

## BREAKFAST

toast & preserves - honey, strawberry jam, marmalade or vegemite (v)	2.50
traditional cornish saffron bread, toasted with butter (v)	3.25
whole milk porridge, roasted winter fruits, honey, nutmeg (v)	6.00
grilled back bacon, floured white bap	4.00
roasted butternut squash, broccoli and feta omelette (v) (gf)	6.95

## BUILD YOUR OWN BREAKFAST

start with 2 eggs on toast - fried, scrambled or poached	4.25
<i>add any of the below to make your perfect breakfast -</i>	
heinz baked beans (v+) (gf) 1.00	grilled field mushroom (v) (gf) 1.30
2 rashers of bacon (gf) 1.40	roasted butternut squash (v+) (gf) 1.20
1 cornish sausage 1.40	avocado (v+) (gf) 1.70
2 hash browns (v) 1.20	roasted cherry tomatoes (v+) (gf) 1.30
black pudding 1.00	spinach (v+) (gf) 1.00

*all our eggs are free range / please advise us of any allergies*

*(v) = vegetarian*

*(v+) = vegan*

*(gf) = gluten free*

## SWEET TREATS

selection of homemade cakes 2.50- 3.75  
*see counter inside*

toasted tea cake, butter 2.00

*cornish cream tea - 5.50  
2 scones, strawberry jam, cornish clotted  
cream and pot of tea for one*