



Golden Goal Policy and Procedures, Forms Required for Food Allergies, Special Dietary Restrictions, Medications

Regarding Food Allergies, Special Dietary Restrictions, and Medications:

1. Golden Goal does not use nuts or nut related products in its Kitchen Facility for Meal Preparation. Golden Goal offers **GLUTEN FREE MENU** options.
2. Golden Goal is not a nut free facility. It cannot control what food items are brought into the camp by athletes, visitors, etc.
3. Golden Goal can't guarantee it can cater to participants with severe allergies. In such circumstances parents should strongly consider the risks of participation before signing for an event at Golden Goal Sports Park.
3. Athletes are requested to keep their epi-pens with them.
4. Medications required to be refrigerated will be stored in the Medical Building refrigerator. Please label clearly: Type of Medication, Athlete's Name , Dosage and times to be administered, Self-administered (Adult Present).

Guidelines at check-in:

- 1 Parents must hand in Health History and Examination Form, pages 1 and 2 and Immunization History (or supply copy of school immunization record).
- 2 Fill out completely on **page 2 of Health History and Examination Form**, section on "**Allergies.**" Itemize all.
- 3 Fill out completely on **page 2 of Health History and Examination Form**, section on "**Dietary modifications.**"
- 4 Complete on **page 2 of Health History and Examination Form**, section on "**Current Medication (please send with instructions).**"
- 5 Indicate clearly on **Immunization Form**, section relating to, "**Any medications to be administered at Golden Goal(state specific dosage)**". Make sure it is indicated that medication is self-administered and must be refrigerated.
- 6 Indicate clearly and itemize on **Immunization Form**, section(s): "**Any medically prescribed meal plan or dietary restrictions**" and "**Any allergies (food, drug, plants or insects, etc.)**."

In addition at check-in, it is the parents' responsibility to have the player meet with the appropriate Facility Staff who need to be made aware of the child's allergies, dietary needs and/or medications to be administered.

Parents should feel free to discuss these issues/concerns with the appropriate staff.

Facility Staff present at Check-In to meet with and discuss issues outlined above:



Chef Fred Parks - Head Chef at Golden Goal
Adam Dudley - Medical staff member

Completing all the appropriate forms and having parents meet with the appropriate personnel at Check-In will ensure parents that their child is allowed to participate at **Golden Goal** and will be well cared for while away from home.

If you have any questions regarding these guidelines please contact:

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