Greek Orthodox Archdiocese of America

HOLY TRINITY GREEK ORTHODOX CHURCH
10 MILL ROAD, NEW ROCHELLE, NEW YORK 10804
Phone # (914) 235-6100

FrAnctil@aol.com
OFFICE MANAGER: Gigi Longo-Gurr
PASTOR: V. Rev. Nicholas Anctil
EMERGENCY PHONE: Cell # (914) 522-6732
RENTALS: Ron Nicholas
PRESIDING CLERGY: Rev. Demetrios Balidis
CARETAKER: Claudia Perez

2024 PARISH COUNCIL MEMBERS

PRESIDENT: George Kondos
VICE PRESIDENT: Dino Yotides
SECRETARY: Art Prifti
TREASURER: John Copulos, Harry A. Fotiadis, Cynthia Herzegovitch, Despina Kartson, Nickolas Kinas, Jon Kohilakis, Stephanie Madouros, Helen Morik, Joseph Pantginis, George Papademetriou, Manuel Russon, Marina Sirras, George P. Williams, Elizabeth Zoulis
Honorary Members: Tom Dushas, Philip Koutsis, Nicholas Lyras, Zachary Marantis, James Zafiros, William S. Zegras

SCHOOLS

Greek School Director: Georgia Konstantinou
Sunday School Directors: C. Mavrovitis, T. Kusulas

COMMITTEES

Archdiocese Liaison: Executive Board
Audit: A. Prifti, J. Kohilakis
Adult Religious Education: Dr. M. Lootens, Dn. Patrick
Choir Liaison: Helen Morik
Compensation: A. Prifti, G. Williams, D. Yotides
Agape: T. Dushas, M. Louros
Easter Feast: S. Karagis, P. Koutsis, M. Louros
Elections: N. Kinas, S. Madouros, E. Zoulis
Board of Elections: TBD at General Assembly
Property Acquisition - Executive Committee
Greek School Liaison: R. Nicholas, E. Zoulis
Gym: C. Papademetriou, J. Resvanis
Office: G. Kondos, D. Yotides
Rental: R. Nicholas, G. Kondos
Insurance: D. Kartson, H. Fotiadis, G. Hatjiygeorge
Young at Heart: G. Curtis, L. Curtis

Stewardship: D. Yotides
Youth: J. Kohilakis, T. Primis
Technology: A. Prifti, J. Kohilakis, M. Russon
Festival: G. Kondos, A. Benekos, J. Copulos, D. Yotides, R. Nicholas
Ventresea, T. Primis, J. Dos Santos, C. Papademetriou, G. Papademetriou, G. Kourakos, H. Fotiadis, M. Sirras
Lanscaping/Maintenance: J. Karagandis, G. Williams, D. Yotides, R. Nicholas
Narthex Scheduling: D. Yotides, G. Kondos
Sunday School: C. Mavrovitis, T. Kusulas
Kitchen: D. Yotides, E. Zoulis, S. Madouros, M. Sirras
Board Committee: H. Fotiadis, N. Kinas, M. Sirras
Executive Committee

MINISTRIES AND ORGANIZATIONS

Philoptochos: A. Gerakis
JC Choir: G. Mavroviitis
Psaltis: J. Pantginis
“Mommy & Me: S. Rentoulis
GOYA: A. Cossifos, A. Modroukas, G. Benekos
JOY: S. Tsesmelis
HOPE: R. Poiris
Youth Coordinator: A. Cossifos
Mr. & Mrs. Club: R. Koutsis, P. Costakos
Greek Dance Troupe: E. Metaxas, N. Gregory
Monday School: Dr. M. Lootens, D. Patrick
Greek School PTA: S. Resvanis
Young at Heart: Lori and George Curtis

The TRINITARIAN is a publication of HOLY TRINITY GREEK ORTHODOX CHURCH and is published approximately 6 times per year. EDITORS: Fr. Nicholas Anctil, Gigi Longo-Gurr, and Angelica Pantginis
Message From Father Nick

April 2024

Dear Fellow Parishioners,

Have you ever noticed that many of us see church attendance as an obligation and a troublesome duty, rather than a gift? We need to be mindful of the fact that living in a society of countless temptations, we badly need the encouragement of one another to help us become and remain strong Christians. It is only by supporting one another that we are able to avoid distraction, remain focused, and order our priorities rightly. That is why St. Paul writes “Let us not give up the habit of meeting together…but let us encourage one another all the more” (Heb. 10:25)

In visiting the many home-bound parishioners of our Parish, I am struck by the fact that although they may no longer be able to attend church because of physical limitations, their deprivation does not cause their faith to cool or their enthusiasm to wane. Following Covid and the on-line ability to watch the Liturgy, they still await one of us to offer the Sacraments of the Church when we visit them as well as the emails and publications from the parish. Their forced confinement is not marked by a decline in faith, but in a deepening of their spiritual lives.

What a lesson they provide for us! For those who attend church, they are a reminder that our presence at worship is not the fulfillment of a responsibility but the receipt of a gift and an opportunity for respite and renewal. For those others of us, all other superficial excuses aside, who are unable to attend worship because of illness, the limitations of age, the special responsibilities of our livelihood or any other legitimate reason, these deeply spiritual people encourage us not to feel forgotten and not to allow indifference to undermine our faith. We are all a part of the church even when, for good reason, we cannot attend. Like the home-bound, we too can pray for the church, the clergy, for the ministry, the needs and all the people. At the same time, those of us who are not limited must take the church to those who cannot attend. Might WE visit them regularly, bring them and the other a gift, and be God’s presence in their lives. In this way we “bear one another’s burdens, and so fulfill the law of Christ.” (Gal. 6:2)

This year Great Lent began on March 18th, I would ask that you commit yourself and your family this Lenten season to becoming regular participants in the life of the Church through personal participation in the Holy Services, Fasting and Prayer.

A Blessed Lent,

Fr. Nick

Schedule of Services – April and May, 2024

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>April 3rd</td>
<td>Pre-Sanctified Divine Liturgy. 6:00pm</td>
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<tr>
<td>Friday</td>
<td>April 5th</td>
<td>3rd Salutations to The Virgin Mary. 7:00pm</td>
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<tr>
<td>Sunday</td>
<td>April 7th</td>
<td>3rd Sunday of Lent. Orthros. 9:00am</td>
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<td></td>
<td></td>
<td>Divine Liturgy and Sunday School. 10:00am</td>
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<td>SUNDAY OF THE CROSS and GODPARENTS SUNDAY</td>
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<tr>
<td>Wednesday</td>
<td>April 10th</td>
<td>Pre-Sanctified Divine Liturgy. 10:00am</td>
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<tr>
<td>Friday</td>
<td>April 12th</td>
<td>4th Salutations to The Virgin Mary. 7:00pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>April 14th</td>
<td>4th Sunday of Lent. (St. John Climacus) Orthros. 9:00am</td>
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<tr>
<td></td>
<td></td>
<td>Divine Liturgy and Sunday School. 10:00am</td>
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<td></td>
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<td>GREEK INDEPENDENCE DAY PARADE – NYC</td>
</tr>
<tr>
<td>Wednesday</td>
<td>April 17th</td>
<td>Pre-Sanctified Divine Liturgy. 6:00pm</td>
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<tr>
<td>Friday</td>
<td>April 19th</td>
<td>AKATHIST HYMN. 7:00pm</td>
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<tr>
<td>Sunday</td>
<td>April 21st</td>
<td>5th Sunday of Lent. (St. Mary of Egypt) Orthros. 9:00am</td>
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<tr>
<td></td>
<td></td>
<td>Divine Liturgy and Sunday School. 10:00am</td>
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</tbody>
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NO CHURCH SERVICES DURING THE WEEK OF APRIL 22nd TO THE 25th

HOLY WEEK SERVICES WILL BE SENT UNDER SEPARATE COVER

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Service</th>
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</thead>
<tbody>
<tr>
<td>Thur</td>
<td>May 9th</td>
<td>Great Vesper Service at Zoodoxos Peghe in Bronx. 7:00pm</td>
</tr>
<tr>
<td>Fri</td>
<td>May 10th</td>
<td>ZOODOXOS PEGHE. Divine Liturgy at 10:00am. Only at Z. P. Church in the Bronx.</td>
</tr>
<tr>
<td>Sun</td>
<td>May 12th</td>
<td>Sunday of Thomas. MOTHERS DAY. Orthros. 9:00am. Divine Liturgy and Sunday School. 10:00am</td>
</tr>
<tr>
<td>Sun</td>
<td>May 19th</td>
<td>Sunday of the Myrrh Bearing Women. Orthros. 9:00am. Divine Liturgy and Sunday School. 10:00am</td>
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<tr>
<td>Tue</td>
<td>May 21st</td>
<td>S.S Constantine and Helen. Orthros and Div. Lit. 9:30-11:00am am</td>
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<tr>
<td>Sun</td>
<td>May 26th</td>
<td>Sunday of the Paralytic. Orthros. 9:00am</td>
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<tr>
<td></td>
<td></td>
<td>Divine Liturgy. 10:00am. No Sunday School. MEMORIAL DAY WEEKEND AND GOYA OLYMPICS</td>
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</tbody>
</table>
Prayer

One key to a more fulfilling life is prayer. For Orthodox Christians, the aim of prayer is to enter into conversation with God. Prayer is sometimes referred to as dialogue with God. Often it is a waiting on God in silence.

In the church it is defined as the lifting of the mind and heart to God, and also as walking in the presence of God. We turn our mind and thoughts towards Him. We mentally gaze at Him and speak with Him in reverence, fear, and hope. At times we speak to Him with words and at other times we stand in reverent silence. Saying nothing, but being aware of His presence. In this dialogue with God we praise Him and thank Him. We ask Him for what we need. Our mind and our hearts are open to Him.

Prayer is not only repeating words, it is trust in God that he hears and directs us in His Way involving spiritual growth and development.

The Prayer of St. Ephraim the Syrian

Read each weekday during Great Lent

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience, and love to Thy servant.

Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages.

Amen.

Prayer to the Holy Spirit

Heavenly King, Comforter, the Spirit of Truth, present in all places and filling all things, the treasury of blessings and Giver of life: Come and abide in us. Cleanse us from all impurity, and save our souls, O Gracious Lord.

Jesus’ Instructions on Fasting

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face so that you do not appear to men to be fasting but to your father who is in the secret place; and your Father who sees in secret will reward you openly."

Gospel of Matthew Chapter 6:16-18
Guidelines for Fasting

| Strict Fast ~ No Meat, Fish, Milk, Dairy Products, Oil, or Oil Products |
| Palm Sunday ~ Fish, Oil & Wine permitted |
| FEAST OF THE ANNUNCIATION/MARCH 25TH ~ All day: Fish, Oil & Wine Permitted |
| Shellfish are permitted throughout Great Lent |

The fast for the forty days of Lent is indicated below, though many are not able to hold to the strict fast. We offer the following guidelines to be considered prayerfully with the guidance of your spiritual father and in consideration of any medical conditions or dietary requirements.

ST. JOHN CHRYSOSTOM ON FASTING

Do you fast? Give Me Proof of it by your works.
If you see a poor man, take pity on him.
If you see a friend being honored,
do not envy him.
Do not let only your mouth fast, but also the eye and the ear and the feet and the hands and all the members of our bodies.
Let the hands fast, by being free of avarice.
Let the feet fast, by ceasing to run after sin.
Let the eyes fast,
By disciplining them not to glare at that which is sinful.
Let the mouth fast from foul words and unjust criticism.
For what good is it if we abstain from birds and fishes, but bite and devour our brothers?
May He who came to the world to save sinners strengthen us to complete the fast with humility, have mercy on us and save us.

Have no anxiety about anything, but in everything by prayer and fasting with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding will keep your hearts and your minds in Jesus Christ.
~St. Paul’s letter to the Philippians

2024 Children’s Services for Holy Week

*updated times and locations for Children's Services*

Saturday of Lazarus – April 27th
10:00 am. Liturgy followed by Breakfast, Saturday of Lazarus bread making, and PALM CROSS making

Holy Wednesday – May 1st
Holy Unction Service – 4:00pm

Holy Friday – May 3rd
Epitapheio Service - 4:00pm

Easter Sunday – May 5th
Agape Service - 11:00am followed by Easter Egg Hunt
EASTER LILY DRIVE

Dear Father Nick,

Please accept my donation of $____ for ____ Easter Lilies.

They are being donated ___ in honor of _________________________

__________________________

___ in memory of _________________________

__________________________

Name of Donor

__________________________

Address of Donor

__________________________ City ____________________________ State __________________________ Zip Code

January 1, 2024

Brothers! Happy New Year 2024!

Dear Brothers, on behalf of the Executive Board and myself, we would like to wish everyone a Happy, Healthy, Safe and Prosperous New Year 2023!

Brothers, we want to thank you for your continued support and love for OUR Chapter, and please note that we could not have done any of the good works in 2023 without each of you!

Our doors are always open and we welcome ALL with open arms! Kindly bring a family member, a friend or good neighbor with you to our meetings and have them learn and share what good Hellenic Pacea and Philomoria is all about! Have them learn what we do as AHEFANS and good Greek orthodox Christians!

WE DO NOT PLAY POLITICS, AS ALL ARE WELCOME IN OUR CHAPTER SANDBOX TO PARTICIPATE!

DATES FOR OUR MEETINGS AND EVENTS:

Thursday, January 18, 2024 7:00PM Meeting

Sunday, February 11, 2024  6:00PM Super Bowl Party

Thursday, February 15, 2024  7:00PM Meeting

Saturday, February 24, 2024  6:00PM–9:00PM AHEF Greek Movie and Meze Night

Thursday, March 21, 2024  7:00PM Meeting/St-Pat’s Event to honor Br. JCK!

Sunday, April 16, 2024  1:00PM Annual Greek Parade on 5th Avenue NYC

Thursday, April 18, 2024  7:00PM Meeting

Thursday, May 16, 2024  7:00PM Meeting

Tuesday, May 21, 2024  9:00AM Annual Golf Outing Leewood Golf Club

Sunday, June 16, 2024  13:00PM AHEFA Graduate Scholarship Award Brunch

Thursday, June 20, 2024  7:00PM Meeting

We will keep you updated with respect to any changes or new events, and look forward to seeing you throughout the year!

Respectfully and Fraternally,

Brothers, Harry, Nick, Jon and Jimmy
Save the Date

AHEPA Chapter #405
James Plevritis-Joseph C. Keane

2024 Golf Outing

Tuesday
May 21, 2024
Benefiting
AHEPA Scholarship & Charity Funds

Leewood Country Club
The Club of Babe Ruth
1 Leewood Drive
Eastchester, NY 10709

Save the Date

Holy Trinity Basketball BBQ

Saturday May 11th, 5-8PM
Church Grounds
Invite to Follow
GREEK ORTHODOX ARCHDIOCESAN
DISTRICT OLYMPICS
MAY 24-26, 2024
SUFFOLK COMMUNITY COLLEGE

Save the date! Join team Holy Trinity at the Greek Olympics!

The Olympics are an opportunity for Holy Trinity’s youth ages 7-18, who are active in the community, to participate in various activities such as chess, swimming, soccer, track and field and volleyball alongside other parishes.

It is a weekend promised to be full of fun and community bonding for both our youth and their families!

FOR MORE INFORMATION CONTACT:
ALEXIS ANTONCCHIA (NEWROCHELLEGOYA@GMAIL.COM)
GOYA AGES 13-18
ANDA BENEKOS (AVAGENAS@HOTMAIL.COM)
JOY AGES 7-12
OR VISIT WWW.GOADO.COM

Holy Trinity Library

As we all prepare for Pascha, you might want to consider borrowing a book from our library. In both the children's and adult sections, we have excellent books on Lent, Holy Week, and Easter that will deepen your understanding and appreciation of this most important time period in our church calendar.

Akathist Hymn books are available for sale in the narthex, which will help you to follow along with the beautiful Salutations Service dedicated to the Virgin Mary during the first five Fridays of Lent. In addition, we will have Holy Week Easter books available for sale there on Palm Sunday and during Holy Week.

We are very grateful for some recent donations to the library. Nick Katsoris kindly donated the following:

* Inspiring Stories that Make a Difference By 75 Kids Who Changed Their World
* Loukoumi and the Schoolyard Bully
* Loukoumi’s Good Deeds

Kathy Haverlack generously added these titles to our library’s collection:

* Orthodox Christian Readings: A Selection of 366 Readings on the Ancient Christian Faith
* Orthodox Christian Prayerbooks: A Service Guide to the Ancient Christian Faith
* The Tools of Spiritual Warfare
* The Prison Diary of Saint Perpetua: The First Known Writing from the Hand of a Christian Woman

Best wishes to our Holy Trinity community for a blessed Lent, Holy Week, and Pascha! Kali Anastasi!
Young at Heart

The Young at Heart have been having a fun time. We started off with a hilarious Halloween Party, many members wore wonderful customs. We went to see the musical Anastasia and then delicious dinner at Greca Mediterranean Kitchen & Bar. Our Christmas meeting was fun with many members winning a raffle prize. In January we went to Resort World Casino. Some of our members won but most of us lost money gambling but we had fun. Our Saint Patrick luncheon, Chef Manny Louras served us authentic Irish corn beef and cabbage and soda bread and plenty of vegetables.

We are planning more exciting activities in the coming months. In April we are going to the Culinary Institute of America on April 11th and a tour of the Vanderbilt Mansion after lunch. The last time Michael Zoulis and Maria Zoulis Moschopoulos entertained us with their wonderful music we had our largest turnout of members to enjoy the music and Greek dancing. They will be with us again May 8th. In May we will also visit the New Saint Michael’s Home and lunch.

In June we have our last meeting with a Summer Barbeque. Last year the Young at Heart inaugurated a scholarship for member’s children, grandchildren or great grandchildren. The scholarship will be awarded at the Holy Trinity Scholarship Luncheon on June 16th. Our last outing will be Saturday, June 29th, at Caramoor for the American Roots Music Festival in Katonah.

If you are retired or have free time on the first Wednesday of the month, please come and join us, contact Lori and George Curtis, htyoungatheart10@gmail.com.

HOLY TRINITY NEW ROCHELLE
HOPE & JOY OPEN GYM NIGHT
APRIL 12 & MAY 10
6:30 PM-8:00 PM

RSVP BY 4/10 TO:
HOPE: ROUSA POTIRIS ROUSA.POTIRIS@YAHOO.COM
JOY: SOPHIA TSESMELIS SOPH419@GMAIL.COM

HOPE IS FOR K-3RD GRADE
JOY IS FOR 4TH-6TH GRADE
Goya Upcoming Spring Events 2024

April
- April 7th - Retreat at Holy Trinity, Bridgeport
- April 12th - Escape Room & Dinner
- April 14th - Parade, NYC
- April 21st - Yankee Game
- April 26th - Mandatory Olympics Meeting, GOYA Night, & Confession

May
- May 10th - GOYA Bonfire Night at Church
- May 24th - 26th: Olympics, Long Island

June
- June 28th - End Of Year Party

Greeks Independence Day Parade

Save the Date
April 14, 2024

Transportation Provided by Holy Trinity

After Party in the Social Hall to Follow!

Free for Holy Trinity Families

For more information please call the office, or contact parade co-chairs:
Fr. Demetrios or Barbara Kotsamanidis (914) 235 6100

Contact Alexis at newrochellegoya@gmail.com for more info
Dear Holy Trinity Family,

During this Lenten Season, as we reflect on our many blessings and prepare for Easter, and as we celebrate the beauty of a new spring with its colorful, blooming flowers and trees, and its birds in song, our Philoptochos chapter continues its philanthropic work. In accordance with the Philoptochos Mission Statement, we continue to provide help to the less fortunate, promote the benevolent purposes of our Church through presentations and other educational resources, and preserve and perpetuate the doctrines and customs of our Orthodox faith.

Springtime means Easter Market! Our amazing co-chairs, Andrea Nicholas and Elizabeth Zoulis are diligently and tirelessly working to make this yet another successful event. Proceeds from this important fundraiser directly support our ministries and other philanthropic endeavors. Our members gather to bake, cook, prepare, and pack Lenten and Paschal foods, home-baked Greek pastries, and other related goods. Please support our chapter by volunteering your time, purchasing foods and goods, and/or making monetary donations. Orders for all our Easter Market goodies are being accepted right now! Please refer to the enclosed Easter Market Pre-Order Form.

Until April 17, our chapter will be collecting all types of bags such as handbags, clutches, briefcases, laptop bags and crossbody bags, as part of our Pre-Loved Handbags Drive to benefit women at local outreach programs and shelters in our area. Please consider donating your gently used or new handbag to someone who needs it. Drop off your handbags during the collection period at the brightly decorated box located in the Church’s social hall foyer.

The annual Presanctified Divine Liturgy dedicated to our chapter will take place on Wednesday April 17. After the service, a light Lenten supper will be served followed by an inspirational talk by Matthew Lootens. I look forward to sharing this special evening with you!

For May, our chapter plans a Prosforo-Baking workshop where we will not only bake the Prosforo but learn about what it means. The exact date and details are to be determined. Thinking even further ahead, our chapter’s fun-filled End of-the-Year Party will be held on June 19, 2024. We are also planning a Soap Drive, to collect bars of Dove Soap that will be distributed to the incarcerated women at the Bedford Hills and Taconic Correctional Facilities. Stay tuned for more details about all these future events.

For more information:
Felicia Faia (914) 879-2280 teacher5176@aol.com
Margaret Papademetriou (914) 960-2521 maggiep921@gmail.com
Of course there are many ways to become involved in our chapter, including volunteering for one or more of our Outreach Ministries. Once a month, volunteers at the Carver Center assist food-insecure members of the Port Chester community. Volunteers prepare a meal for HOPE Community Services of New Rochelle six times a year. Our chapter sponsors the weekly Community Food Drive, which is in special, high gear now during the Lenten season. Once a month, volunteers make sandwiches that are delivered to those in need at the Grace Episcopal Church in White Plains. Also, once a month, volunteers prepare and deliver a pasta and salad meal that feeds about 60 grateful friends at the Oasis Shelter in New Rochelle. Through our Soup Run, we provide a meal, toiletry kits, clothes, and various sundry items to the homeless and those living in shelters in Manhattan and elsewhere. Our Philoptochos chapter also provides other ways to be engaged. Every month both the Knitting for Charity Club and our Book Club meet. Visit our Church’s website at www.holytrinitynr.org or stop by our Philoptochos bulletin board in the Church’s social hall foyer for more information about what dates are available for you to participate in any of the Outreach Ministries and for further information about these ministries, clubs, and other forthcoming events.

Finally, remember our chapter is connected. Follow us on Facebook and Instagram where you can see photos, read about our ministries, clubs and events, and see what we all do to make the world better.

With gratitude and love,
Agathy Gerkis
Philoptochos Chapter President
avloula@gmail.com

Pre-Sanctified Divine Liturgy
Dedicated to Philoptochos
Wednesday, April 17, 2024
Liturgy at 5:30 pm

Following the service join us for
a brief general meeting and a

Light Lenten Supper
followed by
an inspirational talk by Matthew Lootons

Please RSVP by April 2, 2024 to
Agathy Gerkis at avloula@gmail.com

We look forward to seeing you.

Please consider donating a Pre-loved Handbag
gently used or new which will be distributed to
women at shelters and local outreach programs.
LOCAL GREEK ORTHODOX CHURCHES

**Zoodohos Peghe Church**
3573 Bruckner Boulevard
Bronx, NY 10461
(718) 823-2030
Rev. Sylvester D. Berberis

**Prophet Elias Church**
15 LeRoy Avenue
Yonkers, NY 10705
(914) 963-3638

**Church of Our Saviour**
2195 Westchester Avenue
East Bronx, NY 10461
(718) 823-2030
Rev. Sylvester D. Berberis

**St. Peter’s Church**
3245 Kingsbridge Ave
Bronx, NY 10463
(718) 549-8775

**Taxiarchal Chapel**
St. Michael’s Home
3 Lehman Terrace
Yonkers, NY 10705
(914) 632-5000

WESTCHESTER HOSPITALS

**NY Presbyterian Lawrence Hospital**
55 Palmer Avenue
Bronxville, NY 10708
(914) 787-1000

**St. John’s Riverside Hospital**
967 North Broadway
Yonkers, NY 10701
(914) 964-4444

**Montefiore Mt. Vernon Hospital**
105 Stevens Avenue
Mt. Vernon, NY 10550
(914) 664-8000

**Montefiore New Rochelle Hospital**
16 Guion Place
New Rochelle, NY 10801
(914) 632-5000

**Northern Westchester Hospital**
400 East Main Street
Mt. Kisco, NY 10549
(914) 666-1200

**White Plains Hospital**
Davis Avenue at East Post Road
White Plains, NY 10601
(914) 681-0600

**Phelps Memorial Hospital**
701 North Broadway
Sleepy Hollow, NY 10591
(914) 366-3000

**Westchester Medical Center**
100 Woods Road
Valhalla, NY 10595
(914) 493-7000

The Ladies Philoptochos Society of Holy Trinity Church, New Rochelle
Easter Market 2024

PRE-ORDER FORM DEADLINE: SUNDAY APRIL 7, 2024

Reserve Your Homemade Pastries, Lenten and Paschal Foods Proceeds to Benefit Philoptochos Ministries and other Philanthropic Endeavors

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<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Quantity</th>
<th>Total</th>
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<tbody>
<tr>
<td>Baklava Phyllo pastry with walnuts and syrup</td>
<td>$27/dozen</td>
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<tr>
<td>Koumbaria Butter cookies (no sesame seeds)</td>
<td>$12/dozen</td>
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<tr>
<td>Koumbaria Butter cookies with finely chopped almonds, dusted with powdered sugar</td>
<td>$16/dozen</td>
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<tr>
<td>Melomakarona Spiced honey walnut cookies</td>
<td>$18/dozen</td>
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<tr>
<td>Lenten Koumbaria Sesame covered, Lenten cookies with a hint of orange and anise (NO DAIRY, NO EGGS)</td>
<td>$12/dozen</td>
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<tr>
<td>Large Pastry Platter Decorated platter of baklava, koumbaria, melomakarona</td>
<td>$35/platter</td>
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<tr>
<td>Galaktoboureko <em>PRE-ORDER ONLY</em> Custard filled phyllo pastry rolls (frozen, ready to bake, syrup packaged separately)</td>
<td>$27/dozen</td>
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</tr>
<tr>
<td>&quot;Sylvester's Lentil Soup&quot; A delicious Lenten Holy Week staple</td>
<td>$16/quart</td>
<td></td>
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</tr>
<tr>
<td>Skordalia Garlic sauce - a palm sunday tradition</td>
<td>$8/pint</td>
<td></td>
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<tr>
<td>Spanakopita Roll-Phyllo filled with spinach and feta cheese (FROZEN AND READY TO BAKE)</td>
<td>$16 per roll (serves 0-8)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tromita-Cheese filled phyllo triangles (FROZEN AND READY TO BAKE)</td>
<td>$14/dozen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tsoureki – Greek Easter Bread with a decorative red egg</td>
<td>$25 each</td>
<td></td>
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</tr>
<tr>
<td>Red Egg Dye</td>
<td>$3 / packet</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Subtotal: $_____

Name: (Print) Additional (optional) donation: $_____
Cell phone number: ___________ Total: $_____
Home phone number: ___________

ONLINE ORDERS at https://eastermarket.square.site are recommended.
MAJOR GREEK ORTHODOX
HOLY DAYS 2024

January 1 The Circumcision of Christ; St. Basil the Great
January 6 Epiphany: The Baptism of Christ; Sancitication of the Waters and Manifestation of the Holy Spirit
January 7 St. John the Baptist
January 17 St. Anthony the Great
January 30 The Three Hierarchs: St. Basil the Great, St. Gregory the Theologian and St. John Chrysostom
February 2 The Presentation of Christ in the Temple
February 6 St. Photios the Great
February 10 St. Haralambos the Martyr
February 17 St. Theodore
March 18 Paschal Lenten Period Begins
March 24 Sunday of Orthodoxy
March 25 The Annunciation of the Blessed Virgin Mary; the Theotokos
April 28 Palm Sunday
May 3 Holy Friday
May 5 Holy Pascha: The Resurrection of Christ
May 6 St. George
May 21 Sts. Constantine & Helen
June 11 St. Bartholomew
June 13 The Ascension of Christ
June 23 Sunday of the Pentecost
June 29 Sts. Peter and Paul
June 30 All Saints Sunday
July 20 Prophet Elias
July 27 St. Panteleimon
August 6 Transfiguration of Christ
August 15 Dormition of the Blessed Virgin Mary, the Theotokos
August 29 Commemoration of the Beheading of Saint John the Baptist
September 1 Beginning of the Ecclesiastical Year (Indiction)
September 8 The Nativity of the Theotokos
September 14 Exaltation of the Holy Cross
October 23 St. Lazarus (James)
October 26 St. Demetrios
November 1 Sts. Cosmas and Damianos
November 2 St. Epiphanius
November 8 Archangels Michael and Gabriel
November 13 St. John Chrysostom
November 15 Nativity Lenten Period begins
November 21 The Entrance of the Blessed Virgin Mary, the Theotokos, into the Temple
November 25 St. Catherine
November 30 St. Andrew the Apostle
December 4 St. Barbara
December 5 St. Savas the Sanctified
December 6 St. Nicholas, Bishop of Myra
December 12 St. Spyridon the Wonderworker
December 25 Christmas Day: The Nativity of our Lord Jesus Christ
December 27 St. Stephen the Protomartyr

MOVABLE ECCLESIASTICAL DATES

This five-year chart has the dates of Feast Days and Fasting Days which are determined annually on the basis of the date of Holy Pascha (Easter). This ecclesiastical cycle begins with the first day of the Tridion and ends with the Sunday of All Saints, a total of eighteen weeks.

<table>
<thead>
<tr>
<th>2024(L)</th>
<th>2025</th>
<th>2026</th>
<th>2027</th>
<th>2028</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRIDION BEGINS</td>
<td>February 23</td>
<td>February 9</td>
<td>February 1</td>
<td>February 21</td>
</tr>
<tr>
<td>1ST SATURDAY OF SOULS</td>
<td>March 9</td>
<td>February 22</td>
<td>February 14</td>
<td>March 6</td>
</tr>
<tr>
<td>MEAT FAST</td>
<td>March 10</td>
<td>February 23</td>
<td>February 15</td>
<td>March 7</td>
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<tr>
<td>2ND SATURDAY OF SOULS</td>
<td>March 16</td>
<td>March 1</td>
<td>February 21</td>
<td>March 13</td>
</tr>
<tr>
<td>LENT BEGINS</td>
<td>March 18</td>
<td>March 3</td>
<td>February 23</td>
<td>March 15</td>
</tr>
<tr>
<td>3RD SATURDAY OF SOULS</td>
<td>March 22</td>
<td>March 8</td>
<td>February 28</td>
<td>March 30</td>
</tr>
<tr>
<td>SUNDAY OF ORTHODOXY</td>
<td>March 24</td>
<td>March 9</td>
<td>March 1</td>
<td>March 21</td>
</tr>
<tr>
<td>SATURDAY OF LAZARUS</td>
<td>April 27</td>
<td>April 12</td>
<td>April 4</td>
<td>April 24</td>
</tr>
<tr>
<td>PALM SUNDAY</td>
<td>April 28</td>
<td>April 13</td>
<td>April 5</td>
<td>April 25</td>
</tr>
<tr>
<td>HOLY FRIDAY</td>
<td>May 3</td>
<td>April 18</td>
<td>April 10</td>
<td>April 30</td>
</tr>
<tr>
<td>ORTHODOX PASCHA</td>
<td>May 5</td>
<td>April 20</td>
<td>April 12</td>
<td>May 2</td>
</tr>
<tr>
<td>WESTERN EASTER</td>
<td>March 31</td>
<td>April 20</td>
<td>April 5</td>
<td>March 28</td>
</tr>
<tr>
<td>ASCENSION</td>
<td>June 13</td>
<td>May 29</td>
<td>May 21</td>
<td>June 10</td>
</tr>
<tr>
<td>SATURDAY OF SOULS</td>
<td>June 22</td>
<td>June 7</td>
<td>May 30</td>
<td>June 19</td>
</tr>
<tr>
<td>PENTECOST</td>
<td>June 23</td>
<td>June 8</td>
<td>May 31</td>
<td>June 20</td>
</tr>
<tr>
<td>ALL SAINTS</td>
<td>June 30</td>
<td>June 15</td>
<td>June 7</td>
<td>June 27</td>
</tr>
<tr>
<td>HOLY APOSTLES FAST BEGINS</td>
<td>June --</td>
<td>June 16</td>
<td>June 8</td>
<td>June 28</td>
</tr>
<tr>
<td>HOLY APOSTLES FAST LASTS</td>
<td>0 days</td>
<td>13 days</td>
<td>21 days</td>
<td>1 day</td>
</tr>
</tbody>
</table>

*L* indicates Leap Year

*Note: The Holy Apostles Fasting duration varies every year. It begins on Monday following Sunday of All Saints and ends on June 29. Thus, it may last from zero (0) days, if Easter falls on May 3 or later – to twenty-nine (29) days, if Easter falls on April 4 to May 2.
Pentecost Panygirí
Family Picnic

Please Join us in Celebrating our Parish’s Feast Day
Sunday, June 23rd, 2024
following the Divine Liturgy
Outdoors on the property

In the event of rain, we will move the festivities into the Social Hall and Gymnasium

Fun for people of all ages!
Live Greek Music by Michael Zoulis & Co.
Kid’s Games and contests
Bring a change of clothes
and spend the afternoon with us

No admission charge if you
RSVP by June 20th
(So we can be prepared)
914-235-6100 or
info@holyspiritnm.org

Walk-ins-$10.00 per person

No Charge for food
Chicken and Pork Souvlakia, Hot Dogs,
Spanakopites, Tiropites, Salads and Soda

Beer and Wine will be sold at a nominal charge

Please see the attached flyer for Sponsorship Opportunities

---

Please join us in fundraising $550,000. We are truly grateful for your support!

George Kondos
Parish Council President

2024 KITCHEN RENOVATION PROJECT

New features in the kitchen:
• Walk-in refrigerator
• Walk-in freezer
• Centrally located storage area
• New convection oven
• Window access to the gymnasium and foyer
• 50% more work area
• New kitchen access into social hall
BAPTISMS
February 10th The child of Michael and Nicole Maroutsis was named Niko Angelo by his godparent, Jonathan P. Maroutsis.
February 24th Adult Baptism of Brandon Snyder.
March 2nd The child of Justin Sokol and Alexa Vafeades was named Cali Andrioniki by her godparent, George Ioannides.
March 23rd The child of Keith Gramlich and Alexandra Mercado was named Layla Maria by her godparent, Erica Mercado.
March 24th The child of Dr. Joseph Caputo and Nicollette Monzidellis was named Nancy Rafaella by her godparent, Constanine Monzidellis.

CHRISMATIONS
January 12th Nicholas Perez
February 19th Anthony Fischetti
NA SAS ZISOUN!

FUNERALS
January 18th John T. Koltis
February 27th Barbara C. McShane
March 1st Pauline Bashias
MAY THEIR SOULS REST IN PEACE

NEW MEMBERS
Anthony & Maria Fischetti
9 Rosedale Avenue
Hastings, NY 10706

Eleni Florakis
1338 Chestnut Street #1502
Philadelphia, PA 19107

George Ioannidis
16 Manchester Road
Eastchester, NY 10709

Nick & Angela Kapelonis
667 Clarence Avenue
Bronx, NY 10465
Alexa Vafeades & Justin Sokol
1271 California Road
Eastchester, NY 10709
Maria Katechis
63 Old Knollwood Road
White Plains, NY 10607
Alexandra Mercado
101F Chestnut Street
Bethel, CT 06801

KITCHEN RENOVATION
Kathryn Litsas

BRICK PROGRAM
Despina Argiriadi
Dr. & Mrs. Joseph Pantginis – In memory of Pericles Pantginis

DONATIONS
Adrian M. Chitu & Violeta Chitu
AHEPA Chapter #405 - To GOYA

MEMORIAL DONATIONS
Pauline Bashias
Mr. & Mrs. John S. Vesci

Maria Christos
Helen Morik

Peter Elias
Mr. & Mrs. Joseph C. Keane

Maria Haralabatos
Mr. & Mrs. George Curtis

Dimitrios Kitsios
Apostolopoulos Family
Helen Morik

John T. Koltis
Ann Anastos
Mr. & Mrs. Ernie Anastos
Loulia Constantine & Family
Mr. & Mrs. Joseph Contreras
Mr. & Mrs. Marios Damianides
Mr. & Mrs. Samir Farkouh
Mr. & Mrs. Evan Graf
Mr. & Mrs. Nicholas Gregory
Helen Hiotakis
Presvytera Evdokia Kyriakos
Mr. & Mrs. Nicholas P. Kyriakos
Shane & Anastasia Lawrence
Diana Louros
Mr. & Mrs. Dimitri P. Madouros
Mr. & Mrs. Zachary Marantis
Helen Morik
Ekaterina Nalbatian

Mr. & Mrs. Anastasios Orfano
Sappho Papaioannou
Stacy Raptis & Family
Dr. & Mrs. Nicholas Romas
The Shaw Family
Marina Sirras

Barbara C. McShane
Mr. & Mrs. Anthony Soukas

Helen Nicholas
Dennis Lapiotis

Argyrios Nicolau
Mr. & Mrs. Joseph Keane

Constantine Loucopoulos
Mr. & Mrs. Marios Damianides
Eleni Loucopoulos
Mr. & Mrs. Marios Damianides

Anne Manalio
Poltis

Charle & Effie Spanakos
The Weiss Family

Konstantinos Varlamos
Apostolopoulos Family
Helen Morik

Apostoli Vasiliiou
Kathryn Litsas
Advertise Your Business!

Support Holy Trinity by graciously offering a donation of $250.00 or $500.00 for either one or two “business card” sized ad(s) for the 2023 Trinitarian Issues

If you are interested, please fill out the bottom portion of this appeal, enclose a business card that we will reproduce, and enclose a check made out to Holy Trinity Church

Put Your Business Card Here!  Put Your Business Card Here!

Name __________________________________________
Phone Number ____________________________ Email __________________________________________
Signature ____________________________________________

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www.sunnytheclown.com
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