

BREAKFAST 9-11

freshly baked croissant - strawberry jam, butter or nutella (v)	2.40
toast & preserves - honey, strawberry jam, marmalade or vegemite (v)	2.50
traditional cornish saffron bread, toasted with butter (v)	3.25
granola, greek yoghurt, compressed fruit, ginger syrup, nuts and seeds (v)	5.50
buttermilk pancakes, banana, berries, maple syrup (v)	6.00
grilled back bacon, floured white bap	4.00
spinach, mushroom and gruyere omelette, rocket, walnuts (v) (gf)	6.90
scrambled eggs on toast, cornish crab, creme fraiche, rocket	9.90

BUILD YOUR OWN BREAKFAST

start with 2 eggs on toast - fried, scrambled or poached	4.25		
<i>add any of the below to make your perfect breakfast -</i>			
heinz baked beans (v+) (gf)	1.00	grilled field mushroom (v) (gf)	1.30
2 rashers of bacon (gf)	1.40	roasted butternut squash (v+) (gf)	1.20
1 cornish sausage	1.40	avocado (v+) (gf)	1.70
2 hash browns (v)	1.20	roasted cherry tomatoes (v+) (gf)	1.30
black pudding	1.00	spinach (v+) (gf)	1.00
chorizo	2.50	smoked salmon (gf)	3.50

all our eggs are free range / please advise us of any allergies

(v) = vegetarian

(v+) = vegan

(gf) = gluten free