SMART Youth

Join us for cooking classes, LGBTQI-inclusive sex education, dinner talks, social justice training, field trips, and more

For youth ages 13 to 22
Cooking Classes:
Gain independence by learning to cook healthy meals for yourself, your family, and friends! Great practice for when you go to college or begin living on your own.

LGBTQI-inclusive Sex Education:
SMART Youth is a safe space for LGBTQI youth. Learn how to have healthy relationships that affirm your authentic self!

Social Justice Training:
Find out more about the history of activism and discover how you can make your voice heard within your community!

Dinner Talks:
Each week we’ll have informal discussions about topics that you choose. Past dinner talks have focused on body image, consent, and combatting racism.

Plus field trips, parties, and delicious food!

Fridays from September 14th to November 2nd
4:30–6:30 p.m. (Dinner is served at 4:30)
East Harlem Neighborhood Health Action Center
158 East 115th Street, New York, NY 10029

For more information about SMART Youth, contact Frances or Tawnya at (212) 289-3900 or frances.wood@smartuniversity.org

www.smartuniversity.org