NYAPRS 40th Annual Conference

September 21 – 23, 2022 • Villa Roma Resort • Callicoon, NY

A New Alliance: It Takes A Community

Featuring Stand Up for Mental Health! with David Granirer
Welcome back NYAPRS Community!

We are so very pleased to welcome you back to our Conference in the Catskills for our NYAPRS’ 40th Annual Conference, “A New Alliance: It Takes a Community!”

We know so well how much coming together in person to our Conference will mean to all of you who are with us this week. For those of you who’ve been with us before, you’ve already experienced that deep and unique sense of community, excitement, and spirit that the Conference offers. You know all too well the special level of inspiration and information that you’ve brought back with you to share with your own communities and the new friends and colleagues you’ve met here.

And we are especially excited to welcome new Conference goers! Hang on because you’re going to have a conference experience like no other. Carry around some paper to scratch down a new idea or resource or to take down contact information for a new friend or colleague.

As in years past, this year’s Conference offers presentations on the most important issues of the day including advance in crisis response, criminal justice reforms, peer service innovations and supervision, racial equity and justice, cultural celebration and competence, healing from trauma and grief, community inclusion, gender diversity and youth perspectives.

It will honor some of most cherished pioneers and Sally Zinman Lifetime Achievement Award Winners Celia Brown, Laura Van Tosh, Moe Armstrong, and Gayle Bluebird in a Lessons from the Movement panel and ends with The Way Forward: The Vision of our New Pioneers featuring new pioneers Vesper Moore, Jalyn Radziminski, Kelly Davis, and Lydia X.Z. Brown.

This year, OMH Commissioner Ann Sullivan and Special Assistant to the Commissioner Amanda Saake will be joined by Governor Hochul’s Deputy Secretary for Human Services and Mental Hygiene Jihoon Kim at this year’s public Town Hall.

The Conference also features a keynote from one of the nation’s most important and inspiring leaders, Cherene Caraco, and a powerful recovery drenched performance from poet Joseph Green.

Don’t miss this year’s special keynote Healing and Social Change Through Hip Hop with Luis O. Lopez, DJ Kareem MIC HANDZ, Celia Brown, Chacku Mathai, Amanda Saake, and Liz Breier.

Finally, in keeping with the NYAPRS traditions, the Conference features our famous outdoor BBQ under the Stars, a hilarious Stand Up for Mental Health comedy show, extraordinary Multicultural Exhibition Center, Diversity Bash and Fashion Show.

On behalf of our Conference Committee, the NYAPRS’ Board of Directors, and our dedicated staff, we offer you a very warm welcome to our 40th Annual Conference!

Luis Lopez
Traci Ploufe
Len Statham
Conference Co-Chairs Chief Executive Officer Chief Operating Officer
# NYAPRS 40th Annual Conference

## A New Alliance: It Takes A Community

### At-A-Glance

#### Wednesday, September 21

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<tr>
<td>10:00</td>
<td>Conference Registration and Multicultural Exhibition Open</td>
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<tr>
<td>10:00</td>
<td>NYAPRS Health, Healing &amp; Arts Fair</td>
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<tr>
<td>12:00</td>
<td>Welcoming Remarks</td>
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<td>Workshops Round 1</td>
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<td>1:45</td>
<td>Break</td>
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<td>2:00-3:15</td>
<td>Keynote Presentations: Cherene Caraco &amp; Healing Through Hip Hop</td>
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<td>3:30-4:45</td>
<td>Workshops Round 2</td>
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<td>Cultural Diversity Bash; Fashion Show</td>
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<td>6:00</td>
<td>Dinner</td>
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<td>6:45-8:15</td>
<td>NYAPRS Annual Awards Ceremony</td>
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<td>8:15</td>
<td>Peer Support Meetings/ Zumba!</td>
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<td>9:15</td>
<td>Open Mic with Michael Skinner</td>
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<td>Dancing with DJ Jenkins</td>
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#### Thursday, September 22

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<td>Multicultural Exhibition Opens</td>
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<td>Workshops Round 3</td>
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<td>Break</td>
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<td>10:00-11:15</td>
<td>Keynote Presentation: OMH Town Hall</td>
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<td>Poet Joseph LMS Green</td>
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<td>Break</td>
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<td>6:00</td>
<td>Annual BBQ, Music: DJ Jenkins</td>
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<td>7:00</td>
<td>Bazelon Center for Mental Health Law Lifetime Achievement Award</td>
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<td>7:30</td>
<td>Thursday Evening Program: Stand Up for Mental Health: Comics &amp; Implement Story Circles Within Your Organization</td>
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<td>Peer Support Meetings</td>
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<td>Chess, Checkers, and Dominoes Club</td>
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#### Friday, September 23

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<td>10:00</td>
<td>Keynote Presentation: The Way Forward: New Generation of Leaders</td>
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<td>Workshops Round 7</td>
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<tr>
<td>12:30</td>
<td>Lunch, Grand Raffle &amp; Closing Remarks</td>
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NYAPRS 2022 Award Winners

Brendan Nugent Leadership Award
The Brendan Nugent Leadership Award is presented to an inspiring leader for their exemplary efforts in promoting and advancing the empowerment of their peers in New York State.

CARLTON WHITMORE
Director, Office of Consumer Affairs, New York City Department of Health and Mental Hygiene

Frances Olivero Advocacy Award
The Frances Olivero Advocacy Award is presented to an individual who has demonstrated inspiring community leadership and advocacy on behalf of New Yorkers with psychiatric disabilities.

CHRISTINA SPARROCK
Founder, Person-Centered Intervention Training Mental Health Response Program;
Steering Committee Member, Correct Crisis Intervention Today

Sally Zinman Lifetime Achievement Award
The Lifetime Achievement Award is presented to an individual who has a long record of exemplary contributions to the recovery, rehabilitation, and rights of people with psychiatric disabilities.

LAURA VAN TOSH
Van Tosh Consulting

MOE ARMSTRONG
Veteran Peer Support Pioneer

CELLA BROWN
Regional Advocacy Specialist for the Bureau of Recipient Affairs at the NYC Field Office, New York State Office of Mental Health; President, Board of MindFreedom International; co-founder of Surviving Race: The Intersection of Race, Disability and Human Rights Coalition.

PAUL MARGOLIES, Ph.D
Associate Director for Practice Innovation and Implementation, Center for Practice Innovations, Division of Mental Health Services and Policy Research, NYSPI.

ANTHONY SALERNO, Ph.D
Innovation and Implementation Officer- Senior Research Scientist, NYU McSilver Institute

Marty Smith Memorial Award
The Marty Smith Memorial Award is presented to an inspired and innovative individual or organization that has made exemplary contributions to the advancement of best practices in service to New Yorkers with psychiatric disabilities.

FOUNTAIN HOUSE
HANDS ACROSS LONG ISLAND
NYAPRS 2022 Award Winners

Muriel Shephard Partners with Families Award
The Partners with Families Award is presented to an individual who has demonstrated inspiring leadership in the advancement of the alliance of families and consumers in promoting the recovery, rehabilitation, and rights of people with psychiatric disabilities.

DHANU SANNESY
NAMI-NYS Board of Directors

Public Education Award
The Public Education Award is presented to an individual whose reporting has informed policy makers and the public about the policy priorities and accomplishments of New Yorkers with psychiatric disabilities.

JOSH SOLOMON
Capitol Bureau Reporter, Albany Times Union

Public Policy Leadership Awards
The Public Policy Leadership Award is presented to an individual who has demonstrated outstanding public leadership in advocacy on behalf of New Yorkers with psychiatric disabilities.

RUTH LOWENKRON
Director, Disability Justice at New York Lawyers for the Public Interest

Kirstin Vincent Leadership Award
The Kristin Vincent Leadership Award is presented to an individual who has a long record of devotion and exemplary contributions to advancing the recovery, rights, and dignity of New Yorkers with mental health, substance use, and trauma-related challenges.

JOLEEN DARBY, BA, CPRP
Chief Operating Officer, People USA

Quincy Boykin Memorial Award
The Quincy Boykin award is presented to a person in heartfelt recognition of your inspiring contributions to the recovery, empowerment, integration, and inclusion of all New Yorkers with psychiatric disabilities.

MATTHEW CANUTESON, MA
Office of Diversity and Inclusion Officer - Director, Bureau of Cultural Competence

Jason Brody Faith & Fellowship Award
The Jason Brody Faith & Fellowship Award is presented to an individual who has been an extraordinary source of kindness, caring and devotion to people within their local mental health community.

SARA GOODMAN
Director of Training, Baltic Street AEH
Program

WEDNESDAY, SEPTEMBER 21

10:00 am  
Conference Registration Opens  
Multicultural Exhibition Opens  
2nd Floor Mezzanine

10:00 am  
NYAPRS Health, Healing & Arts  
Reiki Sessions with Sue Sleasman  
Appointment Only  
Art with Gayle Bluebird  
2nd floor mezzanine  
Poetry Corner with Gayle Bluebird  
Comfort Room

11:30 am  
Lunch  
Main Dining Room

12:00 pm  
Welcoming Remarks  
Dining Room

12:30-1:45 pm  
Workshops Round 1

101 Lessons of the Movement  
Forum  
The roots of the recovery, rights and peer support movements can be traced back to the courageous efforts of pioneers in the consumer/survivor movement. Come hear stories of the efforts that brought us to where we are today and join in the discussion around the challenges and opportunities that face us in the days ahead from this panel of NYAPRS Lifetime Achievement Award winners.  
Gayle Bluebird, Laura van Tosh, Moe Armstrong, Celia Brown; Moderator: Harvey Rosenthal

102 Connecting to BIPOC Communities  
Marty’s Lounge  
Historically, black, indigenous, and other people of color (BIPOC) have faced challenging experiences with the medical and behavioral health system. BIPOC communities may see the medical/behavioral health system as unsafe and untrusting, even when some of these systems could provide needed services and support. This panel will review ways to connect BIPOC communities to these services and support systems.  
Marguerite Gayle, Jeff McQueen, Theresa Hall, Helen “Skip” Skipper

CONTINUING EDUCATION UNITS AVAILABLE:  
All sessions are approved for continuing education hours.  
NYAPRS is approved to offer CE hours for CRCC, CPRP, LMSW, LCSW, LMHC and NYS Peer Certification.
**Rhythms for Resilience & Connection**

This workshop is an interactive experience where we’ll all share an opportunity to connect with our innate sense of play and the healing and gentle power of rhythm. Participants are invited to bring their own drum or percussive instrument if they have one, although many drums and percussion instruments will be provided by the presenter. This is not a workshop about “beating” drums but about connecting with our own heartbeats, exploring our abilities to play in community, and responding to the rhythms of the natural world. If weather permits, this workshop can be held outside as long as benches or chairs are provided.

**Chrys Ballerano, Senior Director of Collaboration & Training NYS Coalition Against Sexual Assault**

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**Five Critical Functions of Supervision: New Research on the Supervision of Peer Specialists**

This workshop introduces the Five Critical Functions of Supervision, a model that creates new opportunities within the supervisory relationship for the unique role of the peer specialist to be explored and developed. Core competencies within the Five Critical Functions have been identified using a Delphi method and an extensive literature search and confirmed through surveys of working peer specialists and supervisors. Drawing upon research on the supervision of peer specialists, this session will share the findings of the research to date.

**Jonathan P. Edwards, NYC Department of Health & Mental Hygiene; Amy Spagnolo and Joanne Forbess, Rutgers University; Gita Enders, Office of Behavioral Health, NYC Health + Hospitals**

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**We the Women**

Women’s mental health is influenced by ever-present shifts in their psycho-biological statuses. This, in turn can influence how, when, and where peer support for women is most effective.

We will discuss the effect of the cycles in a woman’s life on a monthly and annual basis as well as the three major stages in women’s lives that influence women’s mental health. We will examine how we as peer supporters can best assist women to empower themselves, create real community, work to gain the most benefit from “prescribed” treatments and mentor younger women to thrive. We will create a safe space and explore how we can continue to create community and support ourselves and others in their journeys to good and balanced health after the conference.

All are welcome to join, including those who do not identify as living in a woman’s body or life experience.

**Ann Kasper, Global Mental Health Peer Network (GMHPN)**

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**Dignity of Risk: COVID-19 and Beyond**

This workshop will explore how the COVID-19 pandemic has impacted people’s perception and acceptance of an individual’s right to the dignity of risk. The facilitator will guide participants through current life scenarios and explore ways to best support a person’s right to experience the dignity of risk.

**Emily Childress, Mental Health Empowerment Project**

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**OMH Training Huddle: “What if New York Were the Center of Healing?”**

At the beginning of the COVID pandemic, OMH’s Amanda Saake assembled the various training and technical assistance centers that OMH funds to talk about training needs for the workforce during this difficult time. While the initial intent was to foster collaboration to respond to the workforce’s needs in the pandemic, the group were eager to continue to work together. The first joint project they wanted to do was to administer a survey to hear directly from the individuals we serve and their families about what they find most healing and gather recommendations that would inform their respective trainings for people working in the mental health system. This session covers the findings of the survey and the recommendations that surfaced.

**Amanda Saake, Special Assistant to the Commissioner; Director, Bureau of Recipient Affairs, Regina Shoen, Tony Trahan, NYS Office of Mental Health, Rita Cronise, Rutgers University Department of Psychiatric Rehabilitation**

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1:45 pm  **Break**
2:00-3:15 pm   Keynote Presentations

**The Courage to Disrupt: Being a Peacock in the Land of Penguins**

West Room

In 2004, I moved from NY to the southern state of North Carolina where peer support did not exist, psychiatric rehabilitation was unheard of, and recovery from labels of mental illness was considered impossible. I was left with two options: relocate or find the courage to disrupt pathology-based systems. It was a simple idea really, but who knew that it would be considered so disruptive?

As the fable, “A Peacock in the Land of Penguins” illustrates, disrupting status quo within systems, communities and organizations requires a lot of courage. Afterall, if you push too much, you may be asked to put on a penguin suit to conform.

In this keynote, we’re going on a journey of examining ways in which conformity and standardization has resulted in siloes and segregation and ultimately, how these perpetuate illness. We will explore what it would take to flip the script, blurring the systems siloes to build unifying policy, establishing alternatives to clinical services, forced treatment and incarceration, and using our wisdom as trauma, psychiatric, houselessness, suicide attempt, formerly incarcerated, substance use, harm reduction, domestic violence and HIV+ survivors to create the opportunities for healing that we never had but critically needed.

Cherene Caraco, CEO, Chief Global Strategist, Promise Resource Network

**Healing and Social Change Through Hip Hop**

Forum

Hip Hop emerged out of trauma. There are deep parallels between the “why” of Hip Hop and the “why” of our consumer/survivor/ex-patient movement in mental health. We created the Healing Through Hip Hop team and workshop so we can engage each other in the examination of our collective experiences. We share and relate to our stories of embracing our power through the lens of Hip Hop Kulture. What else can we learn from each other about healing and social change? Together, we seek to value our diversity and intersectionality, engage our collective power, and change the social conditions that outraged us in the first place.

Luis O. Lopez (DJ LOL), DJ Kareem (Jerald Jenkins), Christopher Rogers (MIC HANDZ), Celia Brown, Chacku Mathai, Amanda Saake, and Liz Breier.

3:15 pm   Break

3:30-4:45 pm   Workshops Round 2

108 **Fighting for Recovery: An Activist History of Mental Health Reform**

Forum

Nationally acclaimed author and advocate Phyllis Vine will explore some of the key moments from her newly published book, “Fighting for Recovery: An Activist History of Mental Health Reform”, that looks at the past fifty-year period during which activists demanded dignity, justice and inclusion in decisions affecting them, and a growing coalition of grassroots activists led the fight for recovery.

To write this book, Vine conducted more than one hundred interviews with people who shaped strategies for building alternatives and securing peer leadership, and her book sheds light on the coming of age of a successful movement and the obstacles it overcame. This year’s raffle prizes will include copies of the book.

Phyllis Vine, Author and Advocate; Harvey Rosenthal, CEO, NYAPRS

109 **PEER SHARE**

North Room

In December of 2021, the US Surgeon General issued an Advisory on the mental health crisis facing the nation’s children and youth. Beacon and Anthem partnered to determine how to best support peers in gaining knowledge and expertise to support adolescents and transition age youth. Our strategy was to create a cohort of current certified peer specialists to lead the way across this enterprise. We consulted with external entities, reviewed trainings and articles specifically addressing the intersecting needs of this population and explored topics that impact youth and young adults. This workshop will review our findings and suggest ways of meeting the needs of this population.

Lisa Kugler, Psy.D., Clarence Jordan, MBA, CPS and Michelle Laferriere, CPS, Beacon Health Options
110 How Our Habits Influence our Goals

“Habits are algorithms operating in the background that power our lives. Good habits help us reach our goals more effectively and efficiently. Bad ones make things harder or prevent success entirely. Habits powerfully influence our automatic behavior.” – F.S. blog

This workshop will focus on exploring the role our habits play in determining the ultimate quality of our life. We will evaluate our own habits and consider how and if they support our goals or hold us back

Sara Goodman, Baltic Street AEH, Inc.

111 The firsthand Approach to Peer Engagement and Support: Accessing Resources and Services: Promoting Opportunities for Recovery

The subject of the workshop is the unique, peer-led work of firsthand in seeking to identify, engage and assist previously unengaged individuals in accessing benefits, community resources, and community-based whole health care pathways. This course will benefit the professional practice of social work, mental health counseling and CPRP by enhancing participant’s knowledge and skills through understanding the peer-led firsthand approach to connecting with and engaging individuals with serious physical and behavioral health problems who have been disconnected from ongoing health services

This workshop also meets CPRP Domain V for Strategies for Facilitating Recovery by describing techniques used by firsthand’s peer Guides to engage, connect to services and resources in the community, and to support and mentor individuals in developing and achieving personal whole health goals.

Patrick Hendry, Vice President of Peer Services, firsthand

112 NYS Office of Mental Health’s Equity Strategy: Implementing Innovative Policy and Program Changes to Eliminate Disparities

In this session, OMH’s Chief Diversity Officer Matt Canuteson, will discuss the components of OMH’s far-reaching and comprehensive multi-year strategy to eliminate disparities in Access, Quality and Treatment Outcomes for minority, marginalized populations. In addition, this session will include information about changes in the way the Agency is collecting disparities data, efforts to increase the level of diversity in the mental health field, and enhanced equity components in how the Agency funds and oversees New York’s mental health system

Matthew Canuteson, Office of Diversity, and Inclusion Officer – Director, Bureau of Cultural Competence

113 Detours in Recovery: An Honest Look at my Recent Journey

We may fully ascribe to the belief that recovery is not linear and encourage others to consider this perspective as we share hope and encouragement. However, when we find ourselves facing new or re-appearing struggles, this compassion and confidence can be more difficult to preserve.

Toward the end of 2021, I began to fall back into an eating disorder that I thought had been “put to rest” over 15 years ago. I did not see it as a “relapse” at first. I tried my best to navigate this experience. While I knew the destruction that similar behaviors had caused in my life many years ago, I also knew that the types of treatment I’d received then had compounded existing trauma and left me feeling disempowered and mistrustful.

As someone in leadership role in the field of peer support, I felt like a hypocrite – I was preaching recovery, and yet, at many points I was struggling.

This workshop will share how I navigated this struggle personally and professionally, and will encourage attendees to explore responses to setbacks, not just for those we support, but for ourselves.

Aviva Cohen, Hands Across Long Island, Inc.
From Disability to Independence: One Person's Journey To Self-Sufficiency
Through Peer Support ................................................................. East 1
The co-presenters will speak about Ariel’s journey from long term reliance on Social Security Disability to her current independence as a Peer Specialist. We will present Ariel’s struggles to become financially independent and how her introduction to peer support was the catalyst to support her growing motivation to move toward a life of financial independence and personal autonomy. This powerful first-person narrative will be presented from Ariel’s perspective and will serve as an example of the power of peer support.

Ariel Rowland  RISE Center;  Billy Gamble, Mental Health Empowerment Project

5:00 pm  Cultural Diversity Bash; Fashion Show ........................................... First Floor Lobby
6:00 pm  Dinner ......................................................................................... Main Dining Room
6:45- 8:15 pm  NYAPRS Annual Awards Ceremony ........................................ Forum
The NYAPRS Board of Directors are very proud to recognize the exemplary efforts of very special individuals and organizations who have made essential contributions to advancing the recovery and rights of our community.

Zumba with Greg Parnell and Shanel Mayo Crestwood ......................... North
In this Fun, informative Workshop, participants will see how Crestwood has added Zumba as one of our Foundational Wellness Tools & how adding Zumba to your program or personal Wellness Toolbox can help you celebrate culture & diversity, and foster physical, spiritual & emotional wellness as well as create Community, Connection & Inclusion.

There will be discussion & presentation as well as application through a mini seated Zumba Fitness Class and a regular class with the option to sit or stand. So that all can experience the benefits 1st hand. It will be fun, empowering and inspiring…and remember no dance experience or coordination needed.

8:15 pm  Peer Support Meetings
• Open Peer Support ......................................................... East Room 1
• Dual Recovery Anonymous ........................................... East Room 2
• NA Meeting .............................................................. West Room
• LGBTQIA+ ................................................................................ East Room 3
• Vet Peer Support with Moe Armstrong ......................... Brookside 1
9:15 pm  Chess, Checkers, and Dominoes Club ........................................ Tivoli Lounge
9:15 pm  Open Mic with Michael Skinner, Surviving Spirit ....................... Marty’s Lounge
9:30 pm  Dancing with DJ Kareem (Jerald Jenkins) ...................................... Forum

The NYAPRS Board of Directors and Staff are very pleased you came to our conference. Please to be sure to fill out the overall conference evaluation and tell us about your experience. It is very helpful in planning for next year’s conference.
THURSDAY, SEPTEMBER 22

7:00 am  
**Zumba** with Greg Parnell and Shanel Mayo Crestwood  
*West Room*

In this Fun, informative Workshop, Participants will see how Crestwood has added Zumba as one of our Foundational Wellness Tools & how adding Zumba to your Program or personal Wellness Toolbox that we Celebrate Culture & Diversity, Foster Physical, Spiritual & Emotional Wellness as well as create Community, Connection & Inclusion.

There will be discussion & presentation as well as application through a mini seated Zumba Fitness Class and a regular class with the option to sit or stand. So that all can experience the benefits 1st hand. It will be Fun, Empowering and Inspiring. & remember no dance experience or coordination needed.

7:30 am  
**Breakfast**  
*Main Dining Room*

8:00 am  
**Multicultural Exhibition Opens**  
*2nd Floor Mezzanine*

8:30-9:45 am  
**Workshops Round 3**

115  
**Peers as Agents of Change in the Criminal Justice System**  
*East 1*

The presenters will share lessons learned from over 7 separate cohorts of training using a new Forensic Peer Specialist curriculum. They will discuss the myriad ways that peers have been working in the criminal justice system to foster change through peer support. The discussion will be based on the Sequential Intercept Model, as promoted by the SAMHSA GAINS Center.

**Ali Rashid, Victor Clark, Mental Health Empowerment Project; Alvin Gallardo, Westchester Department of Community Mental Health**

116  
**Resilience: Bathing in the Light**  
*Forum*

The road through recovery is different for each of us. While we often get help along the way, the role that we play will have the most direct effect on the outcome. It is not enough to sit and wait for the “Joy that comes in the morn”, sometimes we just got to go out there and help navigate the course. In this workshop, we will cover some of the resilience preparations needed before the trip, during the ride, and life thereafter. The Recovering Art of Resilience is rightfully ours. Come join us and get a few gems for the journey life presents us.

**Neville Morris, CCSI**

117  
**Implementing Wellness Self-Management Plus (WSM+) Groups in PROS Programs during the COVID-19 Pandemic**  
*East 2*

This workshop will describe a 15-month Learning Collaborative to implement WSM+ groups in PROS programs across NY from September 2020 – December 2021. WSM+ is a yearlong group curriculum designed for people with co-occurring substance use and mental health care needs. Each group participant identifies and works toward their own personal goals as they work through the materials. We will describe how we adapted an in-person LC model to virtual, including training for group leaders. We will also discuss how the WSM+ curriculum was adapted for groups being run via telehealth, hybrid, and in-person, and the overall results of the LC. Finally, we will describe the goals participants identified as important during the pandemic and their progress toward achieving those goals.

**Noah Lipton, Paul Margolies, Nancy Covell. Center for Practice Innovations**

118  
**Project INSET Peer Engagement Innovation**  
*North Room*

Come hear how this nationally acclaimed peer-led outreach, engagement and support model is having an extraordinary impact on lives of the people they support, successfully engaging 80% of a group of individuals who would otherwise be considered for Kendra’s Law court mandated outpatient treatment.

**Ruthanne Becker, Raquelle Bender, Participant, Project INSET MHA of Westchester; Moderator: Harvey Rosenthal**
CQ and Me (Cultural Quotient) ...................................................... West Room

CULTURAL INTELLIGENCE, or CQ, is a globally recognized way of assessing and improving effectiveness in culturally diverse situations. This workshop is an interactive model to help reduce your unconscious bias.

Jeffrey McQueen, Mental Health Association of Nassau County

Part 1: Experiential: The Wellness and Resilience Story Circle .......................... West Room

Wellness and Resilience Story Circles open a space for peers, clinical providers and related community constituents with the opportunity to build community and engage in collaborative partnerships. Story Circles grant opportunities for peers who are recipients of services the freedom to share their living and lived experiences in a safe, supportive, and welcoming environment. Story Circles also engage participants in collaborative learning, leadership development and storytelling experiences that can reshape their lives, support personal wellness and recovery goals, and improve the quality of personal and community life.

Deborah Wilcox, PhD – Confluency Consultants and Associates, Poetry for Personal Power (P3 Team);
Theresa Hall, NYAPRS Cultural Competence Committee

Part 1: Experiential: The Wellness and Resilience Story Circle

The Story Circle will open a space for participants to become actively engaged and involved in sharing their life experiences through the art of storytelling. Participants will share recovery challenges, healing wisdom, wellness journeys and the multiple ways personal goals and challenges can be worked through to heal human hurt, unlearn stigma, foster behavior change and to build sustained multicultural communities of wellness.

Supported Employment – Reaching Your Dreams ........................................ East 3

Supported employment is an approach to vocational rehabilitation for people with mental health challenges that emphasizes helping people obtain competitive work in the community and providing the supports necessary to ensure their success in the workplace. This approach, as utilized by Dreamcatchers Employment Network, is an Evidence-Based tool effective with the forensic population with mental health issues and enables persons served to reach their potential and their dreams. This workshop will provide techniques, strategies and skills to increase employment outcomes for people with mental health issues.

Regina Kaiser, Dreamcatchers Empowerment; Patty Blum, Crestwood Behavioral Health

10:00-11:30 am Keynote Presentation

OMH Town Hall ................................................................. Forum

Come hear from the state’s top mental health policymakers about the issues to today and tomorrow. Bring your questions and concerns: nothing is off the table!

OMH Town Hall: Jihoon Kim, Deputy Secretary for Human Services and Mental Hygiene; Ann Sullivan, Commissioner; Amanda Saake, Special Assistant to the Commissioner, Director, Bureau of Recipient Affairs, NYS Office of Mental; Harvey Rosenthal, NYAPRS

11:45 am-1:00 pm Workshops Round 4

SAMHSA’s New Office of Recovery: A Listening Session ............................... Forum

SAMHSA recently held a 2-day event that sought input on the development and activities of their new Office of Recovery, a central feature of the Biden Unity Agenda and focus of the Assistant Secretary for Mental Health and Substance Use, Dr. Miriam Delphin-Rittmon. The event explored several key themes, including Centering Lived Experience in Diverse Settings, Promoting Recovery Ready and Recovery-rich Communities, Preparing the Workforce and Workplace for Recovery/Integrating People with Lived Experience and Peer Support into Diverse Settings and Addressing Disparities and Promoting Equity. Session co-moderator Chacku Mathai and participants at the session will share their own thoughts and listen for yours.

Chacku Mathai, Cherene Caraco, Gayle Bluebird, Vesper Moore, Ann Kasper and Harvey Rosenthal
Mental Health and EMT First Responders

Half of all people killed by police in New York City lived with mental health issues. Over the last 4 seven years alone, 189 New Yorkers experiencing a mental health crisis were shot and killed by the police, and sixteen of them were killed. Of the sixteen, fifteen were Black or other people of color. Correct Crisis Intervention Today – NYC (CCIT-NYC) is a coalition of more than 80 mental health advocacy and other community organizations, including NYAPRS, that is working to transform how New York City responds to mental health crises. CCIT-NYC has proposed a mental health crisis response system that replaces police with teams of trained peer specialists and independent emergency medical technicians, based on input from two 100+-plus member community focus groups and a review of relevant research. Learn about the model and the state of current efforts to see these initiatives introduced in New York City and across the state.

Ruth Lowenkron, Correct Crisis Intervention Today-NYC, NYLPI

Recovery is Working! Piloting the Individual Placement & Support (IPS) Model of Supported Employment on 6 NY ACT Teams

This workshop will describe a yearlong pilot to implement IPS on 6 ACT teams across NYS and our findings to date, including potential adaptations to improve IPS’ success on ACT teams. ACT team staff and recipients will share their experiences from the pilot.

Noah Lipton, Gary Scannevin, Paul Margolies, Center for Practice Innovations

The Imperative of Criminal Justice Reform

Leading NYS criminal justice reform advocates will offer progress reports on key NYAPRS priorities, including implementation of the HALT Solitary confinement law as well as Clean Slate, Daniel’s Law and Treatment Not Jails legislative proposals.

Victor Pate, Campaign for Alternatives to Isolated Confinements, et al

Investing in the Future: New Initiatives for Accessing and Engaging in Psychiatric Rehabilitation Services

The New York State Office of Mental Health has invested in two statewide initiatives that aim to increase outcomes for people with mental health conditions to obtain skills and support that successfully advance their health and recovery and meet their essential personal social, employment, housing and related life goals. This workshop will provide an overview of the CORE Peer Navigator and NY Psychiatric Rehabilitation Training Academy that will develop the PROS, CORE and BH HCBS workforce and increase access to psychiatric rehabilitation services across New York State.

Katie Merrill, Jason Erwin & Christopher Coyle, NYS Office of Mental Health;
Daniella Labate-Covelli, Len Statham NYAPRS

Building a Trauma-Informed NYS: An Introduction to the NYS Trauma-Informed Network

The Network’s goal is to support champions of trauma responsive practices across the state with improved connection and access to quality resources. Through the NYSTIN you can connect with other organizations around New York State, search resources and events on a variety of topics, and post resources and events that promote trauma-responsive practices. This workshop will provide an overview of the New York State Trauma-informed Network (NYSTIN) and it’s goal of increasing the collective understanding of trauma, improve practice, and support resilience throughout New York State.

Clarencecline (Teena) Brooks, Assistant Director, Office of Consumer Affairs, NYC Department of Health and Mental Hygiene; Jenna Velez, NYS Trauma-informed Network, Coordinated Care Services Inc.
Lauren Tobias of leading-edge government relations & strategic consulting firm Brown & Weinraub will provide an overview, status, and timeline of New York’s new 1115 Waiver. We anticipate the Waiver will provide significant opportunity to grow the role of peers in New York’s behavioral health system. Attendees are encouraged to bring their questions about the new Waiver to this interactive session!

Lauren Tobias, Senior Advisory, Brown & Weinraub

1:00 pm
Lunch ................................................................. Main Dining Room

1:45 pm
Dear Me. Life is Short. Talk Ugly ........................................ Forum
Poet Joseph LMS Green
Joseph Green is a professional storyteller, award-winning spoken word artist, educator, narrative disruptor, and person in sustained recovery. He advocates for and inspires those overcoming the disease of substance-use disorder through his keynote speeches and workshops. He is currently featured in the documentary, Tipping the Pain Scale, a film focused on the systemic failures and possible solutions for those struggling with addiction and our country’s epidemic of pain. Joseph utilizes the art of storytelling and creative writing to empower people to disrupt harmful narratives about themselves and others.

2:45 pm
NYAPRS Annual Meeting ............................................. Marty’s Loung
Harvey Rosenthal, NYAPRS CEO and Len Statham, COO
A ‘state of the agency’ review of NYAPRS operations, advocacy, training and peer initiatives

3:45 pm
Break

4:00-5:15 pm Workshops Round 5

129 Zumba with Greg Parnell and Shanel Mayo Crestwood ......................... East Room 3
In this Fun, informative Workshop, participants will see how Crestwood has added Zumba as one of our Foundational Wellness Tools & how adding Zumba to your program or personal Wellness Toolbox can help you celebrate culture & diversity, and foster physical, spiritual & emotional wellness as well as create Community, Connection & Inclusion.

There will be discussion & presentation as well as application through a mini seated Zumba Fitness Class and a regular class with the option to sit or stand. So that all can experience the benefits 1st hand. It will be fun, empowering and inspiring…and remember no dance experience or coordination needed.

130 In the Most Integrated Setting: Updating New York’s Olmstead Plan ............. West Room
Thanks to strong support from the Hochul Administration and the leadership of newly appointed Chief Disability Officer Kim Hill, New York’s Most Integrated Setting Coordinating Council (MISCC) is currently engaged in the process of producing a newly revised Olmstead Plan. Guided by the recommendations of the disability community and 11 state agencies, the plan will ultimately identify strategies to produce measurable evidence that New Yorkers with disabilities are supported to live and work in the most integrated community settings of choice. Come get a progress report and share your own recommendations to Kim and members of the MISCC.

Kim Hill, NYS Chief Disability Officer; Bruce Darling, Center for Disability Rights; Doug Hovey, Independent Living Inc; Denise Figueroa, Independent Living Center of the Hudson Valley; Len Statham, NYAPRS; Moderator: Harvey Rosenthal

131 The Seat at the Table Campaign ........................................ East 1
The presentation will describe the Seat at the Table campaign, a state-wide advocacy initiative to reform the way localities in New York formulate and pay for mental health services.

Christina Sparrock, Mental Health Advocate, Steve Coe, Alembic Community Development LLC, Carla Rabinowitz, Community Access
Mental Health Recovery for Survivors of Suicide

The purpose of this presentation is to inform attendees on how to support survivors of suicide. It is meant to reintroduce available information from all other recovery research and personal experiences as a survivor. The outcome of the presentation is to help all who are interested (advocates, policymakers, emergency care workers, clinicians, peers, etc) on how to decriminalize mental health for survivors of suicide. The presentation provides a perspective on quality of life, community inclusion, decision making in treatment planning and more.

Amela Dzurllic, Amela Sandra LLC

Yoga Practices for Personal and Organizational Wellness

This workshop is an interactive exploration of how conscious innovators can use more yoga-based practices to help reduce burnout and stress in the health care workforce and peer leadership. Blending Allie’s long experience as a conscious innovator in behavioral health systems change and Peggy’s research and policy practices, we will offer a preview of emerging collaborations in a variety of settings. We will share how yoga therapy practices and the Eight Dimensions of Wellness can be utilized for transformation in personal and organizational settings. A Presenting Approach will be shared to help participants learn an embodied leadership practice.

Allie Middleton, Integrative Leadership Practices; Peggy Swarbrick, Rutgers University

Promoting Diversity, Equity, and Inclusion (DEI) Practices

One of the most important aspects of today’s work is diversity and inclusion, ensuring the full participation of people from different cultural backgrounds. This is why the implementation and maintenance of DEI practices are crucial to our field. Our panel will review different ways of implementing and maintaining DEI practices in agencies.

Marguerite Gayle and Jeff McQueen, NYAPRS Cultural Competence Committee co-chairs, Helen ‘Skip’ Skipper, New York City Peer Justice Initiative; Matt Canuteson, NYS Office of Diversity and Inclusion Officer – Director, Bureau of Cultural Competence; Laverne Miller, Laverne Miller Associates; Moderator: Luis Lopez, Center for Practice Innovation

Post-Traumatic Growth: The Peer Response to the Tragedy in Buffalo

As people of color, living in our City of Good Neighbors, Buffalo, NY, we were brutally terrorized by a White Supremacist on May 14, 2022, with the execution of 10 of our brothers and sisters, and 3 individuals wounded. We would like to share our experience with our NYAPRS family as part of our healing and post-traumatic growth process from this horrific event. We want to present what can happen when individuals and communities experience trauma. People somehow make sense of the trauma. That interpretation is what decides the outcome.

We want to share how we are turning our trauma into an opportunity for the positive purpose of growth, unity, and fellowship among all people across differences in our community. We will discuss personal and community actions that are currently promoting change and bringing peer support to underserved populations—This includes Communities of Practice, Open Spaces, Group Support, and Solidarity with BIPOC communities.

Kevin Smith, Mental Health Peer Connection; Maura Kelley, Western New York Independent Living Center; Cornelius Delaney, Paula Bridgeforth, Samuel Floyd, Adam Selon, Restoration Society, Inc.; Genicia Smith, Mark Talley, Children of Geraldine Talley, one of the 13 victims of the Tops Shooting.

Break

Annual BBQ under the Stars; Music by DJ Jenkins

Bazelon Center for Mental Health Law Lifetime Achievement Awards
7:30 pm  Thursday Evening Program

**Stand Up for Mental Health** ................................................................. Forum
Each year, Stand Up for Mental Health’s David Granirer guides aspiring comics to show their stuff at our Annual Comedy Show.

This year’s class includes Dan Frey, Emily Childress Ann Kasper, Colleen Sheehan, Greg Parnell, Chacku Mathai, Laura Van Tosh and Adam Selon.

**How to Implement Wellness and Resilience Story Circles within Your Organization** .................................................. West Room
Deborah Wilcox, PhD - Confluency Consultants and Associates, Poetry for Personal Power (P3 Team); Theresa Hall, NYAPRS Cultural Competence Committee

This workshop will provide a comprehensive overview of the needed organization development steppingstones for individuals and organizations who have an interest in implementing Wellness and Resilience Story Circles within their agencies and communities.

**The Story Circle Approach: Promotes Social Justice and Multicultural Competency:**
The Story Circle group process is an antiquities social justice approach in the delivery of equitable and inclusive multiculturally competent mental health services. Each member of the group has a unique cultural and ethnic family heritage, are members of a peer group, and has an individual set of beliefs and values that are influenced by their race, ethnicity, class, education, gender, sexual orientation, spiritual beliefs, ability, and age (along with multiple cultural identities and life experiences) and more. The Story Circle group process engages members of the group into a collective learning community (each one teaches one) primarily to work on wellness and recovery goals, group leadership skills and build sustained healthy relationships across cultural differences.

8:15 pm  **Peer Support Meetings** ............................................................. East Room 1
• Open Peer Support ................................................................. East Room 1
• Dual Recovery Anonymous .................................................... East Room 2
• LGBTQIA+ ............................................................................. East Room 3
• NA Meeting ............................................................................ Brookside 2
• Veterans .................................................................................. Brookside 1

9:15 pm  **Chess, Checkers, and Dominoes Club** ....................................... Tivoli Lounge

9:15 pm  **Open Mic with Michael Skinner, Surviving Spirit** ........................... Marty’s Lounge

9:30 pm  **Dancing with DJ Kareem (Jerald Jenkins)** ....................................... Forum

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Don’t forget to turn your conference evaluations and get a raffle ticket for prizes including a Scholarship to the 2023 Conference.
You must be present to win any raffles.
FRIDAY, SEPTEMBER 23

**7:00 am**

**Zumba** with Greg Parnell and Shanel Mayo Crestwood

West Room

In this Fun, informative Workshop, participants will see how Crestwood has added Zumba as one of our Foundational Wellness Tools & how adding Zumba to your program or personal Wellness Toolbox can help you celebrate culture & diversity, and foster physical, spiritual & emotional wellness as well as create Community, Connection & Inclusion.

There will be discussion & presentation as well as application through a mini seated Zumba Fitness Class and a regular class with the option to sit or stand. So that all can experience the benefits 1st hand. It will be fun, empowering and inspiring...and remember no dance experience or coordination needed.

**7:30 am**

**Breakfast**

Main Dining Room

**8:00 am**

**Multicultural Exhibition Opens**

2nd Floor Mezzanine

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**8:30-9:45 am**

**Workshops Round 6**

**136 Peer Services After the Pandemic:**

**Ideas and Recommendations for a Changed World**

Forum

During this year’s NYC Conference for Working Peer Specialists, we engaged in a discussion and listening session with members of the peer specialist workforce in order to better understand how they expect the “new normal” to look after the significant paradigm shifts brought on by the pandemic.

Participants discussed the effects of widespread trauma, operational changes in how services are delivered, and expectations for career growth. Based on this dialogue, we have drafted a set of recommendations to improve working conditions, promote improved service delivery, and enhance opportunities for career advancement.

During this workshop, we will share our recommendations, while also inviting a panel of key stakeholders to share new and upcoming initiatives for the peer specialist profession. Workshop attendees will be invited to join the discussion and provide further feedback.

_Amanda Saake, Sarah Kuriakose, New York State Office of Mental Health; Clinton Green, Center for Urban Community Services; Patrice Peterson, New York City Department of Health and Mental Hygiene; Rita Cronise, MS, ALWF, Academy of Peer Services; Moderator: Jeremy Reuling, Bronxworks_

**137 9-8-8: A First Look**

Marty’s Lounge

The presenters will take a preliminary look at how New York’s 9-8-8 Suicide Prevention and Behavioral Health Crisis Hotline System has been working and will also address some of the concerns that the program has generated among members of consumer/survivor community.

Denise Balzer, New York State Office of Mental Health; Kelly Davis, Mental Health America;

Moderator: Harvey Rosenthal, NYAPRS

**138 Intuitive Writing**

East 3

In this workshop, I will share my expertise as a writer of personal essays, who has been published on various websites over the years. I will discuss how journaling is the foundation of establishing one’s voice, where opinions and feelings can be safely asserted. I will discuss how it’s important to discover and study writers who are inspiring, then finding one’s voice from within. Experiences like “Word Salad” can be most helpful! I will also discuss ways of writing personal essays. I will be drawing suggestions from a couple of books I like: “Steering The Craft: A Twenty-First-Century Guide to Sailing the Sea of Story” by Ursula K. Le Guin, and “The Elements of Story: Field Notes on Non-Fiction Writing” by Francis Flaherty.

Neesa Sunar, Valera Health
139  Ending Homelessness Thru Wrap Around Services                      East 2
Housing First is not working. Congregate Care is not the answer. Join this workshop to hear about the
root causes of homelessness and what we can do to make it better.
  Renee Mitchell, Institute for Community Living

140  Spirituality and Recovery                                         West Room
This workshop is an exciting introduction and exploration into the implementation of spiritually based
services - one of the Eight Dimensions of Wellness. Join us as we discuss and share ways to approach
this important arena for healing and recovery!
  Theresa Hall, Marguerite Gayle, NYAPRS Cultural Competence Committee

141  Understanding Self-Injury                                         North Room
During this workshop, we will explore the difference between self-harm and self-injury, typical societal
reactions to self-harm vs. self-injury, coping strategies for self-injury, and how to better support loved
ones who injure.
  Emily Wasserman-Vaianella, Hands Across Long Island; Billy Gamble, Mental Health Empowerment Project

142  Getting to Know Your Peer-led IPA Partners and
Regional Peer Networks: Collaboration in Action                      East 1
The Wellness Collaborative of New York IPA has a tremendous opportunity to advance authentic
peer service delivery during an opportune time when mental distress continues to rise, and services
are greatly needed. Peers have historically provided genuine and dedicated support in the journey
of mental wellness and never backed down from that role despite the systemic challenges over many
years. The increased ability of peer and family support delivered by people with lived experience
brings a deeper level of engagement and quality of life.

The WCNY IPA and it’s Regional Peer Networks will share their lessons learned in the past year of
foundational buildup and key strategies to successful peer communication, marketing of services
and engagement while guiding others using pure peer service models. We will explore the success of
collaboration, quality improvement strategy and future radical concepts that bring new partnerships
to the table.
  Emily Childress, MHEP and WCNY IPA; Rebecca Evansky, Wellness Collaborative of New York, IPA

9:45 am  Break

10:00-11:00 am Keynote Presentation

“The Way Forward: The Vision of our New Pioneers”                      Forum
Our conference program began with a panel of four of our most cherished pioneers offering ‘Lessons
of the Movement’ and our final keynote includes this panel of 4 of our most inspiring new emerging
pioneers, offering their vision for the future. on’t miss it!
  Jalyn Radzimirski, Bazelon Center; Lydia X.Z. Brown, Autistic Women & Nonbinary Network; Kelly Davis,
Associate Vice President of Peer and Youth Advocacy at Mental Health America; Vesper Moore, Kiva Centers;
Moderator, Harvey Rosenthal, NYAPRS
**Federal Policy Update: Next Steps After the Bipartisan Safer Communities Act**

In June, Congress enacted the Bipartisan Safer Communities Act, which purported to address our nation’s gun violence crisis. The Act provides millions of dollars for mental health services that people with lived experience with mental health conditions urgently need. But providing additional mental health services will not stop gun violence and should not have been included in a bill addressing gun violence. It is critical that federal, state, and local advocates engage with policymakers to ensure that the additional federal funding the Act provides will go to effective mental health interventions that will benefit people with lived experience.

This workshop will provide an overview of the efforts of advocates to shape the legislation, which was negotiated quickly and privately by a bipartisan “gang” of 20 Senators. The workshop will also highlight new federal resources for mental health services provided by the Act and identify next steps for advocates to help funding recipients use the funds effectively and without violating the civil rights of people with lived experience.

The workshop will also highlight other federal and state policy issues of interest, including California’s CARE Courts initiative which, like Kendra’s Law, is likely to lead to more coerced treatment for people with lived experience with mental health conditions.

**Moderator:** Harvey Rosenthal, NYAPRS

**Lewis Bossing, Jazlín Radziminski, et al, Bazelon Center for Mental Health Law**

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**Self-Directed Panel**

Self-Directed Care is about autonomy and choice. It’s based on the idea that people are experts in their lives and should determine their own recovery pathways. With Self-Directed Care, people use public funds to purchase goods and services or hire service providers. All purchases are linked to specific recovery goals set by the person with support from a specially trained advisor.

Since 2017, New York State has been implementing 2 Mental Health Self-Directed Care pilots in New York City via Community Access and the Hudson Valley via Independent Living, Inc. Program staff and participants will provide an update on the program’s success in promoting health and wellness, community living, employment, social connection, and other social determinants of health.

**Keith Aguiar, Community Access and Jaqueline Jordan, Independent Living, Inc.**

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**Getting A Job and Getting My Rights Back**

The presenters will describe an approach that avoids the five reasons why employing Peer Specialists in unprepared settings has not yielded optimal results, and then incorporated methods to successfully employ Peer Specialists in a peer friendly environment. We will provide approaches to employment that can be used with a variety of populations and settings to help individuals reach their dreams of employment.

**Patty Blum, Crestwood Behavioral Health; Regina Kaiser, Dreamcatchers Empowerment; Rita Cronise, Rutgers University Department of Psychiatric Rehabilitation**

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**How to Start a Friendship Project**

In this workshop you will hear how I created a mutual aid project for emotional support of my peers. Mutual aid is not governmental nor is it non-profit - it is when the community comes together to support one another. My hope is that this workshop will inspire you to do your own mutual aid project for peers or for anyone who can benefit.

**Dan Frey, City Voices**
Supporting the Next Generation of Behavioral Health Solutions in Leveraging Community Partnerships .................................................. East 2
Come take part in a conversation about innovative programming that brings a relational approach to mental health and recovery. Our wellness is never in isolation of others; through partnership we can attain wellness. This encapsulates the relational approach to mental health and recovery pioneered by the Mental Health Association in New York State, Inc. (MHANYS) CarePath Program, and expanded through MHANYS Mental Health Community Partners Program. Participants will learn the importance of a relational approach to mental health as a means to combat the individualistic Western Euro-centric bias in traditional mental health approaches; combat cultural mental health stigma; and successfully address mental health needs of families of color, immigrant families, and families belonging to groups that have been historically marginalized and underrepresented in the mental health field.

Deborah Faust, Michelle G. Garcia, MHANYS

Broken Genders - How We’re Getting Free. .................................................. East 1
Come join this discussion of queerness, gender-nonconformity, madness, recovery, and resistance!

Elise Diamond, Helen “Skip” Skipper, Vesper Moore

First Aid for Emotional Trauma. .......................................................... North Room
Learn how to interact with someone who may be reacting to a recent traumatic event. This is a person centered and less harmful alternative to current de-escalation practices. We will explore trauma informed person centered to interact/support someone who may be reacting to a recent traumatic event. This person-centered approach is found to be a less harmful alternative to current de-escalation practices.

Billy Gamble, Mental Health Empowerment Project; Mike Skinner, Surviving Spirit

12:30 pm Lunch, Grand Raffle & Closing Remarks. ................................. Main Dining Room

CONTINUING EDUCATION UNITS AVAILABLE:
All sessions are approved for continuing education hours.
NYAPRS is approved to offer CE hours for CRCC, CPRP, LMSW, LCSW, LMHC and NYS Peer Certification.
Are you interested in being on a Podcast?

Join Maura Kelley for
NYAPRS’ Annual Conference Podcast of
“Peers Like Me.”

About Peers Like Me:

“Peers Like Me” is a regularly updated podcast, developed to increase understanding of the effects of Mental Wellness Issues on our families, neighbors, and communities. Peers Like Me is designed to increase meaningful community inclusion of individuals with, and is created by the people severely impacted by, lifetime mental health issues. Our hope is that, by sharing our knowledge and experiences with the issues, our community will gain better understanding and acceptance by others, resulting in an improved quality of life for everyone.

Questions

1. What is your name and the topic you would like to talk about?
2. What qualifies you to talk about the topic you selected?
3. How does this topic impact on you?
4. How does this topic affect our community? What impact does it have on people with mental health, addiction, and trauma-related conditions?
5. What facts do you have to support what you want to say about the topic?
6. What is your purpose of informing the audience about this topic?
7. What would you like to happen as a result of the sharing this information with the audience?
8. How can our audience assist in this effort?
NYAPRS wishes to thank the following Sponsors
Welcome to the electronic NYAPRS CEU Process.
We use QR codes.

They look like this
They will be on the presentation screen at the beginning and end of all presentations and workshops that are awarding CEU’s.

How do you work with these QR codes?
1. You turn on your phone camera and point your rear facing camera at the QR code block.
2. Center the QR code you want to scan on the screen and hold your phone steady for a couple of seconds.
3. A notification should appear somewhere on your screen, usually at the top or bottom. Tap the notification that pops up to open the link. You will need to be connected to the internet, either through the phone service or WIFI, to complete this process.

Tap the notification! DO NOT TAKE A PICTURE! Only take a picture if you think the QR code is cute, because you will end up with a picture of the QR code, but it won’t help you sign in or out.

In this sample picture, the notification you would tap is at the top!

For most phones, that is all you need to do. Tapping the notification should open the phone web browser and when it opens, you should see the NYAPRS CEU sign-in screen for that specific presentation, at the beginning. There will also be a QR code for the sign-out screen at the end. When you sign out, you will also need to complete an evaluation for that presentation, to complete the process and earn your CEU certificate.

Things to note:
• The Sign-in process takes about a minute.
• The sign-out process can take 3-4 minutes.
• You can borrow someone else’s phone if you are having trouble. You each enter your own information; it won’t affect their sign-in or out process.
• IF YOU NEED HELP, PLEASE ASK FOR IT. Staff will be available: Missing the sign-in or sign-out may disqualify you from receiving CEU’s.
• The CEU certificate will be emailed to the email address you entered into the online form. It takes up to 60 days to receive the certificate.
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Working together to build healthier communities.

At UnitedHealthcare Community Plan, we’re dedicated to the communities we serve, and we believe nothing should stand in the way of quality, affordable health.

UHCCommunityPlan.com/NY
For 30 years, Coordinated Care Services, Inc. (CCSI) has partnered with organizations across NYS to provide the specialized management services and technical assistance needed to deliver innovative, high quality services across the behavioral health and human services delivery systems.

CCSI is proud to support NYAPRS!
Baltic Street AEH, Inc. is committed to providing person-centered peer oriented services throughout the 5 boroughs of New York.

Services:

- Advocacy
- Community Integration (Bridger)
- Education
- Employment
- Self-Help
- Housing

Best Wishes to Our Friends at NYAPRS on a Successful 40th Annual Conference!

ACL is Proud to Be Part of the New York State Mental Health Advocacy Community!
it’s about growth.

Crestwood Behavioral Health Inc. is a leader in building resiliency in communities by providing our staff with the most advanced Evidence-Based Recovery Services training that is integrated into all levels of care for our clients:

› Peer Providers
› Peer Support Training
› Wellness Recovery Action Plan (WRAP)
› Dialectical Behavior Therapy (DBT)
› Supported Employment

› Pro-Act
› Trauma-Informed Approaches
› Motivational Interviewing
› Spirituality

Crestwood Behavioral Health Inc. is a premier provider of behavioral healthcare in California.
Morgan Stanley is proud to support

New York Association of Psychiatric Rehabilitation Services, Inc.

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PROUD SUPPORTER OF NYAPRS AND THE MENTAL
HEALTH COMMUNITY FOR ALL THAT YOU DO!