NEW REPORT ON VALUE-BASED PAYMENT FOR HEALTH CARE TRANSITION FOR PEDIATRIC AND ADULT HEALTH SYSTEMS

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Pediatric-to-adult transitional care is the subject of increased national attention as evidence mounts that structured processes to ensure a planned and coordinated transition from pediatric to adult care are seldom in place in the US. Without a structured process, evaluation studies find poorer health outcomes, consumer dissatisfaction and worry, and increased emergency room and hospital costs. Data from the 2016 National Survey of Children’s Health reveal that 85% of youth with and without chronic conditions have not received guidance about HCT from their health care providers.

A major barrier impeding adoption of recommended transition services is lack of payment incentives for both pediatric and adult clinicians. To address this gap, the Lucile Packard Foundation for Children’s Health funded The National Alliance to Advance Adolescent Health to convene a multidisciplinary group of stakeholders to develop recommendations for pediatric-to-adult transition value-based payment (VBP) strategies and quality measures. Results and recommendations from this roundtable meeting are presented in a new report, Recommendations for Value-Based Transition Payment for Pediatric and Adult Health Care Systems.

The major recommendations suggested by key stakeholders are for commercial and Medicaid payers and their health plans to launch transition payment pilots involving both pediatric and adult delivery systems using enhanced fee-for-service payments, infrastructure investments, and pay-for-performance arrangements. Strategies for structuring VBP options for transition are presented in the report along with prioritized quality measures that can be used in transition pilots related to population health, experience of care, and utilization/cost of care. New VBP payment efforts have the potential to make evidence-informed approaches to pediatric-to-adult transitional care more widely available to improve transition support for youth and young adults in the US.

For more information about HCT and this report, please visit The National Alliance at thenationalalliance.org or contact Annie Schmidt at ASchmidt@TheNationalAlliance.org.

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About The National Alliance to Advance Adolescent Health
The National Alliance to Advance Adolescent Health is a nonprofit organization whose mission is to achieve long-term, systemic improvements in comprehensive health care and insurance coverage for adolescents. Through policy analysis, technical assistance, quality improvement, and advocacy, The National Alliance works to promote effective transitions from pediatric to adult health care as part of its Got Transition program. In collaboration with others, The National Alliance also works to expand the availability of adolescent-centered care, access to mental health services, and improvements in health insurance coverage for adolescents and young adults. For more information, visit thenationalalliance.org.

About the Lucile Packard Foundation for Children’s Health
The Lucile Packard Foundation for Children’s Health was founded in 1997 as an independent public charity, established to ensure a continued source of funding and support for the health and well-being of children. Its mission is to elevate the priority of children’s health and increase the quality and accessibility of children’s health care through leadership and direct investment. The Foundation works in alignment with Lucile Packard Children’s Hospital Stanford and the child health programs of Stanford University. For more information, visit lpfch.org.