



INTERVALE CENTER

802-660-0440 | www.intervale.org | 180 Intervale Rd. Burlington, VT 05401

Intervale Farms

- | | | | |
|---|-----------------------------|---|---------------------------|
| 1 | Hallow Herb Farm | 2 | Sugarsnap Farm |
| 3 | Pitchfork Farm | 4 | Diggers' Mirth Collective |
| 5 | Intervale Community Farm | 6 | June Farm |
| 7 | New Farms for New Americans | | |

Programs & Enterprises

- | | | | |
|----|--------------------------------|----|-------------------------|
| 8 | Agricultural Complex | 9 | People's Farm |
| 10 | Intervale Conservation Nursery | 11 | Intervale Food Hub |
| 12 | People's Garden | 13 | Abenaki Heritage Garden |

Points of Interest

- | | | | |
|---|-------------------------|---|-------------------|
| 🏠 | Intervale Center Office | P | Parking |
| 🌳 | Picnic Areas | i | Information Kiosk |

Our Neighbors

- | | | | |
|----|--|----|------------------------------|
| 14 | Joseph C. McNeil
Generating Station | 15 | Gardener's Supply
Company |
|----|--|----|------------------------------|

Our Trails

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|---|---------------|---|--------------------------|
| — | Calkins Trail | ⋯ | Groomed XC
Ski Trails |
| — | Farm Road | | |

Managed by the City of Burlington

- | | | | |
|----|----------------------------------|----|-------------------------------------|
| 16 | McKenzie Park City
Urban Wild | 17 | Tommy Thompson
Community Gardens |
|----|----------------------------------|----|-------------------------------------|

Silver Maple – Ostrich Fern Riverine Floodplain Forest

The Intervale is a floodplain that features forests, wetlands, and agricultural fields. One of its most significant natural communities is the **Silver Maple – Ostrich Fern Riverine Floodplain Forest**, which you can experience along the Calkins Trail. Enjoy the awe-inspiring silver maples and open, airy quality of this forest. Look and listen for migratory birds, including the Northern Oriole and many species of woodpeckers. Watch for wood frogs and spotted salamanders among the cottonwood, boxelder, and hackberry trees, and look for, but harvest only in designated foraging areas, ostrich ferns (also known as fiddleheads) – the forest needs them to compete against invasive species eager to take their place among the forest floor.

GUIDELINES

- ☀️ Trails are open dawn-dusk
- 🐕 Dogs must be leashed
- 🚶 Leave no trace
- 🚗 Park in designated areas
- 🚲 Bicyclists yield to pedestrians
- 🔥 No fires
- 🏕️ No camping
- 🍄 Forage only in designated areas
- 🚫 Do not enter agricultural fields

Interested in harvesting wild plants at the Intervale?



Take the
Ethical Forager's Pledge.