2019 ANNUAL REPORT

INTER-FaITH FOOD SHUTTLE

A YEAR OF IMPACT

FEED TEACH GROW
MISSION STATEMENT

Inter-Faith Food Shuttle pioneers innovative, transformative solutions designed to end hunger in our community.
Dear Friends of the Food Shuttle,

This has been a year of change and growth for Inter-Faith Food Shuttle, one bound by our commitment to pioneer innovative, transformative solutions designed to end hunger. Our programs are reaching further to bring education and knowledge that transforms lives, our food recovery programs and farm continue to grow and distribute more healthy and nutritious food for families visiting our partner agencies, food insecure children and seniors. This work is only done in partnership with you – our community. Together, we are creating a healthy and hunger-free North Carolina.

As you read through these pages you will see the deep impact which you have helped achieve. It’s not solely about quantity – it’s also about the quality of each interaction with families coming to our Mobile Markets, the experience our young students have when they participate in Sprouts Scouts and the real impact our volunteers have when they give their time to sustain the mission.

On behalf of the Inter-Faith Food Shuttle Board of Directors, staff, volunteers and people we serve every day – thank you for your belief that hunger is unacceptable.

Sincerely,

Bob Alger
2019-2020 Board Chair
HUNGER IN NORTH CAROLINA

NC ranks as the 10th hungriest state in the nation.

1,503,050 people are food insecure

1 in 7 people struggles with hunger

1 in 5 children are at risk of hunger

10.5% of seniors experience food insecurity

HUNGER IN OUR SERVICE AREA

251,780 People are Food Insecure

17% Average Poverty Rate Across Our Seven Counties

19.4% Children Living at Risk of Hunger

Sources: Feeding America, IndexMundi.com
**IMPACT REPORT**

The Food Shuttle leads the way in finding solutions that go directly to the point of need and empower those struggling with hunger. We provide access to nutritious food, transformative knowledge, and the belief that hunger is solvable in our community.

**THE POWER OF THE FOOD SHUTTLE**

- **65,137** people impacted in our 7-county service area
- **5,517,166** pounds of food distributed to those in need, 36% of which was fresh produce
- **96,057** BackPack Buddies provided for children struggling with hunger
- **14,515** families sustained through School Pantries
- **20,413** Grocery Bags filled and delivered to Seniors
- **6,081** children and adults lifted up through Community Health Education
- **1,530** participants grew through programs in Urban Agriculture
- **37,632** pounds of produce harvested at the farm
- **35,120** hours of volunteer service provided through all of our programs.
Inter-Faith Food Shuttle

Feed

BackPack Buddies
2,800 bags filled and distributed each week to children in 84 elementary schools in 6 counties

School Pantries
27 pantries stocked and maintained in schools in 4 counties, including 2 on college campuses

Grocery Bags for Seniors
1,900 bags packed and delivered each month to seniors in 29 low-income communities

Mobile Markets
20 markets per month where those in need can shop for free perishable and non-perishable food items and fresh produce

Mobile Tastiness Machine
1,787 meals served during the summer months when children are unable to receive daily meals through free and reduced breakfast and lunch at school
Sprout Scouts
431 children from 6 elementary schools explored urban agriculture and garden-based nutrition for 4,309 hours of education through weekly FoodCorps lessons in this after-school program.

Growing Garden Classrooms
74 educators from 12 schools in 2 counties learned how to incorporate garden-based lesson units into a standard course of study, and to grow a more sustainable garden program in their own schools.

Cooking Matters
800 children, teens and adults learned to shop smarter, use nutrition information to make healthier choices, and cook delicious affordable meals.

Seed to Supper
49 beginning gardeners graduated from this six-week course that teaches affordable ways for individuals to grow their own fruits and vegetables, build backyard gardens, and sustain their harvest.
Food Shuttle Farm
10-acre farm produced 37,632 pounds of produce - 80% of which (29,093 pounds) were distributed through Food Shuttle program; and 1,647 volunteers provided a total of 5,742 hours of service

Food Shuttle Farm Stand
$5,576 in sales and $8,391 in sales to area partner restaurants

Camden Street Learning Garden
was home to 15 community gardeners, hosted 9 workshops, 3 Seed to Supper programs and supported 2 at partner agencies, in addition, provided 561 pounds of organically-grown produce to community partners

Geer Street Learning Garden
supported by 156 volunteers, hosted 2 workshops and 1 Seed to Supper Beginning Gardener Class plus an additional class at a partner agency, and provided 1,740 pounds of organically-grown produce to community partners

School Gardens
10 school gardens in elementary schools in Wake and Durham counties
## 2018-2019 Revenue

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Donated</td>
<td>$8,937,809</td>
</tr>
<tr>
<td>Contributions</td>
<td>$3,935,688</td>
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<tr>
<td>Fees for Service</td>
<td>$281,621</td>
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<tr>
<td>In-Kind Donations</td>
<td>$142,660</td>
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<tr>
<td>Miscellaneous</td>
<td>$37,131</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$13,334,909</strong></td>
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</table>

## 2018-2019 Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Expenses</td>
<td>$11,810,953</td>
</tr>
<tr>
<td>Fundraising &amp; Administration</td>
<td>$1,241,027</td>
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<tr>
<td>Overhead Ratio</td>
<td>9.5%</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$13,051,980</strong></td>
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## 2018-2019 Net Assets

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Assets at Beginning of Year</td>
<td>$2,560,001</td>
</tr>
<tr>
<td>Net Assets at End of Year</td>
<td>$2,873,159</td>
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<tr>
<td><strong>INCREASE IN NET ASSETS</strong></td>
<td><strong>$313,158</strong></td>
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</tbody>
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2018-2019
BOARD OF DIRECTORS

Bob Alger
Board Chair Elect/President
Alger Financial

Steven De Haseth
North Carolina Football Club

Masceo DesChamps
DesChamps Consulting

Rolando Diez
Board Chair

Sean Fowler
Mandolin

Rodney Green
Duke Raleigh Hospital

Nation Hahn
EdNC.org

Melody Henderson
Wake Tech Comm. College

Deb Laughery
WakeMed

Jenn Mann
SAS

Kim McGimsey
Breakthrough Health

Susan Murray
Blue Cross Blue Shield of NC

Jason Pfister
Secretary
Forrest Firm, PC

Jake Rabon
Fresh-Pik Produce

Bruce Sharpe
UBS Wealth Management

Mark Stanford
Treasurer
Capitol Broadcasting Co.

Michele Tylka
Fidelity Investments

Elton Wright
Allstate