

# WHY CAN'T MIGRAINE PATIENTS ACCESS **COMBINATION** THERAPY?



TO MANAGE MIGRAINE DISEASE, patients sometimes need to combine multiple medicines such as:



**Preventive medication**  
to stop migraine attacks before they start



**Pain medication**  
to cope during attacks



**Anti-inflammatory drugs**  
to help end a migraine attack



Known as **“COMBINATION THERAPY,”** the approach has been common in migraine treatment for years.



1980



2000



2019

But now health plans want to limit combination therapy to

**PROTECT THEIR OWN  
BOTTOM LINES...**

...leaving patients with yet another **STRUGGLE.**



The Headache  
& Migraine  
POLICY FORUM

Migraine disease + health plan interference is **not** a good combination for patients.

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