

2022 · WHAT ISSUES SHOULD I CONSIDER WHEN REVIEWING MY HEALTH AND LIFE INSURANCE POLICIES?

HEALTH INSURANCE ISSUES	YES	NO
<p>Are you married, and do you each have employer-sponsored health insurance? If so, consider reviewing both health insurance options to see which is best for you. Review monthly premiums, deductibles, co-pays, out of pocket expenses, any employer HSA matching, and the doctors in the network.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Are you paying for health insurance coverage on your own (such as the Health Insurance Marketplace)? If so, consider the following:</p> <ul style="list-style-type: none"> ■ Your coverage may automatically renew, but shop other plans before you let it auto-renew by looking at the total cost (monthly premium, deductibles, co-pays, out of pocket expenses, and the doctors in the network). ■ If your income or family size has changed, your eligibility for subsidies may change. 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Are you on Medicare? If so, consider the following:</p> <ul style="list-style-type: none"> ■ If moving to a new state, review what Medicare Supplement and Advantage plans are offered in your new location. ■ If you have lost creditable drug coverage from an employer plan, enroll in Medicare Part D within 63 days to avoid lifetime penalties. ■ Review your drug needs as Part D and Medicare Advantage plans will change their drug coverage year to year. 	<input type="checkbox"/>	<input type="checkbox"/>

LIFE INSURANCE ISSUES	YES	NO
<p>Have your life insurance needs changed? If so, consider the following:</p> <ul style="list-style-type: none"> ■ The need to fund future expenses (such as raising children or funding college) or to fund future goals. ■ The ability to pay off new debts (like a mortgage). 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Has there been a change to your life insurance coverage (including employer benefits)? If so, consider how this would impact your financial situation.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Do you own any permanent life insurance? If so, consider the following:</p> <ul style="list-style-type: none"> ■ If you haven't reviewed the policy in a few years, request an in-force illustration to review policy performance. ■ Review the current premium, how dividends are being used, and how the cash value is accumulating. 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Do you own any term insurance? If so, consider the following:</p> <ul style="list-style-type: none"> ■ Review the number of years left on the policy and if a new policy will be needed. ■ Review the conversion terms and options. ■ If you own annually renewable term insurance, review the policy premium and if new policies may be more cost-effective. 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Do the owners and beneficiaries of your policies need to be reviewed? If so, consider whether an ILIT is appropriate, and ensure that primary and contingent beneficiaries are properly designated.</p>	<input type="checkbox"/>	<input type="checkbox"/>

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DISABILITY INSURANCE ISSUES	YES	NO
<p>Has there been a change in employer coverage? If so, consider how this would impact your financial situation if you were to become disabled.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>If your employer provides disability insurance, do you need to review the coverage to determine if it is adequate? If so, consider the following:</p> <ul style="list-style-type: none"> ■ If you become disabled, you may be eligible for Social Security Disability in addition to employer-provided coverage. Be mindful of any Social Security offset provisions. ■ If there is a gap between what you may receive and your income needs during a disability, you may be able to purchase additional disability insurance. ■ If there is a job change in the future, consider purchasing private disability insurance that is not tied to an employer. 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Do you need to understand any of the details of how your disability insurance works (such as waiting periods, definitions of disability, coverage amounts)? If so, check your disability policy.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Do you need to review your total disability income sources (including Social Security, employer disability policies, and individual policies)? If so, review the policies to see if you are under or over-insured.</p>	<input type="checkbox"/>	<input type="checkbox"/>

LONG-TERM CARE INSURANCE ISSUES	YES	NO
<p>Do you need to review the policy to ensure that it still meets your needs? If so, consider the following:</p> <ul style="list-style-type: none"> ■ Review the services offered, such as home-care, assisted living, and nursing home care. ■ Review the benefit amount (fixed or inflation-adjusted) and benefit period. ■ Review specific features (elimination period, discounts, waiver of premiums, inflation rider, etc.). 	<input type="checkbox"/>	<input type="checkbox"/>
<p>Have you received any notices of a premium increase? If so, review the new options provided, taking into account changes in benefit amounts, COLA, premium, and elimination periods. Also, consider the insurer's history of rate increases.</p>	<input type="checkbox"/>	<input type="checkbox"/>
OTHER INSURANCE ISSUES	YES	NO
<p>Do you need to review your insurance company? If so, check to see if there are any bundling discounts and if there have been any changes to their financial strength rating.</p>	<input type="checkbox"/>	<input type="checkbox"/>

Root. Nourish. Grow.

If Money wasn't a barrier, what would your life look like? This is a question we ask each and every client. How would you like your money to support your life? We believe that "Life is about events, supported by your dollars and cents" and at Rooted Planning Group, we know that when your roots are strong, your trunk and branches are well positioned for growth.

We want to ensure you get to that ideal life in the most graceful way possible. So you can save for that big purchase, send the kids off to college, and retire! Rooted Planning Group is a fee only planning group, so we only do what is in your best interest.

A Message from our Founder, Amy Irvine, CFP®, EA, MPAS®, CCFC

I started Rooted Planning Group out of frustration, because I really wanted to help clients build their wealth in a "different" way than the traditional wealth management firm. We are an all-female, ensemble fee-only financial planning firm, and I established our firm to always act as a fiduciary. Our services include cash flow analysis, goal planning, debt reduction and planning, student loan planning, tax planning (and preparation), education planning, investment planning, employee benefits, and risk planning.

We typically work with professional women and couples who fall in the Gen-Y, Gen-X or late-stage baby boomer age range. A fair number of our clients are lawyers, engineers, and small business owners.

It is our greatest desire to help other women feel empowered about their finances. We strive to help people grow their wealth, which sometimes means we start in the negative, with the goal of growing to the positive.

For more information and disclosures about our firm, visit: www.rootedpg.com

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