## **Enmei Jukku Kannon Gyo** (in Sino-Japanese)

Life-Extending (Well-being) Ten-Phrase Avalokiteshvara Sutra 延命十句観音経

観世音	Kanzeon	Avalokiteshvara!
南無佛	Namu Butsu	Homage to Buddha!
與佛有因	Yo Butsu u in	With Buddha there are causes,
與佛有緣	Yo Butsu u en	With Buddha there are conditions.
佛法僧緣	Bu Po So en	Buddha, Dharma, and Sangha – conditions.
常樂我淨	Jo raku ga jo	Eternal, bliss, Self, purity! (qualities of nirvana)

朝念観世音 Cho nen Kanzeon Morning, thinking of Avalokiteshvara, Evening, thinking of Avalokiteshvara. 暮念観世音 Bo nen Kanzeon 念念從心起 Nen nen ju shin ki Thought after thought arise from mind,

念念不離心 Nen nen fu ri shin Thought after thought not separate from mind

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<sup>---</sup> Soto Zen Texts for Daily Services: A Study Guide, compiled by Compiled by Kokyo Yakai

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