Policy (https://www.tcd.ie/about/policies/accessible-info-policy.php), which ensures that Trinity’s information and events are accessible to all; and the Policy on Supports for Student Parents, Student Carers and Students Experiencing Pregnancy (https://www.tcd.ie/about/policies/assets/pdf/student-parent-carer-and-pregnancy-policy.pdf) which sets out the College’s provision for and commitment to those students who become pregnant or who have parental or caring responsibilities or experience pregnancy at any point during their time in College.

Further info:

- Further information in relation to Diversity and Equality issues can be found on https://www.tcd.ie/diversity-inclusion/ and https://www.tcd.ie/equality/
Trinity Disability Service

The Disability Service provides confidential supports for postgraduate students with disabilities in Trinity. Many Trinity students have disabilities that may be visible or invisible. Regardless of the nature of your disability, the Disability Service is here to help you identify and support your needs during your time in Trinity.

→ Working within the service are a team of professionals with expertise in the field of disability, including disability officers, occupational therapists and an assistive technology officer. As a student who has applied for reasonable accommodation with the service, a number of resources and supports are available to you that will assist your throughout your research and study. These may include the provision of assistive technologies, access to respite spaces, or access to reasonable accommodations (such as disclosure of your disability, note takers, library assistants etc.) Additionally, postgraduates can avail of individual sessions with an occupational therapist who will assist you to develop practical skills and strategies to help you manage your university student life (including balancing well-being, research load, and the supervisor-relationship.

→ The Trinity Students with Disabilities Ambassador Programme is a student-led programme that gives students with disabilities the opportunity to represent and showcase Trinity’s Disability Service to prospective students by sharing their stories and experiences of university life. The Ambassadors act as positive role models and sources of information at presentations in the community, and at orientation programmes in Trinity. For further information about the programme or to become an Ambassador please contact askds@tcd.ie

→ The Student Services Case Coordinator provides one-to-one support to students with more complex mental health difficulties who are in need of a higher level of support. These students are referred by the College Counselling, Disability & Health Services. This may be to develop strategies to help the student cope while in college or to check-in on any difficulties the student may be having. It may also be to liaise with any services a student might be using or to encourage a student to engage in appropriate additional College services. The case coordinator also liaises with external services such as GPs, Adult Mental Health Services, counsellors etc. to ensure the student is engaging in services and is coping not only with the academic pressures of college but also the everyday activities such as socialising with peers. The Case Coordinator may engage with these services as a result of an emergency or concern; or do so acting on behalf of a student with their consent.

Postgraduate students are also welcome to avail of the DS Solutions Drop In Centre from 11am to 3pm Monday to Friday during term.

Contact:
→ www.tcd.ie/disability
→ askds@tcd.ie
→ 01896 3111

Trinity Centre for Gender Equality and Leadership

The Trinity Centre for Gender Equality and Leadership (TCGEL) was launched in Trinity College Dublin in October 2017, by the University Chancellor Dr Mary Robinson, to drive sustainable structural and cultural change across all areas of the University. The Centre’s mission is to develop and embed sustainable practices to advance gender equality in Trinity College Dublin to ensure a diverse, innovative and productive academic community of global significance. Inclusivity, equality and diversity are core values for Trinity College Dublin, and these are enshrined in the university’s Strategic Plan. TCGEL aims to create an inclusive College community in which all genders participate at all levels and where all are recognised fully for their contribution to the university.

→ TCGEL drives the University’s Athena Scientific Women’s Advancement Network (SWAN) strategy/actions and represents the University on the National Athena SWAN Committee. TCGEL was recently successful in renewing the University’s institutional Athena SWAN Bronze Award, which recognises good practice in actively tackling gender equality challenges in the higher education sector.

→ The Trinity Centre for Gender Equality and Leadership are the co-ordinators for the €2.2million Horizon 2020 project SAGE (Systemic Action for Gender Equality). SAGE partners (in seven European universities) have designed and implemented Gender Equality Plans to advance gender equality, using a proven SAGE model that can be implemented throughout Europe. SAGE seeks stronger action on gender equality in higher education and research, recognising the structural barriers that impede progress including: unequal pay, absence of work/life balance, the persistence of harassment and discrimination, and the under-representation of women in decision-making. A SAGE Charter of Principles for Gender Equality in Higher Education was launched in Dublin, in May 2019, by the Minister of State for Higher Education, Mary Mitchell O’Connor. The SAGE Charter was officially adopted by the entire Irish HE Sector.

Futher info:
→ Please visit the TCGEL website at https://www.tcd.ie/tcgel/
Student Health Services

Trinity College’s health service is working hard to make Trinity a healthy place to live, study and work. Through the Healthy Trinity project, it also provides the college community with information on how to lead a healthy lifestyle.

Medical Centre - Student Clinics
The hours of attendance for students are as follows:
→ 9.30am–12.30pm
→ 2.00pm–4.30pm
The service is closed between 1–2pm
Consultations are normally by prior appointment only. Please notify the staff if you have to re-schedule or cancel your appointment.

General Practitioner Clinics
GP clinics are held daily by Dr. David McGrath, Dr David Thomas, Dr Niarmh Murphy, Dr Mary Sheridan, Dr Aisling Waters and Dr Colette Horgan.
→ These include:
Minor Surgery, Psychiatry, Travel Advice, Sports Medicine, Sexual Health Clinic, Confidential HIV, Counselling and Testing, Antenatal Care, Contraception and Liquid Nitrogen.
The College Psychiatrist Dr. Niarmh Farrelly is available for consultation on referral from a GP or Counsellor
Confidentiality is maintained at all times.

Student Fees
As from 1st October 2016. Essentially, the service offers free on campus primary health care. However charges will be incurred for the following consultations, these include:
→ Lab. Blood and Urine Tests €15
→ Post Coital Contraception €15
→ Liquid Nitrogen €20
→ Eye Testing €20
→ Pregnancy Testing €10

Vaccinations:
→ Varied Hepatitis B (Full Course) €110
→ Depo Provera €15
→ Implanon Insertion/Removal €100
Charges subject to revision.

Physiotherapy
Karita Cullen – by Appointment
→ Student consultations €20
The College Health Service is a recognised International Yellow Fever Centre. Students seeking travel vaccination or travel advice are encouraged to attend at least one month prior to travel. The health service has computerised advice on hand, updated monthly with the latest health advice.

Have a Healthy Social Life
Your social life is key to making the most of your time at college and we’d like to make sure that nothing happens to you, beyond having a good time:
→ Try to limit your intake to no more than 6 units of alcohol per session, a unit is a short, or half a pint of beer or cider.

→ Consider carrying a condom for your own protection
→ Look out for your friends, especially as night, and make sure everyone gets home safely

Student Discounts at Pharmacies
Available on production of a Trinity Student card at:
→ Price’s medical Hall (Clare St)
→ Lombard Pharmacy (Lombard St)
→ Boots Pharmacy (Grafton St)
→ Trinity Pharmacy (Nassau St)
→ Hickey’s Pharmacy (Grafton St)

Student Health Information
Check out the college health website for information on alcohol, drugs, safer sex, managing stress, eating well, exercise and generally surviving college life.
http://www.tcd.ie/College_Health

Out-of-Hours
The following information is available on our Voicemail which is activated every evening after 5:00pm (Tel. 01896 1556) or from Security Staff at Front Gate (Tel. 01896 1317).

Dubdoc
Dubdoc is an out-of-hours emergency general practitioner service based in St James Hospital. (Tel. No. 4545607). The service is available from 6.00pm–10.00pm weekdays, 10:00am–7.00pm weekends and Bank Holidays. A triage nurse is available to give telephone advice, arrange a house call or make an appointment with a GP on duty.

Contactors Bureau
Outside these hours please telephone Contactors Bureau (Tel: No. 830 0244).
Contactors Bureau is a domiciliary deputising service who will send a doctor on request within the Co. Dublin area.

Students (with the exception of Non-Irish EU students or students with Medical Cards) will be responsible for any fees incurred or consultation or home visit.

Medical Cards
Approximately 15% of the Student Body is entitled to a medical card. This entitles the holder to free prescriptions and free hospitalisation, in addition to using the College Health Service.

Criteria as follows:
→ Irish Students
Entitlement of Irish students to a medical card is based upon the individual’s financial circumstances. Therefore: If aged between 16-25 years, eligibility depends upon parents holding, a current medical card. If aged over 25 years, and a full time student, a means test will apply. An application form can be downloaded from www.hse.ie

→ Northern Ireland & Great Britain Students
NI & UK students require proof of domicile in order to avail of emergency medical card services. They do not qualify for full medical card entitlement, but will receive emergency medication and treatment on production of an NHS No.

→ EU Students
Those with a valid European Card, issued in their home country, are automatically entitled to medical card services, as well as free general practitioner treatment and certain prescribed medications. A signature is required at the time of consultation.

→ Non EU Students
Students from non EU countries are not covered for any free medical attention and must arrange their own medical insurance. However attendance at the College Health Service is free of charge. The College cannot accept financial responsibility for any charges incurred from outside doctors.
STEP 1: Self-care is important not indulgent

- Get the balance right for you: Psychological health encompasses our capacity to work in a generative and meaningful way, our capacity to form and sustain authentic relationships and our capacity to play, be creative and get lost in the moment. So make time for those significant relationships in your life, and plan for some positive outlets throughout the academic year because this will improve your energy levels and your ability to concentrate overall (see https://www.mentalhealthireland.ie/five-ways-to-well-being/ for more information).

- Name the ‘self-critic’ instead of blaming yourself: Good plans often go to the wayside if we feel like: “I’m messing this up!”, “I don’t deserve to take a break”, “I’m not able for this!”. These are very common thoughts that tend to get louder the more overwhelmed we feel, and paradoxically, the more we listen to these the less effective we become. Often we rush to feeling self-critical and blaming ourselves for challenging circumstances when we could be more self-compassionate. (see https://selfcompassion.org/category/exercises/#exercises for more information).

Managing Well-being in the Postgraduate Context.

At some point throughout your academic career there will be a time where you are feeling challenged. You may be finding communication with your peers or supervisor difficult; your research is not going to plan; or you might be struggling to balance academic work alongside financial obligations, friends and family responsibilities. This is not unusual because postgraduate study is demanding, and this challenge is heightened if you are feeling isolated, exhausted, unwell or unable to concentrate. It can be helpful to avoid seeing postgraduate study as a general postponing of life, but rather an opportunity to learn how to best support yourself through what is going to be a challenging but hopefully rewarding phase in your life. We know that the academic environment plays a large part in this process, as does your ability to navigate this in a way that helps you best meet your needs. So here are some of our top tips.
STEP 2: Build a Support Network

Many students feel a sense of being “an impostor” and think things like “Have they made a mistake by letting me in?”, “What if I’m not good enough?”, “They are going to find me out one of these days!”.

It is hard to believe that others are feeling similarly unless we reach out to them, but often this can feel more difficult in postgraduate courses due to the emphasis on independent study and smaller cohort sizes.

Connect with peers: The Student Counselling Service in conjunction with the Postgraduate Advisory Service and the Graduate Student Union run a weekly drop in support group (“Grad Chats”) during terms times. The Student Counselling Service also runs groups and workshops on general student issues, which can be a good opportunity to learn more about these spaces to talk through a difficult situation, a disappointment or a loss we would encourage you to book an appointment with the Student Counselling Service by calling 01896 1407. If you are having difficulty navigating academic processes and procedures, or want some advice about making an academic complaint or an appeal, you can contact the Postgraduate Advisory Service at: https://www.tcd.ie/seniortutor/students/postgraduate/

Stay informed and Upskill if necessary: Postgraduate study is designed to be a step up from previous education (see the Postgraduate Research Student Handbook https://www.tcd.ie/graduatestudies/assets/pdf/po-graduate-research-student-handbook-2018.pdf). This may require you linking in with our Student Learning Development Team who run workshops and training throughout the year and also offer one to one appointments (http://studentlearning.tcd.ie/).

Ensure you have the right level of support: If you are currently experiencing low mood or anxiety difficulties, or you want to learn more about managing stress you can sign up to our online support programmes at https://ie.silvercloudhealth.com/signup/tcd/.

Enlist the support of other services: see https://www.tcd.ie/students/support-services/ for a full range of the support services, clubs, societies available at TCD.

STEP 3: Ask for Help

Even with all of this in place there may come a time where you feel you would benefit from the chance to talk with someone objective about your situation. If you feel that your mental health and well-being is being negatively affected or you just need some space to talk through a difficult situation, a disappointment or a loss we would encourage you to book an appointment with the Student Counselling Service by calling 01896 1407. If you are having difficulty navigating academic processes and procedures, or want some advice about making an academic complaint or an appeal, you can contact the Postgraduate Advisory Service at: https://www.tcd.ie/seniortutor/students/postgraduate/

Events include:
→ Prayer in the style of Taizé each Monday in term at 6.00pm in the Gallery Chapel
→ Tuesday morning prayer-time from 9.15 to 9.30am in the Gallery Chapel each week in term
→ Denominational events and services (Roman Catholic, Methodist, Anglican/ Episcopalian)
→ They offer space to Christian LGBT students, co-facilitate a bereavement support group with Counselling, a free, simple communal lunch open to all every Tuesday during term in the Common Room, House 27, 12.30–2pm.

Faith spaces for students:
→ Common room, Monday-Friday in House 27: relaxed social space, tea and coffee, open to all students to drop in and relax.

→ There are prayer rooms for Muslim students in Goldsmith Hall and St James’ teaching hospital.

Student faith groups (all open to any student, sign up at the Freshers’ Fair):
→ Christian Union
→ Jewish Society
→ Laurentian (Roman Catholic) society
→ Muslim Student Association

Contacts in Ireland for other Systems of Belief:
→ Atheism: Atheist Ireland http://atheist.ie
→ Buddhism: Dublin Buddhist Centre www.dublinbuddhistcentre.org
→ Hinduism: Hindu Cultural Centre Ireland www.hindu.ie
→ Humanism: Humanist Association of Ireland http://humanism.ie
→ Islam: Islamic Foundation of Ireland http://islamireland.com
→ Judaism: Irish Jewish Community www.jewishireland.org
→ Quaker: Quakers in Ireland http://quakers-in-ireland.ie

Ecumenical Chaplaincy

Open to all staff and students of any faith and no faith, the Ecumenical Chaplaincy offers prayer, confidential listening and referral, and spiritual guidance.

The Chaplains are happy to assist students of other churches or of other faiths who wish to make contact with their own religious community. There is a Prayer Room available for quiet reflection and prayer to people of all traditions.

Contact:
→ https://www.tcd.ie/Chaplaincy/
→ Chaplaincy@tcd.ie
Sports at Trinity

Trinity Sport offers something for everyone, whether you are interested in staying healthy or you have aspirations of sporting glory.

Trinity boasts a state-of-the-art Sports Centre on campus, along with a number of outdoor sports sites. The Sports Centre includes a variety of facilities including a swimming pool, sauna and steam rooms, a fitness theatre with over 600 stations and a fitness studio. The main sports hall hosts a range of sports including basketball, badminton, volleyball, netball and 5-a-side-soccer.

On-campus facilities also include futsal and tennis courts, pitches for cricket, rugby, soccer and hockey, as well as a grass athletics track in the summer. Off-campus facilities include a new water-based hockey pitch, synthetic 5-a-side pitches and grass pitches for Gaelic games, soccer, rugby, American football and ultimate Frisbee.

This extensive range of sports facilities ensure that all levels of fitness and physical activity are catered for and over 40 weekly exercise classes are delivered by a highly experienced and motivated team of staff. Trinity Sport has recently introduced a key focus on the recreational sporting opportunities available to students, as fundamental to the health and well-being of the campus community. The range of activities organised include a campus run series, social leagues and coaching courses.

Sports centre membership is included in student fees so simply call over to the Sports Centre and activate your student card to get started and the Sports Team will be on hand to help. We look forward to welcoming you then!

Sports Clubs in Trinity

Every year, thousands of new students use sports clubs to forge friendships that often last a lifetime. Student sport clubs are managed by the Dublin University Central Athletic Club. With nearly 50 clubs ranging from team sports such as volleyball to soccer, Gaelic games to basketball, and individual sports like squash, athletics and triathlon there is something for everyone. Sports clubs are student led, run by and for students whether as a player, administrator or coach. For more information on sports clubs in Trinity see the Trinity Sports website https://www.tcd.ie/Sport/student-sport/clubs/

Further info:

Website: www.tcd.ie/sport
Facebook: Trinity College Dublin Sport
Twitter: @tcdsports
Medicover Graduate

The most comprehensive insurance policy of its kind, tailored for graduates in Ireland

DID YOU KNOW?
- All non EEA students and graduates in Ireland must purchase an insurance policy from an insurance provider located in Ireland
- Family or individual health plans from your home country are not acceptable

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Coverage

- Public, Private & Specialist Hospitals
- Inpatient & Outpatient Medical Expenses
- Doctors & General Practitioners
- Emergency Dental Expenses
- Repatriation & Family Compassionate Visits
- Prescriptions & Necessary Medication
- Physiotherapy & Homeopathy Treatment
- Personal Liability Protection

Policy Approved by the INIS and GNIB

New Online Claims Service
48 Hour Claims Refund Policy
No Waiting Period
24/7 Multilingual Helpline

Chubb’s claims philosophy is the backbone to their success and is universally known throughout the insurance industry as the best there is. They strive to treat each claimant with integrity, empathy, promptness, expertise and fairness.

Please review the policy wording for full information on the coverage of the policy.
Dean and Vice-President for Research

Trinity is home to a host of excellent, world-class researchers across a broad range of disciplines and across a whole range of experience. Starting with undergraduates who complete research projects as part of their degrees, postgraduates and PhD candidates who engage with research on a daily basis, right through to postdoctoral researchers and academic staff on the cusp of great discoveries, from our first days at Trinity research is at the heart of everything we do.

We are driven by a passion for research and scholarship that has a fundamental influence on our teaching and culture. Research, along with teaching, forms our identity and is one of the factors that makes Trinity the leading university in Ireland and a university of international standing.

As you embark on postgraduate education and research in this historic university, we encourage you to be driven by curiosity, develop your research networks within and beyond your disciplines, be fearless in the pursuit of all forms of knowledge and make positive contributions to the culture of research, innovation and community here in Trinity.

Research is not easy. There will be times where you hit a wall that seems insurmountable, but all the great discoveries in research have come about due to the perseverance and determination of individuals and groups. To fail is not to be a failure – every time something doesn’t work the way you had expected, you’re a step closer to finding out how it will. It’s a fundamental part of the research journey.

Very best wishes to all of you as you begin your own research journeys and welcome to this wonderful community we call Trinity.

Dean Linda Doyle
The Office of the Dean of Research

The Office of the Dean of Research oversees research policy and research governance matters in College. The office engages in matters of strategic importance to the research landscape whilst also dealing with operational matters across College. The Office consists of the Dean of Research, two Associate Deans, the Head of Strategic Research Development, a Research Strategy Officer and the PA to the Dean of Research.

In June 2019, Trinity launched its first ever Research Charter and a Living Research Excellence Strategy for College. The Research Charter is our public commitment to a set of seven key principles that underpin our research whilst the Living Research Excellence Strategy is about actions we need to take to make the Research Charter a reality.

When we set out to create a strategy it became clear that there was a real hunger to reassert some core principles around our research and to reset what matters to us in terms of research. The Research Charter, based on seven principles, was borne out of this desire.

TCD’s Research Charter

- Cherish academic freedom, diversity of scholarship, and pursuit of truth
- Position research at the heart of Trinity.
- Foster and grow research talent.
- Harness our collective expertise for the greater good.
- Broaden our local and global impact.
- Engage profoundly with our publics.
- Stand up for research.
- Both documents are the outcome of a highly collaborative process which included strong student input.

You can read more about these documents here:

- Research Charter https://www.tcd.ie/research/about/charter/

One of the seven principles in our Charter is ‘Standing Up for Research’. This is especially important in today’s world. We need to ensure that the neutral voice of the expert researcher is taken seriously, that research continues to be resourced, and that research continues to matter. To that end, #researchMATTERS is our research magazine and our way of sharing some of the many research stories that are part of work and life in Trinity. Contributions from researchers at any stage of their career are welcome.

In addition to this, we will soon launch an exciting new project called ‘SOAPbox - the Student Open Access Project’ where we engage with student-run publications to fully integrate their work, platforms and practices into the open research environment. This will assist students to increase the impact of their work at an early stage of their careers as researchers and we will be working closely with the Graduate Students’ Union, TCD library and others to deliver this programme.

Futher info:

- For more information about this project and other initiatives our office is engaged in, please visit https://www.tcd.ie/research/ and follow us on Twitter @TCDdeanresearch
Dear Students,

As new or returning members of Trinity’s postgraduate community you may be aware of the tall contemporary building on Fellow’s Square - the Trinity Long Room Hub. Home to forty Early Career Researchers from over twenty disciplines in the Arts and Humanities, this is Trinity’s Arts and Humanities research institute. I’d like to tell you what we do in this building and how it could benefit your research.

Firstly, we support research excellence in the Arts and Humanities. This begins with our Early Career Researchers, who are housed in a study space on the fourth floor of the building. Representing Trinity’s nine Arts and Humanities schools, these doctoral and post-doctoral researchers are the life-blood of our research community. Aside from offering them a stimulating place to carry out their research with all the amenities the building provides, we want help in building their research careers by offering mentoring and skills workshops (including publication workshops), and opportunities for them to communicate their research to the widest possible audiences (including visual research displays).

The second thing we do is promote interdisciplinary research. Our community coffee morning is the highlight of my week and it really shows just how diverse each research area is and how research can be enhanced by engagement across disciplines (e.g. Digital Humanities, Neuro Humanities and Environmental Humanities), and by learning about other research strands. We hope you can join us for some of these coffee mornings, held every Wednesday at 11am in the Trinity Long Room Hub’s Ideas Space. This year we will be asking the research community to relate their research more acutely to the United Nations Sustainable Development Goals.

The third thing we do is public humanities. We include wider members of the Trinity community and members of the public in our research discussions. Every year, we have a varied programme of public events, discussing many important topics of national and global significance (you can see our upcoming events by signing-up to our weekly newsletter). So please, come in and join us and find out about the many wonderful research seminars and events taking place weekly throughout the year.

Prof. Jane Ohlmeyer
We’re in this together

The spirit of participation, social responsibility and civic engagement is not only encouraged at Trinity, but is a thriving and hugely important aspect of life in College across all faculties.

- Research and teaching partnerships, staff and student volunteer activity, becoming a GSU class or school rep, are all great ways for you to take part in campus life. Volunteering a little of your time can bring a wealth of benefits, including meeting inspirational academic researchers within your field, transferable skills, improved confidence and motivation, as well as a chance to meet new people and engage in life outside of the library or lab.

- Students who are interested in researching opportunities to become involved should visit the Trinity Civic Engagement website at www.tcd.ie/Community, or get in touch directly with the many societies, clubs and charitable organisations that operate on campus.

Going Green

- There are a myriad of ways for you to get involved in sustainability activities, events and initiatives at Trinity – not just on campus but also at St James’ Hospital Research Area, Trinity Hall, D’Olier Street and all of Trinity’s locations. If you have your own idea or passion to pursue you can ask for support from the sustainability groups in college, see https://www.tcd.ie/provost/sustainability/resources/ or get in touch with your GSU Environmental Officer to ask about resources, funding and other forms of support.

We want you

The Graduate Student’s Union wants you to be part of the GSU family on campus this year, and there are a variety ways for to do this; from representing your class as a class rep, your PhD fellow research students as a PhD rep or PhD vice-rep or your school as GSU school rep, all these positions are available in each class, school and in each faculty. Here is what one of our School reps says about her experience in the GSU this year.

‘I found it really worth-while volunteering this year in Trinity’s Graduate Students’ Union. The GSU helps people to find their feet when they arrive first on campus and it continues to help people find their feet throughout the year. I found being a part of the GSU as a PhD student over the past few years really very rewarding.’

Lisanne Peters, PhD student School of Chemistry, Trinity College Dublin.

Dean of the Faculty of Arts, Humanities and Social Sciences

The Faculty of Arts, Humanities and Social Sciences has by far the largest cohort of postgraduate students across the College. As the newly elected Dean of the Faculty, I would like to welcome our new PG students, and indeed to welcome back returning students. The Faculty is the largest and most diverse in the University, comprising of 12 Schools and a total of 25 Disciplines. Our Schools include most of the highest ranked subject areas in the University, many of them internationally renowned and ranked in the top 50 worldwide (QS Rankings).

Our Schools are home to a large number of internationally-regarded taught Master’s programmes. In 2019–20, approximately one third of the Faculty’s discretionary Strategic Fund was allocated to taught Master’s Scholarships. Each of the Schools also has a large and active community of research students and postdoctoral research fellows.

Furthermore, we play an important part in the cultural and intellectual life of the institution, the city, and the nation. The Faculty is home to a major interdisciplinary research institute in the Arts and Humanities, the Trinity Long Room Hub, and to Trinity Research in Social Sciences (TRiSS), a broad-based endeavour encompassing the best of our research and thinking in the Social Sciences.

I urge all of our PG students to take this unique opportunity to work with and learn from our professors, many of whom are global leaders in research.

I would also like to wish both Sabbatical Officers who run the Graduate Students’ Union (GSU) and broaden the GSU team by recruiting representatives from within the twelve schools in our Arts, Humanities and Social Sciences Faculty, all the very best from the Faculty itself for the academic year ahead.

Dean Gail McElroy

2019 – 2020
Dean of The Faculty of Health Sciences

I am delighted to welcome our new and returning postgraduate students in my capacity as a newly-appointed Dean in the Faculty of Health Sciences. Our faculty incorporates the Schools of Dental Science, Medicine, Nursing & Midwifery, and Pharmacy & Pharmaceutical Science. At the core of our activities in Health Sciences is the understanding that all of our activities begin with and centre on our patients. We believe that being part of an inter-professional community of service-oriented scholars aspiring to change lives through education, research, healing, and care is key to success.

One of the most attractive aspects of working within the Faculty of Health Sciences is the opportunity to embark on globally engaged, enterprising research to address real life problems that impact on well-being. Our strategy of improving human health through research is predicated on clinical, laboratory-based and health service research informed by real world, clinical bedside problems, and societal and global health challenges.

Our PG programme activity – taught and research – is dispersed far wider than the main campus. Through engagement with our clinical partners our postgraduate students embody a new model of enablement and research integration with an emphasis on clinical strengths.

The grounded nature of our PG programmes ensures that our graduates can engage in meaningful, proactive dialogue with students, staff, government, industry and the community to identify needs and solutions, and inform policy.

Within Health Sciences we cherish a rich diversity of staff and students all equally valued in the faculty community. We embrace the increased use of technology for flexible learning, micro-credentialing and continuing professional development.

As someone who has been a student, researcher and teacher in this Faculty, I am immensely proud to now serve as Dean and work with you to ensure we continue to be a force for excellence in our ability to deal with the health challenges of today, and through our research and innovation that we create change for a better society tomorrow.

Dean of The Faculty of Engineering, Maths and Science

Dear Graduate,

It is a pleasure to write to you and an honour to do so as the newly elected Dean of the Faculty of Engineering, Maths and Science (FEMS).

There are more graduates in FEMS than in any other Faculty in the College. You will find it hard to locate a lecturer here that does not hold a higher degree. Many of us are graduates of faraway places, bringing a diversity of cultural, social, research and teaching practices not just to our thinking but to Trinity. What sets graduates apart is their determination to make a novel and personal impact on research and to push the knowledge within their discipline a little deeper or wider.

In my case, I spent three years creating small metallaborane clusters and decorating them with precious metals! They were air-sensitive, but beautiful on both a macroscopic and molecular level. The work I did provided evidence for something called the ‘Isobal Analogy’ and saw me working long hours, (well into the night when the spectrometers were available!). I was part of a team (from Swaziland, Cambridge, Lebanon and China) and I chose my supervisor because, among other qualities, she was a rare Cambridge Professor of Inorganic Chemistry.

By playing with amazing equipment, and interacting with great minds, FEMS graduates do not simply broaden their disciplinary knowledge. They also gain a deeper understanding of themselves; discovering what inspiration really means, and how to work with others, so as to get the best from them, and from themselves. They learn effective communication, time-keeping, and other organisational skills. In dedicating several years of their lives to answering a research question, they become experts in an area that just might revolutionise the way we live on this planet, and may well save us from destroying it.

I don’t know what could be more challenging or rewarding at your stage in life but set out purposefully, and be rigorous and honest.

It will be a privilege to be involved in the greatest period of expansion in the lifetime of FEMS. I wish you more than just individual success, for Trinity’s future rests in your hands.