

## Major change(s) Observed

- Listening skills
- Conversations, inter-action with peers, being more polite, handling outings in the community.
- Makes much more of an effort to do things without being asked.
- S's play skills are much improved, as is his conversation during play.
- He is a lot calmer overall and appears more mature.
- Improved his patience and willingness to explore options as presented by others.
- He is socially more confident.
- He is really working on communicating with his brother when he bothers him on the computer, rather than just hitting him right away.
- He is much more proactive in seeking out playdates. Prior to Lunch Groups, he would rely on us saying "Why don't we call Jack to come over or go to movies". As of results of the group, he was coming home saying "I really like A. - I'm going to give him a call so we can hang out".
- A. has been more helpful with less complaints when asked to do something, such as taking out the trash.
- He seems to be more social and tells me more about his day. Before it was like pulling teeth.
- He is getting better not acting out when it comes to responding to my requests
- He is more in tune with people's feelings and apologizes when needed.
- M. is able to catch himself and adjust his behavior to be appropriate and make the right choices in a short amount of time.
- He is able to listen to and respond to my requests or instructions remarkably better. He interacts better with peers in that he will stop himself from saying things he would previously say which might offend or hurt others. He also takes initiative to enact positive behaviors (e.g. holding the door, asking an adult if they would like something before asking for himself) just for the sake of it (e.g. without being given a reward). He is more open trying new foods. He has begun to call/text friends from LUNCH group and makes plans.
- He is more patient. He questions things that he does not understand. Less frequent outbursts.
- When we asked to do a chore he did it without complaining and recognized we were giving him more responsibility for more maturity.
- She is more willing to do things independently.
- Example: She never would get a sample of food at Trader Joe on her own. She used to insist I go with her.
- Self-motivated to do chores without being asked. Thus, cutting out the negative behaviors that came about before ( ie. whining, somatic complaints, moodiness, bad attitude).
- X.'s behavior overall became calmer and more mature. he is communicating more effectively and able to acclimate to new situations with great ease.

- Eating habits are better and he is more relaxed when not agreeing with something he does not like to do.
- More responsive to others, more reciprocal communication, more desire to be with parents and others. Follows direction quickly and efficiently. Generally happier person and compliant.
- S. became interested and actively sought out peers for friendships.
- Conversation has improved by progressing in reciprocal conversations. Still has problems with social cues.
- J. is doing much better in recovering from an outburst in a very short period of time.
- Less arguing
- T. has an awareness of his reactive issues now it seems. He seems to know when he is angry or overreacting- he can't yet alter his reactions but he knows it is happening and wants to change it seems.