The planisphere’s central star wheel, which should be sandwiched inside the folded holder.
PLANISPHERE 45°N

1. Turn the starwheel until you find the point around its edge where today's date is marked, and line this point up with the current time. The viewing window now shows all of the constellations that are visible in the sky.

2. Go outside and face north. Holding the planisphere up to the sky, the stars marked at the bottom of the viewing window should match up with those that you see in the sky in front of you.

3. Turn to face east or west, and rotate the planisphere so that the word "East" or "West" is at the bottom of the window. Once again, the stars at the bottom of the viewing window should match up with those that you see in the sky in front of you.

For more information, see https://in-the-sky.org/planisphere © Dominic Ford 2019.