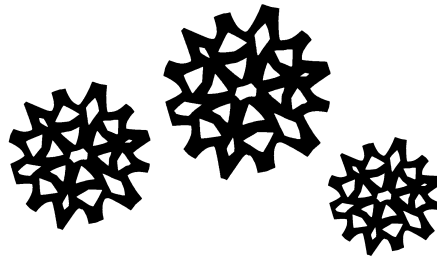


WINTER SHARE



INTERVALE COMMUNITY FARM

2021-2022 Season Pointers

Welcome to the Intervale Community Farm Winter Share! Our winter CSA program runs November through mid-May, made possible by excellent crop storage facilities and productive winter greenhouse space. Between the two, we provide a diverse selection of produce throughout the winter and spring.

Pick-ups are alternating Thursdays from 2:00-6:00 PM from November 4, 2021, through May 19, 2022. Half of the members come one week ('Group 1'), and half the other week ('Group 2'), with slight schedule changes around Thanksgiving and New Year's Day. Find the precise schedule and calendar widget [on our website](#).

Winter Shares are distributed at 282 Intervale Road, on the opposite side of Intervale Road from our summer shares. Take the first driveway on your right after the pavement ends on Intervale Road and follow the signs for parking.

Due to the ongoing COVID-19 pandemic, we will begin the winter requiring everyone to wear a mask while picking up the winter share. We hope this will change as the winter progresses, and we ask for your continuing patience and flexibility.



Intervale Community Farm Winter Share

Switching, makeups and pre-bagged Shares



Your choice of Group 1 or Group 2 provides ICF with an estimate of how much to harvest; please stick to your chosen day whenever possible. If you need to switch days, please do so. We do not require notice to switch pick-up days unless you have a share of bread, eggs, or cheese. For these items, please leave a message at 658-2919 x2 or **email Kathie.**

Bread cannot be credited or changed from your regular pickup day unless we are *notified by noon* of your change. We hold goat cheese and eggs for you to get at subsequent pick-ups.

If you expect to miss your pick-up, you may ask someone else to pick it up, or come the opposite Thursday, or pick-up two shares on another pick-up day. Unused produce will be donated to a local anti-hunger organization.

If you are concerned for your healthy, we are happy to pre-bag your share for low-contact pickup. **Contact Kathie** ahead of your scheduled pick-up day.



Bags, Berry Boxes & Egg Cartons

Bring your favorite tote-bags and produce bags to collect and haul your veggies. Clean, *full-sized*, paper or plastic shopping bags you can leave at ICF for others are appreciated; contribute or find them in the blue barrels. You may also return any serviceable berry boxes, yogurt containers, or Pigasus Farm egg cartons for reuse.

Concerns, Problems & Grievances

The ICF is your farm, and we want you to be happy! If something is wrong, please speak to an ICF staff person. If you have further concerns, please **contact Farm Manager Andy Jones**, or 802 658 2919x4. If you prefer, please speak to an **ICF Board Member**. We want to make your share more useful and enjoyable.



Useful Contact Information

Account & membership questions: Kathie Sullivan, kathie@intervalecommunityfarm.com; 802 658 2919 x1

Donation requests: Aly Martelle, aly@intervalecommunityfarm.com

Farm Manager: Andy Jones, andy@intervalecommunityfarm.com; 802 658-2919x4

Check out this week's produce at <https://www.intervalecommunityfarm.com/this-week-csa>

Like us on Facebook <https://www.facebook.com/intervalecommunityfarm/>

Follow us on Instagram www.instagram.com/intervalecommunityfarm/

Join our discussion group and recipe share

<https://www.facebook.com/groups/332190124724156>

Intervale Community Farm Winter Share Produce

Winter Shares consist largely of stored produce, supplemented with some freshly-harvested greenhouse greens. Though ideally we would always eat directly from the fields, our Vermont climate does not permit this. After a decade of experience with Vermont storage crops, we have found our stored produce to be superior to that which is typically available in stores: sweet, crunchy carrots, flavorful potatoes, crispy cabbage, and tender greens.

As with the Summer Share, ICF will provide as much choice as possible. You can expect free choice among the root vegetables, and limited choices within the other crops. November, December, and March-May distributions will have more options than January and February, and we may have more or less of some items at certain times. Bearing in mind that pick-up is every other week, each Winter Share pick-up will look something like this:



10-12 lbs root vegetables:
beets, carrots, celeriac,
onions, parsnips, potatoes,
rutabagas, sweet potatoes,
turnips.

½ - 2 lb fresh greens:
baby lettuce, arugula,
spinach, kale, baby bok
choy.



3-5 lbs cabbage
(one head) usually
a choice of green,
red, or Napa.



4-6 lbs winter squash:
Primarily butternut squash,
our best storage variety.

1-2 lbs surviving hardy crops
(November & December, weather
permitting): broccoli, Brussels
sprouts, swiss chard, assorted kales.



WINTER SHARE

