

Thank you to our sponsors

Gold Sponsors



Silver Sponsors

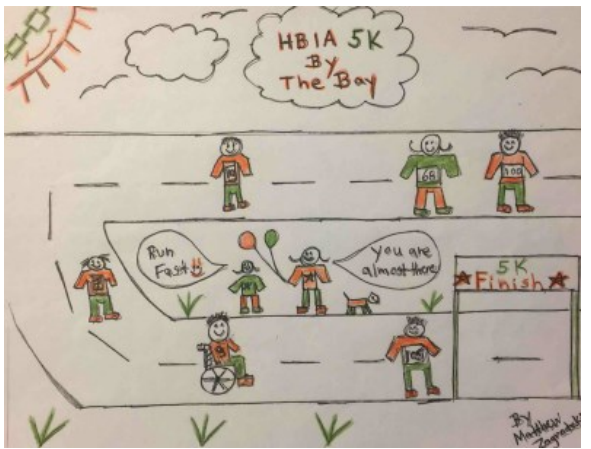


Bronze Sponsors

- Accessible Daily Living
- Bartimaeus Inc.
- Bayshore Healthcare
- Door2Door Transportation
- Innovative Occupational Therapy Services
- Lawlor Therapy Support Services
- Paquette Travers & Deutschmann
- Right At Home Canada
- Ross & McBride LLP
- Virk Personal Injury Lawyers

12th Annual Hamilton Brain Injury Association

5K by the Bay



Blake Heys Memorial 1km Kids Run
1km Walk
5km Classic Race
5 x 1km Team Relay Challenge

Saturday
June 17th, 2017

Platinum Sponsors



5km Classic Race

(6:00pm)

Join seasoned runners and first time racers for our 5km race. Let the Flat, Fast, Fun route inspire you to beat your best time!

Walk a Mile in My Shoes

(4:00pm)

Join survivors of Acquired Brain Injury, their families and our valued community partners in a 1km walk while taking in the sights of the beautiful Hamilton Harbour.

Enter a Corporate Team

(6:00pm)

Become a sponsor and enter a team of 4 individuals each running 5km to the finish line

5 x 1km Team Relay

Challenge

(6:00pm)

Become a sponsor and enter a team of 5 individuals each sprinting 1km for bragging rights!

1km Kids Run

(5:00pm)

There will be a prize awarded to the fastest runner in each grade category (Grades 1-6) and a very special prize to the person that raises the most in pledges!.

For more information email info@hbia.ca

Registration begins at 3:00—6:00
Walk begins at 4:00
Kids Run begins at 5:00
5km Race begins at 6:00
Team Relay begins at 6:00

1st 150 registered runners & walkers to register receive a T-Shirt!

Exciting Prizes

Walkers & Runners: Prizes awarded to the individuals with the highest pledges

Runners: Exciting Prizes for the top Male & Female in each 5 yr age category

Corporate Sponsor Teams: Corporate name engraved and possession of the trophy for 1 year is awarded to the fastest team

Register Now!
www.hbia.ca

5km run \$40
 1km Kids run \$25

No fee to enter in the walk but a minimum of \$25 in pledges must be collected to receive a t-shirt

Directions for Race Day

The event starts and ends at Williams Coffee Pub at 47 Discovery Drive. Follow Highway 403 to the Main Street East exit. Proceed east on Main Street to the downtown core. Turn Left at James Street and follow it to the end at Guise Street. Turn Right at Guise Street and then Left on Discovery Drive.

