



the spa
AT YELLOW CREEK

ENTER A HAVEN OF INNER CALM & TRANQUILITY



Massage

Based on the power of essential oils, your therapist will choose the most appropriate aromatherapy balm specific to your needs.

Swedish Massage

25 / 50 / 80 min. | \$60 / \$105 / \$145

Combines effleurage strokes, acupressure points, kneading and gliding pressure, releasing the essence of aromatherapy, improving circulation and detoxifying the body.

Therapeutic Deep Tissue

25 / 50 / 80 min. | \$70 / \$125 / \$180

Uses massage techniques that penetrate beyond the surface tension of the muscle to provide relief of severe tension, knots, and kinks.

Zen Shiatsu

30 / 60 / 90 min. | \$75 / \$140 / \$180

Given by our Asian bodywork specialist, Aaron Leff, who is an honors graduate of Toronto's Shiatsu School of Canada under Sensei Kaz Karniya, and a student of the late Kundalini Yoga Master Yogi Bhajan. Services begin with a consultation to address your concerns. A plan is developed utilizing various traditional Chinese medicine techniques to provide relaxation and relief from stress, pain or chronic and acute conditions. Clients should wear loose, comfortable clothing.

Yellow Creek Signature

60 / 90 min. | \$135 / \$175

A full body massage combining the power of hot and cold—hot towels are placed on the feet and a hot water bottle on the sacrum while cold stones are placed on the sinuses to drain toxins and ease facial tension.

Raindrop Therapy

60 min. | \$135

The ultimate sensory experience. Pure essential oils are dropped one at a time onto the back and dispersed with a light feather touch, repeating nine times, using feathering, effleurage, and vita-flex techniques.

Volcanic Stone Massage

60 / 90 min. | \$150 / \$225

Classic massage techniques combined with warm iron-rich volcanic energy stones infused with essential oils, work tight muscles and relieve tension. Heat and ionization stimulate blood flow and eliminate toxins. The face is massaged with cold pebbles to relieve tension.

Revitalizing Hot and Cold Stone Ceremony

90 min. | \$225

This iconic Carita ceremony is offered at only the best spas across the globe and delivers silky and supple skin. Treatment begins with Carita's legendary rénovateur exfoliation—a blend of sunflower seeds and essential oils of thyme, clove, and lemon, followed by a hot stone massage, cold stone face massage, ending with intense hydration. The skin's texture is refined, and radiant.

Anti-Fatigue for Legs and Feet

40 minutes | \$85

This treatment provides relief for tired and heavy legs using a cryogenic ice-effect mask combined with reflexology techniques. Swelling is reduced, and circulation improved. **Perfect for runners and expecting mothers.**

Reflexology

25 / 50 minutes | \$60 / \$105

Release life's tensions through the energy meridians on the soles of your feet. Delight in a relaxing, therapeutic foot massage that improves circulation and restores energy throughout the entire body.



Energizing Organic Optimal Boost

60 / 90 min. | \$150 / \$190

This treatment will create a feeling of radiant elation. Begins with a stimulating dry brushing of the body to open receptors and boost circulation. Next, a massage with a warmed rare essential oil blend of berries, using special techniques, release shoulder, hip and leg tension. Hot towels placed on the feet and



warm bags on the shoulders and torso create a sense of harmony and peace.

Wanderlust

60 / 90 min. | \$135 / \$175

A full body massage to refresh and uplift, the treatment begins with a stimulating dry brushing of the body to boost circulation and enhance product penetration. A Swedish-



style massage is followed, designed to link earth and life through long flowing medium-pressured techniques. Warm towels placed on the legs and feet and warm bags on the shoulders and torso create a sense of peace through the body

Jade Stone Marma Face Massage

40 min. | \$85

Inspired by healing rooted in Ayurvedic marma point therapy and East Asian gua sha, this treatment begins with a facial massage using chilled jade stones, steam and oil infused with organic jasmine. Stress, anxiety, tension, and sinus pressure are relieved. A back, shoulder, scalp and décolleté massage are performed



while hot water bottle soothes the neck and a warm energy stone placed on the solar plexus recenters the mind.

Prenatal Massage

25 / 50 min. | \$70 / \$110

We utilize special pillows that allow an expecting mother to rest on her stomach, aiding with relief from aches and stress associated with



pregnancy. A safe aromatherapeutic massage balm is used to nourish, hydrate and tone the skin.

Couple's Massage

25 / 50 / 80 minutes Price TBD

Have a massage with a friend or loved one in our spacious couples suite. Choose from deep tissue massage, signature massage, Swedish massage, prenatal massage or Asian bodywork.

Decléor Aroma Blend Body Treatments

Techniques that pair expert hands with aromatic mixtures created to firm, sculpt, slim and drain. Designed by energetic massage master - Chico Shigeta. These massages focus on joints and energy points in the body to release toxins and energy blocks.

Aroma Firmness 60 min. | \$150

Improves skin texture, boosts blood circulation and induces calmness using marjoram, grapefruit, and patchouli essential oils.

Aroma Refine 60 min. | \$150

Stimulates circulation and evens skin tone using geranium, rosemary, and citrus essential oils.

Aroma Legs 30 min. | \$75

Targets cellulite and dimpling with immortelle, vetiver, and peppermint essential oils.

Aroma Waistline 30 min. | \$75

Shapes and trims the waistline while improving digestion using lavender, fennel, and sweet orange essential oils.

Suggested Add-On Moments 25 min. | \$40

Add these moments to enhance the results of any Decléor Aroma Blend Body treatment. Only available as an add-on to a Decléor body treatment.

Fruit Seed Body Scrub

Gently eliminates dead skin cells with orange peel, argan, and acai seeds. Softens the skin and relaxes the senses with essential oils of tonka bean, ylang-ylang, and vetiver.

Slim-Effect Mask

A fusion of plant and spice powders creates contrasting warm and cool sensations while boosting micro-circulation to eliminate waste and improve the appearance of cellulite.

Zesty Butter Firming Mask

This mask will restore density and firm the skin while providing deep hydration by using shea, mango and cupuacu butter, essential oils of tamanu, lemon, grapefruit, chamomile, and myrrh, and rich botanicals of shitake, and algae.

BODY TREATMENTS

Carita Satin Skin Body Ritual

60 min. | \$150

This exfoliating treatment will leave your skin feeling nourished and smooth using Carita's legendary rénovateur exfoliation – a blend of sunflower seeds and essential oils of thyme, clove, and lemon—eliminating dead skin cells and providing intense hydration.

Decléor Suncare Treatments

Aroma Sunrise Sunless Tanning Body Treatment 60 min.

Dead skin is removed and deeply hydrated for a long-lasting tan. Finish with an application of Decléor's Sunless Tanner. **(Seasonal)**

Aroma Sunset Repair and Recovery 60 / 90 min. \$130 / \$175

Uses a combination of active soothing, repairing and regenerating products for after-sun healing and relief. **(Seasonal)**

Aroma Sunset Head to Toe 60 / 90 min. | \$130 / \$175

Add extra care to your post-sun exposure. Our therapists perform the Aroma sunset treatment on your body and your face in this 80-minute soothing treatment. **(Seasonal)**

Red Flower Ancient Organic Body Rituals

Red Flower's products contain 100% botanically based essential oils and certified organic ingredients free of dyes, drying agents and harsh preservatives. Designed around ancient bath rituals found across the world, Red Flower also has a deep respect for the earth, promoting sustainable energy and environmental practices.

Hammam Ritual

60 / 90 min. \$165 / \$185

Hammam is a traditional 7-day bathing ritual developed nearly 100 years ago; The body is taken through a sequence of heat, steam, massage, detoxification, energy, and purification, ending with a cleansed, invigorated, and limber feeling. Continue this ritual at home as in the spirit of the Hammam with our 7-day kit.

Japan Ritual

90 min. | \$185

Inspired by the Japanese mountain village of Ishikawa—known for having more Onsens, natural hot springs and Sento bath houses than anywhere in Japan. This ritual uses seven products that layer with one another to remove impurities, soften skin, and release the flow of vital energy in the body.

Nature Ritual

60 / 90 min. | \$165 / \$185

This treatment follows a Finnish 7-step bath ritual inspired by mineral-rich waters that grow fruits, barks and flowers. Birch, moss, algae, maitake mushroom, arctic cloudberries, lingonberries, and strawberries, all rich in Omega fatty acids and

antioxidants, provide gentle exfoliation and deliver anti-aging benefits. The skin is left soft, supple, hydrated, and pure.

Nature Journey

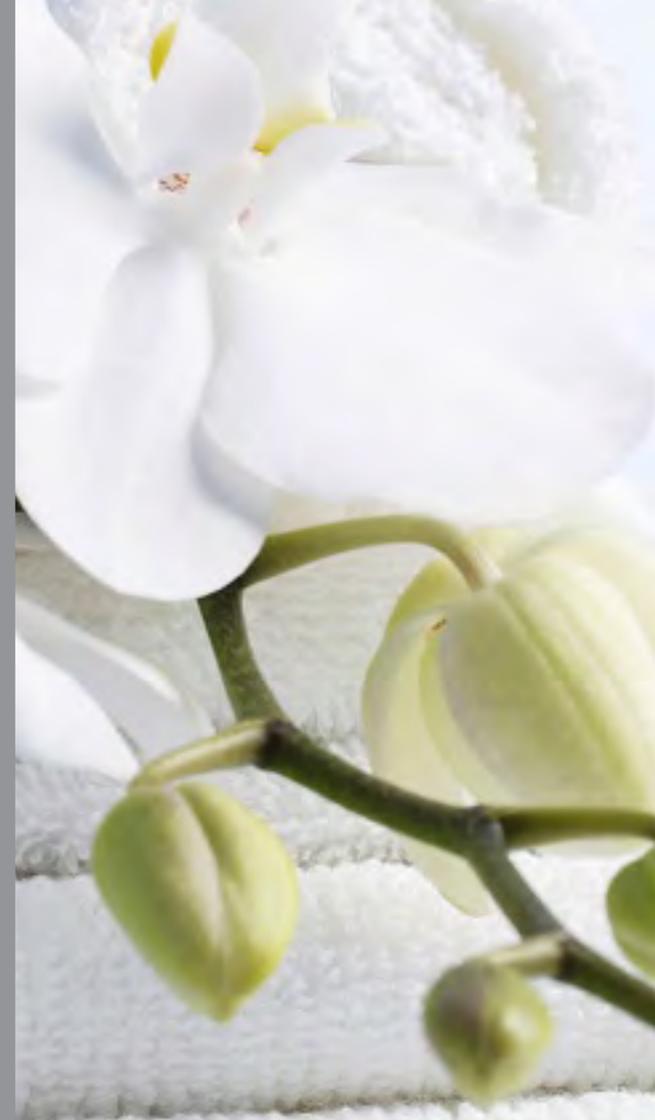
120 min. | \$225

A beautiful journey, combining the Nature body ritual and the Nature facial into a two-part treatment, based on a tradition from Finland using products that are restorative for both body and face. This journey begins with the body treatment from a massage therapist and ends with a facial from an aesthetician, all while remaining in the same treatment room. You will experience a rush of wellness, drawing life and replenishment from nature.

Wanderlust Journey

90 min. | \$175

Exfoliate and hydrate with a sea salt scrub rich in moisturizing pure aloe butter, and deep sea algae. Escape into the Red Flower Wanderlust aromatherapy massage, centering the mind and protecting the skin with botanical fruit and leaf butter. You will feel the abundance of nature flow through your body.





Exhale & Leave your cares at the door

Surrender all the cares of the world and place yourself in the hands of highly trained professionals and experts in relaxation and beauty. We cater to your every need to ensure your experience takes you to a world of rest and relaxation.



FACIALS

FEATURING EXCLUSIVE DECLÉOR AND CARITA PARIS SKINCARE PROTOCOLS The Spa at Yellow Creek has strategically selected an elite range of skin-care products that bring results for every skin type, age, and concern. Each new facial client is scheduled for a customized facial and will spend up to 70 minutes (50 minute treatment time) with our professionals, allowing for adequate consultation. Your therapist will decide the most appropriate course of action and will recommend a program for you based on our 'Skinalysis' process.

Customized Facial - 50 min. When you first visit The Spa at Yellow Creek, our professional aestheticians' will discuss your current skin care concerns, conditions, and goals. We have developed a "Skinalysis" procedure to document your discussions and map out your entire facial area to focus on your concerns and maintain accurate records of your progress. After your consultation and Skinalysis, your therapist will discuss options and recommendations for today's treatment.

Decleor Facials

Decléor's wide range of targeted and results-driven treatments for the face are renowned worldwide for stunning results. At the heart of every treatment are powerful Essential Oils imparting heavenly scents to relax the skin, body, and mind. Beginning with a unique and relaxing back diagnostic massage, each facial is tailor-made to help meet your precise needs.

Aroma Essential 50 min. | \$110

A fundamental facial that restores perfect balance and radiance to the skin with a multi-vitamin mask that has a delicious and surprising texture—comforts, nourishes and relaxes with flax seeds, wheat germ, and sunflower seeds.

Aroma Expert 50 min. | \$130

Features a concentrate of active ingredients with the precision of our therapist's expert hands, this facial provides intense hydration, deep cleansing and decongestion.

Sunrise Soothing Sun Protection Sunless-Tanning Facial (seasonal) 25 min.

Exfoliation and hydration followed by a sunless tanner application or a sunkissed glow.

Sunset Soothing Sun Repair (seasonal) 25 min.

Uses a combination of special soothing, repairing and regenerating products to soothe sunburn, re-hydrate, and prevent further damage.



Carita Facials

Carita offers a biotechnical approach to skin care. Their exclusive anti-aging patents and the powerful combination of science and nature provides advanced anti-aging solutions. Each facial uses Carita's signature rénovateur exfoliant crafted from two-year oak-aged roasted sunflower seeds, providing a gentle exfoliation.

Ideal Hydration 50 min. | \$130

Deeply bathe the skin and emerge with a plumped radiant complexion.

Signature Lifting 60 min. | \$160

You will see immediate firming and lifting results from the special eye and lip zone treatments formulated to redefine these sensitive areas. This treatment is the perfect preparation for a special event.



Carita Ultra-Premium Precious Ceremonies

These exceptional treatments immerse you in a regenerating bubble. Savor a series of sensory discoveries beginning with a deep relaxation and stress-relieving phase to release tension and place the skin in a total state of receptiveness, followed by a precious face and neck mask, using ultra-targeted techniques. These are Carita's most precious ingredients and protocols.

Diamond Beauty 90 min. | \$300

This exquisite and luxurious treatment uses unique products which contain a fusion of plants and Diamond to stimulates cell renewal and prolong the youth of the skin with a new lease of life. Intensely transformed, skin is deeply regenerated and visibly flawless, firmer with ultimate clarity and luminosity. This re-sculpting treatment features a beauty diamond regenerating midnight concentrate, a precious restorative mask, and an extended massage of the hands and arms for a feeling of release and transformation. A truly unforgettable experience.

Sculpting Gold Perfection 90 min. | \$300

For the most mature skin types, this unforgettable experience combines activeness, performance, and pleasure of the senses to rejuvenate your skin. After a long exfoliating massage, your aesthetician's expert hands stimulate the skin's natural functions using specific techniques to target facial contours, visibly toning and recapturing youthfulness.

Red Flower Organic Nature Facial 50 min. | \$130

This facial is inspired by the Nature Body Ritual which harvests unique ingredients from Finland. Acupressure facial massage techniques are performed to lift and tone, reducing fine lines and wrinkles and increasing blood and lymphatic circulation. Your skin will be deeply hydrating, leaving you balanced and rejuvenated.

Couple's Facial 50 min. | \$130

Enjoy an Aroma Expert Facial together in our couple's suite.

Advanced Facials

The Spa at Yellow Creek is dedicated to providing exceptional solutions in anti-aging skin care. We have carefully selected a group of skin care technologies that target more advanced concerns. These treatments may be applied anywhere on the face or body.

Microdermabrasion 50 min. | \$150

Recommended in a series of 6. Using the 2016 "Dermascope Aesthetician's Choice" award-winning Dermaglow II machine, this facial technique uses compressed air and fine aluminum-oxide crystals-mechanically to exfoliate your skin. The dual action machine enhances blood flow to the skin's surface, improving circulation, cellular turnover and stimulate new skin growth and repair. This immediate-results service is excellent for age spots, sun damage, hyper-pigmentation and fine lines and wrinkles. Applicable to any area of the body such as sun damaged hands, décolleté and back.

Biogenix Chemical Peel 50 min. | \$75+

We offer several different chemical peels that combat specific skin concerns including hyperpigmentation, sun damage, acne, aging, and scarring. For the most effective treatment, combine with microdermabrasion and a recommended at-home care protocol.



Red Flower Manicures & Pedicures

We feature the Red Flower product line for our hand and foot treatments due to its dedication to the environment and relationship with nature. Our hands and feet connect us to the earth, and Red Flower keeps us connected through these luxurious treatments. Inspired by ancient bath rituals, using 100% botanically based certified organic essential oils, each treatment uses the power of nature to restore balance and cleanse our hands and feet. Complete your nail treatment with an application of on-trend colors by celebrity manicurist Deborah Lippmann or step it up with the SHELLAC Brand system—delivering 14+ days of high-performance wear and crystal shine with zero dry-time and no nail damage.

Little Flower Manicure and Pedicure 45 min. | \$35 / \$50

A classic service that features an organic cleansing hand or foot bath, massage, moisturizer, cuticle and nail grooming and shaping and a Deborah Lippmann polish of your choice.

Deep Release Manicure and Pedicure 55 min. | \$45 / \$65

Enhances the Little Flower series by incorporating one of the three Red Flower ancient bath rituals (depending on the season). In this seven-step treatment, enjoy cleansing, exfoliation, massage, deep cleansing mask, toning, purification, hydration, and nail shaping and grooming. Finish with a Deborah Lippmann polish of your choice.

Volcanic Warm Stone Manicure and Pedicure 70 min. | \$75

Our most lavish manicure and pedicure boosts the experience of our deep-release series with the addition of warm volcanic stones to the bath and a massage to melt away tension. An innovative paraffin treatment releases an aromatherapeutic vapor, sending you to a tranquil state as it reduces toxins. Sure to leave hands and feet soft, smooth, invigorated and nourished.

Little Flower Shellac Manicure and Pedicure 60 min. | \$50 / \$65

SHELLAC uses a combination of gel and polish to create bullet-proof color and shine that outlasts any other polish on the market. Perfect for events, vacations, your wedding day or the office. Instantly dries and will not nick or chip. Also includes all of the benefits of our Little Flower manicure and pedicure, with a bullet proof SHELLAC polish.



Shellac Polish Change Hands/Feet 45 min. \$43 / \$58

When it is time to switch colors, but you're not quite ready for a full manicure, our SHELLAC polish change is the perfect option. We will remove your current polish, trim and file your nails, and apply a new SHELLAC color of your choice.

Men's Sports Manicure/Pedicure 45 min. \$35 / \$50

Uses a unique combination of invigorating organic ingredients including coffee, lemon, essential oils, clove, bergamot, and clay to eliminate rough, cracked skin and soothe aching calves and feet.

Teen Hands and Feet 30 / 45 min. | \$25 / \$40

Our Little Flower manicure and pedicure tailored to teens and younger.

Add-ons

Polish Plus—a quick no frills shape and polish

French Polish

Polish Change

SHELLAC Polish Add-on

SHELLAC Polish Removal

Paraffin Treatment for Hands or Feet



Add-on Moments

We bring you these special add-on moments to enhance your treatment. Add-on pricing only available when added to a massage or facial.

Power Nap 25 min. | \$70

An introductory facial including a gentle glycolic peel, aroma pressure facial massage, and energizing mask—revealing a radiant, healthy glow.

Instant Lifting Hyaluronic Express 25 min. | \$85

A quick facial for instant lifting to prep for a special event—includes a jade stone smoothing facial massage, a targeted Carita eye mask—designed for immediate beauty boost, hyaluronic micro-sphere filler for fine lines and wrinkles, and an instant lifting serum, eye cream, and hydrator. Visibly eases fine lines, wrinkles, dark circles, and puffiness.

Smoothing Plumping Mask 25 min. | \$50

A 3-dimensional professional mask based on cutting-edge and patented technology. Instantly plumps skin and boosts facial volume and noticeably

fills in fine lines and wrinkles, revealing a smoother and younger looking complexion

Meditation

25 / 50 min. | \$70 / \$110

Also available as couple's treatment, this ancient practice provides solutions for stress relief, sleep disorders, social anxiety, and pain management.

Jade Stone Marma Face Massage 40 min. | \$40 / \$80

Inspired by healing rooted in Ayurvedic marma point therapy and East Asian gua sha, treatment begins with a facial massage using chilled jade stones, steam, and oil infused with organic jasmine. Stress, anxiety, tension, and sinus pressure are relieved. A back, shoulder, scalp and décolleté massage are performed while hot water bottle soothes the neck and a warm energy stone placed on the solar plexus recenters the mind.

Body Scrub

25 min. | \$40 / \$60

Add on to any facial or body treatment, an exfoliating fruit seed scrub made with orange peel, argan & acai seeds. Gently eliminate dead skin cells. Soften the skin and relax the senses with essential oils of tonka bean, ylang-ylang, and vetiver.

Paraffin Hand Or Foot Treatment

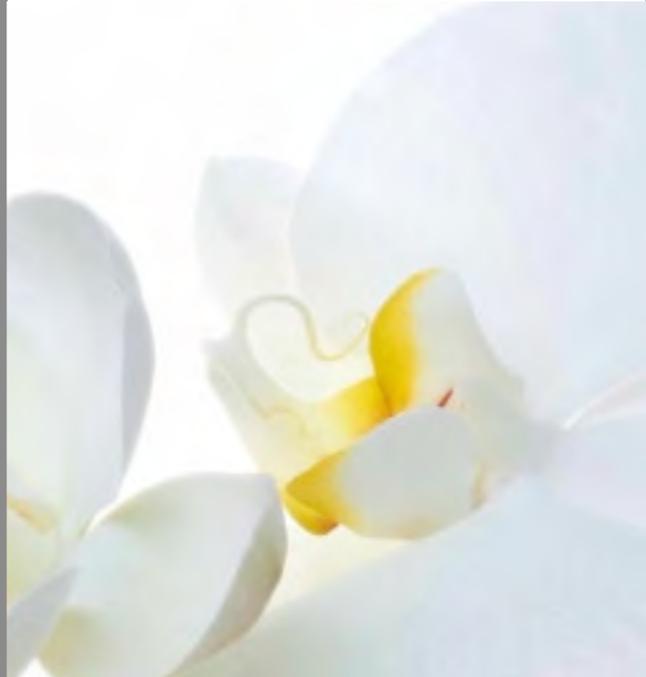
10 min. | \$20

A unique blend of potent Swiss apple stem cells and antioxidants helps to maintain optimal skin health, hydration, and nourishment. Each paraffin treatment is specially packed in disposable booties or mittens and melted through a natural reaction creating an invigorating aromatherapeutic vapor to calm the senses. Your skin will feel soft and smooth.

Lunch

\$18.95

We are pleased to offer lunch catered from The Mustard Seed Market. Add lunch to any experience and choose from one of our nine delicious selections. We require a 12-hour notice for orders.



FITNESS

Located adjacent to the spa, our private gym has state-of-the-art equipment, a group fitness studio and personal training sessions to push you that extra mile. Enjoy free access to our gym or aerobics classes with any spa visit or purchase a day pass.

FITNESS

The Gym at Yellow Creek provides a private setting to achieve your fitness goals. Our private gym has equipment from Hammer Strength and Life Fitness, free weights and cardio equipment, built-in personal TVs, group fitness studio, and personal trainers to push you that extra mile.

After your workout, take a steam in our eucalyptus steam room; private showers, towel service and luxury spa products and grooming

aids are available for your use as well. Chill out post-workout in our relax room in one our comfy ergonomic loungers and enjoy complimentary small bites and a full selection of spa beverages.

Personal Training

Our trainers will work with you based on your needs and requirements and will guide you through a program that combines the best cardiovascular and strength training exercises. Other personal training services available include, fat loss and weight man-

agement, nutrition counseling, sports performance, and rehabilitation and prevention. Our trainers are on staff during all service hours and are available for individual or multiple training sessions separate from or in conjunction with your spa experience.

Group Fitness

We offer group fitness programs ranging from flow yoga to high-intensity interval training and core exercise. Regular classes are just \$10 and included with any spa treatment or membership.



Facility Day Pass

Use our gym and spa amenities for a small drop-in fee and includes access to any class that day.

Fitness Boot Camps

Specialty clinics and fitness boot camps are offered several times during the year. Our fitness boot camps usually run 4x/year and can be 4, 6, 8 or 12-week sessions complete with a fitness journey portfolio and one-on-one consultation.

Private Yoga Instruction

We offer a variety of options for private yoga instruction for beginners or experts. We adapt yoga exercises to those looking to alleviate pain and stress or to recenter one's mind.

SPA & FITNESS LIFESTYLE

JOIN THE SPA AT YELLOW CREEK'S MEMBERSHIP PROGRAM. ENJOY THE SPA LIFESTYLE ON A REGULAR BASIS. We believe in living smarter and have developed a fully integrated membership approach bringing together a combination of fitness, spa, wellness, beauty, and lifestyle. A new lifestyle is just a membership away.

SPA ELITE MEMBERSHIP

Choose any service(s) that you wish to have on a monthly basis (even if it is just one) and we will customize a package just for you.

Elite member perks include:

- Unlimited access to group aerobics classes
- 10% discount on spa services
- Locked-in pricing for service(s) of your choice
- Share your discount with friends and family

LUXE MEMBERSHIP

The ultimate solution for a healthier lifestyle

- Enjoy any 1-hour spa service
- Unlimited access to the fitness facility and spa amenities
- House charging privileges
- Unlimited group aerobics classes
- 10% off additional spa services

All of this for just \$175/month

GYM MEMBERSHIP

The Gym at Yellow Creek provides a private setting to achieve your fitness goals. All of our gym membership options include full access to the gym, 10% off any spa services, and free group fitness classes. Contracted gym members are privileged to house charging, online billing statements, two monthly guest day passes and may freeze memberships for up to 90 days each year.

MEMBERSHIP TYPES:

Single Membership-\$80/month (\$150 initiation)
Couple's or Team Training Membership \$105/month (\$250 initiation)
Family Membership (3+ guests)-\$130/month (\$120/member one time enrollment fee, \$25/month for additional members)

Contract-Free Single Membership \$125/month (no initiation fee)
Contract-Free Group Exercise Membership (unlimited classes ONLY, no gym usage) \$50/month (no initiation fee)
Luxe Membership-includes ANY hour-long spa treatment per month-\$175/month (\$75 initiation fee)

PERSONAL TRAINING MEMBERSHIP

Your trainer will work with you based on your particular needs and requirements and will guide you through a personalized program. Training 1-1/2 hours or more per week earns you a free gym membership that provides unlimited access to the facility. You will also enjoy 10% off spa services, unlimited group fitness classes & house-charging privileges.



the spa
AT YELLOW CREEK

CONTACT US

3636 Yellow Creek Rd. | Akron, OH 44333 | 330.665.2555

info@yellowcreekspa.com | www.yellowcreekspa.com

