

## 2017 Ultra Throws Festival #1

South Surrey Athletic Park

March 19th, 2017

Hosted by Ultra Throw Club

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|         |                                     |                     |               |                       |                      |        |  |                 |  |
|---------|-------------------------------------|---------------------|---------------|-----------------------|----------------------|--------|--|-----------------|--|
| 9:45 am | <b>Women 20 - 34</b>                | <b>Hammer Throw</b> | <b>(4 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Christina Juert</b> |                     |               | <b>March 19, 2017</b> | <b><u>42.42m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Juert, Christina                    |                     | 23            | Ocean Athletics       |                      |        |  | <b>42.42m *</b> |  |
|         | 39.37m                              | 42.06m              | 42.42m        | FOUL                  | FOUL                 | FOUL   |  |                 |  |
| 9:45 am | <b>Women 55 - 59</b>                | <b>Hammer Throw</b> | <b>(3 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Ruth Kennedy</b>    |                     |               | <b>March 19, 2017</b> | <b><u>20.41m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Kennedy, Ruth                       |                     | 55            | Greyhounds            |                      |        |  | <b>20.41m *</b> |  |
|         | 19.53m                              | 19.29m              | 20.41m        | FOUL                  | FOUL                 | FOUL   |  |                 |  |
| 9:45 am | <b>Women 65 - 69</b>                | <b>Hammer Throw</b> | <b>(3 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Rose Hare</b>       |                     |               | <b>March 19, 2017</b> | <b><u>25.96m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Hare, Rose                          |                     | 68            | Ultra Throw           |                      |        |  | <b>25.96m *</b> |  |
|         | FOUL                                | FOUL                | 25.16m        | 25.96m                | 24.56m               | FOUL   |  |                 |  |
| 9:45 am | <b>Men 50 - 54</b>                  | <b>Hammer Throw</b> | <b>(6 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Andrew Arthur</b>   |                     |               | <b>March 19, 2017</b> | <b><u>31.00m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Arthur, Andrew                      |                     | 54            | Ultra Throw           |                      |        |  | <b>31.00m *</b> |  |
|         | 31.00m                              | FOUL                | FOUL          | 28.96m                | 28.74m               | 27.83m |  |                 |  |
| 9:45 am | <b>Men 60 - 64</b>                  | <b>Hammer Throw</b> | <b>(5 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Dave McDonald</b>   |                     |               | <b>March 19, 2017</b> | <b><u>38.00m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | McDonald, Dave                      |                     | 63            | Ultra Throw           |                      |        |  | <b>38.00m *</b> |  |
|         | FOUL                                | FOUL                | 38.00m        | PASS                  | PASS                 | PASS   |  |                 |  |
| 2       | Natale, Andrew                      |                     | 61            | Ultra Throw           |                      |        |  | <b>22.77m</b>   |  |
|         | 22.04m                              | 22.01m              | 22.77m        | 21.80m                | 22.57m               | 21.87m |  |                 |  |
| 9:45 am | <b>Men 65 - 69</b>                  | <b>Hammer Throw</b> | <b>(5 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: David Ulis</b>      |                     |               | <b>March 19, 2017</b> | <b><u>23.87m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Ulis, David                         |                     | 68            | Ultra Throw           |                      |        |  | <b>23.87m *</b> |  |
|         | FOUL                                | FOUL                | 23.87m        | FOUL                  | 23.05m               | 23.79m |  |                 |  |
| 9:45 am | <b>Men 70 - 74</b>                  | <b>Hammer Throw</b> | <b>(4 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Harnek Toor</b>     |                     |               | <b>March 19, 2017</b> | <b><u>33.90m</u></b> |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Toor, Harnek                        |                     | 71            | Ultra Throw           |                      |        |  | <b>33.90m *</b> |  |
|         | 33.90m                              | 33.47m              | 32.50m        | 31.94m                | 29.97m               | 28.30m |  |                 |  |
| 2       | Townsend, Ken                       |                     | 72            | UNBC                  |                      |        |  | <b>29.55m</b>   |  |
|         | 28.91m                              | 29.44m              | 29.14m        | 29.50m                | 29.55m               | 28.71m |  |                 |  |
| 9:45 am | <b>Men 90 - 94</b>                  | <b>Hammer Throw</b> | <b>(3 Kg)</b> |                       |                      |        |  |                 |  |
|         | <b>Meet Record: Scot Henney</b>     |                     |               | <b>March 19, 2017</b> | <b><u>7.95m</u></b>  |        |  |                 |  |
| Finals  |                                     |                     |               |                       |                      |        |  | <b>Best</b>     |  |
| 1       | Henney, Scot                        |                     | 91            | Greyhounds            |                      |        |  | <b>7.95m *</b>  |  |
|         | 6.16m                               | 7.95m               | 7.16m         | 7.89m                 | 7.74m                | 7.08m  |  |                 |  |

|                 |                                     |                 |                       |                 |       |       |  |  |                |
|-----------------|-------------------------------------|-----------------|-----------------------|-----------------|-------|-------|--|--|----------------|
| <b>11:00 am</b> | <b>Women 20 - 34</b>                | <b>Shot Put</b> | <b>(4 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Christina Juert</b> |                 | <b>March 19, 2017</b> | <b>9.38m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Juert, Christina                    |                 | 23                    | Ocean Athletics |       |       |  |  | <b>9.38m *</b> |
|                 | 9.38m                               | 9.26m           | FOUL                  | 9.08m           | 8.75m | 8.79m |  |  |                |
| <b>11:00 am</b> | <b>Women 50 - 54</b>                | <b>Shot Put</b> | <b>(3 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Che Davison</b>     |                 | <b>March 19, 2017</b> | <b>7.64m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Davison, Che                        |                 | 54                    | VIRS            |       |       |  |  | <b>7.64m *</b> |
|                 | 7.18m                               | 7.18m           | 7.64m                 | 7.05m           | 7.37m | 7.13m |  |  |                |
| <b>11:00 am</b> | <b>Women 55 - 59</b>                | <b>Shot Put</b> | <b>(3 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Ruth Kennedy</b>    |                 | <b>March 19, 2017</b> | <b>6.28m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Kennedy, Ruth                       |                 | 55                    | Greyhounds      |       |       |  |  | <b>6.28m *</b> |
|                 | 6.28m                               | 6.12m           | 6.09m                 | 5.67m           | 5.63m | 6.04m |  |  |                |
| <b>11:00 am</b> | <b>Women 65 - 69</b>                | <b>Shot Put</b> | <b>(3 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Rose Hare</b>       |                 | <b>March 19, 2017</b> | <b>7.94m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Hare, Rose                          |                 | 68                    | Ultra Throw     |       |       |  |  | <b>7.94m *</b> |
|                 | 7.94m                               | 6.92m           | 7.51m                 | 7.60m           | 7.05m | 6.92m |  |  |                |
| <b>11:00 am</b> | <b>Men 50 - 54</b>                  | <b>Shot Put</b> | <b>(6 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Andrew Arthur</b>   |                 | <b>March 19, 2017</b> | <b>9.65m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Arthur, Andrew                      |                 | 54                    | Ultra Throw     |       |       |  |  | <b>9.65m *</b> |
|                 | 8.57m                               | 8.93m           | 9.34m                 | 9.65m           | 9.34m | 9.54m |  |  |                |
| <b>11:00 am</b> | <b>Men 60 - 64</b>                  | <b>Shot Put</b> | <b>(5 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Andrew Natale</b>   |                 | <b>March 19, 2017</b> | <b>9.25m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Natale, Andrew                      |                 | 61                    | Ultra Throw     |       |       |  |  | <b>9.25m *</b> |
|                 | 8.96m                               | 9.25m           | 8.88m                 | 8.68m           | 8.22m | 8.88m |  |  |                |
| 2               | Dickey, David                       |                 | 63                    | Greyhounds      |       |       |  |  | <b>6.35m</b>   |
|                 | 5.00m                               | 6.03m           | 5.74m                 | 6.08m           | 6.35m | 6.13m |  |  |                |
| <b>11:00 am</b> | <b>Men 65 - 69</b>                  | <b>Shot Put</b> | <b>(5 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: David Ulis</b>      |                 | <b>March 19, 2017</b> | <b>8.54m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Ulis, David                         |                 | 68                    | Ultra Throw     |       |       |  |  | <b>8.54m *</b> |
|                 | 7.74m                               | 8.54m           | 8.35m                 | 8.30m           | 8.45m | 8.38m |  |  |                |
| <b>11:00 am</b> | <b>Men 70 - 74</b>                  | <b>Shot Put</b> | <b>(4 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Harnek Toor</b>     |                 | <b>March 19, 2017</b> | <b>9.93m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Toor, Harnek                        |                 | 71                    | Ultra Throw     |       |       |  |  | <b>9.93m *</b> |
|                 | 9.66m                               | FOUL            | 9.93m                 | FOUL            | 9.70m | 9.11m |  |  |                |
| 2               | Townsend, Ken                       |                 | 72                    | UNBC            |       |       |  |  | <b>9.23m</b>   |
|                 | 8.62m                               | 8.92m           | 9.15m                 | 9.08m           | 9.23m | 8.95m |  |  |                |
| <b>11:00 am</b> | <b>Men 90 - 94</b>                  | <b>Shot Put</b> | <b>(3 Kg)</b>         |                 |       |       |  |  |                |
|                 | <b>Meet Record: Scot Henney</b>     |                 | <b>March 19, 2017</b> | <b>5.77m</b>    |       |       |  |  |                |
| Finals          |                                     |                 |                       |                 |       |       |  |  | <b>Best</b>    |
| 1               | Henney, Scot                        |                 | 91                    | Greyhounds      |       |       |  |  | <b>5.77m *</b> |
|                 | 5.49m                               | FOUL            | 5.68m                 | 5.77m           | 5.57m | 5.41m |  |  |                |

|                |                                     |                |                 |                       |                      |        |  |                 |  |
|----------------|-------------------------------------|----------------|-----------------|-----------------------|----------------------|--------|--|-----------------|--|
| <b>1:00 pm</b> | <b>Women 20 - 34</b>                | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Christina Juert</b> |                |                 | <b>March 19, 2017</b> | <b><u>29.74m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Juert, Christina                    |                | 23              | Ocean Athletics       |                      |        |  | <b>29.74m *</b> |  |
|                | 29.74m                              | FOUL           | 26.55m          | FOUL                  | 25.92m               |        |  |                 |  |
| <b>1:00 pm</b> | <b>Women 65 - 69</b>                | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Rose Hare</b>       |                |                 | <b>March 19, 2017</b> | <b><u>22.92m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Hare, Rose                          |                | 68              | Ultra Throw           |                      |        |  | <b>22.92m *</b> |  |
|                | 21.23m                              | 22.47m         | 21.49m          | 22.57m                | FOUL                 |        |  |                 |  |
| <b>1:00 pm</b> | <b>Men 50 - 54</b>                  | <b>Discus</b>  | <b>(1.5 Kg)</b> |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Andrew Arthur</b>   |                |                 | <b>March 19, 2017</b> | <b><u>29.83m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Arthur, Andrew                      |                | 54              | Ultra Throw           |                      |        |  | <b>29.83m *</b> |  |
|                | 29.20m                              | FOUL           | 29.83m          | 29.57m                | 29.33m               |        |  |                 |  |
| <b>1:00 pm</b> | <b>Men 60 - 64</b>                  | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Dave McDonald</b>   |                |                 | <b>March 19, 2017</b> | <b><u>36.61m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | McDonald, Dave                      |                | 63              | Ultra Throw           |                      |        |  | <b>36.61m *</b> |  |
|                | 34.88m                              | 36.56m         | 36.61m          | 36.38m                | FOUL                 | FOUL   |  |                 |  |
| 2              | Natale, Andrew                      |                | 61              | Ultra Throw           |                      |        |  | <b>25.71m</b>   |  |
|                | 24.06m                              | 25.55m         | 24.56m          | 25.71m                | 24.93m               | 25.61m |  |                 |  |
| 3              | Dickey, David                       |                | 63              | Greyhounds            |                      |        |  | <b>22.90m</b>   |  |
|                | 20.65m                              | 19.86m         | 18.78m          | 21.33m                | 22.90m               | FOUL   |  |                 |  |
| <b>1:00 pm</b> | <b>Men 65 - 69</b>                  | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: David Ulis</b>      |                |                 | <b>March 19, 2017</b> | <b><u>27.99m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Ulis, David                         |                | 68              | Ultra Throw           |                      |        |  | <b>27.99m *</b> |  |
|                | 27.31m                              | 27.99m         | 26.56m          | 26.11m                | 25.49m               | 27.62m |  |                 |  |
| <b>1:00 pm</b> | <b>Men 70 - 74</b>                  | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Ken Townsend</b>    |                |                 | <b>March 19, 2017</b> | <b><u>28.92m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Townsend, Ken                       |                | 72              | UNBC                  |                      |        |  | <b>28.92m *</b> |  |
|                | 27.14m                              | 26.35m         | 27.47m          | 27.27m                | 23.17m               | 28.92m |  |                 |  |
| 2              | Toor, Harnek                        |                | 71              | Ultra Throw           |                      |        |  | <b>28.90m</b>   |  |
|                | 25.08m                              | 25.96m         | 26.84m          | 24.45m                | 26.46m               | 28.90m |  |                 |  |
| <b>1:00 pm</b> | <b>Men 90 - 94</b>                  | <b>Discus</b>  | <b>(1 Kg)</b>   |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Scot Henney</b>     |                |                 | <b>March 19, 2017</b> | <b><u>12.96m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Henney, Scot                        |                | 91              | Greyhounds            |                      |        |  | <b>12.96m *</b> |  |
|                | 11.71m                              | 12.03m         | 10.83m          | 12.96m                | 11.58m               | 11.27m |  |                 |  |
| <b>2:15 pm</b> | <b>Women 20 - 34</b>                | <b>Javelin</b> | <b>(600 g)</b>  |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Christina Juert</b> |                |                 | <b>March 19, 2017</b> | <b><u>23.70m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |
| 1              | Juert, Christina                    |                | 23              | Ocean Athletics       |                      |        |  | <b>23.70m *</b> |  |
|                | 21.29m                              | FOUL           | 19.43m          | FOUL                  | 22.91m               |        |  |                 |  |
| <b>2:15 pm</b> | <b>Women 50 - 54</b>                | <b>Javelin</b> | <b>(500 g)</b>  |                       |                      |        |  |                 |  |
|                | <b>Meet Record: Che Davison</b>     |                |                 | <b>March 19, 2017</b> | <b><u>18.01m</u></b> |        |  |                 |  |
| Finals         |                                     |                |                 |                       |                      |        |  | <b>Best</b>     |  |

|                |   |    |                       |                      |
|----------------|---|----|-----------------------|----------------------|
| 1              | Davison, Che                              | 54 | VIRS                  | 18.01m *             |
|                | 17.72m 17.01m 17.31m 18.01m 16.36m 16.48m |    |                       |                      |
| <b>2:15 pm</b> | <b>Women 60 - 64 Javelin</b>              |    | <b>(500 g)</b>        |                      |
|                | <b>Meet Record: Val Scott</b>             |    | <b>March 19, 2017</b> | <b><u>16.93m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Val Scott                                 | 61 | Greyhounds            | <b>16.93m *</b>      |
|                | 15.24m 16.89m FOUL 15.57m 16.93m FOUL     |    |                       |                      |
| <b>2:15 pm</b> | <b>Women 65 - 69 Javelin</b>              |    | <b>(500 g)</b>        |                      |
|                | <b>Meet Record: Rose Hare</b>             |    | <b>March 19, 2017</b> | <b><u>17.90m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Hare, Rose                                | 68 | Ultra Throw           | <b>17.90m *</b>      |
|                | 16.73m 17.61m 17.49m 17.90m 17.06m FOUL   |    |                       |                      |
| <b>2:15 pm</b> | <b>Men 50 - 54 Javelin</b>                |    | <b>(700 g)</b>        |                      |
|                | <b>Meet Record: Ray Carroll</b>           |    | <b>March 19, 2017</b> | <b><u>36.26m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Carroll, Ray                              | 53 | Greyhounds            | <b>36.26m *</b>      |
|                | 34.20m 36.26m 35.40m 32.68m 34.77m 35.04m |    |                       |                      |
| 2              | Arthur, Andrew                            | 54 | Ultra Throw           | <b>32.16m</b>        |
|                | 25.61m FOUL 29.33m 30.55m 31.70m 32.16m   |    |                       |                      |
| <b>2:15 pm</b> | <b>Men 60 - 64 Javelin</b>                |    | <b>(600 g)</b>        |                      |
|                | <b>Meet Record: John Hodgson</b>          |    | <b>March 19, 2017</b> | <b><u>33.14m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Hodgson, John                             | 62 | Ultra Throw           | <b>33.14m *</b>      |
|                | 32.11m 31.27m 32.15m 32.11m 32.27m 33.14m |    |                       |                      |
| 2              | Natale, Andrew                            | 61 | Ultra Throw           | <b>21.99m</b>        |
|                | 21.99m 21.02m 21.79m 19.72m 18.98m 21.05m |    |                       |                      |
| 3              | Dickey, David                             | 63 | Greyhounds            | <b>9.97m</b>         |
|                | FOUL FOUL 9.97m FOUL 8.58m FOUL           |    |                       |                      |
| <b>2:15 pm</b> | <b>Men 65 - 69 Javelin</b>                |    | <b>(600 g)</b>        |                      |
|                | <b>Meet Record: David Ulis</b>            |    | <b>March 19, 2017</b> | <b><u>29.30m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Ulis, David                               | 68 | Ultra Throw           | <b>29.30m *</b>      |
|                | 27.57m 27.08m 28.91m FOUL 27.19m 29.30m   |    |                       |                      |
| <b>2:15 pm</b> | <b>Men 70 - 74 Javelin</b>                |    | <b>(500 g)</b>        |                      |
|                | <b>Meet Record: Harnek Toor</b>           |    | <b>March 19, 2017</b> | <b><u>31.11m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Toor, Harnek                              | 71 | Ultra Throw           | <b>31.11m *</b>      |
|                | 31.11m 30.52m 29.04m 28.02m 27.93m 30.35m |    |                       |                      |
| 2              | Townsend, Ken                             | 72 | UNBC                  | <b>28.90m</b>        |
|                | 26.69m 25.71m 28.90m 26.96m FOUL 24.50m   |    |                       |                      |
| <b>2:15 pm</b> | <b>Men 90 - 94 Javelin</b>                |    | <b>(400 g)</b>        |                      |
|                | <b>Meet Record: Scot Henney</b>           |    | <b>March 19, 2017</b> | <b><u>14.25m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Henney, Scot                              | 91 | Greyhounds            | <b>14.25m *</b>      |
|                | 11.49m 14.25m 12.69m FOUL 10.95m FOUL     |    |                       |                      |
| <b>3:30 pm</b> | <b>Women 20 - 34 Weight Throw</b>         |    | <b>(9.08 Kg)</b>      |                      |
|                | <b>Meet Record: Christina Juert</b>       |    | <b>March 19, 2017</b> | <b><u>12.37m</u></b> |
| Finals         |   |    |                       | <b>Best</b>          |
| 1              | Juert, Christina                          | 23 | Ocean Athletics       | <b>12.37m *</b>      |
|                | 11.63m FOUL FOUL FOUL 12.37m 11.25m       |    |                       |                      |

|                |                      |                                     |             |        |                 |                       |       |                           |  |
|----------------|----------------------|-------------------------------------|-------------|--------|-----------------|-----------------------|-------|---------------------------|--|
| <b>3:30 pm</b> | <b>Women 65 - 69</b> | <b>Weight Throw</b>                 |             |        |                 | <b>(5.45 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Rose Hare</b>       |             |        |                 | <b>March 19, 2017</b> |       | <b><u>10.58m</u></b>      |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Hare, Rose           | 68                                  | Ultra Throw |        |                 |                       |       | <b>10.58m *</b>           |  |
|                | 9.00m                | 10.42m                              | 10.58m      | 10.21m | 10.58m          | FOUL                  |       |                           |  |
| <b>3:30 pm</b> | <b>Men 50 - 54</b>   | <b>Weight Throw</b>                 |             |        |                 | <b>(11.34 Kg)</b>     |       |                           |  |
|                |                      | <b>Meet Record: Andrew Arthur</b>   |             |        |                 | <b>March 19, 2017</b> |       | <b><u>12.07m</u></b>      |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Arthur, Andrew       | 54                                  | Ultra Throw |        |                 |                       |       | <b>12.07m *</b>           |  |
|                | FOUL                 | 11.46m                              | FOUL        | 11.26m | 11.28m          | 12.07m                |       |                           |  |
| <b>3:30 pm</b> | <b>Men 60 - 64</b>   | <b>Weight Throw</b>                 |             |        |                 | <b>(9.08 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Andrew Natale</b>   |             |        |                 | <b>March 19, 2017</b> |       | <b><u>8.25m</u></b>       |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Natale, Andrew       | 61                                  | Ultra Throw |        |                 |                       |       | <b>8.25m *</b>            |  |
|                | 8.25m                | 7.91m                               | 7.10m       | 7.28m  | 6.01m           | 7.46m                 |       |                           |  |
| <b>3:30 pm</b> | <b>Men 65 - 69</b>   | <b>Weight Throw</b>                 |             |        |                 | <b>(9.08 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: David Ulis</b>      |             |        |                 | <b>March 19, 2017</b> |       | <b><u>10.34m</u></b>      |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Ulis, David          | 68                                  | Ultra Throw |        |                 |                       |       | <b>10.34m *</b>           |  |
|                | FOUL                 | FOUL                                | 10.34m      | FOUL   | 9.44m           | FOUL                  |       |                           |  |
| <b>3:30 pm</b> | <b>Men 70 - 74</b>   | <b>Weight Throw</b>                 |             |        |                 | <b>(7.26 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Harnek Toor</b>     |             |        |                 | <b>March 19, 2017</b> |       | <b><u>13.64m</u></b>      |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Toor, Harnek         | 71                                  | Ultra Throw |        |                 |                       |       | <b>13.64m *</b>           |  |
|                | FOUL                 | 11.65m                              | 12.84m      | FOUL   | 13.64m          | 13.48m                |       |                           |  |
| 2              | Townsend, Ken        | 72                                  | UNBC        |        |                 |                       |       | <b>12.28m</b>             |  |
|                | 11.88m               | 12.28m                              | 11.54m      | 11.11m | 11.76m          | 11.47m                |       |                           |  |
| <b>3:30 pm</b> | <b>Men 90 - 94</b>   | <b>Weight Throw</b>                 |             |        |                 | <b>(5.45 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Scot Henney</b>     |             |        |                 | <b>March 19, 2017</b> |       | <b><u>6.10m</u></b>       |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Best</b>               |  |
| 1              | Henney, Scot         | 91                                  | Greyhounds  |        |                 |                       |       | <b>6.10m *</b>            |  |
|                | 5.93m                | 5.44m                               | 5.50m       | 5.94m  | 5.54m           | 6.10m                 |       |                           |  |
| <b>9:45 am</b> | <b>Women 20 - 34</b> | <b>Throws Pentathlon</b>            |             |        |                 | <b>(5.45 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Christina Juert</b> |             |        |                 | <b>March 19, 2017</b> |       | <b><u>2662 points</u></b> |  |
|                |                      | HT                                  | SP          | DT     | JT              | WT                    |       |                           |  |
|                | Weights              | (4 Kg)                              | (4 Kg)      | (1 Kg) | (600 g)         | (9.08 Kg)             |       |                           |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Points</b>             |  |
| 1              | Juert, Christina     |                                     |             | 23     | Ocean Athletics |                       |       | <b>2662 *</b>             |  |
|                | Distance             | 42.42m                              | 9.38m       | 29.74m | 23.70m          | 11.63m                | Total |                           |  |
|                | Points               | 764                                 | 489         | 458    | 358             | 593                   | 2662  |                           |  |
| <b>9:45 am</b> | <b>Women 65 - 69</b> | <b>Throws Pentathlon</b>            |             |        |                 | <b>(5.45 Kg)</b>      |       |                           |  |
|                |                      | <b>Meet Record: Rose Hare</b>       |             |        |                 | <b>March 19, 2017</b> |       | <b><u>3412 points</u></b> |  |
|                |                      | HT                                  | SP          | DT     | JT              | WT                    |       |                           |  |
|                | Weights              | (3 Kg)                              | (3 Kg)      | (1 Kg) | (500 g)         | (5.45 Kg)             |       |                           |  |
| Finals         |                      |                                     |             |        |                 |                       |       | <b>Points</b>             |  |
| 1              | Hare, Rose           |                                     |             | 68     | Ultra Throw     |                       |       | <b>3412 *</b>             |  |
|                | Distance             | 25.16m                              | 7.94m       | 22.92m | 17.61m          | 10.58m                | Total |                           |  |
|                | Points               | 774                                 | 739         | 675    | 484             | 740                   | 3412  |                           |  |

|                |                                   |                |                          |          |                           |            |               |
|----------------|-----------------------------------|----------------|--------------------------|----------|---------------------------|------------|---------------|
| <b>9:45 am</b> | <b>Men</b>                        | <b>50 - 54</b> | <b>Throws Pentathlon</b> |          |                           |            |               |
|                | <b>Meet Record: Andrew Arthur</b> |                | <b>March 19, 2017</b>    |          | <b><u>2413 points</u></b> |            |               |
|                |                                   | HT             | SP                       | DT       | JT                        | WT         |               |
|                | Weights                           | (6 Kg)         | (6 Kg)                   | (1.5 Kg) | (700 g)                   | (11.34 Kg) |               |
| Finals         |                                   |                |                          |          |                           |            | <b>Points</b> |
| 1              | Arthur, Andrew                    |                |                          | 54       | Ultra Throw               |            | <b>2413 *</b> |
|                | Distance                          | 31.00m         | 9.34m                    | 29.20m   | 29.33m                    | 11.46m     | Total         |
|                | Points                            | 460            | 542                      | 461      | 385                       | 565        | 2413          |

|                |                                   |                |                          |        |                           |           |               |
|----------------|-----------------------------------|----------------|--------------------------|--------|---------------------------|-----------|---------------|
| <b>9:45 am</b> | <b>Men</b>                        | <b>60 - 64</b> | <b>Throws Pentathlon</b> |        |                           |           |               |
|                | <b>Meet Record: Andrew Natale</b> |                | <b>March 19, 2017</b>    |        | <b><u>2024 points</u></b> |           |               |
|                |                                   | HT             | SP                       | DT     | JT                        | WT        |               |
|                | Weights                           | (5 Kg)         | (5 Kg)                   | (1 Kg) | (600 g)                   | (9.08 Kg) |               |
| Finals         |                                   |                |                          |        |                           |           | <b>Points</b> |
| 1              | Natale, Andrew                    |                |                          | 61     | Ultra Throw               |           | <b>2024 *</b> |
|                | Distance                          | 22.77m         | 9.25m                    | 25.55m | 21.99m                    | 8.25m     | Total         |
|                | Points                            | 347            | 579                      | 409    | 315                       | 374       | 2024          |

|                |                                |                |                          |        |                           |           |               |
|----------------|--------------------------------|----------------|--------------------------|--------|---------------------------|-----------|---------------|
| <b>9:45 am</b> | <b>Men</b>                     | <b>65 - 69</b> | <b>Throws Pentathlon</b> |        |                           |           |               |
|                | <b>Meet Record: David Ulis</b> |                | <b>March 19, 2017</b>    |        | <b><u>2584 points</u></b> |           |               |
|                |                                | HT             | SP                       | DT     | JT                        | WT        |               |
|                | Weights                        | (5 Kg)         | (5 Kg)                   | (1 Kg) | (600 g)                   | (9.08 Kg) |               |
| Finals         |                                |                |                          |        |                           |           | <b>Points</b> |
| 1              | Ulis, David                    |                |                          | 68     | Ultra Throw               |           | <b>2584 *</b> |
|                | Distance                       | 23.87m         | 8.54m                    | 27.99m | 28.91m                    | 10.34m    | Total         |
|                | Points                         | 431            | 583                      | 515    | 517                       | 538       | 2584          |

|                |                                 |                |                          |        |                           |           |               |
|----------------|---------------------------------|----------------|--------------------------|--------|---------------------------|-----------|---------------|
| <b>9:45 am</b> | <b>Men</b>                      | <b>70 - 74</b> | <b>Throws Pentathlon</b> |        |                           |           |               |
|                | <b>Meet Record: Harnek Toor</b> |                | <b>March 19, 2017</b>    |        | <b><u>3274 points</u></b> |           |               |
|                |                                 | HT             | SP                       | DT     | JT                        | WT        |               |
|                | Weights                         | (4 Kg)         | (4 Kg)                   | (1 Kg) | (500 g)                   | (7.26 Kg) |               |
| Finals         |                                 |                |                          |        |                           |           | <b>Points</b> |
| 1              | Toor, Harnek                    |                |                          | 71     | Ultra Throw               |           | <b>3274 *</b> |
|                | Distance                        | 33.90m         | 9.93m                    | 26.84m | 31.11m                    | 12.84m    | Total         |
|                | Points                          | 698            | 690                      | 550    | 622                       | 714       | 3274          |
| 2              | Townsend, Ken                   |                |                          | 72     | UNBC                      |           | <b>3023</b>   |
|                | Distance                        | 29.44m         | 9.15m                    | 27.47m | 28.90m                    | 12.28m    | Total         |
|                | Points                          | 586            | 626                      | 566    | 567                       | 678       | 3023          |

|                |                                 |                |                          |        |                           |           |               |
|----------------|---------------------------------|----------------|--------------------------|--------|---------------------------|-----------|---------------|
| <b>9:45 am</b> | <b>Men</b>                      | <b>90 - 94</b> | <b>Throws Pentathlon</b> |        |                           |           |               |
|                | <b>Meet Record: Scot Henney</b> |                | <b>March 19, 2017</b>    |        | <b><u>2203 points</u></b> |           |               |
|                |                                 | HT             | SP                       | DT     | JT                        | WT        |               |
|                | Weights                         | (3 Kg)         | (3 Kg)                   | (1 Kg) | (400 g)                   | (5.45 Kg) |               |
| Finals         |                                 |                |                          |        |                           |           | <b>Points</b> |
| 1              | Henney, Scot                    |                |                          | 91     | Greyhounds                |           | <b>2203*</b>  |
|                | Distance                        | 7.95m          | 5.68m                    | 12.03m | 14.25m                    | 5.93m     | Total         |
|                | Points                          | 234            | 606                      | 452    | 464                       | 447       | 2203          |

| 11:00 am Women 20 - 34 Throws Triathlon |                  |        |                       |                 |                           |               |
|---|------------------|--------|-----------------------|-----------------|---------------------------|---------------|
| <i>Meet Record: Christina Juert</i>     |                  |        | <i>March 19, 2017</i> |                 | <u><i>1210 points</i></u> |               |
|   |                  | SP     | DT                    | JT              |                           |               |
|   | Weights          | (4 Kg) | (1 Kg)                | (600 g)         |                           |               |
| Finals                                  |                  |        |                       |                 |                           | <b>Points</b> |
| 1                                       | Juert, Christina |        | 23                    | Ocean Athletics |                           | <b>1210 *</b> |
|   | Distance         | 9.08m  | 26.55m                | 22.91m          | Total                     |               |
|   | Points           | 469    | 398                   | 343             | 1210                      |               |

| 11:00 am Women 65 - 69 Throws Triathlon |            |        |                       |             |                           |               |
|---|------------|--------|-----------------------|-------------|---------------------------|---------------|
| <i>Meet Record: Rose Hare</i>           |            |        | <i>March 19, 2017</i> |             | <u><i>1859 points</i></u> |               |
|   |            | SP     | DT                    | JT          |                           |               |
|   | Weights    | (3 Kg) | (1 Kg)                | (500 g)     |                           |               |
| Finals                                  |            |        |                       |             |                           | <b>Points</b> |
| 1                                       | Hare, Rose |        | 68                    | Ultra Throw |                           | <b>1859 *</b> |
|   | Distance   | 7.60m  | 22.57m                | 17.90m      | Total                     |               |
|   | Points     | 702    | 663                   | 494         | 1859                      |               |

| 11:00 am Men 50 - 54 Throws Triathlon |                |        |                       |             |                           |               |
|---------------------------------------|----------------|--------|-----------------------|-------------|---------------------------|---------------|
| <i>Meet Record: Andrew Arthur</i>     |                |        | <i>March 19, 2017</i> |             | <u><i>1474 points</i></u> |               |
|                                       |                | SP     | DT                    | JT          |                           |               |
|                                       | Weights        | (6 Kg) | (1.5 Kg)              | (700 g)     |                           |               |
| Finals                                |                |        |                       |             |                           | <b>Points</b> |
| 1                                     | Arthur, Andrew |        | 54                    | Ultra Throw |                           | <b>1474 *</b> |
|                                       | Distance       | 9.65m  | 29.83m                | 32.16m      | Total                     |               |
|                                       | Points         | 565    | 474                   | 435         | 1474                      |               |

| 11:00 am Men 60 - 64 Throws Triathlon |                |        |                       |             |                           |               |
|---------------------------------------|----------------|--------|-----------------------|-------------|---------------------------|---------------|
| <i>Meet Record: Andrew Natale</i>     |                |        | <i>March 19, 2017</i> |             | <u><i>1259 points</i></u> |               |
|                                       |                | SP     | DT                    | JT          |                           |               |
|                                       | Weights        | (5 Kg) | (1 Kg)                | (600 g)     |                           |               |
| Finals                                |                |        |                       |             |                           | <b>Points</b> |
| 1                                     | Natale, Andrew |        | 61                    | Ultra Throw |                           | <b>1259 *</b> |
|                                       | Distance       | 8.88m  | 25.71m                | 21.05m      | Total                     |               |
|                                       | Points         | 551    | 412                   | 296         | 1259                      |               |
| 2                                     | Dickey, David  |        | 63                    | Greyhounds  |                           | <b>731</b>    |
|                                       | Distance       | 6.03m  | 20.65m                | 9.97m       | Total                     |               |
|                                       | Points         | 338    | 309                   | 84          | 731                       |               |

| 11:00 am Men 65 - 69 Throws Triathlon |             |        |                       |             |                           |               |
|---------------------------------------|-------------|--------|-----------------------|-------------|---------------------------|---------------|
| <i>Meet Record: David Ulis</i>        |             |        | <i>March 19, 2017</i> |             | <u><i>1608 points</i></u> |               |
|                                       |             | SP     | DT                    | JT          |                           |               |
|                                       | Weights     | (5 Kg) | (1 Kg)                | (600 g)     |                           |               |
| Finals                                |             |        |                       |             |                           | <b>Points</b> |
| 1                                     | Ulis, David |        | 68                    | Ultra Throw |                           | <b>1608 *</b> |

|          |       |        |        |       |
|----------|-------|--------|--------|-------|
| Distance | 8.45m | 27.62m | 29.30m | Total |
| Points   | 575   | 507    | 526    | 1608  |

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|                 |                                 |                |                         |                           |               |
|-----------------|---------------------------------|----------------|-------------------------|---------------------------|---------------|
| <b>11:00 am</b> | <b>Men</b>                      | <b>70 - 74</b> | <b>Throws Triathlon</b> |                           |               |
|                 | <b>Meet Record: Harnek Toor</b> |                | <b>March 19, 2017</b>   | <b><u>1876 points</u></b> |               |
|                 |                                 | SP             | DT                      | JT                        |               |
|                 | Weights                         | (4 Kg)         | (1 Kg)                  | (500 g)                   |               |
| Finals          |                                 |                |                         |                           | <b>Points</b> |
| 1               | Toor, Harnek                    |                | 71                      | Ultra Throw               | <b>1876 *</b> |
|                 | Distance                        | 9.70m          | 28.90m                  | 30.35m                    | Total         |
|                 | Points                          | 671            | 602                     | 603                       | 1876          |
| 2               | Townsend, Ken                   |                | 72                      | UNBC                      | <b>1755</b>   |
|                 | Distance                        | 9.23m          | 28.92m                  | 26.96m                    | Total         |
|                 | Points                          | 633            | 603                     | 519                       | 1755          |

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|                 |                                 |                |                         |                    |               |
|-----------------|---------------------------------|----------------|-------------------------|--------------------|---------------|
| <b>11:00 am</b> | <b>Men</b>                      | <b>90 - 94</b> | <b>Throws Triathlon</b> |                    |               |
|                 | <b>Meet Record: Scot Henney</b> |                | <b>March 19, 2017</b>   | <b>1439 points</b> |               |
|                 |                                 | SP             | DT                      | JT                 |               |
|                 | Weights                         | (3 Kg)         | (1 Kg)                  | (400 g)            |               |
| Finals          |                                 |                |                         |                    | <b>Points</b> |
| 1               | Henney, Scot                    |                | 91                      | Greyhounds         | <b>1439*</b>  |
|                 | Distance                        | 5.77m          | 12.96m                  | 10.95m             | Total         |
|                 | Points                          | 617            | 496                     | 326                | 1439          |