

The **Problem** with Prescribing Restrictions for Migraine Medications

YOUR DOCTOR KNOWS:



Your migraine



Your treatment history



Your comorbidities



BUT THAT'S **NOT ENOUGH**
FOR INSURANCE COMPANIES



Some health plans say
**YOUR DOCTOR CAN'T
PRESCRIBE TARGETED
MIGRAINE MEDICINES**

WITHOUT BEING:



A neurologist



A headache specialist



A member of the United
Council for Neurological
Subspecialties

BUT THERE ARE FEWER THAN

500 SPECIALISTS IN THE U.S...

and **38 million** people
with migraine.



PATIENTS MUST **WAIT** TO SEE A
PHYSICIAN WHO CAN TREAT THEM...



...WHILE PHYSICIANS WHO MEET
INSURERS' CRITERIA **STRUGGLE**
TO SEE EVERY PATIENT.



The Headache
& Migraine
POLICY FORUM

Restrictions on
Prescribers Restrict
People with Migraine

LEARN MORE ▶