

LUNCH Groups® Summer 2013 Summary Comments-Data Analysis

- M. recovers more quickly when things don't go his way. He can often stop himself now before he reacts and is better regulating his frustration on his own with coping strategies, such as excusing himself, deep breathing, or having of few moments of quiet to calm himself. He can do this now without having to isolate himself about 80% of the time and is getting noticeably better every day.
- Very willing to try new foods...he now actually eats and enjoys both salmon and tuna fish!! He wouldn't touch either before. Plus he's tasting all kinds of new things.
- It's not so much of a behavior change but more of an acceptance of trying something new. He has always disliked programs we have put him in and though he says he doesn't want to do it again, that he didn't hate it. That is an great improvement from other programs we have tried.
- A. seems much better able to follow directions and do something after being asked once
- Overall, he is experiencing much less excessive worry & he is better able to deal with unplanned changes in daily living situations.
- Interaction while eating .
- Remaining calm when things didn't go well.
- controlling himself when things don't go his way
- He is more engaged with those around him and is seemingly more empathetic
- J. is asking more politely for things and when I can't provide them because of cost or convenience (i.e., going to the store to buy a desert just before bedtime), he does not fly into a fit. He's been making a real effort to come up with an on-hand solution. He is also managing his schedule with caregivers. Calling them to confirm time etc.
- M. improved in her language pragmatics. Usually, M. is parallel in social situations. It was so nice to see Megan socialize and excited to be a part of the group. M. was socially competent, made friends and learned more about daily living skills. Fabulous! .
- Being ready on time.
- Tried harder to pay attention. more patient
- He's better socially and respects other space. The stemming has reduced.
- He was able to get ready in time each morning for us to arrive on time to the group. He got dressed by himself. He knew children's names at the group, in the past he referred to others as "Kid with the red shirt", etc. He asked for phone numbers of his peers, so that he could have play dates. He improved in using the words "Please" and "Thanks you".
- Lot less arguing and negotiating from him.
- He has become responsible for cleaning his teeth effectively, something we have been working on for years.
- He is walking away from his brother a little bit more when his brother provokes him.
- Calmer in handling change, with transitions and overall.
- I am unable to accurately evaluation Jacob's response to being in the group. My interactions with him are limited.