

FOOD SERVICE

DIRECTOR

STEVEN MARINELLI
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MILTON HIGH SCHOOL MENU
AUGUST SEPTEMBER 2017

DAILY MENU SELECTION

With
Homemade Soup
DELI BAR
Made to Order Subs,
Sandwiches & Wraps
With a wide variety of
fruit and vegetables

FRESH CHEF SALAD BAR

Prepared with a
variety of fruits
vegetables and
protein served with
Whole Wheat Roll

FRUIT AND VEGGIE BAR

An always changing
Self Serve Salad Bar
with Fresh Made
Salads Variety of
Fruits and Local
offerings Available
with all entrees

LITTLE ITALY

Assorted Pizza

CHOICE OF MILKS

No Fat Chocolate,
Skim

LUNCH PRICES

PAID \$3.50
REDUCED \$0.00
ADULT \$5.00
MILK \$0.50

BREAKFAST PRICES

PAID \$2.50
REDUCED \$0.00
ADULTS \$2.75

Menu Subject to Change

MONDAY

29

4
LABOR DAY

11
Whole Wheat Penne
With Hearty Meat
Sauce
Vermont Greens
Dinner Roll
Fruit & Veggie Bar
Fat Free & 1% Milk

18
Whole Wheat Spaghetti
w/Marinara
or Meat Sauce
Bread Stick
Fresh Caesar Salad
Fruit & Veggie Bar
Fat Free & 1% Milk

25
Whole Wheat Cheese
Filled Dunkers
Marinara Sauce
Caesar Salad
Fruit & Veggie Bar
Fat Free & 1% Milk

TUESDAY

30

5
Soft Tacos w/Seasoned
Beef, Lettuce,
Tomato, Cheese
& Sour Cream
Refried Beans
Fruit & Veggie Bar
Fat Free & 1% Milk

12
Grilled Cheese with
Cabot Cheddar
Local Tomato Basil
Salad
Crisp Fries
Fruit & Veggie Bar
Fat Free & 1% Milk

19
Turkey Nachos
Topped With Leafy
Lettuce Tomato Sour
Cream Salsa & Cheese
Refried Beans
Fruit & Veggie Bar
Fat Free & 1% Milk

26
Open Faced Hot Turkey
On WW Bread
Mashed Potato
Sweet Peas
Fruit & Veggie Bar
Fat Free & 1% Milk

WEDNESDAY

30

6
Roast Loin Of Pork
Oven Roasted Potato
Fresh Gingered Carrots
Apple Sauce
Fruit Selection
Fruit & Veggie Bar
Fat Free & 1% Milk

13
Homemade Macaroni
& Cheese
Whole Wheat Dinner
Roll
Maple Glazed Carrots
Fruit & Veggie Bar
Fat Free & 1% Milk

20
Home Style
Chicken & Biscuit
With Local Veggies
Garlic Mashed Potato
Fruit & Veggie Bar
Fat Free & 1% Milk

27
Hand Pressed Burgers
On Whole Wheat Bun
Lettuce & Tomato
Sweet Potato Fries
Summer Squash
Fruit & Veggie Bar
Fat Free & 1% Milk

THURSDAY

31

7
Chicken Cutlet on
Whole Wheat Bun
Sweet Potato Fries
Oven Roasted Local
Zucchini
Fruit Selection
Fruit & Veggie Bar
Fat Free & 1% Milk

14
Meatball Sub on Whole
Wheat Hoagie topped
with Zesty marinara
and Cheese
Seasoned Green Beans
Fruit & Veggie Bar
Fat Free & 1% Milk

21
Brunch For Lunch
Belgium Waffle
with Syrup
Vermont Country Farm
Sausage
Home Fries
Fresh Fruit Smoothie
Fat Free & 1% Milk

28
General Tso Chicken
Fresh Steamed
Broccoli
Fried Rice
Pineapple Chunks
Fortune Cookie
Fruit & Veggie Bar
Fat Free & 1% Milk

FRIDAY

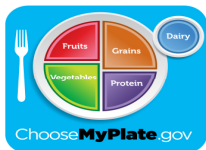
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8
Chicken & Broccoli
Alfredo
Caesar Salad
Bread Sticks
Fruit & Veggie Bar
Fat Free & 1% Milk

15
Cheese Enchilladas
Spanish Rice
Lettuce Tomato Salsa
Sour Cream
Fruit & Veggie Bar
Fat Free & 1% Milk

22
Philly Cheese Steak
Grilled Peppers and
Onions
Seasoned Potato
Wedges
Fruit & Veggie Bar
Fat Free & 1% Milk

29
Vermont Panini with
Apple Turkey Spinach
and Cabot Cheddar
Seasoned Wedges
Fruit & Veggie Bar
Fat Free & 1% Milk



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We offer local products when available.

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We have Part Time Food Service Positions Available Call Steve @ 893 - 5500 for more info