Full Programme

DIGITAL INNOVATION IN MENTAL HEALTH

17 – 18\textsuperscript{TH} JULY 2018

Dean’s Yard, Westminster, London, England

#DIMH2018
"The most exciting breakthroughs of the 21st century will not occur because of technology, but because of an expanding concept of what it means to be human."

John Naisbitt
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INTRODUCTION

Digital mental health is a fascinating space filled with growing opportunities. Through the course of my time spent across sectors, however, I have noticed that advances are often fragmented, off-course, or limited in achieving a greater goal.

This conference aims to address this, in part, by bringing together esteemed delegates from diverse backgrounds to inspire new ways of developing digital mental health solutions from cross-sector perspectives. The aim is to foster unlikely partnerships, unforeseen occurrences, and offer delegates the opportunity to accelerate their learning across sectors.

“Trust” is the theme of this summer’s conference, as observed from different stakeholders’ perspectives: psychiatry, digital technologies, investment, design, statistics, computing, ethics, religion, law, sociocultural, policy, psychology, experiential knowledge, and more. We open with a panel on this theme and conclude with a roundtable meeting that will report back to the UN. The conference Trust Hackathon will also provide the opportunity to ‘trust-test’ various technology-supported mental health tools.

There will be many opportunities to participate in events, publish ideas, and get involved with project launches throughout the conference. Innovation doesn’t have to have enormous ‘game changing’ impact, sometimes it’s the small but effective changes that make the difference, and so there will be a range of experiences on offer to delegates.

I wish you a very warm welcome to this conference!

Respectfully Yours,

Becky Inkster
Conference Creator
Digital Innovation in Mental Health 2018
DAY 1, TUESDAY 17th JULY

OPENING REMARKS
Location: Manoukian Music Centre, Westminster School, SW1P 3QB
Time: 9:15 – 9:30 am
Summary: Becky Inkster will set the stage for this unique two-day event by highlighting the Full Programme and numerous opportunities to get involved.

OPENING PANEL DISCUSSION
Location: Manoukian Music Centre, Westminster School, SW1P 3QB
Time: 9:30 – 10:00 am
Summary: This opening discussion is centred on the conference’s main theme, “Trust”, and what this means to different stakeholders. Niall Boyce chairs this panel, alongside panellists Satinder Gill, Barnaby Perks, Sarah Hughes and Hitman Tiga.

SPEAKERS
Location: Weston Building, Westminster School, SW1P 3PF
Time: 10:30 – 12:30 pm
Summary: Speaker presentations are separated into three parallel tracks running simultaneously, which will cover topics focused on global mental health and culture, digital psychiatry, and young people’s digital world.

THEME: Global Digital Mental Health

Speaker 1 (10:30 – 11:00 am): John Naslund, Research Fellow, Global Health and Social Medicine, Harvard University, USA. Talk Title: Digital Technology for Task-Shifting and Supporting Community Health Workers in Scaling Up Mental Health Care Globally.

Speaker 2 (11:00 – 11:30 am): Hsuan-Ying Huang, Assistant Professor, the Department of Anthropology, Chinese University of Hong Kong. Talk Title: Building Infrastructure, Propagating Culture: Two Prominent Trends in China’s Digital Mental Health.

Speaker 3 (11:30 – 12:00 pm): Ernest Okyere-Twum, Pastor, Counsellor and Youth worker, France & Ghana. Talk Title: Can digital innovation be trusted with mental health mitigation in a developing country in Africa: the Ghanaian context?

Speakers Q&A session: 12:00 – 12:30 pm
THEME: Digital Psychiatry

Speaker 1 (10:30 – 11:00 am): Sarafina Suransky, Head of Intervention Development, Minddistrict, Netherlands. Talk Title: Minddistrict: What is our vision on digital interventions and do we tailor to all client groups.

Speaker 2 (11:00 – 11:30 am): Richard Andrews, Founder, Chairman & CEO of Healios, UK. Talk Title: Insights and learnings on how to integrate digital services into CAMHS clinical pathways.

Speaker 3 (11:30 – 12:00 pm): Craig DeLarge, Founder, Researcher, Analyst, The Digital Mental Health Project, USA. Talk Title: Mapping the Digital Mental Health Territory: A Strategic Overview.

Speakers Q&A session: 12:00 pm – 12:30 pm

THEME: Young People’s Digital World

Speaker 1 (10:30 – 11:00 am): Jo Robinson, Suicide Prevention Research Lead, Orygen, The National Centre of Excellence in Youth Mental Health, Australia. Talk Title: Talking safely about suicide on social media: The #chatsafe project.

Speaker 2 (11:00 – 11:30 am): Jenny Edwards, For Thriving Minds, UK. Talk Title: Tapping the potential of social media to help our mental health to thrive.

Speaker 3 (11:30 – 12:00 pm): Emma Selby, Clinical Nurse Specialist at Digital Mentality, UK. Talk Title: Interactive case study on using EBCD to identify the problems 1st and the solutions 2nd.

Speakers Q&A session: 12:00 pm – 12:30 pm
PANEL DISCUSSIONS

Location: Weston Building, Westminster School, SW1P 3PF
Time: 1:30 – 3:00 pm
Summary: These panel discussions are broken down into parallel tracks running simultaneously, which will cover six diverse yet interconnected themes.

Parallel Session 1 (1:30 – 2:00 pm)

**Digital Psychiatry (Room 1)**
- Niall Boyce (Chair), Editor, The Lancet Psychiatry, London, UK
- Ricardo Ayara, Institute of Psychiatry, Psychology, and Neuroscience & Centre for Global Mental Health, King’s College London, UK.
- Shivani Patel, CT3 psychiatry trainee, South London and Maudsley NHS Trust, UK
- Mariana Pinto Da Costa, Psychiatrist, Queen Mary University of London, UK & University of Porto, Portugal

**Young People’s Digital World (Room 2)**
- Jo Robinson (Chair), Senior Research Fellow at Orygen the National Centre of Excellence in Youth Mental Health, Australia
- Victoria Betton, Founder and Director of mHabitat, UK
- Seun Oshinaike, Founder of Cypher & co-founder and director of Brighter Steppings
Parallel Session 2 (2:00 - 2:30 pm)

**Statistics & Computing for Good (Room 1)**

- Ed Humpherson (Chair), Director General for Regulation, UK Statistics Authority
- Karamjit S Gill, Professor Emeritus, University of Brighton (UK) & Founding Editor of AI & Society (Springer), UK
- Ezinne Nwankwo, Harvard-Cambridge Fellowship, Leverhulme Centre for the Future of Intelligence, UK.
- Sebastian Vollmer, Director of the Turing Data Study Groups, Turing Institute & Associate Professor at the departments of mathematics and statistics at the University of Warwick.

**Ethics, Policy & Law (Room 2)**

- Gerry Craigen (Chair), Associate staff psychiatrist, University Health Network, Toronto General Hospital. Assistant Professor, Department of Psychiatry, University of Toronto, Canada
- Shahar Avin, postdoctoral research associate, Centre for the Study of Existential Risk, University of Cambridge, UK
- Jeni Tunne, CEO of the Open Data Institute, UK
- Ramakant Vempati, co-founder of Wysa-Touchkin, India.

Parallel Session 3 (2:30 - 3:00 pm)

**Investment for Good (Room 1)**

- Biliana Vassileva (Chair), Innovation coach, Switzerland
- Craig DeLarge, Founder, researcher, analyst, The Digital Mental Health Project, USA
- Tuvi Orbach, Entrepreneur, UK
- Lloyd Price, Entrepreneur, UK
- Andrea Stevenson, Head of Business Development, Neuron Advisers & Cyberpsychology Researcher, UK

**Religion, Technology & Mental Health (Room 2)**

- Rev Will van der Hart (Chair), Founding Director of 'Mind and Soul', UK
- Jyotsana Aggarwal, co-founder and CEO of Wysa-Touchkin, India
- Nadia Khan, Founder of The Delicate Mind / ذہن نازک ذین , UK
- Ernest Okyere-Twum, Pastor, Counsellor and Youth worker, France & Ghana
- Jewish community leader (tbc)
**SPEED NETWORKING**

**Location:** Weston Building, Westminster School, SW1P 3PF  
**Time:** 3:15 – 4:00 pm  
**Summary:** Led by Victoria Betton, this speed networking event offers delegates the opportunity to exchange “wants and offers”, as well as exchange contact details with others from diverse backgrounds. Delegates will have the opportunity to briefly pitch their ideas and explain what support they are looking for, and vice versa, to try and offer support or useful contact suggestions. We ask delegates to come prepared to share contact details (for example, a business card).

**CONFERENCE SOCIAL EVENT: Digital Interactive Theatre**

**Location:** Manoukian Music Centre, Westminster School, SW1P 3QB  
**Time:** 4:15 – 6:00 pm  
**Summary:** Come experience this innovative fusion of the arts, science and technology using digital interactive theatre. This 35-minute play is called “Safeguarding”, which interleaves complex mental health issues alongside audience-driven decision-making and problem solving. Several actors will be grappling with scenarios that are driven forward by choices made anonymously by audience members using digital polling phone-based responses. The production is led by James Wilson and his colleagues.

The play will be followed by a drinks reception from 5.15 pm onwards.
DAY 2, WEDNESDAY 18th JULY

SPEAKERS

Location: Weston Building, Westminster School, SW1P 3PF
Time: 10:00 – 12:00 pm
Summary: Speaker presentations are separated into three parallel tracks running simultaneously, which will cover topics focused on global mental health and culture, data governance and statistics, and young people’s digital world.

THEME: Global Digital Mental Health

Speaker 1 (10:00 – 10:30 am): Mark Embrett, Health Systems Impact Fellow, Canada Health Infoway, Canada. Talk Title: E-Mental Health Landscape in Canada: Needs, Opportunities and Policy Challenges

Speaker 2 (10:30 – 11:00 am): John CM Wong, Associate Professor, Head of Department of Psychological Medicine, National University Hospital, Singapore. Talk Title: Exploiting Digital Touch points for mental health, in Singapore’s transforming healthcare landscape.

Speaker 3 (11:00 – 11:30 am): Ingmar Weber, Research Director, Social Computing, Qatar Computing Research Institute, Qatar. Talk Title: Global Population Studies Using Anonymous Advertising Data.

Speakers Q&A session: 11:30 am – 12:00 pm

THEME: Data Governance & Statistics

Speaker 1 (10:00 – 10:30 am): Ed Humpherson, Director General for Regulation, UK Statistics Authority. Talk Title: Trustworthiness, quality and value: three pillars of public confidence in statistics.

Speaker 2 (10:30 – 11:00 am): Ezinne Nwankwo, Harvard-Cambridge Fellowship, Leverhulme Centre for the Future of Intelligence, UK. Talk Title: Beyond Prediction: Algorithmic Decision Making in the Public Sector.

Speaker 3 (11:00 – 11:30 am): Jeni Tennison, CEO, Open Data Institute, UK Talk Title: Data governance in the age of data portability.

Speakers Q&A session: 11:30 am – 12:00 pm
THEME: Young People’s Digital World

Speaker 1 (10:00 – 10:30 am): Pattie Gonsalves, Project Director, PRIDE Public Engagement Project, India. **Talk Title:** Insights from the collaborative design of a novel vernacular mental health app for adolescents with common mental health problems in India.

Speaker 2 (10:30 – 11:00 am): Seun Oshinaike, Founder, Cypher & Co-founder and Director of Brighter Steppings, UK. **Talk Title:** User led mental wealth & scaling challenges.

Speaker 3 (11:00 – 11:30 am): Daniel Mirny, Founder, Lean On Me Peer Support Inc., USA. **Talk Title:** Building Networks of Peer Support on College Campuses.

Speakers Q&A session: 11:30 am – 12:00 pm

TRUST HACKATHON

**Location:** Weston Building, Westminster School, SW1P 3PF
**Time:** 12:00 –2:00 pm (buffet lunch provided)
**Summary:** This two-hour event offers a unique opportunity for delegates to ‘trust test’ a wide range of digital mental health-related tools showcased by exhibitors. Delegates are welcome to come and go as they please. Exhibitors will receive comprehensive, in-depth feedback from diverse perspectives across challenging topics, such as algorithmic bias, differential privacy violations, capacity to consent, responsible business models, sustainability, risk management strategies, evidence efficacy, appropriate use of statistical methods, digital professionalism, barriers to engagement, closing the digital divide, exclusion from services, culturally appropriate content, impact on healthcare systems, minimizing clinical risks, cognitive overloading, intervention flexibility, deceptive branding, emotional persuasion tools and more. A list of exhibitors’ details and tools will be made available on the day.
WORKSHOPS 1 – 3

Location: Weston Building, Westminster School, Dean’s Yard, SW1P 3PF
Time: 2:00 – 2:45 pm; repeated 2:45 – 3:30 pm

WORKSHOP 1: Governance & Policy

Leaders: Gosia Loj, AI Global Governance Commission Lead, Big Innovation Centre, UK; Niki Iliadis, Innovation and Policy Manager, Big Innovation Centre & All Party Parliamentary Group (APPG) on AI; Ed Morrow, Royal Society of Public Health & APPG on Young People’s Mental Health and Social Media; Lisa Morrison Coulthard, Secretariat, APPG on psychology & British Psychological Society, UK

Summary: This Governance & Policy workshop is the first opening workshop of an AI Global Governance Commission.

We will rethink the duality of our world in which the 18th Century institutions and governance structures along with outdated principles and “truths” still largely and legally organise our society.

The society which in parallel to physical boundaries of a country mostly functions online. The one where Distributed Ledger Technologies (DLTs) offer us a completely new structure of self-organised, open, distributed, secure, self-reflexive (ODESS) systems to live by and Artificial Intelligence allows for a reinvention of humanity.

Questions and comparison:

1. What can we imagine instead of applying market thinking to all sectors of society? E.g. Society based on exchange networks focused on relationships to deliver stability instead of competition to deliver economic growth based on markets rules.

2. What can be a new incentive model for purpose and sustainability, ethical decision-making and trusted relations other than economic gain?

3. What can we imagine instead of reforming processes of the bygone era, such as: voting, legislation, licensing, litigation, regulatory procedures? E.g. Digital technologies on open networks based on inherently experimental, empirical and technologically based systems, as opposed to presumptions that social realities are based on perfect information and rational consumers.
WORKSHOP 2: Digital Social Prescribing

Leaders: Becky Inkster, UK; Mariana Pinto Da Costa, Queen Mary University of London, UK & University of Porto, Portugal; Stephen Bates, Marketing Director, Studio Output, UK; Ana Neves, Designer, Studio Output, UK

Summary: “The best way to predict the future is to create it” - Abraham Lincoln

Imagine being able to add your own preferences and interests into a personalised social therapy plan, and to explore a diverse range of experiences and options at your fingertips that are connecting you to communities that support your wellbeing and mental health...

Workshop Aim: In this workshop, delegates will examine an active idea currently in development for deployment, which is centred on digitally supported social therapy (i.e., community-based, preference-matched micro-interventions). This idea was recently presented at the United Nations (Geneva, Switzerland) and the American Psychiatric Association (New York City, USA). The idea is now ready to be built with partners across sectors and deployed initially in London, UK, and then localised across other cities globally in culturally sensitive ways. The digital infrastructure supporting this idea will be crucial for identifying and recommending the most helpful community-based experiences that are best matched for personal preferences and specific support needs. A main workshop outcome is to start to build a team of passionate people who will help to advise, structure, and drive forward various aspects (i.e., community networking and outreach, securing funding, advisory roles, software and technological innovation development and so on).

Background: In the digital mental health space we must find ways to harness the power of humanity, community resilience, individual preferences, and social networking within transparent and safe social spaces. While many digital mental health solutions offer to help people self-manage problems online this leaves a gap that arguably disconnects individuals from others. Traditional social prescribing offers people with mental health problems the chance to link with community referrals. Surprisingly, this approach has not been ‘modernised’ in the digital era. The ‘digital social prescribing’ model offers us this chance, plus additional unique features; however, there are several key values that must be upheld to achieve the best outcomes using this novel approach, such as: (1) behaviour modification must take place in trusted environments and with verified sources; (2) it must actively incorporate the recipient’s preferences and interests into care; (3) digital technology must optimize available community resources.
WORKSHOP 3: Religion, Technology and Mental Health

Leaders: Nadia Khan, Founder of The Delicate Mind / نازک ذہن, UK; Afsana Salik, Co-Founder of The Delicate Mind / نازک ذہن, UK; Madeah Yaqub, Co-Founder of The Delicate Mind / نازک ذہن, UK

Summary: This art therapy, theology and wellbeing workshop is part of The Delicate Mind / نازک ذہن project. Such workshops are carried out as part of the community faith leaders and school engagement programme.

We re-examine the link between identity, faith and mental health through art therapy. We will explore how the internet has served as a platform for misinformation by members of the Muslim community on mental health. We will also show how AI has allowed for the spreading of anti-semitism and Islamaphobia. We seek to equip young people with the necessary critical thinking skills to effectively identify biases in the system. In doing so, examining scientific and mathematic innovations in the Islamic culture. This workshop will show the reconciliation between faith, identity and mental health revealing how art therapy can enable young people to de-stigmatise mental health within their faith communities.

Questions:
1. What is Islamic caligraphy, and how can it be a means to practice wellbeing?
2. How can we embrace our identity to combat islamaphobia, to cope with the mental health challenges of our time?
3. Can we work with faith leaders, to challenge existing attitudes around mental health within our communities?
4. How can we reconcile critical thinking and Islam, in order to prevent the spreading of misinformation about mental health and Islam?
5. What is Sheikh Google? How is AI linked to the spreading of Islamophobia and how can we tackle this issue as young muslims in an interconnected globalised era?
CLOSING PANEL DISCUSSION

Location: Manoukian Music Centre, Westminster School, SW1P 3QB
Time: 4:00 – 4:30 pm
Summary: This closing discussion is centred on the topic of “power” and what it means to different stakeholders. Jane Godslan chairs this panel, alongside panelists Alison Cameron, Peggy Loo, Lawrence Lundy-Bryan, and Allen Frances.

CLOSING REMARKS

Location: Manoukian Music Centre, Westminster School, SW1P 3QB
Time: 4:30 – 4:45 pm
Summary: Becky Inkster will bring the conference to a close by summarising key points that have come out of discussions across the two-day conference as well as highlight opportunities to participate in work moving forward.

TRUST ROUNDTABLE (UN REPORT)

Location: Manoukian Music Centre, Westminster School, SW1P 3QB
Time: 5:00 – 6:00 pm
Summary: This is an open invitation to all delegates to help draft a Scoping Report called “Building better care connections: Establishing trust networks in AI mental healthcare”, which will be presented at the UN in 2019. The outcomes generated by the Scoping Report will help identify key questions centred around trust in AI mental healthcare from multiple perspectives, which will then be used to inform a global Scoping Survey that delegates can also help with during that later stage, including analysis and dissemination that follows. The only deliverable expected from the Trust Roundtable Meeting itself will be to generate ideas and assign roles, strategies, timelines etc. moving forward.
APPENDIX

SPEAKERS, PANELISTS & WORKSHOP LEADERS

Jyotsana Aggarwal, co-founder and CEO of Wysa-Touchkin, India.

Touchkin is a health-tech start-up, which uses artificial intelligence to provide behavioral health support. Jo has been the Managing Director of Pearson Learning Solutions in the UK and a part of the founding team of Silatech, a non-profit focused on youth empowerment in conflict zones in the Arab world. Her work on mobile employability post Arab-spring helped connect over a million young people to skills and jobs, and won the Silver at the Stevie Awards, as well as the Global Telecom Business Innovation award in 2013. She was recognized by the eLearning Center in the UK as one of the top three global thought leaders in education technology. Jo is Board of Head Held High, a Trustee of the Rural Edge Trust, and an advisor to employability startups Edureka and Aspiring Minds. She has also served as an expert advisor to McKinsey & Co and National Skills Development Council. Jo holds a bachelor’s degree in technology from the Indian Institute of Technology, Delhi and an MBA from the Indian Institute of Management, Lucknow.

Richard Andrews, Founder, Chairman and CEO of Healios.

Having close family and friends who’ve suffered from mental illness and dementia, Richard experienced first-hand the challenge of accessing support for both those affected by the illness and the families involved. In 2013, he founded Healios to transform the way mental health care is delivered through technology; helping people with mental illness or neurodevelopmental conditions, families and carers effectively move forward and achieve their goals - providing a better quality of life.

His passion for combining overall wellbeing, science and technology has led him to develop world-leading innovative services that fit around the lifestyles and circumstance of the whole family - improving lives by bringing exceptional healthcare easily to anyone, anytime, anywhere.

Richard is a healthcare advisor to The Economist and has been the recipient of ‘Best UK Mental Health Executive Award’ and ‘Excellence Award for Suicide Prevention Initiatives’.
**Ricardo Araya**, Professor of Global Mental Health, Institute of Psychiatry, Psychology, and Neuroscience & Director of the Centre for Global Mental Health, King’s College London, UK.

My field of expertise is in the development and implementation of simple and affordable interventions to treat mental disorders, particularly in resource-poor settings. Among these initiatives, I developed a model of care to treat common mental disorders, which has been used and adapted in many settings. Two of these initiatives are particularly worth noting as they led to implementation at a large scale. The first test of this model was undertaken in Chile. This successful randomized controlled trial paved the way to the introduction of the first National Depression Treatment Programme in Primary Care in Chile (Araya et al., 2003, Lancet; Araya et al., 2009, Lancet), which is the largest (proportional to the population) programme of this type in the world. More recently a successful trial of a primary care-based intervention to help people with common mental disorders in Zimbabwe (Chibanda et al., 2016, JAMA) has been scaled-up to all clinics in Harare. As far as I am aware of, these are two of the few, if not the only, examples of scaled-up programmes in mental health over the last 10 years in low- and-middle income countries. The model of care we developed has been adapted and replicated in several other countries. I have and continue to work in many other countries including Brazil, India, Nigeria, Peru, Lebanon, Guatemala, Colombia, Uganda, Tanzania, and others. Several of my projects involve the use of technological platforms to support health workers delivering mental health interventions. For instance, in Brazil and Peru we are testing an integrated technological platform to manage chronic diseases and in Chile we are testing a game platform to strengthen basic psychological skills of young children. Besides my work as a researcher, I have a leading role in two major initiatives to increase mental research capacity in Africa and Latin America.

**Shahar Avin**, Centre for the Study of Existential Risk, University of Cambridge

Dr Shahar Avin is a postdoctoral research associate at the Centre for the Study of Existential Risk (CSER). His research examines challenges and opportunities in the implementation of risk mitigation strategies, particularly in areas involving high uncertainty and heterogenous or conflicting interests and incentives. Mixing anthropological methods and agent-based modelling, Shahar works with other CSER researchers and others in the X-risk community to identify and design opportunities for impact.

He completed his doctoral thesis, “Breaking the grant cycle: On the rational allocation of public resources to scientific research projects”, at the department for history and philosophy of science at the University of Cambridge under the supervision of Professor Tim Lewens and Dr Stephen John.

Shahar has also worked as a software engineer, both in a large corporation and at early stage startups in Israel and in Cambridge.
Victoria Betton, Founder and Director of mHabitat, UK.

mHabitat is an NHS hosted organisation which supports people-centred digital innovation in health and care. She is a qualified social worker with over twenty year’s experience in local government, third sector and the NHS. She has Masters degrees in Women’s Studies, Social Work and a Diploma in Public Sector Relations. Her doctoral research was on the theme of mental health and online social networks. You can find her blog at www.codesigndigitalhealth.co.uk She is involved in steering HealthTech Women North and Digital Leaders Y&H and is an Improvement Fellow at the Y&H Improvement Academy. You can find her on Twitter @VictoriaBetton and her Pets as Therapy dog Bibi on Instagram at bibithepatdog.


I trained in medicine at Oxford University and subsequently on the University College London psychiatry rotation. I joined The Lancet as a Senior Editor in 2010 before moving on to The Lancet Psychiatry in 2013. My interests include suicide research, trauma, old age psychiatry, and social and transcultural aspects of mental health.

Alison Cameron, UK

Alison is a graduate in Russian who ran international development projects in countries most affected by the Chernobyl nuclear disaster. Her career was cut short when she was diagnosed with Post Traumatic Stress Disorder after her colleagues were killed in the course of her work. The consequences included homelessness, multiple admissions to hospital, and identity loss. She now advises NHS and social care organisations on how to work in equal partnership with citizens.

She speaks at conferences, teaches, trains, and writes. Her particular interests lie in examining the power imbalances inherent in much of what is labelled “patient/public engagement”, and why more radical concepts such as genuine co-production often end up being co-opted and diluted by “the system”.

She writes her reflections on her experiences, and her thoughts on challenging issues in health and care in her regular blog.
Gerry Craigen, Attending associate staff psychiatrist, at the University Health Network, Toronto General Hospital. Assistant Professor, Department of Psychiatry, University of Toronto, Canada.

Dr. Craigen is a clinician with outpatient obligations. He is very active in teaching and is an award-winning educator. His enthusiasm for teaching focuses mainly on bioethics and medical – legal issues in the clinical work of undergraduate medical students as well as on teaching medical legal and ethical aspects of privacy in this digital age and of psychopharmacology to physicians in practice.

Prior to medical school, Dr. Craigen completed a law degree and articles of clerkship. After psychiatry residency he did a fellowship in Bioethics. He has been trained in mindfulness and has also completed the practicum program at the University of Massachusetts Center for Mindfulness in Medicine, Healthcare, and Society.

Dr. Craigen is author of a book chapter in eating disorders and papers on psychopharmacology as well as nutraceuticals.

His primary commitments have been in teaching as well as evaluating and regulating physicians in Canada and the United States. Dr. Craigen has been an external reviewer for licensing bodies in Canada as well as in the United States and have examined many times as an oral adult psychiatry examiner for the American Board of Psychiatry and Neurology. He has been elected as a Fellow of the American College of Psychiatrists as well as of the American Psychiatric Association.

He has been on the National Council of the Canadian Medical Protective Association in Ottawa since 2012 which is the mutual medical defence association of Canada where he is interested in empowering better health care.

Craig DeLarge, Founder, researcher, analyst, The Digital Mental Health Project, USA

Craig A. DeLarge is a digital healthcare strategist, and founder of The Digital Mental Health Project. A project to support the accelerated and responsible adoption of digital technology in the mental health space.

He has held a variety of marketing and digital health roles throughout his career with Takeda Pharma, Merck, Novo Nordisk, GSK, J&J, Communications Media, Inc, IMS Health and the (U.S.) National Alliance on Mental Illness. His core expertise are in the areas of customer & business development, strategy & communications, and the topic of digital mental health.
He has spoken, taught & lectured in marketing, strategy, change leadership & communications at Philadelphia University, St. Joseph’s University, Chestnut Hill College, Drexel University, Penn State and at myriad industry conferences.

He has degrees in Marketing from Philadelphia University (BSc), and Design Management (MBA) from the University of Westminster (UK). He is also a candidate Public Health Masters student at Kings College, London, starting September 2018.

**Jenny Edwards, For Thriving Minds, UK**

Jenny Edwards is a consultant and former Chief Executive of the Mental Health Foundation. Jenny oversaw four successful years at the charity, which included investment in mindfulness training provision and consistent advocacy of mindfulness to policy makers and the general public. Jenny’s previous roles include Chief Executive of Homeless Link and a director at the Arts Council.

Jenny was Chief Executive of the Mental Health Foundation from 2013 to 2017 and is establishing a consultancy to promote Thriving Minds. She is an Honorary Fellow of the Faculty for Public Health and chaired the National Expert Reference Group on Acute Mental Health Care for Adults. She is a member of the National Institute for Health Research Challenge Panel which looks at Digital Innovation and also a member of the Mindfulness Initiative National Advisory Panel. She is a trustee of various charities in the fields of mental health and learning disabilities.

She was awarded a CBE in 2011. Previously she led the body representing homelessness charities and the organisation advocating on behalf of all the arts. In her spare time she is active in virtual environments, where she has led various creative initiatives.

**Mark Embrett, Health Systems Impact Fellow, Canada Health Infoway, Canada**

Mark applies his research skills to support research of digital health interventions in Canada, then communicating evidence to various audiences. Infoway is a federal non-profit, non-government organization that serves as Canada’s national leader in digital health solutions. His primary pursuit at Infoway is to improve access to e-mental health services for Canadians through their public health system. With over 10 years’ experience in interdisciplinary health policy research, Mark also endeavors to understand the arrangements of healthcare systems and their impact on a variety of prevalent health policy problems such as equity, access, and efficiency. Mark has co-investigated and led independent, local, and national research projects in mental health and interdisciplinary care. A PhD graduate from McMaster University’s Health Policy Program and Dalhousie
University’s Masters in Applied Health Services Research, Mark has demonstrated his skills by receiving local and national funding grants, publishing research in high-end scientific journals, and presenting at various international conferences.

**Allen J. Frances, Psychiatrist, USA**

Allen Frances’ early career was spent at Cornell University Medical College where he rose to the rank of professor. In 1991, he became chairman of the Department of Psychiatry at Duke University School of Medicine. Frances was the founding editor of two well-known journals: the *Journal of Personality Disorders* and the *Journal of Psychiatric Practice*.

Frances chaired the task force that produced the fourth revision of *Diagnostic and Statistical Manual* (DSM-IV) and became critical of the current version, DSM-5. He warned that the expanding boundary of psychiatry is causing a diagnostic inflation that is swallowing up normality and that the over-treatment of the "worried well" is distracting attention from the core mission of treating the more severely ill. In 2013, Frances said that "psychiatric diagnosis still relies exclusively on fallible subjective judgments rather than objective biological tests".

**Karamjit S Gill, Professor Emeritus, University of Brighton, UK & Founding Editor of AI & Society Journal (Springer), UK**

Karamjit is also Visiting Professor at the universities of Wales (UK), Urbino (Italy), Waterford Institute of Technology (Ireland), Beijing Academy of Soft Technology (China), and Symbiotic Network- Delhi University and NISTADS (Delhi, India), Arizona State University and UCLA (USA). Over the years he has directed cross-cultural research networks, including EU-India cross-cultural innovation network (EU); Europe-Japan network on human-centred systems; European postgraduate and doctoral research network in human centred systems (EU), Knowledge, culture and artificial intelligence network (EU); New Technology and Adult Literacy (EU); Computer Aided Animated Arts Theatre (CAAA) Project and the Europe-Japan human centred systems (NTT Data, Japan- 1990s); Culture, Language and Artificial Intelligence (COST- EC/Sweden). He has been the founding Series Editor of the Human Centred Systems Society Book Series (Springer) He is also actively involved in the Community-University Partnership in social mentoring encompassing art, music and craft therapeutic environment and co-production. At Cambridge, he is involved with the Interdisciplinary Performance Research Network, and Cambridge Community Arts. At the European level, he is collaborating with PROMISE.eu, a European enterprise in Compliance.
Satinder Gill, Centre for Music and Science, Faculty of Music, University of Cambridge, UK

Following her PhD in Experimental Psychology (1995) at the University of Cambridge, she has held a number of posts including: Research Scientist with NTT’s Basic Research Labs, Japan (1997-1999); Dialogue Team Leader, CKIR, Finland and CSLI, Stanford University (2000-2003); and Senior Research Fellow, Middlesex University, London (2004-2009). Her research investigates the pragmatics of rhythm and sense-making in speech, gesture, and music, within face-to-face and technology mediated communication; She is Associate Editor of AI & Society: Knowledge, Culture and Communication, Editor of ‘Cognition, Communication, and Interaction: Transdisciplinary Perspectives on Interactive Technology’ (2007), Springer, and author of Tacit Engagement: Beyond Interaction (2015), Springer. She is editor of the forthcoming book (2019), The Relational Interface: Where art, science, and technology meet, Springer.

Jane Godsland, Editor-in-Chief of The Lancet Child & Adolescent Medicine, UK

Following her PhD in genomics and gynaecology from the University of Cambridge, she began a career in medical publishing and has been working at The Lancet for nearly 15 years. As Editor of a global journal, Jane is invested in achieving the highest standards of physical and mental wellbeing for all children and adolescents. She has a particular focus on adolescent health, and is committed to empowering young people through collaboration.

Jane has spoken at international paediatric conferences and national events addressing school-based mental health for adolescents.

Pattie Gonsalves, Project Coordinator & Public Engagement, PRIDE Project, New Delhi, India.

Pattie works in the areas of arts and mental health to improve health outcomes for adolescents and youth in India. A graduate in global health from the University of Oxford, her diverse background ranging from psychology, development and public health has given her opportunities to serve as a youth consultant to UNICEF and co-found the “Music Basti” project, which connects at-risk children with music and life-skills education. She has also worked with the International Institute for Sustainable Development (IISD), served as the Head of Institutional Advancement at the Global Music Institute and conducted research in rural Tamil Nadu for Artists Striving to End Poverty (ASTEP). Pattie is presently leading a youth mental health public engagement initiative, “It’s OK To Talk”, at the Public Health Foundation of India (PHFI) in New Delhi. The program aims to engage young Indians in a dialogue about mental health and is set to launch the first
adolescent and youth-focused Hindi and English mental health website and social media campaign in April 2017.

**Hsuan-Ying Huang**, Assistant Professor, the Department of Anthropology, Chinese University of Hong Kong.

Hsuan-Ying Huang is a medical anthropologist with a geographical focus on China and prior training in psychiatry and psychotherapy. Prior to studying medical anthropology at Harvard University, he received medical education and psychiatric training at the National Taiwan University. For nearly a decade, he has been studying the rise of Western-style psychotherapy in urban China, a trend known as the “psycho-boom” (xinli re). His research explores how this evolution—in both its professional and popular aspects—has taken shape under the confluence of technical, moral, and politico-economic forces; it also examines how individual and interpersonal experiences related to psychotherapy reflect its developments, as well as broader cultural and societal shifts. Recently, he has begun to extend his research attention to the rise of digital mental health in China.

**Sarah Hughes**, Chief Executive, Centre for Mental Health, UK

Sarah has worked in mental health and criminal justice for 27 years. Having initially trained as a social worker, Sarah has managed a range of innovative community and secure services, most recently at Mind in Cambridgeshire. She also led the research and evaluation of the pioneering First Night in Custody project in Holloway Prison which saw the roll out of these principles across the prison estate supported by the Cabinet Office.

In recent years, Sarah has led Mind in Cambridgeshire (among other organisations) which is known for values led practice and high impact campaigns including Stop Suicide and StressLess.

Sarah is also undertaking a professional doctorate with the Tavistock and Portman Centre studying Women, Resilience and Leadership. She writes a blog and has written many guest pieces for various platforms.

Sarah is passionate about the mental health of the nation and believes it is possible to achieve parity of esteem by drawing on the amazing work already being undertaken across the country.

**Ed Humpherson**, Director General for Regulation, UK Statistics Authority

The post of Head of Assessment is a statutory post under the provisions of the Statistics and Registration Service Act 2007. The Head of Assessment is the
Authority’s principal adviser on the assessment and reassessment of official statistics and their compliance with the Code of Practice for Official Statistics, and is operationally known as the Director General for Regulation.

Ed Humpherson was appointed as Director General for Regulation in October 2013 and took up post in January 2014.

Prior to joining the Authority, Ed was a Board Member and Executive Leader for Economic Affairs at the National Audit Office, a post he held since July 2009. This role included responsibility for the overall strategic direction of NAO’s work on economic affairs.

Amongst other previous responsibilities, Ed oversaw the NAO’s response to the recent financial crisis through building capability in capital markets and financial services work. He also coordinated the NAO’s programme of work on the administration of the tax system and the welfare system; led the NAO’s work on public private partnerships and major infrastructure developments, including in transport and energy; and oversaw the development of the NAO’s audit of the Whole of Government Accounts.

Between 2007 and 2009, Ed Humpherson was Assistant Auditor General, and before that was NAO’s Director of Regulation between 2003 and 2007. Ed joined the National Audit Office in 1993.

Ed Humpherson was educated at the University of Edinburgh where he obtained a first-class MA honours degree in Politics and Economic History.

Ed is a Chartered Accountant and a member of the Institute of Chartered Accountants in England and Wales. Ed is married and has three children.

Niki Iliadis, Innovation and Policy Manager, Big Innovation Centre & All Party Parliamentary Group (APPG) on AI, UK

Interested in technology policy - particularly that related to AI, data governance, & blockchain – and its implications on the economy and the society.

Becky Inkster, UK.

I am the creator of the Digital Innovation in Mental Health conference. I am passionate about helping others and finding true innovation for mental health. My mind is always ‘on’, thinking about everything from cells to phones, genes to jewellery, hippocampi to hip-hop. I take inspiration while raising my little girl full-time and I am very grateful for the support from my loving partner.
**Nadia Khan**, Founder of The Delicate Mind / ذہن نازک, UK

Nadia Khan studied International Relations at Queen Mary, University of London. She has a keen interest in social cohesion, interfaith, mental health and technology. In November 2017, she founded The Delicate Mind / ذہن نازک. The social action project seeks to tackle stigmatisation of mental health within the South Asian Muslim community in the UK. In order to do this, The Delicate Mind / ذہن نازک, works with faith leaders, schools, parents and community leaders to tackle intersectional issues around identity, masculinity, and mental health. Nadia has a keen interest in interfaith and has worked with Near Neighbours, and the Faith and Belief Forum to create unity amongst faith groups to de-stigmatise mental health. She’s worked with BBC Asian Network, ATN Bangla TV, and UK 44 TV to lead a media advocacy campaign to de-stigmatise mental health within the South Asian community. Her interests lie in international development, tech start ups, space policy and British foreign policy.

**Gosia Loj**, AI Global Governance Commission Lead, Big Innovation Centre, UK

Gosia leads the vision and implementation of the AI Global Governance Commission that brings together governments, industries and civil society to shape future AI policy and regulations internationally. Gosia has previously worked with a number of international organisations and the United Nations’ agencies, including the WTO, WIPO, NATO, and the European Commission, in the field of international standards, strategies and regulations as well as innovation management. She was a CEO of a greeNet Solutions start-up for two years prior to joining the Big Innovation Centre.

Gosia has lived and worked in 8 countries across Europe and Latin America and speaks English, Polish, Spanish, Portuguese and French.

Gosia’s passion is humans- behavioural and cognitive science as well as psychology, especially the interaction with machines and its influence on society. She used to be a hip hop dancer a long time ago…

**Peggy Loo**, Business Development Director at Legal & General, London, UK

Accountant trained in the PwC & KPMG with experience in Assurance and Transactions. Current experience in Commercial Finance. In addition to my role, I am chair of L&G’s Accounting Rotation and Recruitment committee and led the launch of L&G’s pilot Groupwide Finance Graduate Scheme. Member of L&G’s Future Leaders Group.
Lawrence Lundy-Bryan, Head of Research, Outlier Ventures, UK

Outlier Ventures is a venture capital firm focused on decentralised technologies. As Head of Research, Lawrence led the development of the Convergence Ecosystem investment thesis. He is a FinTech Fellow at the Singapore University of Social Sciences (SUSS) and an Advisor at Alice.si, a blockchain-based social funding platform. He is also a Member of the UK TechUK DLT working group, the UK All Party Parliamentary Group (APPG) on Blockchain and the European Commission Observatory on Blockchain. He was previously involved in strategy consulting at Frost & Sullivan working with clients like Intel, Huawei, Amadeus and Shell. He has provided comment and analysis for the BBC, Bloomberg, The Economist, and The Wall Street Journal.

Daniel Mirny, Founder, Lean On Me Peer Support Inc., USA

Daniel received a B.S. in Brain and Cognitive Sciences from MIT and is pursuing a PhD in Management at UCLA. He is a firm believer in the impact data-driven methods can have on our understanding of cognition and our efforts to improve mental health. Daniel is especially interested in natural language processing and various other techniques from machine learning as informative supplements to human empathy.

Ed Morrow, External Affairs Manager, Royal Society for Public Health, UK

Adaptable external affairs manager with more than five years third sector communications experience, encompassing policy development, media relations and political/stakeholder engagement. A seasoned organisational spokesperson and media performer, having given more than 250 broadcast interviews.

John Naslund, Research Fellow in Global Health and Social Medicine at Harvard Medical School, USA

Dr. Naslund holds expertise in research methodology, implementation science, social disparities research, and digital mental health. His work seeks to address early mortality that disproportionately impacts individuals living with serious mental illnesses worldwide, and to reduce the global treatment gap for mental disorders using novel digital methods. Dr. Naslund has led numerous projects that leverage mobile technologies, social media networks, and online big data to develop, evaluate, and implement digital interventions aimed at treating and preventing mental disorders. He has over 60 peer-reviewed publications, and has contributed to research projects in the United States, Canada, Haiti, Colombia, and India. Dr. Naslund has a longstanding track record working alongside
individuals living with mental illness and community mental health providers, and advocating for the rights, dignity, and quality of healthcare for those facing the challenges of mental illness.

**Ana Neves**, Designer, Studio Output, UK

Ana has been working in the world of branding for over seven years, and has experience with both global brands and young start-ups.

After studying Communication Design in Lisbon, she worked in São Paulo before settling in London. Her previous experience saw her apply creative thinking to bold and impactful solutions for clients like Google and the Design Museum.

Since joining Studio Output, Ana has worked across everything from environmental design for property clients and packaging design for Union Cocoa to a social media campaign for Michael Kors Kids and UX design for our Positive Platform project.

She helps clients find their direction and tell stories that resonate. Always looking out for the creative opportunity in a project, she likes to sketch ideas first and craft them with purpose and consistency. She’s passionate about building brands with personality that create a positive impact.

**Ezinne Nwankwo**, Harvard-Cambridge Fellowship, Leverhulme Centre for the Future of Intelligence, UK.

Ezinne is currently the recipient of the Harvard-Cambridge Fellowship that funds a year of research and scholarship at the University of Cambridge. She holds a B.A. from Harvard University in Applied Mathematics with a focus on Statistics. At Harvard she has been vice president of the Harvard Black Students Association and after serving as a volunteer, tutor, and mentor at the Phillips Brooks House Association she served as the Assessment and Evaluations Chair, a role which enabled her to design a common online volunteer application and bring the discipline of statistical analysis to many of PBHA’s diverse public service programs to evaluate their effectiveness. She was also a data analytics intern at the City of Boston’s Department of Innovation & Technology, a job that saw her using many of the skills she developed in an advanced math class project she did analyzing the employment database of the City of Austin, Texas.

Ezinne is a visiting researcher at the Center for the Future of Intelligence at Cambridge University where she will be researching the policy impacts of AI and methods of evaluation for bias in these algorithms.
Ernest Okyere-Twum, Pastor, Counsellor and Youth worker, France & Ghana

I am a Pastor, Counselor and Youth worker working among international students in the city of Nantes, France. I have been working with young people for over a decade now. I am very passionate about young people and helping them have a fulfilled life. I run seminars and training for young people in the areas of human development, marriage, career choices, peer counselling, social media and recently mental health. My area of interest include peer counselling, social media, mental health and Christian ethics. I am currently working on a research project together with Prof. Farzaneh PAHLAVAN of Paris Descartes University, under whose direction I will be writing my doctoral thesis. The focus of the research is to investigate the impact of internet use and video game on the executive function of adolescents with Autism Spectrum Disorder and ADHD. I am married to Makafui and we are blessed with a beautiful daughter called Hadassah.

Tuvi Orbach Entrepreneur, UK

Tuvi has established and managed companies, charity and innovations to enhance life.

Purpose
To empower and inspire people to enhance their lives:
To develop, promote, distribute and implement methods, knowledge, products and solutions which enhance self-awareness, wellness and quality of life. To help people know and better understand their whole-selves, their relationships, their purpose, empowering them to improve their health wellbeing, character, unfold their potential, and achieving their goals, so enjoying a longer, healthier, happier enhanced meaningful life.
To contribute to global mindset change and promote a new paradigm that enhances mainstream science to include consciousness, and creates bridges between business and values, between conventional medicine and integrated holistic health, and inspires people to be more open minded, open heart, and enjoy meaningful flourishing life.

Specialties: Vision of unmet needs and developing creative solutions for those needs; establishing companies to develop these solutions, leading and managing these companies. Integrating technology, software, communication, healthcare, "lifeware", psychology.
Seun Oshinaike, Founder of Cypher App & Co-founder and Director of Brighter Steppings, UK

Seun Oshinaike is the Founder of Cypher App, an award-winning anonymous social network app supporting young people with their mental health, to share secrets, give help, get help, and connect to support organisations.

Seun is also a co-founder and director of Brighter Steppings, an award-winning social enterprise developing products that have a social impact. Founder of Digilab, a hub for creative coders and makers, hardware enthusiasts and game developers. Established in 2016 by Brighter Steppings Limited in partnership with London Borough of Barking and Dagenham. He started his social venture experience from co-managing social enterprises from working for The Young Foundation and subsequently being a co-director of a venture ‘We Do Ideas’, a spin-off venture from The Young Foundation.

Currently, have a strong interest in the application of blockchain to have a social impact in the world.

Dr Shivani Patel, CT3 psychiatry trainee, South London and Maudsley NHS Trust, UK

Dr Shivani Patel is currently a CT3 psychiatry trainee in the South London and Maudsley Training Scheme. She completed her medical school training at Oxford University and has worked predominantly in London since graduating. Dr Patel has a specialist interest in Child and Adolescent Psychiatry and is heavily involved in teaching for both junior doctors and medical students at King’s College London.

Barnaby Perks, CEO, Oxford VR, UK

Barnaby Perks joined Oxford VR as CEO in March 2018 to lead the company’s development of virtual reality-based psychological interventions for significant mental health problems. He spent the previous seven years as founding CEO of Ieso Digital Health, building the company from clinical trial into the UK’s leading provider of live online cognitive behavioural therapy, delivering evidence-based mental health therapy services in multiple NHS contracts and to Medicaid patients in the US. Prior to this, Barnaby built several companies developing assistive technologies for people with complex special needs. He also spent seven years in global product commercialisation roles at GE’s geospatial asset management software business. Through his consulting business, Tentsmuir Ltd, Barnaby provides practical support for digital health businesses, such as Cambridge University spinout Psyomics, where he is a non-executive director. Barnaby holds a degree in Mechanical Engineering and Economics and an MSc in Biomedical Engineering, both from the University of Dundee.
Mariana Pinto Da Costa, Queen Mary University of London, UK & University of Porto, Portugal

Dr Mariana Pinto da Costa (MD, MSc) is a Portuguese psychiatrist. She is a Doctoral research fellow at the Unit for Social and Community Psychiatry (WHO Collaborating Centre for Mental Health Services Development and NIHR Global Health Group) at Queen Mary University of London, and a Lecturer at the Biomedical Sciences Abel Salazar Institute at the University of Porto.

She is enthusiastic in making the most of technology to connect people. In her current research, she has been exploring social relationships between people with psychosis and volunteers in 3 European countries and through different formats (face-to-face or digitally).

During her medical studies in the University of Porto she studied abroad for two years (in Italy and Poland), and won a prize from the European Commission “Erasmus Student 2 million - Erasmus, Success Stories”. She kept passionate about mobility and collaborated with the European Commission writing the Erasmus+ Generation Declaration, which she presented at the European Parliament about the future of this program.

She is past president of the European Federation of Psychiatric trainees (EFPT), and has been the Principal Investigator and study manager of the EFPT Brain Drain Study, researching mobility experiences of psychiatric trainees in 33 European countries.

She also has clinical and research experience in Africa, where she was screening alcohol, smoking and other substances involvement, in primary and mental health care users in Luanda, while studying for the International Master on Mental Health Policy and Services at the New University of Lisbon supported by the WHO.

Presently she has several leadership roles, being the Chair of the Early Career Psychiatrists Section at the World Psychiatric Association, Co-Chair of the Early Career Psychiatrists Committee at the European Psychiatric Association, and the Vice-President of the Portuguese Association of Researchers and Students in the United Kingdom (PARSUK).

Lloyd Price, Entrepreneur, UK

Lloyd is a Technology Entrepreneur, Corporate Executive, Board Advisor and Mentor with 20+ years’ experience building Digital Businesses and performing Senior Management, C-Level & Co-Founder roles @ Zesty, Badoo, Kelkoo, Yahoo! UK, Yahoo! Europe, ITV & various Startups.

Lloyd co-founded, launched and scaled Zesty from an idea in 2012 into a leading UK Digital Health company 5 years later. Backed by individual investors and
leading US and European investors - Mangrove Capital Partners, LBO France and Qualcomm Ventures, Zesty has attracted $12.5M+ in funding.

His operational experience covers all stages of the Business Growth Cycle from Early Stage StartUps (Zesty/Kelkoo) and High Growth ScaleUps (Badoo/Zesty) to FTSE/Nasdaq listed companies (ITV/Yahoo!) and Private Equity owned Corporate Divestitures (TSO/Kelkoo).

Lloyd has 20+ years’ experience building Digital Businesses within 7 Industries – Healthcare, Retail, Travel, Finance, Advertising, Dating and Social Networking.

His board advisory and mentoring experience includes the Deepbridge Capital LLP Healthcare and Life Sciences investment fund, the Coalition for a Digital Economy committee (Coadec), the Balmain Environmental Conservation Trust (BECT), the UK Digital Healthcare Council and the NHS Clinical Entrepreneurs Programme.

Lloyd was voted "1 of the 100 most influential leaders in HealthTech" 2016, nominated for the Digital Leaders Awards 2017, asked to judge the Accenture Consumer Tech Awards 2017 and invited on to the KPMG CIO panel 2017.

**Jo Robinson**, Suicide Prevention Research Lead, Orygen, The National Centre of Excellence in Youth Mental Health, Australia.

Dr Jo Robinson is a Senior Research Fellow at Orygen the National Centre of Excellence in Youth Mental Health, where she leads the suicide prevention research unit. Under her leadership the unit has sustained a consistent upward trajectory. It supports one project manager, four full time research assistants, five part time research assistants, and two students. The unit is regarded as the leading centre of youth suicide research in the world.

Dr Robinson’s work focuses on the development, and rigorous testing, of novel interventions that specifically target at risk youth across settings, on evidence synthesis, and on the translation of research evidence into practice and policy. Examples of some current projects include the development of a multi-layered and systematic approach to youth suicide prevention across north-west Melbourne, the establishment of a self-harm monitoring program in six emergency departments across Victoria, and a suite of studies examining the potential utility of social media platforms in suicide prevention. The latter includes a national study, funded by the Commonwealth Department of Health that will lead to the development of evidence-based best practice guidelines for safe peer-peer communication about suicide online and a national social media-based suicide prevention campaign designed by, and for, young people. Dr Robinson has also led the production of a series of systematic reviews that have informed clinical practice and service development.
She has a keen interest in policy development and evaluation and has led the development of two major policy reports and is regularly called upon to provide advice to both state and federal government.

**Afsana Salik, Co-Founder of The Delicate Mind / نازک ذہن, UK**

Afsana Salik Graduated in BA International Relations from Queen Mary university of London. Afsana has always been interested in community work and issues that the community is facing. Mental health issues have always been an important issue for her as she’s witnessed many of her friends suffering from poor mental health at university, and some have dropped out as a consequence. She led a social action project on this issue while she was doing her internship with Faith and Belief Forum as a parliamentor. The aim was to make the Advice and counseling service more accessible and flexible for students in the campus. She has recently set up her own Social Enterprise Project to tackle some of the mental health issues, with her friend Nadia Khan. Afsana is trying to work with British Bangladeshi Community to raise awareness about this issue and educate the Community about the services that available for them.

**Emma Selby, Clinical Nurse Specialist at Digital Mentality, UK**

I am the Digital Lead for Children's mental health services in Essex as well as the founder and Clinical Nurse specialist of Digital Mentality. I qualified as a mental health nurse in 2012 and have worked in CAMHs throughout that time. I am the 2014 nursing times rising star nurse of the year winner. I am a specialist in parenting intervention in conduct disorders, ADHD and difficult to manage behaviour as well as the co-founder of My Mind, a digital development for young people’s mental health. I am the winner of the 2017 Nursing Times award for technology in nursing.

**Andrea Stevenson, Head of Business Development at Neuron Advisers LLP, UK**

Neuron Advisers LLP is a research-driven alternative investment management company focused on the design and delivery of innovative managed futures strategies for institutional investors. We believe tech and automation are transforming markets and will create endogenous volatility and new anomalies. Our niche is in delivering systematic investment insights and solutions designed for this environment.
Sarafina Suransky, Head of Intervention Development, Minddistrict, Netherlands

Sarafina has a background in Clinical and Health Psychology and has been an intervention developer at Minddistrict for almost 5 years. She has been involved in the development of our interventions and provides psychological input for the development of new platform functionalities.

Jeni Tennison, CEO, Open Data Institute, UK

Jeni gained her PhD from the University of Nottingham then worked as an independent consultant, specialising in open data publishing and consumption, before joining the ODI in 2012. Jeni was awarded an OBE for services to technology and open data in the 2014 New Year Honours.

Before joining the ODI, Jeni was the technical architect and lead developer for legislation.gov.uk. She worked on the early linked data work on data.gov.uk, including helping to engineer new standards for publishing statistics as linked data. She continues her work within the UK’s public sector as a member of the Open Standards Board.

Jeni also works on international web standards. She was appointed to serve on the W3C’s Technical Architecture Group from 2011 to 2015 and in 2014 she started to co-chair the W3C’s CSV on the Web Working Group. She also sits on the Advisory Boards for Open Contracting Partnership and the Data Transparency Lab.

Hitman Tiga, Grime artist & MC, UK

Hitman Tiga is a West London MC and grime veteran known for his affiliations with Dynasty Crew, Gritty Committee and NASTY Crew. His music dates back to the early noughties.

He appeared on Gritty Committee’s 2008 mixtape Talk is Cheap, and went quiet for a brief period but has since launched a resurgence in the 2010s with prolific work alongside the likes of Nasty Jack, Stormin and Grim Sickers. Tiga has also hosted numerous Beat Boss competitions, which pit talented grime producers against one another in a live-streamed event.

Reverend Will Van Der Hart, Founding Director of Mind and Soul, UK

Will Van Der Hart was educated at Cambridge and later Oxford University where he studied both education and theology. Will is a founding director of ‘Mind and Soul’ a mental and emotional health think tank with an international reach. Alongside his colleague Consultant Psychiatrist Dr Rob Waller, Will has written The The Perfectionism Book: Walking the Path to Freedom, The Guilt Book, The Worry
Book ‘The Mind and Soul Course’, The Stuff of Life. Alongside his wife Lucinda Van Der Hart, Will has also written, ‘The Family Time New Parent Course’ and The Pregnancy Book. Will is Pastoral Chaplain at HTB London, he has two children, enjoys running, surfing and being creative.

**Biliana Vassileva**, Innovation coach, Switzerland

Award winning and inspiring innovation & change coach with vast experience in startups and established organizational environments. Extensive understanding and skills in working with millennials, across cultures, and across silos. 15+ years of experience in multicultural and multilateral operations in Europe and Asia.

I believe each person is creative and can shine; each team is creative and can have an impact; each organization has the potential to achieve its vision.

I turn creativity into impact by designing and applying processes and tools that enable clients to tap into their creativity for peak performance.

Over the last four years I have worked largely with startups and dream teams in hackathons and innovation summits. I have enabled them to find new solutions to persisting problems.

* Columbia University (New York) certified coach level II (highest possible) * York Saint John University MA in Leading Innovation and Change * Sofia University MA in Sociology

**Ramakant Vempati**, co-founder of Wysa-Touchkin, India.

Ramakant is a data scientist with over 20 years of experience in impact investing & operations at the world’s most respected organisations. Earlier, Ramakant worked at Goldman Sachs International in London as a COO supporting a multi-billion-dollar capital markets business; and at Barclays Capital in their global strategy team. Ramakant has also served as a senior advisor to a UN-World Bank backed entity, building a social impact investment portfolio across 11 countries. Earlier, he was a management consultant with Booz & Co in London. Ramakant started his career as part of the TAS, where he worked in the Tata group’s venture incubator. His work has won professional excellence awards at Booz & Co and the Thomson-Reuters Ethical Finance Innovation award. He has spoken on analytics, impact evaluation and social investment at forums including the ILO in Geneva and UC Berkeley. Born and brought up in India, Ramakant has lived and worked in 18 countries and four continents. A graduate from Indian Institute of Technology Kanpur, he holds an MBA from London Business School where he was a merit scholar.
Sebastian Vollmer, Director of the Turing Data Study Groups, Turing Institute & Associate Professor at the departments of mathematics and statistics at the University of Warwick, UK

Sebastian obtained his PhD in mathematics under the supervision of Andrew Stuart and Martin Hairer at the University of Warwick in 2013. He was a postdoctoral fellow of Arnaud Doucet and Yee Whye Teh at the University of Oxford, working on Bayesian Inference for Big Data with Stochastic Gradient Markov Chain Monte Carlo. Sebastian is currently Associate Professor at the departments of mathematics and statistics at the University of Warwick. He is also engaged as a Group Leader in The Alan Turing Institute-Lloyd’s Register Foundation programme in data-centric engineering where he focuses on reliability engineering and predictive analytics for energy sector. He currently is co-leading two projects on machine learning for the A&E department.

Sebastian started the Data Study Groups in December 2016 and now leads the executive team delivering the events. Due to high demand from both businesses and academics, we now run three study groups per year at The Alan Turing Institute. The week-long events bring together talented data science researchers to work on industry, public sector or third sector challenges, working to solve real-world problems with real-world datasets.

Ingmar Weber, Research Director, Social Computing, Qatar Computing Research Institute, Qatar

Ingmar’s interdisciplinary research looks at what online user-generated data can tell us about the offline world and society at large. He works with sociologists, political scientists, demographers and medical professionals and several of his projects have been covered by international media. Recurring themes in his research include political polarization, international mobility, and cultural influences on communication patterns.

Ingmar’s academic career has continuously drawn him further South with stops at 52.2°N (BA & MA at Cambridge University), 49.2°N (PhD at Max-Planck Institute for Computer Science), 46.5°N (postdoc at EPFL), 41.4°N (researcher at Yahoo! Research Barcelona) and now 25.3°N (QCRI).

Qatar provides a great opportunity to study these topics as Qatar’s society is extremely diverse, made up of over 80% expats, and there are outstanding local partners to collaborate with such as Al Jazeera, Northwestern University in Qatar or the Brookings Doha Center.
John CM Wong, National University Hospital, Singapore

Associate Professor John Chee Meng Wong, is the Head, Department of Psychological Medicine at the National University Hospital (NUH) and National University of Singapore (NUS).

He is also the Director of NUS Mind Science Center, which focus on building cognitive and emotional resilience across age continuum in the community, through community based program and technology innovation.

A Child and Adolescent Psychiatrist, Dr Wong obtained his MBBS from NUS and did specialty training at the Singapore National University Hospital, Institute of Mental Health and Tan Tock Seng Hospital. He was a Visiting Fellow in Trauma Psychiatry at the Uniformed Service University F Edward Hebert School of Medicine, USA and Child Psychiatry Fellowship at the Guy’s Hospital Bloomfield Clinic and Institute of Psychiatry, King’s College London. He has a special interest in Trauma Psychiatry, ADHD, Autism and Developmental Psychiatry.

He was the Senior Medical Officer(Healthcare) and Chief Medical Corps of Singapore Armed Forces, directed the development and commissioning of the second generation of web based electronic medical record system (eMR PACES-2) for the armed forces, a first in the country.

He last served as founding Executive Director of NUHS Regional Health System (2013-14), and also was the Vice Chairman Medical Board (Education) (2011-13) which oversaw the NUH Education Office in undergraduate, postgraduate medical education at NUH.

Dr Wong is an established clinician and health care leader, with a wide repertoire of clinical skills and experiences in psychiatry, community care, medical education, child psychiatry research, healthcare and organizational management.
SOCIAL EVENT TEAM

James Wilson, Principal Teaching Fellow at the University of Southampton and a National Teaching Fellow of the Higher Education Academy, UK.

He is a multi-award-winning educator and the creator of this innovative digital interactive theatre experience. He has produced interactive theatre sessions specialising in educating healthcare workers since 2004.

Prior to working in Higher Education, James remains a registered mental health nurse with experience as a police constable and has played football for his country.

Ian Douglas, RMN Team Manager Older Persons Mental Health Southern Health Foundation Trust, UK.

Qualifying as a Post Graduate Mental Health Nurse from Southampton University in 2009, Ian has worked within Older Persons Mental Health. His experience has developed from the ward to the community, managing a psychiatric liaison service and now as a Team Manager for a Community Older Persons Team in Hampshire. His passion for interactive theatre stems from drama school in the early 90’s.

Becci Muldoon, Postgraduate Mental Health Nursing student, University of Southampton, UK.

She gained her first degree in Psychology at The Open University, whilst working as a hairdresser. Becci was inspired to study Mental health after working on a Psychiatric Intensive care unit, supporting those on their recovery journey. She is dedicated in improving the future of Mental health nursing through raising awareness and driving forward innovation.

Meg Watts, Student Children’s Nurse, University of Southampton, UK.

She is passionate about caring for people and feels privileged to be making a difference every day in her nursing role. Meg has loved the opportunity to portray real life issues on a stage to examine situations that really do affect people. Thank you for the opportunity to show this to a wider audience - please, sit back and enjoy!
CONFERENCE TEAM

Becky Inkster, UK

I am the creator of the Digital Innovation in Mental Health conference. I am passionate about helping others and finding true innovation for mental health. My mind is always ‘on’, thinking about everything from cells to phones, genes to jewellery, hippocampi to hip-hop. I take inspiration while raising my little girl full-time and I am very grateful for the support from my loving partner.

Margaret Kramer, Child Mind Institute, USA

Margaret Kramer recently started working for the Child Mind Institute in New York City, which is a national nonprofit that specializes in research, treatment, and educational outreach for children’s mental health. Outside of the Institute, Margaret works on various digital mental health focused projects with Dr. Inkster and other partners. Her previous career experience includes co-founding the nonprofit South Carolina Coalition for Overcoming Eating Disorders (SC-COED) while she was an undergraduate at the University of South Carolina. SC-COED worked across the state of South Carolina to provide training for eating disorder treatment professionals, while also creating avenues of support for sufferers and their loved ones. Margaret continues to work with various other mental health related nonprofits, including the National Eating Disorders Association (NEDA) and The Jed Foundation. Before moving to NYC, Margaret completed a MSc in Global Health at the London School of Economics, graduating at the end of 2017. Her research included studying suicide as a noncommunicable disease in LMICs as well as analyzing the current and future state of mental health research that utilizes social media platforms. She is thrilled to be working with Dr. Inkster and her team on helping organize the second annual Digital Mental Health Conference.

Mariana Pinto Da Costa, Queen Mary University of London, UK & University of Porto, Portugal

Dr Mariana Pinto da Costa (MD, MSc) is a Portuguese psychiatrist. She is a Doctoral research fellow at the Unit for Social and Community Psychiatry (WHO Collaborating Centre for Mental Health Services Development and NIHR Global Health Group) at Queen Mary University of London, and a Lecturer at the Biomedical Sciences Abel Salazar Institute at the University of Porto.

She is enthusiastic in making the most of technology to connect people. In her current research, she has been exploring social relationships between people with
psychosis and volunteers in 3 European countries and through different formats (face-to-face or digitally).

During her medical studies in the University of Porto she studied abroad for two years (in Italy and Poland), and won a prize from the European Commission “Erasmus Student 2 million - Erasmus, Success Stories”. She kept passionate about mobility and collaborated with the European Commission writing the Erasmus+ Generation Declaration, which she presented at the European Parliament about the future of this program.

She is past president of the European Federation of Psychiatric trainees (EFPT), and has been the Principal Investigator and study manager of the EFPT Brain Drain Study, researching mobility experiences of psychiatric trainees in 33 European countries.

She also has clinical and research experience in Africa, where she was screening alcohol, smoking and other substances involvement, in primary and mental health care users in Luanda, while studying for the International Master on Mental Health Policy and Services at the New University of Lisbon supported by the WHO.

Presently she has several leadership positions, being the Chair of the Early Career Psychiatrists Section at the World Psychiatric Association, Co-Chair of the Early Career Psychiatrists Committee at the European Psychiatric Association, and the Vice-President of the Portuguese Association of Researchers and Students in the United Kingdom (PARSUK).

CONFERENCE PARTNERSHIPS

Classrooms and Lecture Space used with the kind permission of the Head Master, Westminster School. Westminster School venues are partly funded by the Alan Turing Institute.