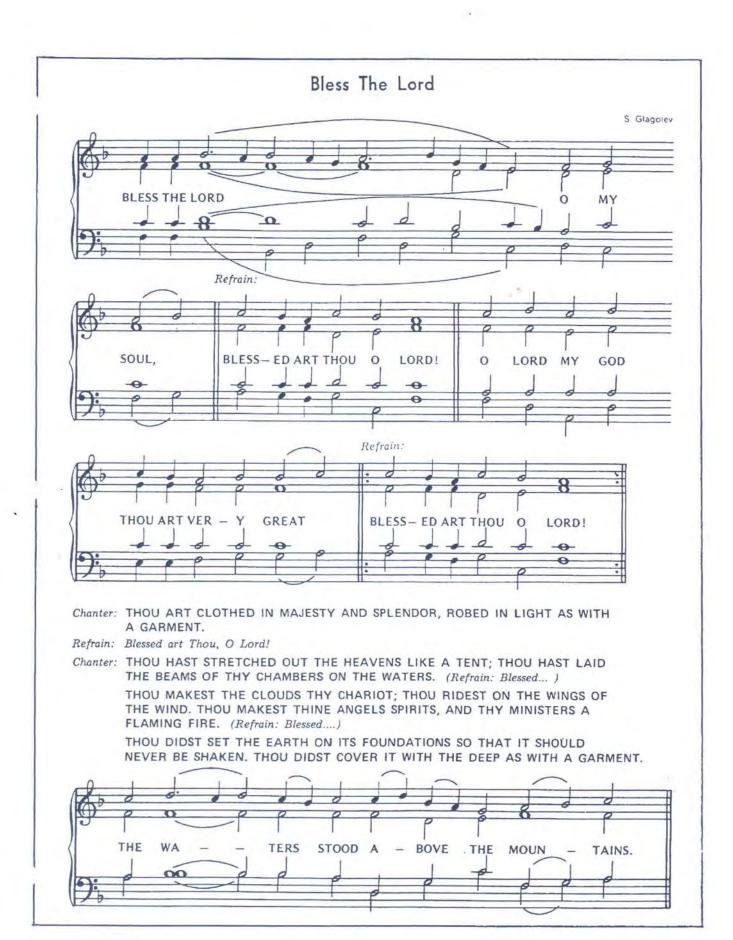
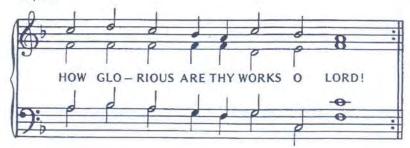
# Come, Let Us Worship

Traditional





Refrain:



Chanter: AT THY REBUKE THEY FLED; AT THE SOUND OF THY THUNDER THEY TOOK TO FLIGHT! THE MOUNTAINS ROSE; THE VALLEYS SANK DOWN TO THE PLACE WHICH THOU DIDST APPOINT FOR THEM.

Refrain: How glorious are Thy works, O Lord!

Chanter: THOU DIDST SET A BOUND WHICH THEY SHOULD NOT PASS SO THAT THEY MIGHT NOT AGAIN COVER THE EARTH. THOU MAKEST SPRINGS GUSH FORTH IN THE VALLEYS; THEY FLOW BETWEEN THE HILLS. (Refrain: How glorious....)

THEY GIVE DRINK TO EVERY BEAST OF THE FIELD; THE WILD ASSES QUENCH THEIR THIRST. BY THEM THE BIRDS OF THE AIR HAVE THEIR HABITATION; THEY SING AMONG THE BRANCHES. (Refrain: How glorious...)

FROM THY LOFTY ABODE THOU WATEREST THE MOUNTAINS; THE EARTH IS SATISFIED WITH THE FRUIT OF THY WORKS. (Refrain: How glorious....)

THOU DOST CAUSE THE GRASS TO GROW FOR THE CATTLE, FODDER FOR THE ANIMALS THAT SERVE MAN, THAT HE MAY BRING FORTH FOOD FROM THE EARTH AND WINE TO GLADDEN THE HEART OF MAN, OIL TO MAKE HIS FACE SHINE, AND BREAD TO STRENGTHEN MAN'S HEART. (Refrain: How glorious....)

THE TREES OF THE LORD ARE WATERED ABUNDANTLY, THE CEDARS OF LEBANON WHICH HE PLANTED. IN THEM THE BIRDS BUILD THEIR NESTS; THE STORK HAS HER HOME IN THE FIR TREES. THE HIGH MOUNTAINS ARE FOR THE WILD GOATS; THE ROCKS ARE A REFUGE FOR THE BADGERS. (Refrain: How glorious....)

THOU HAST MADE THE MOON TO MARK THE SEASONS; THE SUN KNOWS ITS TIME FOR SETTING. THOU MAKEST DARKNESS, AND IT IS NIGHT, WHEN ALL THE BEASTS OF THE FOREST CREEP FORTH. (Refrain: How glorious....)

THE YOUNG LIONS ROAR FOR THEIR PREY, SEEKING THEIR FOOD FROM GOD. WHEN THE SUN RISES, THEY GET THEM AWAY AND LIE DOWN IN THEIR DENS. MAN GOES FORTH TO HIS WORK AND TO HIS LABOR UNTIL THE EVENING.





Chanter: THE EARTH IS FULL OF THY CREATURES! YONDER IS THE SEA, GREAT AND WIDE, WHICH TEEMS WITH THINGS INNUMERABLE, LIVING THINGS BOTH SMALL AND GREAT. THERE GO THE SHIPS, AND LEVIATHAN WHICH THOU DIDST FORM TO SPORT IN IT.

Refrain: Glory to Thee, O Lord, Who hast created all!

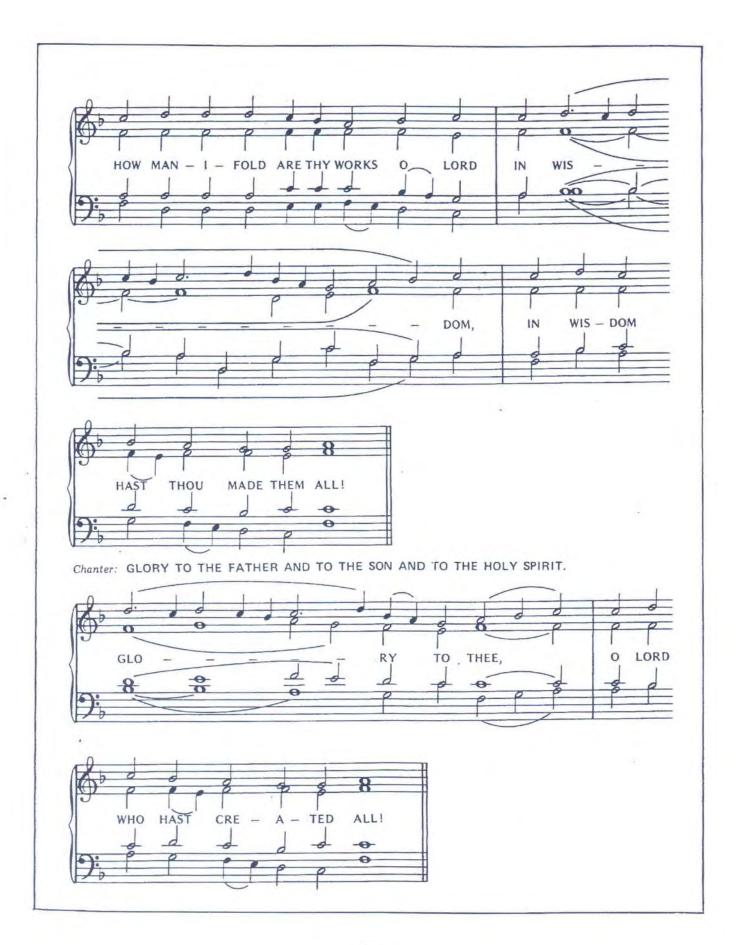
Chanter: THESE ALL LOOK TO THEE TO GIVE THEM THEIR FOOD IN DUE SEASON. WHEN THOU GIVEST IT TO THEM, THEY GATHER IT UP; WHEN THOU OPENEST THY HAND, THEY ARE FILLED WITH GOOD THINGS. (Refrain: Glory to Thee, ....)

WHEN THOU HIDEST THY FACE, THEY ARE DISMAYED; WHEN THOU TAKEST AWAY THEIR BREATH, THEY DIE AND RETURN TO THEIR DUST. WHEN THOU SENDEST FORTH THY SPIRIT, THEY ARE CREATED, AND THOU RENEWEST THE FACE OF THE EARTH. (Refrain: Glory to Thee, ....)

MAY THE GLORY OF THE LORD ENDURE FOREVER! MAY THE LORD REJOICE IN HIS WORKS! HE LOOKS ON THE EARTH AND IT TREMBLES. HE TOUCHES THE MOUNTAINS AND THEY SMOKE! (Refrain: Glory to Thee, ....)

I WILL SING TO THE LORD AS LONG AS I LIVE; I WILL SING PRAISES TO MY GOD WHILE I HAVE BEING. MAY MY MEDITATION BE PLEASING TO HIM, AND I WILL REJOICE IN THE LORD. LET THE SINNERS BE CONSUMED FROM THE EARTH, AND LET THE WICKED BE NO MORE. BLESS THE LORD, O MY SOUL! (Refrain: Glory to Thee,....)

THE SUN KNOWS IT TIME FOR SETTING. THOU MAKEST DARKNESS, AND IT IS NIGHT.





# **Great Litany**



#### Blessed is the Man

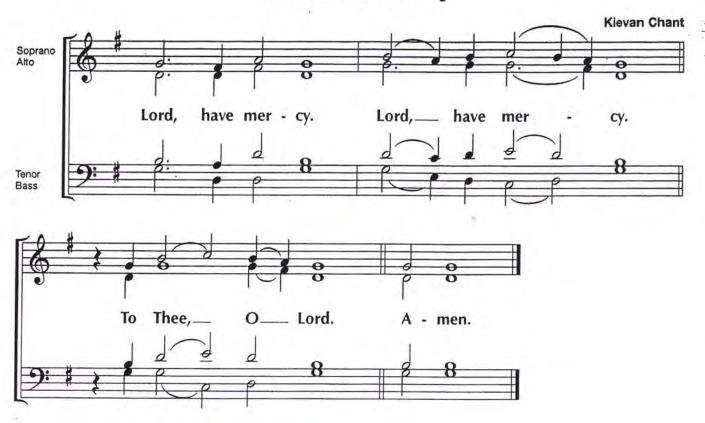
Psalm 1:1,6; 2:11,12; 3:7,8

(The First Antiphon of the First Kathisma)

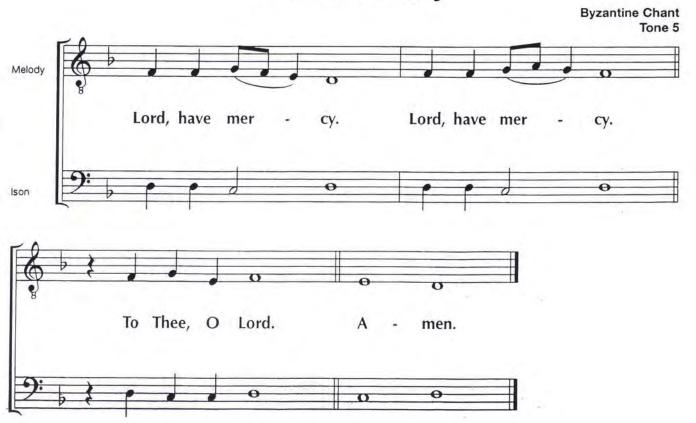




# The Little Litany



## The Little Litany



#### Lord, I Call - Tone 7



#### **SUNDAY, JULY 22**

TONE 7

# 8<sup>th</sup> Sunday after Pentecost/ Holy Myrrhbearer and Equal-to-the-Apostles Mary Magdalene/ Hieromartyr Phocas

#### "Lord, I Call..." Tone 7

Lord, I call upon Thee, hear me! Hear me, O Lord!
Lord, I call upon Thee, hear me!
Receive the voice of my prayer, when I call upon Thee!
Hear me, O Lord!

Let my prayer arise in Thy sight as incense, and let the lifting up of my hands be an evening sacrifice!
Hear me, O Lord!

v. (10) Bring my soul out of prison, that I may give thanks to Thy name!

#### **Tone 7** *(for the Resurrection)*

Come, let us rejoice in the Lord, Who destroyed the dominion of death! Let us sing to Him with the bodiless hosts, for He enlightened the race of man!// O our Maker and Savior, glory to Thee!

v. (9) The righteous will surround me; for Thou wilt deal bountifully with me.

Thou didst en<u>dure</u> the Cross and <u>bur</u>ial for our sake. By Thy <u>death</u>, Thou didst destroy <u>death</u> as God. We fall <u>down</u> before Thy Resurrection on the <u>third</u> day,// O <u>Sav</u>ior, <u>glo</u>ry to Thee!

v. (8) Out of the depths I cry to Thee, O Lord. Lord, hear my voice!

When the Apostles beheld the Resurrection of the Maker,

they were a<u>mazed</u> and sang the angelic praise. <u>This</u> is the <u>glory</u> of the Church. <u>This</u> is the richness of the <u>King</u>dom.// O Lord, crucified for our <u>sake</u>, <u>glory</u> to Thee!

v. (7) Let Thine ears be attentive to the voice of my supplications!

(for the Resurrection, Anatolios)

Thou wast <u>held</u> by lawless <u>men</u>, O Christ, but to <u>me</u>, Thou art God, and I am <u>not</u> ashamed. Thou wast <u>smit</u>ten on the cheek, but I do not de<u>ny</u> Thee. Thou wast <u>nailed</u> to the Cross and I do not con<u>ceal</u> it, for I <u>glory</u> in Thy Resurrection: Thy <u>death</u> is my life.// O almighty Lord and Lover of man, <u>glory</u> to Thee!

v. (6) If Thou, O Lord, shouldest mark iniquities, Lord, who could stand? But there is forgiveness with Thee.

**Tone 8\*** *(for Mary Magdalene) (O most glorious wonder)* 

Bringing <u>myrrh</u> with tears, O Mary <u>Mag</u>dalene, thou didst reach the tomb of God, and didst behold an Angel of <u>glo</u>ry, who proclaimed the divine Resurrection of the Life-<u>giv</u>er and the de<u>liv</u>erance of all.

Therefore, thou didst hurry to announce it to the eleven, joyfully <u>say</u>ing:// "Leap for joy, for Christ has <u>ris</u>en!"

v. (5) For Thy name's sake have I waited for Thee, O Lord, my soul has waited for Thy word; my soul has hoped on the Lord.

As thou didst <u>serve</u> Christ God, Who for our sake be<u>came</u> like us, and wast kindled in soul and mind by His never-ending <u>ra</u>diance, thou wast a <u>light</u>, O most praised <u>Mary</u>.

And beholding the strange sight of Him <u>hang</u>ing on the Cross, Thou didst <u>tearfully</u> exclaim://
"How is it that Life now accepts a <u>vol</u>untary death?"

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

We <u>cel</u>ebrate thy sacred memory, O most praised <u>Mary</u>; thou wast taught by Christ and didst proclaim His com<u>mand</u>ments for the de<u>liv</u>erance of <u>all</u> souls.

With faith we venerate the shrine of thy <u>rel</u>ics, which pour forth abundant grace and en<u>light</u>enment// to those who run to it with love, O blessed one of God.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

#### **Tone 4** *(for Hieromartyr Phocas) (Thou hast given us a sign)*

Thou didst completely devote thy<u>self</u> to Him Who, for thy sake, suffered the saving <u>Passion</u>. And with <u>eag</u>erness thou didst accept the blood of <u>mar</u>tyrdom, that thou mightest be well-<u>pleasing</u> to Him. Cleaving to Him, O father, thou wast glorified and enriched with the <u>work</u>ing of <u>mir</u>acles.//
Therefore, a crown has been placed on thee, O <u>martyr</u> most wise.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

By the strength of thy suffering, O most glorious <u>Pho</u>cas, thou didst overthrow the arrogance of the iniquitous and the <u>wor</u>ship of <u>de</u>mons.

Clearly proclaiming the <u>Sav</u>ior of all,

Thou didst enlighten the <u>minds</u> of the <u>faithful</u>,

and didst drive out the darkness of <u>vain</u> i<u>dol</u>atry//

by the illumination of thy miracles and the brilliance of thy struggles, O <u>bless</u>ed one of God.

v. (1) For His mercy is abundant towards us; and the truth of the Lord endureth for ever.

Having thee as a safe haven, O most glorious <u>Pho</u>cas, we who are imperiled by the waves of life and the <u>depth</u> of sin, and as<u>sailed</u> by the storm of afflictions, <u>faithfully pray</u>: "By thine intercession save us, who honor thy <u>mem</u>ory, from every <u>kind</u> of ad<u>ver</u>sity,//

entreating the Master and Lord and Lover of mankind!"

Glory to the Father, and to the Son, and to the Holy Spirit;

**Tone 6** *(for Mary Magdalene, by Anatolios)* 

As the first to see the divine Resurrection of the First Cause of <u>blessings</u>, Who, in His compassion, made our <u>na</u>ture divine, thou wast also the first herald of the Gospel, O Mary <u>Mag</u>dalene, when thou didst cry to the A<u>pos</u>tles: "Stop thy lamentation and receive my an<u>nouncement</u> of joy! Come and behold Christ, Who has <u>risen</u>// and grants to the world His great <u>mercy!"!</u>

now and ever, and unto ages of ages. Amen.

**Tone 7** (*Theotokion – Dogmatikon*)

No tongue can speak of thy wonderful childbearing, for the order of nature was overruled by God.

Thou wast revealed to be a Mother above nature, for thou didst remain a Virgin beyond reason and understanding. Thy conception was most glorious, O Theotokos!

The manner of thy giving birth was ineffable, O Virgin!

Knowing thee to be the Mother of God, devoutly we pray to thee: //

Beseech Him to save our souls!

# **Gladsome Light**

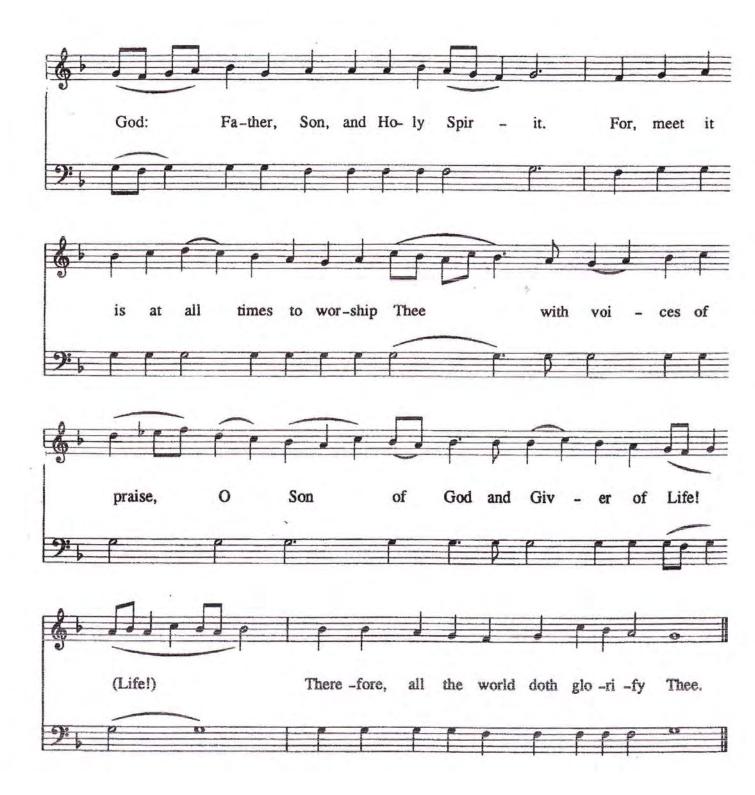




## Gladsome Light

Byzantine Chant



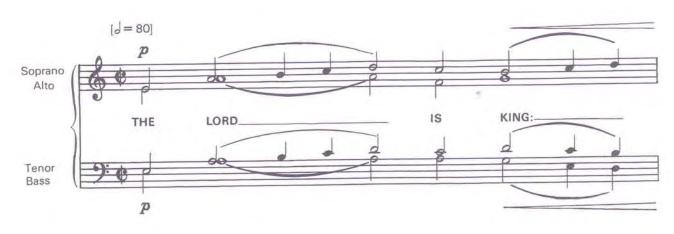


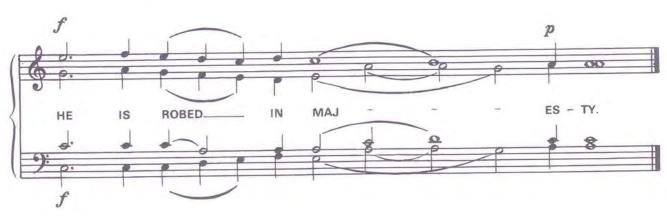
#### Vesper Prokeimenon

(Saturday night)

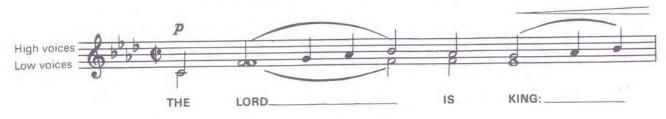
Ps. 93:1

Tone 6 Carpatho-Russian Chant (Fr) Paul Jannakos, arr.



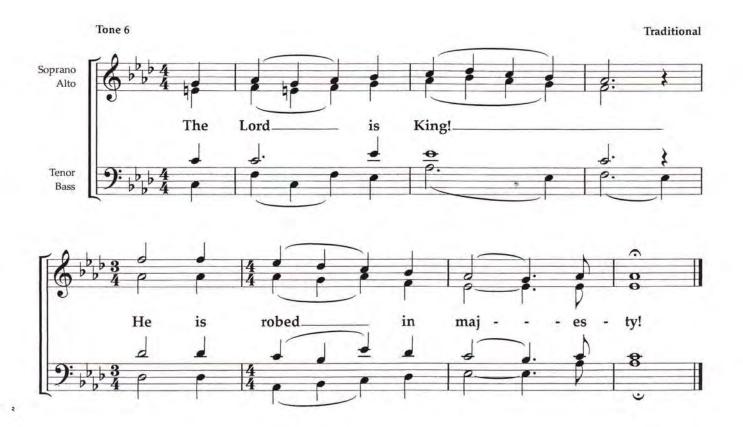


(Alternative version for small choir or congregation)





### Saturday Evening Prokeimenon



vs. The Lord is robed, He is girded with strength!

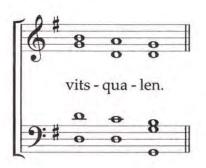
vs. For He has established the world so that it shall never be moved!

vs. Holiness befits Thy house, O Lord, forevermore.

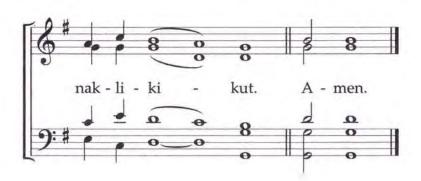
### Augmented Litany



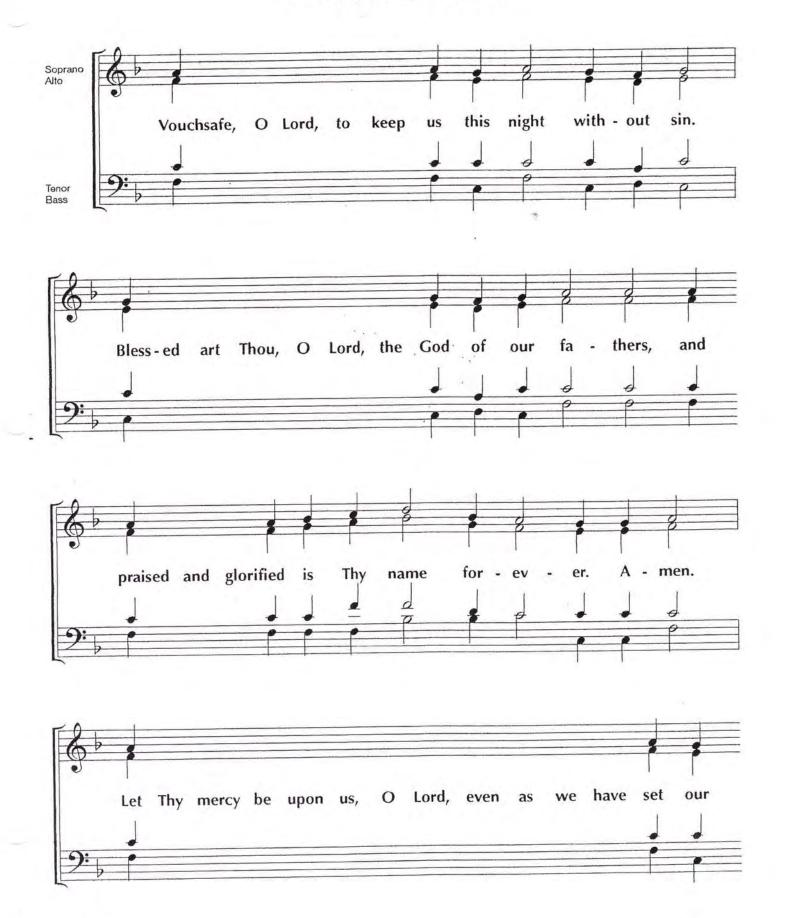


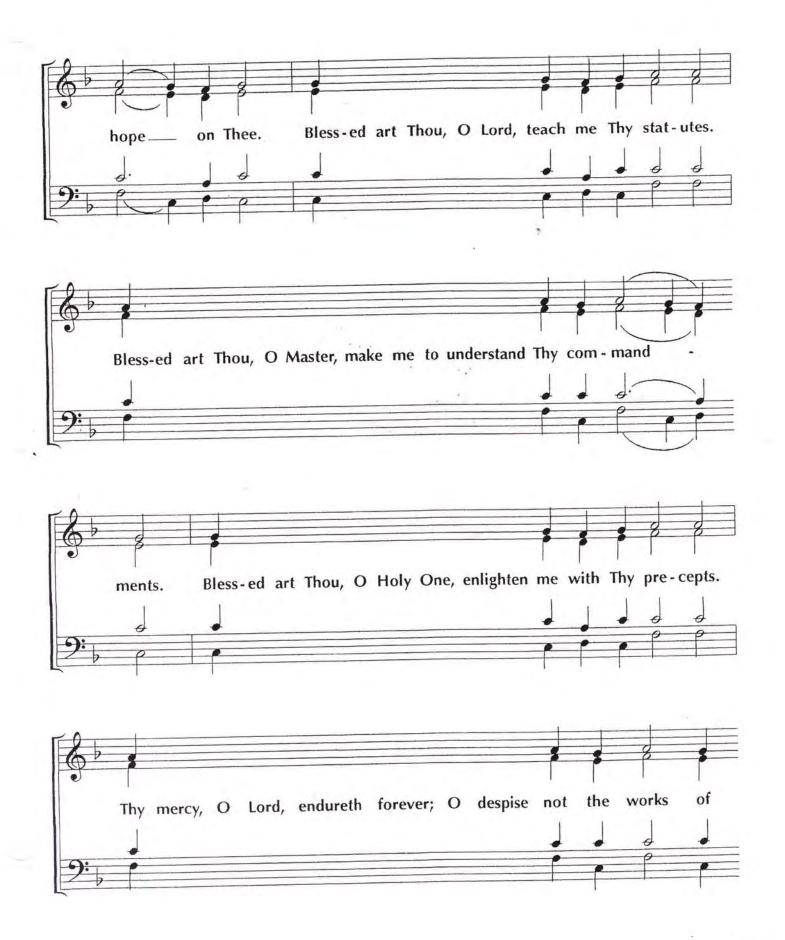


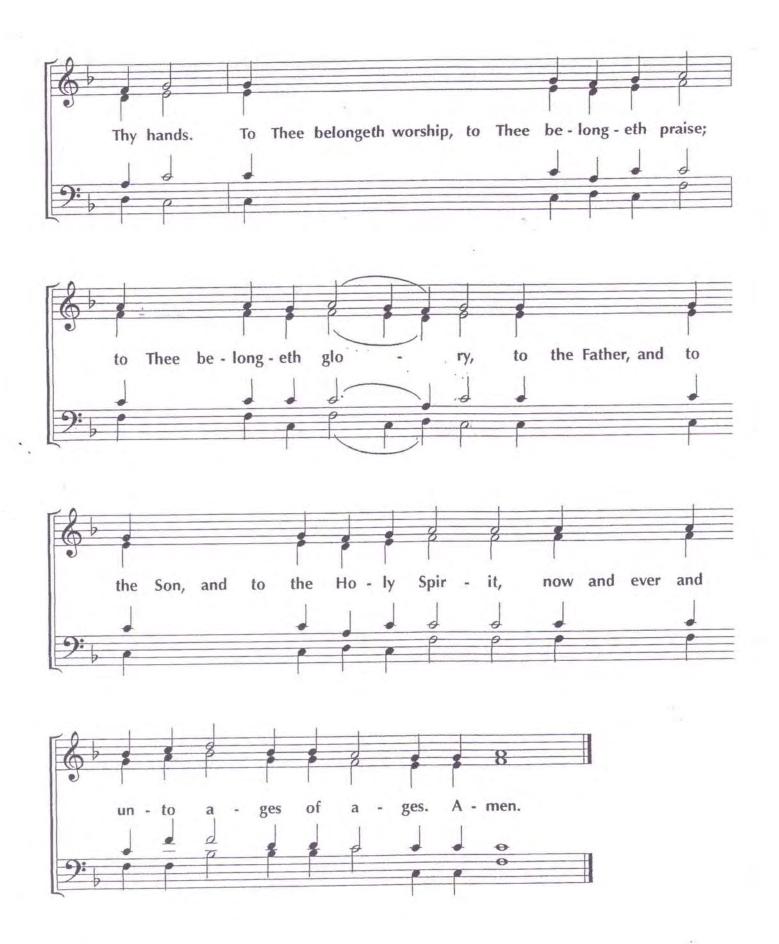




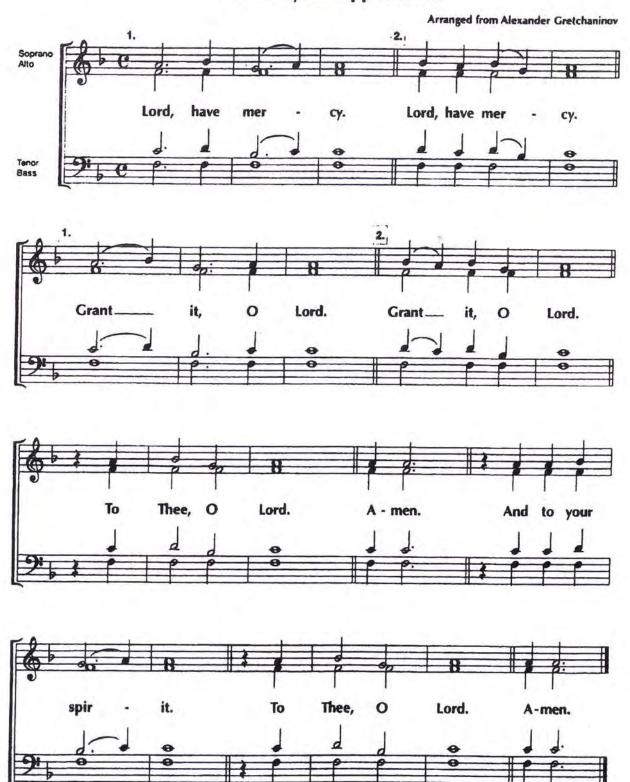
## Vouchsafe, O Lord







## The Litany of Supplication



TONE 7

8<sup>th</sup> Sunday after Pentecost/ Holy Myrrhbearer and Equal-to-the-Apostles Mary Magdalene/ Hieromartyr Phocas

#### **Aposticha**

**Tone 7** *(for the Resurrection)* 

As the <u>Sav</u>ior of the world Thou didst a<u>rise</u> from the tomb. As <u>God</u> Thou didst resurrect the race of <u>man</u> with Thy flesh.// O <u>Lord</u>, <u>glo</u>ry to Thee!

v. The Lord is King; He is robed in majesty!

<u>Come</u>, let us worship the One Who <u>rose</u> from the dead, and en<u>light</u>ened all creation!

By His <u>death</u>, He has saved us from the <u>tor</u>ments of hell.//

By His Resurrection He has granted us eternal <u>life</u> and great <u>mer</u>cy.

v. For He has established the world, so that it shall never be moved.

Thou didst descend into hell, capturing death, O Christ.

In three days Thou didst rise again, resurrecting us who glorify Thy Resurrection,//
O Lord and Lover of man.

v. Holiness befits Thy house, O Lord, forevermore!

When Thou wast <u>placed</u> in the tomb as <u>one</u> asleep, the <u>sight</u> was great and <u>awe</u>some.

But when <u>Thou</u> didst rise on the third day as al<u>mighty</u> God, <u>Thou</u> didst resurrect <u>Ad</u>am with Thyself.// Glory to Thy Resur<u>rec</u>tion, only <u>Lov</u>er of man!

Glory to the Father, and to the Son, and to the Holy Spirit;

**Tone 8** *(for Mary Magdalene) (by Byzas)* 

As a dis<u>ci</u>ple faithfully ministering to <u>Christ</u> God Who, in His great compassion, willingly assumed my <u>pov</u>erty, Mary Magdalene beheld Him <u>stretched</u> up<u>on</u> the Tree

and enclosed within a tomb.

She cried out: "What strange sight do I see?

Thou givest life to the dead, yet Thou art counted among the dead!

How shall I bring myrrh to Thee

when Thou hast removed from me the stench of demons?

How shall I shed tears for Thee, for Thou didst wipe a<u>way</u> the <u>tears</u> of Eve?

Yet, O King of all, Thou didst appear as a gardener,

taking away the burning heat with the dew of Thy words."

Thou didst say to her: "Go to My brethren and declare to them the <u>joy</u> of the <u>Gospel!</u>

For I shall ascend to the Father,

to My God and thy God,//

that I may grant great mercy to the world!"

now and ever, and unto ages of ages. Amen.

#### **Tone 8** (*Theotokion*)

O un<u>wed</u>ded <u>Virgin</u>, who ineffably didst conceive <u>God</u> in the flesh.

O <u>Mother of God</u> most high, accept the cries of thy servants, O <u>blame</u>less one!

Grant cleansing of trans<u>gres</u>sions to all!//

Receive our prayers and pray to save our souls!





St. Simeon's Prayer







# HOLY MYRRHBEARER AND EQUAL-TO-THE-APOSTLES MARY MAGDALENE (1ST C.)

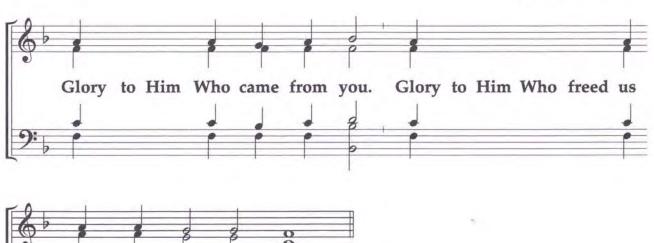
Troparion - Tone 1

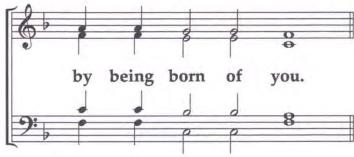


# RESURRECTIONAL DISMISSAL THEOTKION Tone 1

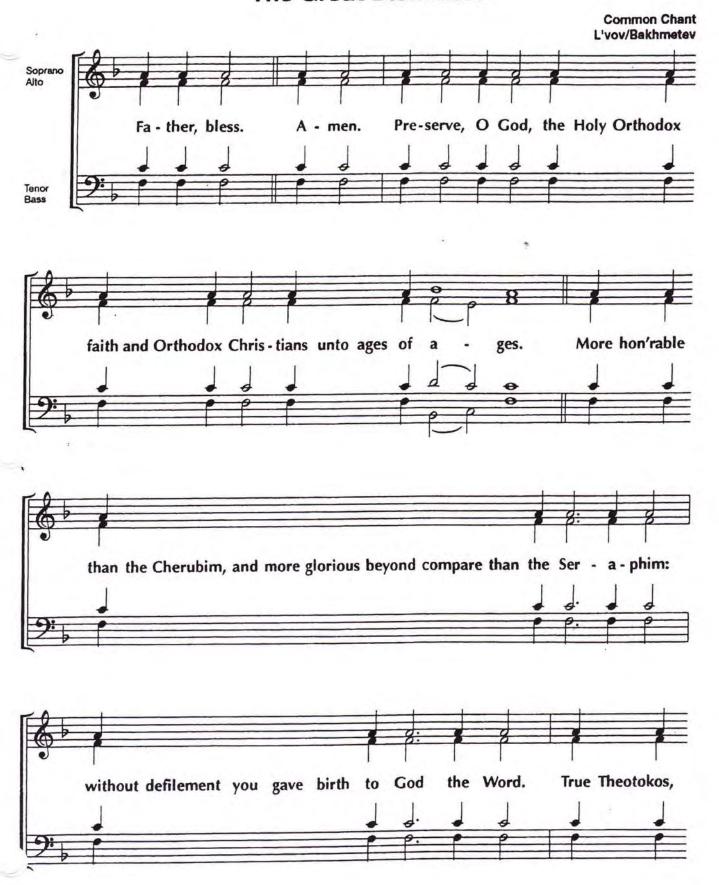


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#### The Great Dismissal





### Polychronion

