SMOOTHIES

Our smoothies are delicious, luscious, frozen yummy concoctions with no fillers. They are great as a light meal, snack or dessert.

PINEAPPLE SMASH $8.25
Pineapple, Ginger, Turmeric, Lemon, Maple, Kombucha

SPRING ALIVE $7.50
Blueberry, Strawberry, Dried Mango, Spirulina, Gelato, Chia, Coconut Milk

LUST ALIVE $7.00
Strawberry, Banana, Fresh Ginger, Cinnamon, Raw Cacao, Gelato, Coconut Milk

COCONUT ALIVE $7.00
Banana, Coconut Oil, Gelato, Coconut Milk

ELVIS ALIVE $7.00
Peanut Butter, Raw Cacao, Banana, Gelato, Coconut Milk

BLUE MAGIC $7.75
Blue-Green Algae, Vanilla, Chia, Coconut Oil, Gelato, Coconut Milk

HARVEST ALIVE $7.50
Kale, Avocado, Lemon Juice, Banana, Chia, Date, Coconut Milk

LOVE ALIVE $7.00
Blueberry, Strawberry, Banana, Date, Chia, Coconut Milk

STRAWBERRY BLONDE $7.75
Strawberry, Raspberry, Ginger, Lemon, Dates, Maple Water

MACA MALT $7.75
Maca, Raw Cacao, Cashew, Maple, Gelato, Coconut Milk

AÇAI BOWL $9.25
Topped with fresh blueberries, peanut butter, spiced peanuts, coconut & hemp crunch

FRESH JUICES 12OZ

THRIVE ALIVE $6.50
Carrot, Apple, Ginger

LIFE ALIVE $7.25
Apple, Beet, Carrot, Celery, Kale, Wheatgrass

SPICY GREEN TONIC $7.25
16 oz
Pineapple, Jalapeño, Apple, Mint, Cilantro

GO GREEN $7.25
Cucumber, Kale, Lemon, Green Apple, Aloe

GINGER CRUSH $5.00
Ginger, Lemon, Maple Syrup, Crushed Ice, Pure Water

REVIVE ALIVE $8.25
Apple, Carrot, Turmeric, Ginger, Lemon, Honey, Cinnamon, Apple Cider Vinegar

ORANGE BLOSSOM $7.25
Lemon, Ginger, Turmeric, Carrot, Green Apple, Orange Blossom Water

SUPERHERO ALIVE $7.75
Carrot, Apple, Ginger, Spirulina, Cayenne, Garlic, Apple Cider Vinegar, Honey, Pure Water

SHOTS

WHEATGRASS
1 oz $3.00

FRESH JUICED TUMERIC
1 oz $1.50

FRESH JUICED GINGER
1 oz $1.50

FIRE TONIC
1 oz $2.50

Please inform us of any allergies before placing your order

Feed Your Vitality

RESTORE YOUR WHOLE SELF

Organic meals, smoothies and juices that renew your energy and connection to life

HOURS
Mondays - Saturdays 8am - 10pm
Sundays 10am - 9pm

Take Out is ready fast!

Order online at www.LifeAlive.com or Download our App

765 Massachusetts Avenue, Cambridge MA | 617.354.5433

We are also located in Downtown Lowell, Historic Salem, & Brookline
WARM GRAIN BOWLS
Everything we serve you is vibrant, therapeutic food – as healing for your body as it is delicious in your mouth! We urge you to notice how you feel after eating!

ALL GRAIN-BASED MEALS ARE AVAILABLE 3 WAYS:
BOWL $9.75   MAKE IT A WRAP +$1   DEMI $6.95

RAINBOW HARVEST
Lemon flax brown rice, whipped sweet potato, beets, carrots, broccoli, kale, tofu & sprouted legumes with Ginger Nama sauce & micro greens

AVOCADO SOL (bowl only)

THE ADVENTURER
Our Sesame Ginger Nama Sauce meets a colorful mix of corn, beets, broccoli, kale, cheddar, tofu, sprouted legumes & tamari almonds over quinoa & brown rice.

THE HEALER
Our Nutri-Lemon Flax Sauce with kelp & nutritional flakes enriching broccoli, kale & microgreens over short grain brown rice.

THE SWAMI
Our Sweet Curry Miso Sauce initiating a flavorful mix of tamari almonds, raisins, carrots, broccoli, kale, & sweet onions over brown rice with a sprinkle of nutritional flakes.

THE INNOCENT
Our Ginger Nama Shoyu Sauce seasoned with high lignan flax oil, kelp & nutritional flakes, sweet corn, carrots, broccoli, & tamari almonds over quinoa & short grain brown rice.

THE LOVER
Juicy, messy, & fantastic because of it! Wild & meaty shiitake mushrooms, carrots & beets, broccoli, & kale smothered in our Ginger Nama Shoyu sauce over brown rice.

THE EMPEROR
Our velvety Miso Sauce smothering sweet corn, carrots, sundried tomatoes, kale, tofu, sprouted legumes, cheddar cheese & microgreens all over brown rice.

THE GREEN GODDESS
Our Ginger Nama Shoyu Sauce enhanced by fresh garlic & high lignan flax oil, empowering avocado, broccoli, kale, tofu & sprouted legumes over short grain brown rice.

SALAD BOWLS

BOWL $9.75   MAKE IT A WRAP +$1

LIVING CAESAR
Bright & blissful lemon cashew caesar with kale, micro greens, hempseed parmesan, capers & chick pea croutons.
DEMI $6.95

HOUSE SALAD
Arugula & maple basil balsamic with fresh corn, shaved carrots & radishes, cucumber, tomato, feta & crispy chic peas.
DEMI $6.95

BANH MI
Vietnamese salad with cabbage, mint, cilantro, rice noodles, marinated tofu, peanuts, sweet pickles, spicy cashew aioli & Sesame Ginger vinaigrette.

APHRODITE
Tahini hummus piled with pickled cauliflower, tomato, carrots & radish, kalamata, Tahini Vinaigrette & crispy chic peas.

TOFU PEANUT SATAY
Shredded napa cabbages, cucumber, carrots & radishes in Sesame Ginger vinaigrette with cilantro, scallion, marinated peanut tofu & crushed peanuts.

SIMPLE SNACKS - $4.50

HUMMUS BOWL
Cold pressed olive-oil, chili oil, radish & carrots, warm tortilla

DEVIL EGGS
Cashew aioli, pickled jalapeño, microgreens, smoked paprika & sea salt.

STEAMED EDAMAME
Sea salt & togarashi

STEAMED CORN
Steamed local corn on the cob, lemon garlic cashew aioli, pickled pink onions, jalapeños & smoky yeast.

MAKE IT MORE DELICIOUS - $2

STEAMED EGG
the perfect protein

ROASTED TAMARI ALMONDS
crunchy & salty

TAHINI HUMMUS
sprinted chickpeas

WHIPPED SWEET POTATO
maple & coconut oil

AVOCADO
the good green fat

TEAS

WILD-CRAFTED TEAS $3.00

SPEARMINT MATCHA LATTE $3.75
with Oat Milk - hot or iced

KOMBUCHA ON TAP $4.50

CHAGA CHAI $5.25
medicinal mushroom tea & oat milk - hot or iced

LATTES

ARNOLD PALMER $3.75
with lemon essential oil - iced

TURMERIC, Ginger, Cinnamon, Cayenne, Black Pepper, Maple

LIBIDO BOOSTING
HEART BEET
Rose Water, Red Beet, Maple

BE YOUR HIGHEST SELF $4.75
Created with housemade coconut creme, enjoyed hot or iced.

MOOD & ENERGY ELEVATING
OCEAN BLUE $9.75
Blue-Green Algae, Maca, Vanilla, Maple, Sea Salt

STRESS REDUCER
MATCHA $5.25
Ceremonial Grade Matcha, Honey

INFLAMMATION DECREASING
GOLDEN MILK $3.75
Turmeric, Ginger, Cinnamon, Cayenne, Black Pepper, Maple

LUXURIOUS DETOXER
MEXICAN CHOCOLATE $5.75
Activated Charcoal, Cacao, Cinnamon, Cayenne, Maple

SOUPS
Soups made right here - every single day

SOUP IN A BOWL $5.95

GRILLED WRAPS

THE HOT & HEALTHY BACHELOR
Melted cheddar, hardboiled egg, broccoli, kale, Braggs & nutritional flakes, warmly nestled in a soft whole-wheat tortilla.
$9.75

KIDDIE QUESADILLA
A simple & comforting soft whole-wheat tortilla enfolding delicious melted cheese & nutritional flakes.
$5.50

NOODLES
BLONDE MISO (bowl only)
Chic pea ginger miso broth, udon noodles, broccoli, shiitake & egg. Finished with purple cabbage, kimchi, scallion & enoki mushroom.

THE FOOL II (bowl only)
Udon noodles with Sesame Ginger vinaigrette, tofu, kale, shiitake & onion. Finished with pickled carrots, lemon, togarashi & scallion.

(available with gluten free rice noodles)

(available with gluten free rice noodles)