

PURPOSE BUILT YOUNG

A Guide to Pioneering Your Journey · David Iskander

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Library of Congress Control Number: 2016958315
Pioneer Square, Los Alamitos, CALIFORNIA

ISBN-10:0-9978448-8-4
ISBN-13:978-0-9978448-8-7

Cover Design and Interior Design:
Gabe Ferreira (<http://gabeferreira.com>)

Editor:
Louise Bierig(<http://www.the-efa.org/dir/memberinfo.php?mid=17523>)

First Edition Fall 2016

Purpose Built Young:
A Guide to Pioneering Your Journey

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Publisher:
Pioneer Square, LLC

For bulk purchases, mailing address, or
speaking services, please email
yourfriends@pioneersquare.co

Printed in United States.

10 9 8 7 6 5 4 3 2 1



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He must behave like those
archers who, if they are
skillful, when the target
seems too distant,
know the capabilities of
their bow and aim a good
deal higher than their
objective, not in order to
shoot so high but so that
by aiming high they can
reach the target.

Niccolò Machiavelli

Author of The Prince (1532)

And God is able to make
all grace abound to you,
so that having all
sufficiency in all things
at all times, you may
abound in
every good work.

Acknowledgements

**With loads of amazing people to thank,
here are a select few:**

Jesus. Mom. Dad. My family. Nathan and Bec Bean.
Byron and Jeannette Culbertson. DeEdwin Washington.
Kenric Tran. Rose Han. Joel and Marie Holm.
Michael and Stephanie Moore. David and Erin Moore.
Sam and Awill Boyce. Joey and Rue Beason.
Cris and Melinda Tenorio.
Mike and Melvianne Andersen.
Pastor Peter and Rebecca Thang.

Cottonwood Church, Los Alamitos:
Pastor Bayless, Janet Conley, and the entire pastoral team.

Acknowledgements

Special thanks to my writing team:

Edwin Lai: This book would not be here today without you. When I wanted to quit, give up, and doubted, you kept me going. Thank you.

Gabe Ferreira: Your design for this book is superb. gabeferreira.com

Cale and Natalia Crawford: Thank you for everything. Your dedication to bringing this book to life is amazing.
typeninecreatives.com

Louise Bierig: You read through a whole lot of stuff to bring out the gold. Thank you.

Caleb Beason: Thank you for all your insight.

Michael Redding: You challenged me to always be better. Thank you.

Stacy Phung: For believing in me no matter what.

To my virtual mentors:

Author Launch AuthorLaunch.com

Seth Godin SethGodin.com

Dale Partridge StartUpCamp.com

Plus, all the books I read during the process of unearthing my purpose. PurposeBuiltYoung.com/resources

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Preface

“I don’t have a purpose,”
I said to myself, sitting with a pounding heart and aching
head after a long day working for The Man.

More times than not, I feel I don’t have a purpose.

I mean I know I have purpose, biblically speaking. Yet, when I show up to the classroom, the cubicle, even the church auditorium I have gotten this irritable feeling that comes back again and again.

I feel like I am on the wrong course. Like what I am doing and what I ought to be doing are two different things. Not all the time, but there are enough occurrences.

You probably have those moments, too. And if you have a crazy ambition, a high-calling, and an achiever mentality, but don’t know what to do next, you find yourself reading this book. The way things are now are not enough.

You can’t settle. You won’t conform. Because settling and conforming, well, that in itself, is death.

You may be a college student, earning thousands of dollars of debt and still not know what you want to do with your life. It seems so wasted. It seems so empty. I’ve been there.

You can be caught right now driving to work, on your lunch break, or even in the middle of your cubicle reading this because something needs to change. And it needs to change fast.

The world tells us suck it up, enjoy weekends (I call them workends), and work hard/play hard as lifestyle goals. Yet, somewhere in-between it all, we find ourselves dumbfounded at how to live our lives with purpose, direction, and cause.

Your journey begins at the point of conflict.

When no one comes to give you a ride to your dream future, you must question everything you do (twice, with no assurance or guarantee) to try and find a successful, happy ending. Not success in the material sense, but the success that you were made for, that is, to be you.

I'm Not Blind

For most young adults, our parents had the option of a simpler, narrow path. Get an education (as education offered the path to 80 percent of stable careers), begin your career, and buy a home. Do a good job, get a few bonuses here and there, a promotion or two, and you are an A-class citizen.

Once upon a time, the American dream was coming to life for more and more Americans. People were gaining a livelihood they truly enjoyed. The middle class was on the rise. This was a relatively newer class system developed in the last 300 years. In general, America was serving better livelihoods for more people.

After the fall of America’s great money system in the early twentieth century, pensions were developed. This was one of the first forms of security for the retiree. We used to have to work until we died (or someone could afford to care for us). The pension made us more self-sufficient and more sure of retirement. Add Social Security to that

equation, and life was looking grand. Not to mention the start of the 401K. This let any common person invest in the stock market with less upfront capital. This meant that an average individual had more access to create the future they desired. The future was bright. In general, people were being given ways to have clearer direction for their lives.

Strictly speaking, life was simpler.

Each season discernibly held its own challenges and obstacles, but the formula went like

this: get a college education, work your butt off for forty years and, ta-da, you were a provider for your family. Not only that, but you could also plan to relax at the end of your life because you had a pension, social security, and a 401k.

A happy ending, indeed.

Unfortunately, the story doesn't end there. The foundations we have been taught to depend on, the foundation our parents trusted, no longer provide any assurance.



Fast forward to the current era:

America is \$19 trillion in debt (yes, trillion with a t).

Americans are \$12 trillion in debt.

The average college graduate in 2016 walked out with \$37K of debt.¹

Plus, the average starting salary for those same grads is about \$50K.¹ Which, could seem like a lot, but with college loans, a mortgage, a car payment, and everything else that life demands, a \$100K salary can barely do the job. Once it was possible in the 1950s to achieve the American dream with a yearly salary less than \$40K. Now, a \$100k salary can barely maintain the cost of living for many people.

Why does this matter? Money has the power to form and shape our thinking and actions in ways that are unhealthy and incongruent to living out our purpose. Debt will keep people from pursuing their purpose and passions. And I have a firm belief that my time is too important just to fill it making money.

To my mom and dad, "I'm not blind." To our parents, "We're not blind." To America, with trillions of dollars of debt, "We are not blind!"

Most people die at 25 and aren't buried until 75.

BENJAMIN FRANKLIN, INVENTOR

Plus, we see education systems broken. It costs twenty years of monthly payments to get a four-year education (that takes five to six years to complete) and seldom does it guarantee a job. For

the benefit of the doubt, it may secure you work. But, it cannot guarantee a job you enjoy. Education is no longer a key to a career, but only a tool.

Career lifespans are ranging into shorter and shorter terms. More and more people are being hired for projects rather than employment. When our parents would have one, maybe two jobs in their lifetime career, it looks like we will have somewhere in the range of twelve to fourteen jobs². Not to mention we will probably get laid off from one, for no fault of our own. (Thank you to my first employer for letting me get that out of the way, early).

We see pensions have failed, social security will be bankrupt by the time most of us are eligible to receive the benefits, and 401K plans went down the drain in the 2008 recession.

I don't know everything, but I can point out a broken system when I see one.

Everything our parents depended on, failed. It not only failed.

It failed miserably!

Our parents' foundation to life and happiness can no longer be ours.

Those in corporate circles today, who have the proper house (that is nearly paid off) and the nice retirement plan (401k and all) are quickly approaching their graduation from the corporate system into retirement. Many tend to live a dry, mundane day-to-day existence. They are walking corpses.

Does it make sense to spend the best years of your life waiting to live a dream (only to be old and grey and tired and needy) when you could discover

your purpose today? No way, man!

This book is founded on similar, basic questions like:

If I have a purpose, what can I do now to actualize it? Will I allow someone else (a person in authority like a boss or parent) determine my relationship with God if I feel called, lead, or directed toward something they disapprove of? Can I prioritize a paycheck while living with God through every season? What does success look like when it is not centered on the self?

A lot of what our parents looked to, it's nothing we want. It's nothing I want. It's nothing us millennials hold dear.

And for the record's sake—please don't call us millennials. It's stereotypical and puts a lot of bad connotations on a people who seek fulfillment. It's wrong.

But, actually, since we are millennials, we don't mind what you call us.

Quarter-Life Crisis

I had no idea anyone called it a quarter-life crisis outside of myself. After I graduated college, I thought that my pain and suffering was my own sorrow for an over-ambitious youngster with no experience. I thought it was something I had to deal with alone.

Come to find out, a quarter-life crisis is a real thing. Before we can understand a quarter-life crisis, let's define midlife crisis. A midlife crisis usually comes after the age of forty. It happens because people feel the onset of old age ramping up. Their vision is worsening. Their hair is greyer. Their work isn't going in the direction that they had hoped it would when they were younger. A midlife crisis deals with a painful reality check often filled with regret and remorse from the past. Wealthy people experience it. People struggling to make due do too. It happens in the US as it happens in Asia or Europe.

A quarter life crisis has but little difference. It happens around the age of twenty. For me, it happened at twenty-four as I was graduating college. I

remember how wonderful my graduation day was. It was filled with such good memories and people.

But the day before and the day after was hell. I had a deep sense of misstep as if, because I didn't know what was next, everything I had done to that point was a mistake.

Even though these are labeled as two different crises, I don't think they are. I think, for us millennials, this crisis happens earlier in life.

We are finding ourselves bombarded by the onslaught of opportunities mixed with the high hopes of making it big in a myriad of ways. This all leads to high levels of pressure on all our endeavors. We must be productive. We must be busy. We must be everything.

And, it reminds us how uncertainty for our future has increased. When you look at your future, you have (too) many options. Part of choosing one is renouncing all the others. You fear missing out on your purpose by following the wrong path. This feels like giant stones falling from the sky!

Yikes, and this is what we call normal life.

Purpose Built Young (PBY)

If a man knows not what harbor he seeks,
any wind is the right wind.

LUCIUS ANNAEUS SENECA

You were made to be best in the world at something. Your highest return on this earth is to give the deepest level of impact, to your sphere of influence through love and service. And, be able to maintain yourself despite the ebbs and flow of commissary life (normal, everyday living).

In the hardest seasons of life, the most important thing to keep is the first thing we let go of. We compromise on our values. When it comes to it, what you do matters. And, in retrospect, what you do is a reflection of who you are. The pressure builds, and we topple under the weight of our world. When we disrespect, cuss, complain, gossip, stop showing up, stop reading our Bible, sleep in, spend money recklessly, eat junk food, we give up on our most important value in this world.

Purpose Built Young is for young adults to leverage the strong desire to overcome life's most crushing circumstances that keeps them from their dreams by detailing the most fundamental aspect of life—character.

Because God, and what the world asks of us is who you will become much more than what will you do.

The truth is that in every young adult I meet, nearly everyone struggles with little action on how to overcome the walls that blockade them from their goals. In turn, they have a passive belief system. Their hope has given up on their dreams. They sit and wait, watching Netflix, for the Lord to show up. When this happens their purpose is corrupted by fear. It's like taking cheap bribes.

Your heart's freedom is much more important than how people see you, what type of car you drive, and your accumulated wealth. That freedom is the way you will fulfill your purpose, achieve your goals, and live your dreams.

My Position

When I went looking for an answer to capture my strong desire to be all I was created to become, I couldn't find any solid material. I listened to sermons and read books but was given little clarity. And, I couldn't wait until I was fifty years old to understand. That would feel like an eternity.

With no solution in sight for my problem, I decided to do the study and create the solution. Socrates said, "When you want wisdom and insight as badly as you want to breathe, it is then you shall have it." With 700+ hours of working on bringing this idea to life, PB Y was built for you to capitalize on your best potential.

The systems that are in place today for you to find purpose in your life are not enough. They have never been enough. They are scattered in church pews, verses, classrooms, and jobs. They have never been taken to one central location. Purpose Built Young is the organization of a wide range of teachings around the subject of Kingdom greatness and success; this book ties them together in a clear straightforward manner.

With that said, I am not a pastor or scholar or theologian. This book is much more about street knowledge, or simply put, practical knowledge. To live out God's promises in our life, we need strength, not only physically, but also emotionally. Emotional labor is necessary in today's world. It confronts the things that keep us from being generous, forgiving, and compassionate. And, there are no quick-fixes.

We have the tools that are necessary to make a world of change happen. We have to readjust our relationship to them.

Birth of PB Y

For many, the best insight in this book will come from my current position in life.

As I write this manuscript, I am twenty-five years old. For a person to write on such a topic as purpose, it would make sense for that person to be a really old, wise person.

And of course their wisdom is extremely valuable. I gain wondrous insight from someone of aged wisdom and stature, an individual who is fifty steps ahead. But I also found another individual's advice to be life-giving.

The advice that really makes the most impact in my life is from the person who is two steps ahead of me. The ones who inspire us the most are the ones who can identify and articulate the fears and obstacles we are currently facing. Like a student learning new material, presenting it in a relevant way can make all the difference.

As C. S. Lewis put it, "It often happens that two schoolboys can solve difficulties in their work for one another better than the master can... The difficulty we want him to explain is one he has recently met. The expert met it so long ago that he has forgotten."

Think of your GPS that only tells you the next direction ahead (at most, two directions ahead). It does not tell you about the fourth, fifth, or sixth move forward. Because, in a lifelong journey, what is often most necessary to center your focus is what you will do next.

And oddly enough, the hardest step is usually the first step. When you want to go on a mission trip, the hardest part isn't raising the funds or flying for the first time. It is saying yes and committing.

I have a friend who decided to trek as a vagabond through different parts of the world. He is originally from South Africa and now he lives in Taiwan. When I spoke to him recently, he told me that the hardest part isn't finding a job in a new country or a place to live. Rather, it is buying the first plane ticket to leave.

When it comes to living with purpose, the hardest step is that you will need to shift your lifestyle from a reactionary existence to an intentional one. All it takes is your commitment, and that first yes can start the best journey of your life.

By and large, a person who is two steps ahead can bring out points of fear and championship much more vividly than someone who has not dealt with those fears for many years. They are closer to the frustration and difficulty that are currently pressing you. They can speak right to them. Address them. And help you overcome them.

If this is the hardest part—just starting—it is the most important step you need to take. My goal in writing this book is to get you to your next step (maybe two).

Our Foundation

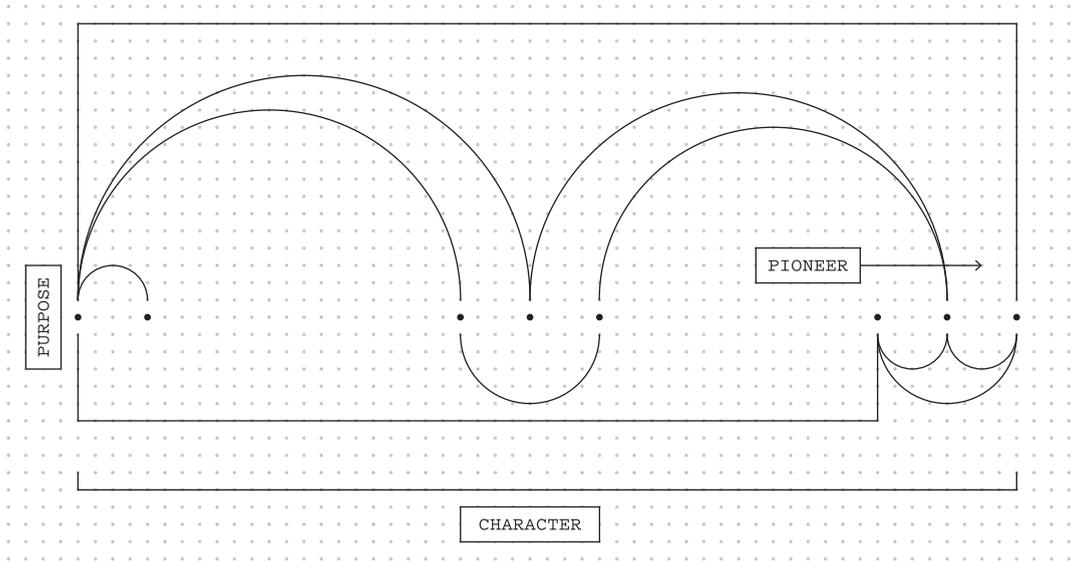
I have heard messages on purpose, read books on purpose, yet still was living a purposeless life. The first question I asked was, is this my fault? Is there something I did to deserve this? What do I lack? Come to find out, with a light study of scripture, I have a purpose. The question then became, how do I live it out?

I realized that God did not care as much about what I did as to the extent of the quality of person I was. "What he cares about," C. S. Lewis penned so well is, "that we should be creatures of a certain kind or quality—the kind of creatures He intended us to be—creatures related to Himself in a certain way." I was sick of waking up each day unsure of myself. My identity trying to be sorted every morning for

the next 18 hours was too often, too soon, and too late. All that to say, I discovered that to find a sense of purpose in my life, it was not in the "successes" I built, but in the character I built. That my purpose begins to show itself as my quality is refined. Scripture is very clear about this. And because I won't be referencing scripture throughout the text (because the average person reading this already has a strong Biblical awareness), I included Appendix A for you to be assured the Biblical foundation of PBY.

When you decide to live on the foundation that purpose is unconditional and build your Suitcase Characteristics—humility, faith, and discipline, your life will naturally flow into its calling to pioneer (see Visual 1: Natural Flow on following page). To see the framework of PBY, please go to Appendix B.

We will cover many different angles around living a life of purpose, character, and pioneering. It is essential that we discuss the key elements that surround these topic prior to diving into them.



Visual 1: Natural Flow

Everyone has a purpose. Everyone. When you start from that foundation and build character, you gear your lifestyle toward unknown territory. The only way to trek that unknown territory will be pioneering your journey.

Why Character?

What He [God] cares about is that we should be creatures of a certain kind or quality—the kind of creatures He intended us to be—creatures related to Himself in a certain way.

C. S. LEWIS, *MERE CHRISTIANITY*

Oysters create pearls. Pearls are rare, costly, and highly attractive. And pearls are formed in the oddest way. A pearl begins to form when a foreign object enters into the oyster body and cannot be expelled. That foreign object could be anything. For us, it is the fact that sin entered our lives. The snail must coat the foreign object because that foreign object could potentially threaten the entire life of the oyster.

The oyster then starts to create a coat, layer by layer, around this foreign object to defend itself. In the end, the pearl is created out of irritation, and you are given one of the world's most precious gems.

A seemingly tiny, insignificant snail creates a gem. How much more does your tiny, seemingly insignificant life have the potential to create? Could it be something even more beautiful?

A pearl is created by a common snail. It is not from a protégé, a score of wealth, or some undue power outside of the oyster. Every oyster can create a pearl. And, the oyster has everything it needs to create the gem, within. And yes, we all get a bit agitated by life. Something that is like a wrench in our spirit. A hardship we are called to withstand. A foreign substance slips in to destroy everything within us. We have a choice, just like an oyster, to create the most beautiful gem there is, that is stronger and more resilient than that foreign object.

In a pearl, the layers that build up the gem are called nacre. For us, we call it character. To be able

to be a conduit for love and service, it begins with having a character that is submitted to building up layers of nacre.

Measurability

"If you can't measure it, you can't manage it."

PETER DRUCKER

Peter Drucker, a business management theorist that revolutionized corporate America, shaped management culture to put a high value on numbers. At the time, and for the purposes of his statement, he is accurate. It is worth your best effort to know what success looks like with a specific, measurable goal. Otherwise, how will you know when you succeed?

Today, knowledge workers tend towards busyness, a high number of meetings, and hours worked as a measure of progress. The challenge is that these things are rarely good measures of progress or achievement. For a knowledge base worker to demonstrate value in the absence of metrics, most people fall back on being busy and staying at the office later.

Undoubtedly, all of life doesn't work that way.

We have yet to find a practical and thorough way to measure character. Your moral intelligence is hard to put on a scale. And what millions have come to believe is simply what cannot be measured isn't worth achieving. It makes character seem less relevant.

In contrast, elementary school systems are beginning to make this shift. In May 2016, an article was written in *The Atlantic*. Paul Tough, author of *Helping Children Succeed: What Works and Why*, reestablishes the value of character in education. “Character matters. Researchers concerned with academic-achievement gaps have begun to study, with increasing interest and enthusiasm, a set of personal qualities—often referred to as non-cognitive skills, or character strengths—that include resilience, conscientiousness, optimism, self-control, and grit. These capacities generally aren’t captured by our ubiquitous standardized tests, but they seem to make a big difference in the academic success of children.”¹

Apparently, character is catching some wind.

Ironically, when we speak about character or the quality of an individual, we are referring to behaviors that are defined by a standard. The only way to have a standard is to be able to measure it. And that is to say, we may yet be able to specifically measure our character by a set of analytics, but we can still consider them carefully.

Researchers like Angela Duckworth, author of *Grit* and creator of the Grit Scale and founder of Character Lab, a nonprofit set out to advance the science and practice of character development, are finding ways to measure character. Though, many of the current practices are still imperfect. And, as David Brooks wrote in *The Road to Character*, “Most of us have clearer strategies for how to achieve career success than we do for how to develop a profound character.”

What we are taught to measure are SAT scores, our academic honors, and our income. Yet, when school isn’t your thing or when your passion leads you take a few jobs here and there that are not well paid, how do we provide opportunity for everyone to still achieve success? What if we are blocking people from reaching their full potential by limiting it to what is measurable? What if we are only making use of a small part of our physical and mental resources? Is there a way for everyone to be successful in life, regardless of their specific passion or how large their house is? How do we fill that gap?

What if, by developing who we are, we begin to fill the gap? We provide opportunities for everyone. What if, by measuring others by their character, we begin to utilize all the potential reserved in us? Then, we actually can know that we are successful. What makes a fast food job crummy isn’t minimum wage or bad management. What makes a fast food job crummy is the person’s character if their character is weak. Think about it. If you know that you have more potential in you, you will strive after it, despite your current circumstances. William James, in *The Energies of Men*, put it neatly, “The human individual lives usually far within his limits; he possesses powers of various sorts which he habitually fails to use. He energizes below his maximum, and he behaves below his optimum.” Even if we cannot numerically measure our character (yet), we must develop our character. We mustn’t become satisfied with being unsatisfied, and let all our extra potential wear away.

Maybe, just maybe, if we found value in building character, despite meticulous measuring methods, we would improve the quality of life for us and for those around us.

In the Go! Guide’s, you will find a resource to help you measure your character. Not by numbers, but by what we can test and improve by making benchmark goals for yourself. Marshall Goldsmith once said, “Everything is measurable if we’re clever enough to see that it needs measuring.”

The Vagabond in Action (Pack Light)

The Suitcase Characteristics

We go to new destinations every day. We try new things, experience new moments, and live in constant transition. Our lives are being reinvented every moment. We are traveling.

Pick up your boarding pass and passport, head to the train, check-in to your hotel, check-out

of the hostel, go across town, go across the station. Now try all these tasks while lugging around a fifty-pound suitcase.

In any good travel book, when it comes to packing a suitcase, there is one common and strong piece of advice: Pack light.

What you carry on the journey is important. The best advice is always to pack light, ultralight.

The Suitcase Characteristics assure that you have your daily essentials to succeed in life. Despite all the destinations and travels we will go through, there are key characteristics, we will call the Suitcase Characteristics, that you need wherever you go. The Suitcase Characteristics are humility, faith, and discipline. These characteristics are the Suitcase Characteristics, not because they are 'better' than other characteristics. Instead, by fostering these three characteristics, you carry what is foundational. Each characteristic has its own challengers. Challengers are what make each characteristic hard to follow.

Each Suitcase Characteristic has its challenger. That is, humilities challenger is suffering. When you face a circumstance of suffering, the first thing that will likely be challenged is your ability to keep a humble heart. Likewise, this is true with faith and its challenger doubt. Also, discipline and its challenger envy. When you see that these circumstances come to destroy your Suitcase Characteristics, you have a better aptitude to overcome them.

It's hard enough to carry or roll through a busy metropolitan underground public transportation system, not to mention going up and down large sets of stairs. Try standing in a busy metro system in Singapore, Berlin, or China with a bag that is twice your size. People start to look at you funny.

Each characteristic not only builds your ability, but is essential equipment for life's circumstances. It also compounds into other arenas of critical characteristics like grace, patience, self-control, persistence, resilience, grit, and tenacity.

Fire Your Digital Accountant

Today, you may make a mistake. You may sin. The way our system is wired, something oddly strange happens.

Your one, tiny, microscopic mistake, in the scope of your eternity, will attach itself to your digital accounting records. You have a digital account ledger, whether you know it or not. Your digital accountant automatically brings up the past. It could be ten years of struggle or a struggle from ten years ago. Your digital accountant is not helpful, but that's not his job. His job is to keep records and that's what he will do. When a tiny mistake draws ten years of pain, and God already forgave you for it, will you be paying the digital accountant for records you don't need to keep?

God isn't pulling up any records at any time against you. That's not how incorruptible love works. You shouldn't bring the past up either. This is the other side of trying to measure your character. You are stuck measuring how many times you sinned (or didn't sin), yet rarely find an adequate measure for how strong your character has developed.

Responding in guilt may develop short-term change. But, real change happens with an internal resolve. Why character? Because your internal resolve is what makes being humble, faithful, and disciplined so much more worth it.

Stop keeping accounting records you don't need.

Built from Fear

Character is not about the moral police coming by and commanding that you are wrong, wrong, wrong. You need to sleep early. You need to eat better. You need to sit straight. Don't do that! Don't go there!

Character is built through overcoming fear.

Overcoming fear will curate the quality of person you want to become.

Want to be a leader? You must build the character to lead. And to build the character you must step into the fear of being inadequate. The fear of making a mistake.

Word: Imago (Latin: ĩmāgo)

Pronounced: i-'mā-gō

Definition (Latin): Image; a representation of a person or thing; Likeness; a reflection in a mirror.

Imago refers to the beauty of God's design in humankind. He designed us as a reflection of his image and likeness. When we say likeness, it refers to quality and character. Imago, where we get the modern word image, describes a reflection, of sorts. When imago first shows up in scripture (in Genesis), it's as if God is describing a selfie.

At its first account, the human race was completely connected with God. Since then, we have become disconnected from God. Now, we are in a lifelong restoration process back to the imago of love, humility, and passion. When we build character, we are returning to the original image of God.

Want to be an entrepreneur? You will need the character to withstand the hard times. Step into the fear of failing. Step into the fear of not having a stable income.

Want to succeed at a long-term project? You need the character to preserve. To be resilient. To have tenacity. Then, step into the fear of missing out on events, gatherings, and such for staying focused. Step into the fear of being wrong. And the fear of regret. Character allows you to realize your value, despite the world's challenges. That is why character isn't an outward appearance.

But rather than just step softly into fear, strong character means chasing the fears. It means stepping into that uncomfortable zone to build a new layer of nacre.

It could be the fear of losing your reputation... being judged. The fear of being inadequate. The fear that you won't succeed. The fear that you are unequipped. The fear that you will never be good enough. The fear that you will be found out.

The fear that you will make a mistake or fail. The fear that you will not win. The fear that someone will forever hold one single mistake against you, for the rest of your life.

The fear of looking fake. The fear of death. The fear of life. The fear of missing out. The fear that one day, you will look back and regret it. Everything.

Fear, in the broad-spectrum.

And, in the end, your ability to benefit the world is in direct proportion to the fears you overcome.

There is an African proverb that draws forth this point well. It reads, "When there is no enemy within, the enemies outside cannot hurt you."

The Hidden Gem

The scriptures are not clear (and with good reason) on how to identify person-specific calling. Our purpose, by nature, is deep.

Deep is the cry of unique, person-specific calling. On the other hand, scripture is unclouded when it comes to how to live.

Character is the game of ever-increasing irritation levels. If you are aware of your character, you will always be able to grow.

The same way pearls come from all around the world - Australia, China, Indonesia, Japan, Myanmar, South Africa, Scotland, the US, and Brazil, these common sand snails, become beautiful through the irritations of their life. When you say you don't want to go through a difficult set of circumstances, you are possibly trying to bypass an opportunity to become lovelier.

But when you understand this truth, you can ensure that every level of irritation can motivate you, build you, and bring out a quality in you that inspires and creates freedom and joy for others.

If your law had
not been my
delight, I would
have perished in
my affliction.

Disclaimer

I invite you to suspend your disbelief of living a purposed life, if just for a moment.

I know this may seem skeptical but this book is worth every page and the few precious hours of your time that you invest in digesting the material. I ask you to devote to opening your perspective to a world known by many and only really being embraced by few. I invite you to begin to make your voice clear and confident—loud if it must and quiet if it wills, to the reality that your life was designed with a purpose. You may not see people living with purpose. Your definition of purposed living may be way different from your colleagues, friends, and fellow laymen. But, I invite you to open the doors of your heart and reengage with the topic afresh.

We live in the busiest time in history. Most people accomplish more in a day than one could do in a week just a few years ago. In that, this book will help you ease the burden by inspiring you to live the life you were destined to lead.

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Thanks for reading.