



# LymphEd's Advanced Treatment of Head and Neck Lymphedema Course Objectives

## **I. HOME PORTION**

1. After completion of the home program, the participant will have the basic understanding of the updated Starling's Equilibrium and other advanced concepts.
2. After completion of the home program, the participant will be able to describe the basic Casley-Smith theory and how this applies to portions of lymphedema treatment.
3. After completion of the home program, the participant will have an enhanced knowledge of the head and neck anatomy.
4. The participant will increase his/her network of colleagues through interacting with other clinicians and the instructor on the closed Facebook page.

## **II. ONSITE PORTION**

1. The participant will be able to explain the updated Starling's Equilibrium and how the changes impact lymphedema treatment.
2. The participant will be able to describe the pros/cons and treatment concerns with new surgical techniques to future patients and other medical staff.
3. The participant will be able to properly perform updated MLD to the head and neck
4. The participant will be able to apply compression bandaging techniques for head and neck lymphedema
5. The participant will be able suggest/order appropriate compression garments for those with head and neck lymphedema.