

BREKKY BITES

Toast with assorted jams. \$6

Eggs any way poached, fried, scrambled or boiled with toasted sourdough \$9.9

Granola muesli with berry compote & vanilla bean infused yoghurt \$10.9

Pumpkin pancakes with grilled bacon, citrus mascarpone, candied walnuts & Canadian maple syrup \$13

Smashed avocado with whipped feta & beetroot hummus on toasted sourdough \$13.9

Scrambled eggs, with field mushrooms, baby spinach leaves, field mushrooms, shaved parmesan and black truffle oil \$15.9

Eggs benny poached eggs, hollandaise & your choice of grilled bacon or smoked salmon \$16.5

Sportivo big breakfast with homemade baked beans, chorizo sausage, roast tomato, field mushrooms, bacon & fried eggs \$16.9

Salmon eggs poached eggs, creme fraiche, baby spinach & smoked salmon with a red onion, caper & dill salsa \$16.9

Corn & zucchini fritters with avocado, grilled haloumi, bacon, tomato relish & poached eggs \$15.9

Chorizo eggs chorizo sausage, smoked napoli sauce, kalamata olives, basil, poached eggs and hollandaise \$16.9

FOCCACIAS

Ham shaved leg ham, cheese, sliced tomatoes & lettuce \$10.9

Tuna mayo, Spanish onion & lettuce \$13.9

Chicken oven roasted chicken pieces, mozzarella, avocado, lettuce and mayo \$13.9

Vegetarian wood-oven roasted mushrooms, capsicum, artichoke, tomatoes, pumpkin & bocconcini, on a pesto base \$12.9

Prosciutto provolone cheese, tomato & rocket \$12.9

Salmon smoked salmon, cream cheese, cheese & chive spread, sundried tomato tapenade, Spanish onion and rocket \$12.9

Chicken wrap grilled chicken served with lettuce, mayo, tomatoes, cucumber and Spanish onion \$12.9

BURGERS & SANDWICHES

Blat grilled bacon, lettuce, avocado, tomato & aioli \$13.9

Steak sandwich scotch fillet steak, grilled bacon, beetroot hummus, caramelised onion, Swiss cheese, tomato relish & rocket \$15.9

SFC burger southern fried chicken, bacon, pineapple, chipotle mayonnaise & coleslaw \$15.9

Lamb burger grilled lamb, haloumi, rocket & mint yoghurt \$15.9



LUNCHIE BITES

Pumpkin salad roasted butternut pumpkin, poached beetroot, green beans, baby spinach, feta, quinoa & pomegranate dressing \$16.5

Chicken slaw salad poached chicken, wombok, snow peas, bean shoots, cilantro slaw & cashew nuts with a chilli, lime & soy dressing \$17.9

Marinated lamb tossed with a Mediterranean style salad, cous cous, mint yoghurt & toasted pine nuts \$19

Arancini three arborio rice balls with bacon & mozzarella served with pomodoro sauce, spinach & shaved parmesan \$16

Calamari fritti or char grilled served with salad greens, lemon & aioli \$19

Barramundi Fillet pan fried with a lemon butter caper sauce, served with salad greens potatoes \$26.9

Granchio Blue swimmer crab meat, green onions, fresh tomatoes, white wine & chilli in a light pomodoro sauce \$28.5

Con Pollo tender pieces of chicken, mushrooms, capsicums, garlic & herbs in a rose sauce \$23

Wood oven Homemade Lasagna Layers of pasta sheets filled with leg ham & mozzarella cheese, topped with Bolognese & bechamel sauce \$17.5

SUPERFOOD BOWLS

\$13

Mango, strawberries, oats, coconut milk, maple syrup blended & topped with chia seeds, fresh strawberries, almonds, granola & coconut strips

Banana, blueberries, oats coconut milk, maple syrup blended & topped with blueberries, kiwi fruit, almonds, granola & coconut strips

Acai bowl whole oats, coconut, wild berries, banana, chia

A LITTLE EXTRA

Roast tomato, field mushroom, sautéed spinach, baked beans \$3

Haloumi, smashed avocado, homemade hash browns \$4

Grilled bacon, smoked salmon \$4.5

**Treat
YOURSELF**

CALZONE

Vegetarian- mozzarella, spinach, capsicum, mushroom, onion, pumpkin and sundried tomatoes, topped with napolitana sauce \$23

Caselle- mozzarella, leg ham, salami, capsicum, mushroom, spanish onion and anchovies topped with Italian red sauce \$24

Carne'- leg ham, salami, chorizo, chicken and bacon with a Bolognese sauce \$25

PIZZA MENU

9" 12"

Garlic bread- Homemade wood-oven pizza bread, smeared with garlic butter and herbs	\$6	
Bruschetta Pomodoro- Homemade wood-oven pizza bread topped with olive tapenade, tomatoes, herbs and olive oil	\$12	
Schiacciata Alla Nonna- freshly baked pizza base topped with olive tapenade, tomatoes, buffalo mozzarella, prosciutto, basil, oregano and olive oil	\$19.9	\$27
Schiacciata Alpini- freshly baked pizza base with garlic, rosemary, sea salt and olive oil	\$12.5	\$15.5
Sportivo- red sauce, mozzarella, ham, salami, mushroom, capsicum, olives, spinach, onion and pineapple.	\$18.9	\$25.9
Leg ham & pineapple- red sauce, mozzarella, shaved leg ham and pineapple	\$16.5	\$18.9
Sicliana- red sauce, mozzarella, dices tomatoes, kalamata olives, anchovies, chilli and basil	\$17.9	\$22.5
Margherita- red sauce, buffalo mozzarella, basil and olive oil	\$16.9	\$18.9
Chargrilled chicken- (BBQ Sauce optional) red sauce, mozzarella, char-grilled chicken, mushroom, capsicum, spanish onion and spring onion	\$18.9	\$25.5
Attivole- red sauce, mozzarella, rocket lettuce, cherry tomatoes, shaved parmesan and sticky balsamic vinegar dressing	\$17.9	\$22
Roaring Leone- red sauce, mozzarella, pepperoni, Kalamata olives, gorgonzola cheese, rocket and olive oil	\$18.9	\$24.5
White prosciutto- white sauce base, mozzarella, gorgonzola cheese, sliced potatoes, prosciutto, oregano and rosemary	\$19.9	\$25.5
Capricciosa- pesto base, salami, diced tomatoes, roasted capsicum, Kalamata olives, artichokes, prosciutto and parmesan shavings	\$19.9	\$26.9
Romana- red sauce, mozzarella, sun-dried tomatoes, salami, capsicum, artichokes, olives, buffalo mozzarella and basil	\$18.9	\$24
Zucca- red sauce, mozzarella, spinach, sun-dried tomatoes, capsicum, artichokes, pumpkin and fetta	\$19.5	\$24.9
Veneto- red sauce, mozzarella, leg ham, Kalamata olives, chorizo sausage, pancetta, chilli and parmesan cheese	\$19.9	\$26
Croco D'oro- red sauce, mozzarella, combination of Italian sausages, wood oven mushrooms and caramelized onion	\$19.5	\$24.9
Carne'- red sauce, mozzarella, leg ham, salami, chorizo sausage, chicken, bacon, herbs and a light drizzle of BBQ sauce	\$20.9	\$26.5
Pepperoni- red sauce, mozzarella, sliced hot pepperoni and herbs	\$16.5	\$19.9
Marinara- red sauce, mozzarella, diced marinated tomatoes, prawns, mussels, calamari and fresh herbs	\$22.5	\$28.5
Garlic Prawn- mozzarella, garlic, prawns, cherry tomatoes, herbs and snow peas	\$20.5	\$25.5

12" = eight slices 9" =six slices Gluten free bases \$5 extra