



LUNCH Groups®

LEARNING UNDERSTANDING NEGOTIATING COMMUNICATING HELPING

16430 Ventura Blvd., Ste 107, Encino, CA 91436 818-788-2100

A Social Learning Skills Program Summer sessions for ages 8-11, 11-13, and 14-17

Overview

Started in 2001, LUNCH Groups® is a transdiagnostic social learning skills program for children, teens, and adults.

LUNCH Groups® is designed to address the needs of individuals diagnosed with ADHD/ADD, High Functioning Autism (including what used to be called Asperger’s Syndrome), social shyness and anxiety, specific learning disorders, language challenges, oppositional behavior, and Avoidant Personality Disorder/Traits (adults only). Other Diagnoses are considered on a case-by-case basis.

Treatment Approach

Our treatment approaches combine research-based behavior management techniques, social learning theory and modeling, cognitive behavior therapy, and psychoeducation. By visiting naturalistic settings and constantly practicing effective skill, along with a range of engaging activities and motivating technologies, such as computer animation, participants

increase their proficiency in key areas. To date, we have treated more than 1100 students and adults in our programs.

More Info

LUNCH Groups® was developed by Bruce M. Gale, PhD, Clinical Psychologist (PSY10598).

If you have questions or wish to discuss a specific child, please call Dr. Gale at 818-788-2100 or send an email to:

bruce@bgalephd.com

More information and outcome data is available on our group website at:

www.lunchgroups.com

You may also call:

818-788-2100



8-11 Group
July 5-21 MWF

8:30am-3:30pm



11-13 Group
July 24-Aug 9 MWF

8:30am-3:30pm



14-17 Group
July 11-27 TuTh

9:00am-3:30pm

All programs include ongoing parent support

1

EXECUTIVE
FUNCTION

2

PRAGMATIC
LANGUAGE

3

SOCIAL
COMPETENCE

4

DAILY LIVING
SKILLS

5

ACADEMIC
READINESS

6

ENVIRONMENTAL
AWARENESS