



How Businesses & Employees Benefit

from Migraine Management Programs



A company in the EU piloted a migraine management program for its employees.



Here's what happened.

The migraine management program had 2 components.

AWARENESS CAMPAIGN



- Goals:
- ↑ Increase Understanding
 - ↓ Decrease Stigma



Awareness Booth



Newsletters & Brochures



Email Messages



Expert Speaker

CASE MANAGEMENT



Action Plan for Stress Management, Nutrition & Lifestyle Habits



Individualized Telecoaching



Screening Calls & Questionnaire



Referral to Specialists



- Goals:
- + Facilitate Treatment
 - + Empower People with Migraine Disease

BENEFITS

The program benefited both the company & its employees.

Reduced costs due to absenteeism



+10.8
Net working days added per year

Employer return on investment **490%**



+13.6
Added days for personal & social life



More migraine-friendly workplace



MIGRAINE AT WORK