

STEP THERAPY & Migraine



Step therapy requires people living with migraine to first try medications

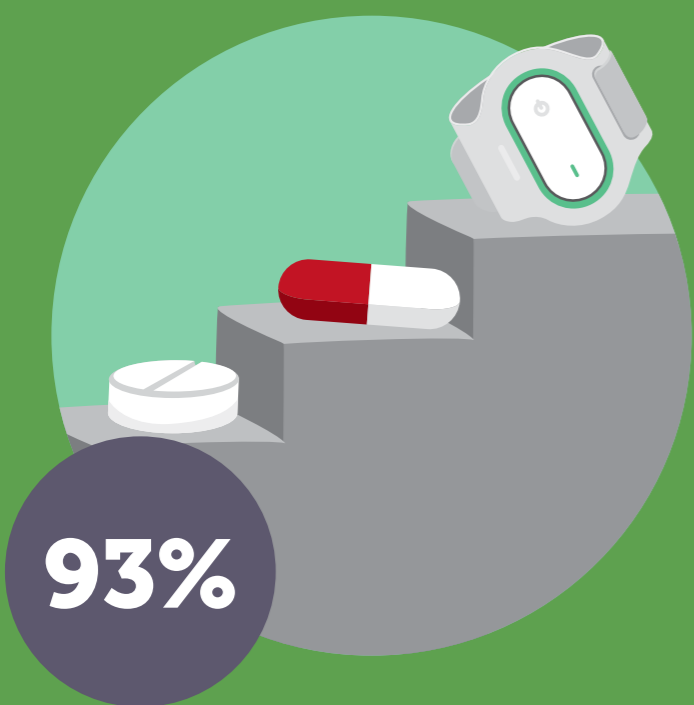
PREFERRED BY THEIR HEALTH PLAN

before getting the medication or device their clinician prescribed.



IT IS ALSO KNOWN AS "FAIL FIRST."

People living with migraine reported:



experiencing step therapy



having to try 3-5 medications before accessing the medication or device initially prescribed



having to wait 2-6 months to get the medication or device they were prescribed

When people living with migraine are forced to fail first, they:

57% experience migraine attacks more frequently

31% have to visit the ER or urgent care for migraine attacks



41% develop more severe migraine attacks

89% struggle to manage their disease