1: See Kagan, 2016 for a discussion of definitional issues regarding the term “stress”
2: Empirically, psychological and physiological responses may not always be strongly correlated, often due to measurement error, timing effects, and/or demand characteristics
3: Dickerson & Kemeny, 2004
4: Blascovich & Mendes, 2000
5: Steptoe, Hamer, & Chida, 2007