



Special Gluten Free Italian Themed Menu

For dining in, **reservations are required** call 216-245-6666

Order online <https://squareup.com/store/cafe-avalaun-friday-night-popup-menu>

All pick up orders must be pre-paid and confirmed by 3 pm Friday. Hot packed pick up begins at 5 pm.

Cold pre-packed pick up with reheating instructions now available as early as 11 am on Friday.

Cold pack orders must be submitted by 3 pm Thursday 10/24/19

Please indicate your pick up time on your online order.

Friday October 25, 2019 6 pm – 9 pm

Everything is Gluten Free, Soy Free and Peanut Free

Appetizers and sides

Fried marinated calamari with marinara sauce	DF NF	\$10
Garlic bread, spread with garlic butter-olive oil and herbs (DF option available)	NF V	\$3
3 Meatballs in sauce (2oz. ea) (DF without cheese on top)	DF NF P	\$7

Salads

Italian antipasto salad with soppressata, mozzarella, Kalamata olives and red wine vinaigrette	NF	\$7
Good and basic side salad- Lettuce, tomato, cucumber, balsamic vinaigrette	NF VG	\$5

Entrees

Eggplant parmesan stuffed with house made ricotta, imported Parmigiano reggiano with marinara sauce and small side of spaghetti	NF V	\$18
House potato Gnocchi with pork neck tomato gravy topped with pecorino romano cheese	NF	\$20
House potato Gnocchi with brown butter-lemon-sage sauce topped with pecorino romano cheese	NF V	\$19
Lasagna bolognese al forno. Made by layering our crepes with bolognese sauce, mozzarella, Parmigiano Reggiano	NF	\$19
Cannelloni al forno. Crepes stuffed and rolled with spinach, and ricotta baked in tomato sauce	NF V	\$17
Chicken parmesan baked with mozzarella and parmesan cheese with a side of Fettuccini	NF	\$22

Fettuccine and red sauce NF V sm. \$10 lg. \$15 add 2 meatballs \$4

Menu Subject to changes

Please inform us of any specific allergies

Everything is Gluten Free, Soy Free and Peanut Free

V=Vegetarian, NF=Nut Free, CF=Corn Free, EF=Egg Free, P=Paleo, PR=Primal, VG=Vegan, DF=Dairy Free

VG or P is also DF. Anything labeled VG is EF. All P and PR recipes are Grain Free. PR may contain Dairy such as grass-fed butter.

Desserts

Tiramisu \$8

Cannoli \$6 each

Standard Dairy free options
will be in the case