

# Migraine Disease

## American Indians and Alaskan Natives

Migraine disease is the **2<sup>nd</sup> LEADING CAUSE** of global disability.

In the United States, American Indians & Alaskan Natives have the highest prevalence of disabling headache attacks.



More than **HALF A MILLION** American Indians & Alaskan Natives

who receive care under the Indian Health Service experience migraine or severe headache attacks.

Access to care is limited by the lack of available headache specialists.



American Indians and Alaskan Native would benefit from Headache Disorders Centers of Excellence like the successful programs in the Veterans Health Administration. These centers would cover:



Consultations & Direct Care



Education & Training



Telehealth



Research

The Indian Health Service has:

**0**

Doctors with a United Council for Neurologic Subspecialties certification in headache medicine.

Only **1**

Neurologist for every 125,000 people in the Phoenix/Navajo service areas.



**The Headache & Migraine**  
POLICY FORUM

American Indians and Alaskan Natives need Headache Disorders Centers of Excellence.

[headachemigraineforum.org](http://headachemigraineforum.org)