



Monthly Review for \_\_\_\_\_  
Considering the past month, answer the following 6 questions.

1 On a scale of 1 (worst) to 10 (best), I'd rate this month a \_\_\_\_\_ because...

2 Accomplishments I'm proud of (big or small!):

3 Things I'm really grateful for:

4 Review your planner to see how you spent your time. Did it (mostly) match your priorities & intentions?

5 What will you do the same next month because it worked well?

6 What will you change to make an improvement for next month?