



<u>:espresso drinks/coffee</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Cup of coffee	2.30	2.30	2.30
Latte - espresso with steamed milk	2.99	3.59	4.19
Cappuccino - espresso with steamed milk and more foam	2.99	3.59	4.19
Americano - espresso with hot water	2.29	2.49	2.79
Shot in the Dark - espresso in brewed coffee	2.99	3.59	4.19
Café au Lait - brewed coffee with steamed milk	2.99	3.59	4.19
Macchiato - espresso with a dollop of foam	2.49		
Espresso - double shot of rich, concentrated coffee	1.99		
French Press - coarsely ground coffee brewed/served in a glass carafe	3.49		
** Extra shot of espresso or additional flavor	.89		
** Upgrade to breve, soy, or almond milk	1.59		
<u>:specialty drinks</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Caramel Toffee Truffle - breve latte with caramel, toffee and vanilla syrup	3.79	4.39	4.89
Crème Brulee - breve latte with butterscotch and vanilla syrup	3.79	4.39	4.89
Chocolate Mousse - breve mocha	3.79	4.39	4.89
Almond Joy - mocha with coconut and almond syrups	3.79	4.39	4.89
Snickers - mocha made with caramel and hazelnut syrups	3.79	4.39	4.89
Milky Way - dark chocolate and white chocolate mocha	3.79	4.39	4.89
Caramel Crave - latte made with caramel syrup	3.79	4.39	4.89
Coconut Creme – breve latte with white chocolate and coconut	3.79	4.39	4.89
Mocha - latte made with dark, milk, white, or mayan chocolate	3.79	4.39	4.89
<u>:non-coffee hot drinks</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Chai Latte - spiced sweetened black tea with steamed milk	3.59	4.19	4.69
Tea Latte - latte made with our Numi organic tea	2.99	3.59	4.19
Hot Chocolate - chocolate and vanilla in steamed milk	2.29	2.79	3.39
Steamer - your choice of syrup in steamed milk	2.29	2.79	3.39

:fresh squeezed juices - \$5.75

- Ginger Jude** - Ginger, apple, carrot
- Healthy Sunrise** - Apple, beet, carrot
- Veggie Burst** - Celery, beet, carrot
- Pick Your Pleasure** - Choose from apple, ginger, beet, celery, or carrot

:fruit smoothies - \$4.99

- Strawberry Dream** - Strawberry puree, banana, vanilla cream
- Strawberry Banana Cabana** - Strawberry puree and banana
- Strawberry Colada** - Strawberry and pineapple puree and banana
- Peach Cream** - Peach and pear puree with vanilla cream
- Calypso** - Mango puree with banana
- ** Add whey protein, spirulina, bee pollen, or ultimate nutrition for **\$1.49**
- ** Whipped cream available upon request

:protein shakes - \$6.49

- Berry Fitness** - Four berry puree, whey protein, bee pollen, ultimate nutrition
- Chocolate Covered Strawberry Smoothie** – Strawberry puree, banana, vegan chocolate protein
- Protein Bomb** - choice of chocolate, strawberry, or peanut butter-chocolate, with probiotics added
- Marie's Protein Shake** - Espresso, vanilla cream, whey protein
- Java Monkey Shake** - Espresso, banana, almond or soy milk, vegan chocolate pea protein

:cool beverages

- Italian Soda - \$2.89**
- Italian Cream Soda - \$3.19**
- Iced Black Tea - \$1.99**
- Other cold beverages available - check our displays

:blended coffee - \$4.79

- Truly Latte** - Dark roast Colombian coffee with vanilla and cream
- Caramel Chinno** - Truly Latte infused with caramel
- JamochoChinno** - Dark roast Colombian coffee with Ghirardelli cocoa
- Jamocho** - Ghirardelli cocoa with a light hint of coffee
- ShaggaChinno** - JamochoChinno with vanilla and extra chocolate
- Chai Chinno** - Black tea with honey, spices, and milk
- Vanilla Chai Chinno** - Black tea with honey, spices, vanilla milk
- Heath Chinno** - Toffee and chocolate with milk

*Visit our health and nutrition area for a wide variety of products
Judes is available for special events and parties - contact us for details*



:day starters (served all day)

Bagel - \$2.49

Plain, everything or whole wheat with your choice of strawberry or plain cream cheese, butter, or peanut butter

**Add veggies to a bagel - \$1.59

Chagel - \$3.69

Egg and cheese on a toasted bagel or wrap

Chavagel - \$3.99

Egg and cheese with veggies on a bagel or wrap

** Add turkey or bacon - \$1.50

Breakfast Panini - \$4.99

Egg and cheese with bacon or turkey on ciabatta bread

:salads

Baked Apple & Walnut - \$7.49

Spring mix with baked apples, toasted walnuts, shredded cheddar cheese and red wine vinaigrette

Quinoa - \$7.49

Spring mix topped with honey-ginger quinoa, cucumbers and tomatoes

Fiesta - \$7.49

Crispy Romaine lettuce topped with grilled chicken, black beans, corn, roasted peppers, shredded cheddar cheese and served with our Caribbean Mango dressing

Spring Mix - \$7.49

Bed of mixed baby lettuce, tomato, cucumbers, feta cheese crumbles, garnished with mandarin oranges and served with our tasty raspberry vinaigrette

** Add chicken to any salad - \$1.50

:cold sandwiches

Served with chips and a pickle wedge

Shaved Turkey - \$7.49

Oven roasted turkey, provolone cheese, romaine lettuce, roma tomatoes, & honey mustard spread

Smoked Chicken Salad - \$7.49

Chicken salad, grapes, apples, walnuts, romaine lettuce, & roma tomatoes

Bread Choices - honey wheat, sour dough or tomato wrap

:soups - daily specials available

Cup - \$3.99 Bowl - \$4.99

Combine any soup with a ½ sandwich or salad - \$7.99

:kids meals

Turkey, Grilled Cheese or PB&J - \$5.99

:paninis – hot grilled sandwiches

Served with chips and a pickle wedge

**Add turkey to any sandwich - \$1.50

Tuscany - \$7.49

Olive oil infused ciabatta bread topped with our pesto mayo spread, provolone cheese, marinated Portobello mushrooms, roasted peppers, spring mix & roma tomatoes

Italiano - \$7.49

Olive oil infused ciabatta bread topped with our pesto mayo spread, oven-roasted turkey, provolone cheese, spring mix & roma tomatoes

The Roma - \$7.49

Focaccia bread topped with our sundried tomato pesto, provolone cheese, roma tomatoes, roasted peppers, red onion, & spring mix

Milan - \$7.49

Herbed flat bread topped with marinated chicken, provolone & feta cheese, roasted peppers, romaine lettuce, & roma tomatoes

Roast Beef - \$7.49

Olive oil infused ciabatta bread topped with our BBQ dressing, shaved roast beef, cheddar cheese, romaine lettuce, and red onion

Vegetable Delight - \$7.49

Focaccia bread topped with our pesto mayo spread, crispy romaine lettuce, red pepper, red onion, English cucumber, roma tomatoes, sprouts, and provolone cheese

Grilled Cheese - \$5.99

Classic comfort food for all ages

:premium sides

Quinoa - honey-ginger soaked - \$2.99

Side salad - \$2.49

:specials

Tuesday - Fish Tacos (fried or baked) - \$7.99

Topped with creamy coleslaw, grated cheese, lemon zest and fresh cilantro served with chips and freshly made salsa

Thursday - Chicken Vegetable Curry or Teriyaki Beef Bowl - \$8.99

Saturday - Swedish Pancakes - \$6.49

:sweets

Scones - \$2.49

Muffins - \$2.49

Breads - Banana Nut & Pumpkin - \$1.50

Cranberry Oatmeal Cookies - \$.99

Specialty Cookies - \$1.49