

our voice | Advance
tō tātou reo | Care
Planning

Korean Care Experience
Co-design Project

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Project co-lead: Grace Ryu (WDHB)
Additional workshop facilitators: Melanie Colman (ADHB) & Wendy You (WDHB)



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Disclosure statement

My name is Shona Muir, and I'm speaking on co-designing ACP resources with the New Zealand Korean community.

I work for Auckland District Health Board and am a member of the New Zealand ACP Cooperative.

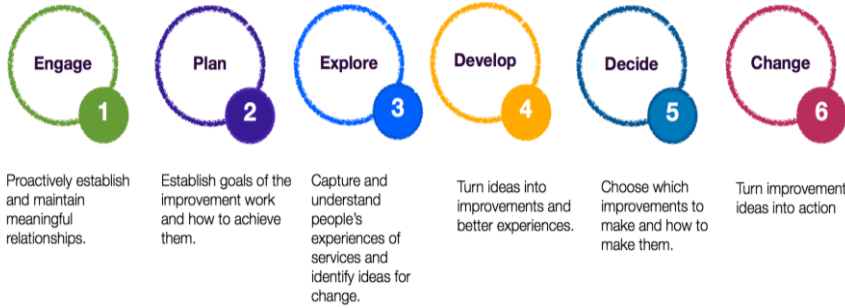
I have no relevant financial or nonfinancial relationships to disclose.

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Overview

- Why use co-design?
- The need for Korean ACP resources
- This co-design project.

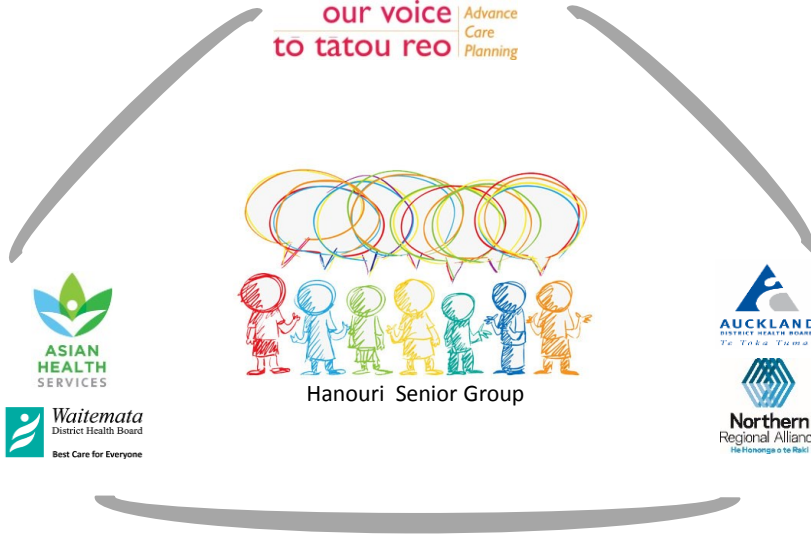
Co-design



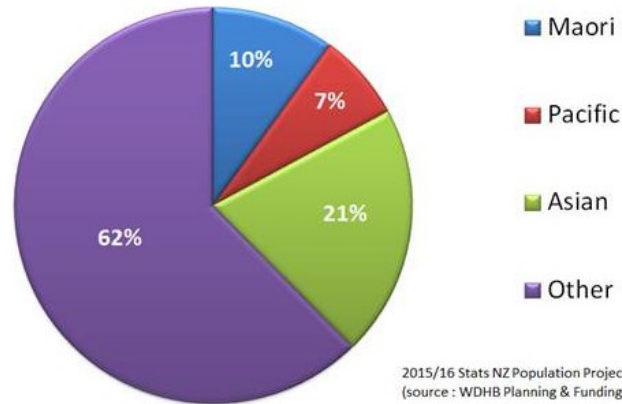
<http://www.healthcodesign.org.nz>

Collaboration

our voice to tatou reo *Advance Care Planning*



What was the need?



Challenges & Opportunities

- Asian communities are **'do not want'** to talk about death and dying
- Advance Care Planning an **unknown concept**
- Co-design had **never** been used with a non-English speaking group

Project Process

1

- Project planning, resource review & initial cultural translation

2

- ACP Presentation Hanouri Senior Group (80pp)

3

- Recruiting workshop participants

4

- A leap of faith & 3 co-design workshops

5

- Updated resources
- Evaluation

Workshops



Consumer Feedback

Unfortunately we do not have permission to share the video recording of the consumers talking about their experiences of being involved in this work.

Shona Muir (21/09/2017)

Resources developed

The image displays three brochures and a flyer for 'our voice to tatou reo' (Advance Care Planning). The brochures are:

- our voice to tatou reo**: Making the most of your final years. 인생의 마지막 시기를 위한 사전 계획. Practical advice about and for your final years. 실제적인 조언과 여러분의 마지막 시기를 위한 사전 계획.
- our voice to tatou reo**: Advance care planning. 아름다운 생의 마지막을 위한 사전 계획. Preparing for end of life. 삶의 마지막을 위한 준비. Planning for the medical treatment and care you want in the future. 미래에 받을 치료 및 간호에 대한 사전 계획.
- our voice to tatou reo**: Advance care planning guide. 사전 계획 안내서. Planning for the medical treatment and care you want in the future. 미래에 받을 치료 및 간호에 대한 사전 계획.

The flyer features a photograph of an elderly man and woman talking outdoors. The text on the flyer includes:

대화를 시작하세요
우리가 생의 마지막에 도달하여 뒤를 돌아보는 것도 좋지만 앞을 바라보아야 할 것입니다.

아름다운 생의 마지막을 위한 사전 계획

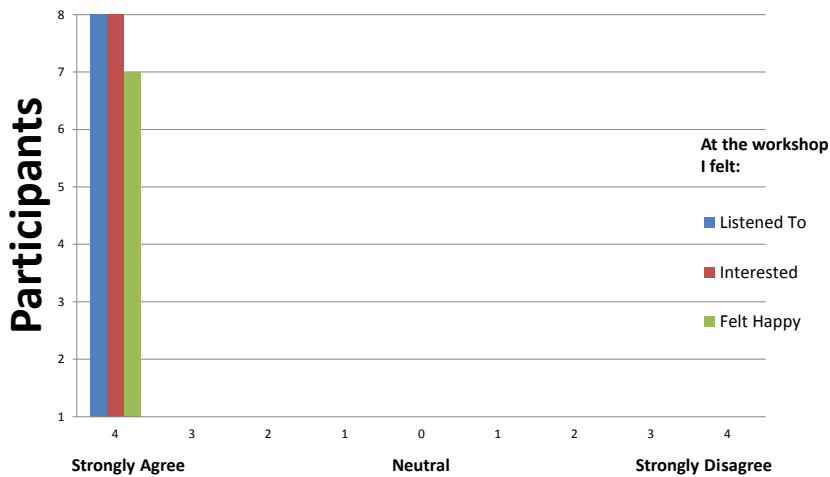
- 삶을 의미있게 마무리하는 것이 무엇보다도 중요합니다.
- 건강 악화로 의사 결정할 수 없을 경우, 본인의 대신에 의사결정을 할 수 있는 사람을 지정해 보십시오.
- 미래의 건강 문제에 관한 걱정사항을 가족 및 친지에게 미리 알려 주십시오.
- 본인의 원하는 바를 기록으로 남겨 보십시오.

our voice to tatou reo Advance Care Planning www.advancecareplanning.org.nz
START THE CONVERSATION: Advance Care Planning

Available on www.advancecareplanning.org.nz

Evaluation Chart

Overall evaluation of participants over 3 Workshops



*One participant did not complete a section of the evaluation

Outcomes & surprises

- Created the **definition** of ACP for the NZ Korean community
- 8 ACP Korean **community champions**
- Now **all** 80 members of the Hanouri group have completed their ACPs
- **Promoting** ACP in NZ and beyond.

Conclusion

- People will talk about ACP when we use **culturally appropriate** processes
- Benefits both **consumers and clinicians**
- The **co-design** methodology is highly effective for engaging culturally diverse communities.

Questions.....



START A CONVERSATION

BEFORE IT'S TOO LATE

www.advancecareplanning.org.nz