

## *AVPA & CSV Rules, Notes, Info*

### **AVP Age Divisions:**

#### **Our current junior requirements:**

18U:Players who were born on or after September 1, 2003 - OR - Players who were born on or after September 1, 2002 AND a high school student in the 12th grade or below during some part of the current academic year

16U:Players who were born on or after September 1, 2005

14U:Players who were born on or after September 1, 2007

12U:Players who were born on or after September 1, 2009

### **Tournament Rules & Info**

- Coaching only allowed during timeouts/tech and between sets
- WE MUST HAVE 4+TEAMS IN EACH DIVISION TO RUN & 5+ TEAMS TO RECEIVE BIDS
- 1 timeout per set + technical at 21 points
- 5 minute warm up between matches
- Pool play, followed by single elimination playoffs

Chairs, Food, Drinks, & Cooler are permitted! Please remember to throw away your trash.  
NO GLASS PLEASE!

**AVP MEMBERSHIP IS REQUIRED TO PLAY.** AVP Memberships are valid for a full calendar year, check link here to verify if your membership is valid or expired:

<https://www.volleyamerica.com/LoginPlayerInitial.aspx>(if your Athletes name is Green then membership is valid, if red then it needs to be renewed).

If you or and your athlete do not have an AVP membership please follow these step by step instructions below and please note you will need 2 separate email addresses (one for the parent and one for the junior):

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1. Parents, first Create a Basic (free) membership for yourself here <https://avp.com/membership-sign-up/>. Create a password and use your own email address and info for this. You need a parent account to manage any Juniors.
2. Next once on your own main parent profile page, <https://avp.com/member-profile/>, click the menu item that says Linked Accounts, then select "Create linked account", this will be to create and link your Juniors AVP account.
3. Select Bronze (\$15) or Silver Membership (\$25), it's good for 1 year. The only difference between Silver and Bronze is that Silver allows your junior to compete in National Tournaments.
4. Then enter your child's information. You will need to use a different email address than the one you used to create your own free parent account. We suggest using a spouse email or your own second email address because all communications & a temporary password will be sent to this email address once your juniors account is created. Many juniors don't check their emails!
5. Follow the prompts to complete the membership, then please check the email address you used to create your Juniors account for a temporary password and save that password or change it once you login.
6. You can always find your Juniors AVP Member ID on their linked profile page here: <https://avp.com/member-profile/linked/>

The sand volleyball culture is much more laid back than indoor volleyball. It allows for the players to develop self-discipline along with courage. The players determine everything regarding play (who serves first, what side to start on, mishandled ball, etc.)

### **For juniors, parents are not allowed to get involved with competition at all**

- This includes yelling things like “ nice cross shot” “good job blocking LINE”.
- Appropriate spectating would be “ great block” or “awesome kill”.
- In fact, coaches only can get involved during timeouts called by the players.

Many clubs and families will bring a 10x10 tent to tournaments and plan on making a day of it. You are encouraged to bring beach chairs, coolers, etc. to the beach in accordance with the beach rules and facilities.

Entering tournaments is the responsibility of the players and their family. Players are welcome to switch partners if they would like for a specific tournament as you are not married to the partner

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you train with. Signing up for tournaments normally needs to be done 1 week or more in advance. You will likely not receive a playing schedule from the tournament director in advance, but rather a general start time. This is normally an 8am start time with most players showing up around 7:30am.

### **Coaches:**

There is no limitation to the number of teams an individual can coach at an AVP America tournament. However, any team is limited to only one designated coach per match.

### **Filming & Photography:**

- Coaches are permitted to film matches. Once a match, in which you are coaching has started, coaches are not permitted to be involved in the filming in anyway thereafter until the match is over. Coaches are not allowed to tend to your camera during the match.
- A coach may film matches in which his/her team is not participating, however such film must be done in a manner that is not in any way intrusive to the participants or spectators. Coaches are not allowed to conduct still photography during a match they are coaching.

### **Coaching(“Drilling”) Players on the Court**

- A coach is NOT allowed to drill his/her players on the playing court during warm-ups once the tournament begins.

### **Gambling and Unsportsmanlike Conduct**

- All participants (players, coaches, officials, and management) in tournaments and meetings under the authority of AVP have a duty to conduct themselves in a reasonable and acceptable manner. They must avoid all unsportsmanlike conduct, acts or practices that are, in the opinion of AVP, detrimental to the sport.
- A coach found to be in violation with any of the following rules shall be automatically fined \$250.00 and is also be subject to suspension and possible permanent expulsion from the AVP:
- A coach shall not offer or give a bribe, gift, payment, reward or anything of value to another coach or player with the intention of influencing the coach or players efforts in a competition; nor shall a coach solicit, agree to accept a bribe, gift, payment, reward or

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anything of value offered or given with the intention of influencing the participants efforts in competition.

**A coach shall not dispute the calls of the set referee**

### **COACHING POLICY DURING A MATCH**

#### *Dress /Appearance*

- A coach must wear his/her credential while coaching at an AVP America run event. This may vary at the local level.
- A coach is expected to dress and maintain his/her appearance at the court in a manner consistent with the dignity and integrity of the sport. Beyond this requirement, a coach courtside will at all times wear minimally a shirt and shorts / bathing suit bottom.

#### *Location*

- Team switches to prevent stealing of signs from the opposition.
- While play is live, coaches must stay within 6 feet of the end/side lines
- The only exception for entering the court, is to tend to his/her players during an extended interruption in play or injury timeout if permitted by the referee and/or medical staff, if applicable
- No coaching will be permitted from any other area on the site.
- A coach may leave a match in progress to coach another of his/her teams at a different court. A coach in such instances may join the subsequent match in progress. However, a coach is not permitted to leave a match in progress and return to that same match at a later point in time, as this is potentially disruptive to the match.

#### *Authority*

Coaches can offer instruction to their team before the match begins and after a match finishes.

During matches they can offer instruction in the following ways:

- Coach on a time-out
- At the end of the set

The following restrictions apply to coaches during matches:

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- Coaches are not allowed to interact with the opponent players or the opponent coach.
- Coaches (and other team members) are not allowed to receive information from external sources during an active match (including but not limited to audio, video, and text to a smart device i.e.: phone, tablet, or smartwatch).
- Any coach who is deemed to be taking signals from the opposition and forwarding them and any message to their team will be given an automatic red card and be removed from the tournament site for the duration of that event. Such offense is subject to fine and/or suspension.
- Coaches are not able to interact with the officials (if applicable) at any time:
- Interaction with officials includes questioning judge mentor similar outbursts during or between rallies.
- Coaches are not allowed to attempt to influence officials under the guise of coaching their players.
- Interaction with the players can not in any manner delay the pace of play
- Delays in pace of play or coach interaction with the officials will be dealt with administratively
- Sanctions can range from a verbal warning to a suspension

### *Behavior*

- A coach may not address the Tournament Director, Director of Officials, match officials, or opposing players before, during, or after a match while onsite with regard to officiating, player conduct, playing conditions or any other subject matter that impacts the competition. A coach is
- Not considered a team spokesperson by tournament officials and will not be allowed to take on that role.
- A coach may not use an audible obscenity or make an obscene gesture within the precincts of the tournament site.
- A coach will not abuse (verbally or physically) tournament officials, players(their players or opposing players), other coaches, spectators, or other persons within the precincts of the tournament site.

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### *Misconduct and Sanctions*

- The players a coach represents are responsible for the conduct of their coach. Consequently, officials are instructed to address the coach's players and not the coach if a coach engages in misconduct.
- If coach misconduct occurs during a match, the team will be warned and penalized in accordance with normal yellow and red card procedures.
- The players will be responsible for the payment of any suitably assessed by the Tournament Director due to the misconduct of their coach.
- In circumstances that are deemed arrogant or particularly injurious to the success of the tournament, the Tournament Director may at his/her discretion order the coach to be removed from the site of the match or the precincts of the tournament site and upon the coach's failure to comply with such order may declare an immediate default of the coach's team.
- A coach will be subject to having his/her AVP America coaching credential revoked by the Tournament Director for a term to be determined by the AVP, including permanently, due to conduct the AVP determines is detrimental to AVP America or the sport of Beach/Grass Volleyball

### *Sand Volleyball Rules are Different than Indoors*

1. Games begin by deciding serve and side. Serve and side can be determined by a coin toss, rock-paper-scissors or other variations.
2. When serving, a player may toss the ball only once.
3. When receiving a serve, players must forearm, pass the ball, or receive with hands together. Players may not take the serve with open hands, double contact, or lift.
  - a. "downball" may be taken as a double contact without a violation.
  - b. "freeball" should be taken as a bump. If taken with the hands, it must be clean (no double contact. This contact can be judged similar to the "set" or second contact)
4. When setting, a player must be facing the way the ball travels
  - a. a player may set a ball forward or backward, but may not set a ball over the shoulder to the side.

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- b. If the wind redirects the ball, this is not a violation.
5. When hitting, players may not open-hand dink, or “redirect” the ball with the fingers. The hand must be closed or a “roll shot” can be used.
6. Beach courts do not have a centerline. Players can go under the net, as long as they do not interfere with play on the other side.
7. When blocking, if the block contacts the ball, it counts as a contact. The team then has two more contacts to put the ball over the net.
  - a. The blocking player may play the ball up after blocking, i.e. take both first and second contacts (same as indoor).
8. When refereeing, the team officiating duties are lined out in the tournament format. Parents are not allowed to officiate (or keep official score).

### *Primary Player Referee Duties include:*

- ✓ keep score
  - ✓ record results in pool sheet
  - ✓ help with serving order
  - ✓ help settle disputes (playing teams should call their own violations and call out the score).
9. Any competition disputes are first settled between the teams, then to the work team, if the dispute is not solved, then the teams should ask a tournament official at the tent.
  10. Court Dimensions: 8 meters by 8meters per side, for all age divisions.
  11. We play to 21 points, switching in total score increments of 7. (4-3, 7-7, 12-9, etc.)
  12. The set must not spin more than 1.5 times. This is why most setting is bump setting on the sand
  13. Parents are not allowed to coach, **AT ALL**. Coaches are only allowed to coach during timeouts called by the players.

ANY questions please contact our team: [mmadia@chicagosandvolleyball.com](mailto:mmadia@chicagosandvolleyball.com)