The Problem with Prescribing Restrictions for Migraine Medications

Your doctor knows:
- Your migraine
- Your treatment history
- Your comorbidities

But that’s Not Enough for insurance companies

Some health plans say your doctor can’t prescribe targeted migraine medicines without being:
- A neurologist
- A headache specialist
- A member of the United Council for Neurological Subspecialties

But there are fewer than 500 specialists in the U.S...
and 38 million people with migraine.

Patients must wait to see a physician who can treat them...

Restrictions on Prescribers Restrict People with Migraine

...while physicians who meet insurers’ criteria struggle to see every patient.

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