From the (New) President’s Desk

I used to laugh when someone said, “Wow how time flies!” Now I am hanging on with both hands! It truly is hard to believe that two years have passed and now it is my turn to step into the position as President.

It is genuinely humbling to follow so many dynamic and creative leaders of KDO. Because of their innovation and willingness to take some chances, we are stronger than ever and can continue to give back to the community without hesitation.

The pandemic knocked us down a little bit but WE are on our way back. Circles are meeting again in person. The Annual Luncheon and Style Show “Back Together Again” is gearing up, and we are implementing the Senior Hero’s Breakfast. We are in the process of enhancing our Web page and marketability to bring more attention to KDO, ideally increasing our membership.

I am so excited about our future and how we can continue to serve seniors. SO, it is time to re-engage and see each other again. Plan on socials, become a personal shopper, deliver Daily Bread, or join the Grants Committees. Lastly but most importantly, reach out to one of our members who needs a little encouragement to get going again to support our mission.

Our future is Bright! We have persevered and continue to make a difference in Sangamon County! I can’t wait to get started...

Rising UP,
Kim Cochran

and more from Kim, as 2021-2022 1st VP & Mission Chair ...

KDO Traditional Grants

On May 23, 2022, at the Annual Meeting, KDO awarded $185,000 in 18 grants to 15 not-for-profit organizations throughout Sangamon County. It was so nice to see and congratulate everyone in person again, particularly, when we could fund 100% of their grant requests! I believe this is the first time KDO has been able to do this, and going forward, possibly the only time 100% funding will happen. Truly a historic time for our Organization.

I would like to thank the 2022 Grant Committee for their time and commitment to ensure grant monies were awarded diversely throughout the community. Sandy Bellati - President, Misty Buscher (MB), Sally Cadagin (MG), Angela Capranica (MP/N), Marti Doyle (FR), Susan Fulks (PR), Katie Price (PRo), Jan Schramm (WI), Mary Ann Smith (ML), and Carolyn Stone (GD). Your time and effort were truly appreciated.

Back row, left to right: Capt. Jeff Eddy (The Springfield Salvation Army Corps and Community Center), Pastor Paul W. Davis (Greater All Nation Tabernacle Church), Trevor Orthmann (Illinois Symphony Orchestra), Justin Yuroff (Senior Services of Central Illinois), Cindy Drum (Contact Ministries), Eve Fischberg (Joy of Movement).

Front row, left to right: Kathy Garner (Loami Food Pantry), Bridgett Hammen (The Parent Place), Peggy Dyson (Educational Center for the Visually Impaired).
It has been my honor to serve as your president for the past two years. And this year has been amazing! After almost 2 years of dealing with COVID-19 restrictions, last fall our circles were thrilled to be able to start meeting in-person again and also to start delivering **Daily Bread**. And by March, we were once again able to volunteer at the **Fair Hills Residence** --- with **Personal Shopper** twice each month, monthly **Bingo**, visiting our ladies and providing monthly **Entertainment** for the residents. This is only one facet of what we do.

Our **Traditional Grants Committee** met in person at the **Community Foundation for the Land of Lincoln** (CFLL), and this year we were thrilled to be able to award over $185,000 in 18 grants to 15 not-for-profits who serve seniors in **Sangamon County**. These organizations provide the programs and structure to further our mission in so many ways that we could not possibly do all by ourselves. We love these partnerships and hope to be able to do even more going forward. **We have now granted more than $2 million since 2008.** This is incredible ... give yourself a pat on the back! Thanks to the foresight of our leadership team back in 2007, our **Donor-Advised Fund** at CFLL will allow us to continue to make grants for many years to come!

In spite of the pandemic, our members have been able to continue volunteering and in April two of our members were recognized at the **14th Annual Good as Gold Volunteer Awards** reception at the University of Illinois Springfield — **Colleen Stone** (Willing Circle) and **Nance Woodward** (Margaret Garfield Circle). They are just two of the many wonderful women who make up our membership ... circle members who remained faithful, circle leaders and board members who continued to lead, and amazing women who served on our Executive Committee. These Executive Committee women, **Kim Cochran, Teresa McElwee, Sally Cadagin, Colleen Stone, Jane Locascio** and **Dee Dee Gain** shared their insight and served with energy and enthusiasm. To them I say “thank you all for your service!”

And now I turn over the gavel to your new president, **Kim Cochran**. She is an exceptional leader. Be assured that she will lead us with confidence and grace.

> “May the Lord watch between me and thee, while we are absent one from the other.”

---

2022-2023
**Executive Committee**
President: Kim Cochran
1st Vice President: Cathy Boerke
2nd Vice President: Christie Goleman
Secretary: Laura Carmody
Assistant Secretary: Jane Locascio
Treasurer: Colleen Stone
Assist Treasurer: Sally Cadagin
Past President: Sandy Bellatti

**Board of Directors**
**Friendship**
Sharon Heflin

**Grateful Daughters**
Brownie Anderson
Sandy Bellatti
Karen Little

**Margaret Garfield**
Sally Cadagin
Donna Jean Gibney
Teresa McElwee
Nance Woodward

**Marjorie Post-Nightingale**
Cathy Boerke
Angela Capranica

**Mary A. Lawrence**
Mary Ann Smith
Shirley Stoldt

**Mary H. Blackstock**
Laura Carmody
Christie Goleman
Amy Rasing
Brenda Staab

**Polly Roesch**
Jennifer Sylvia
Frances Tomashavich

**Progress**
Sally Cray
Diana Dedrick
Carol Sobeck
Diana Szczepanski

**Willing**
Kim Cochran
Jane Locascio
Colleen Stone
Introducing KDO Leadership

The 2021-2022 KDO Nominating Committee, chaired by Brenda Staab (MB), was faced with the challenging task of filling four open positions on the 2022-2023 KDO Executive Committee. This task was made a bit easier when Sally Cadagin, who had reached her term limit in serving as Executive Secretary, gracefully accepted the offer to move to the position of Assistant Treasurer. Thank you Sally!!

Suggestions were solicited for those who could serve in the remaining three positions (1st Vice President, 2nd Vice President, and Secretary), and thanks to several exceptional recommendations, the positions were filled.

We are happy to welcome these three new faces to the KDO Executive Committee.

Thank you ladies!!

Cathysgro Boerke, KDO 1st Vice President

Cathy is the Director of Development for AgeLinc – Area Agency on Aging for Lincolnland. She started serving the older and disabled population in 2016 for a local agency that provided home health, private duty, hospice, and assisted living services. Since transitioning into her role, she has been responsible for the Community Education Program, community engagement and media relations, marketing materials, the monthly newsletter and fundraising.

Recently, Cathy has become certified as a Dementia Champion, Illinois COVID-19 Ambassador, a Heartland Continuum of Care Community Ambassador, and recognized for LGBTQ+ Inclusion. She has been a member of the Marjorie-Post Nightingale Circle since 2017 and sits on the board for Sojourn Shelter and Services and her neighborhood association.

Cathy appreciates the meaning of living a dignified, meaningful, and independent life. She strives to serve and assist those who are 60 and older, disabled, and/or family caregivers by creating an awareness of aging and care giving issues and encourage the development and coordination of services to address these issues.

Christie Goleman, 2nd Vice President

Christie is a Licensed Clinical Social Worker with a Master’s degree in Social Work. She is currently the Medical Social Worker for Advanced Healthcare Services, LLC, a home healthcare agency. As a Medical Social Worker, Christie assesses and evaluates the psychosocial status of patients, develops treatment plans, provides supportive counseling, links patients with information and referral services to meet their needs, and collaborates with community agencies to provide holistic care for the patient/family/caregiver. She has served as a social worker for the homeless, at-risk, medically frail, mentally ill, and geriatric populations. Christie also serves the Springfield community with her dog, Nash as a licensed pet therapy team. Christie is involved with many professional organizations including Living Hope Counseling Center, Central Illinois Senior Celebration and Memorial Medical Center’s Patient Advisory Committee. Christie is currently the chairman for the Illinois Council on Aging, a council that is mandated to review and comment on reports by the Department to the Governor and to the General Assembly, and to review and comment upon the Department’s State Plan and on all disbursements of public funds by the Department to private agencies. Christie’s passion is working with the elderly and acting as an advocate for vulnerable populations.

Christie has been a member of Mary H. Blackstock Circle since 2015.
Laura Carmody, KDO Executive Secretary

Laura was born and raised in Springfield. After graduating from University of Illinois in 1984, she moved to Chicago, Atlanta, Ponte Vedra Beach, FL and back to Springfield. Her personal mission is to honor God in all that she does.

Professionally, Laura sold software and robotic technology for over 15 years. In 2001, she started a sales recruiting and consulting business which she operated for 10 years.

In 2011, she purchased a Home Instead Senior Care franchise in Springfield. In 2016, she was proud to be named “Small Business Owner of the Year” by the Springfield Chamber of Commerce. Later that year she sold her business.

Laura purchased a Spavia franchise in 2017 and opened for business in late 2018. She is excited to be a part of the Spavia family and share exceptional spa experiences with our community.

For over 10 years Laura has been a member of Mary H. Blackstock Circle. She has served as Leader, Co-Leader and Social Chairman. She looks forward to serving as Secretary on the Executive Committee.

And Welcome Back!

Kim Cochran (WI) -- moving up from 1st VP to Executive President
Colleen Stone (WI) -- continuing as Executive Treasurer
Sally Cadagin (PR) -- previously Secretary, now Executive Assistant Treasurer

King’s Daughters Organization
2022 - 2023 Executive Committee

From Left to Right:

Jane Locascio (WI), Assistant Secretary,
Laura Carmody (MB), Secretary,
Colleen Stone (WI), Treasurer,
Christie Goleman (MB), 2nd Vice President
Cathy Boerke (MP/N), 1st Vice President,
Kim Cochran (WI), President,
Sally Cadagin (MG), Assistant Treasurer
2022 KDO Traditional Grant Awards
presented by Sandy Bellati, KDO President, and Stacey Reed, CFLL VP of Programs & Marketing

AgeLinc/Area Agency on Aging for Lincolnland
$25,000
To cover expenses not covered by Medicare, specifically hearing aids, glasses and dental expenses.
Accepting the check: Carolyn Austin

Contact Ministries
$16,000
To provide $10,000 in medical prescription assistance and $6,000 in eye glass assistance to seniors 55 years of age and older living in Sangamon County.
Accepting the check: Cindy Drum

Educational Center for the Visually Impaired
$5,000
To support the personal vision coach program, offering equipment and training to seniors who are visually impaired.
Accepting the check: Peggy Dyson

Greater All Nations Tabernacle Church
$12,500
Launch of the Resource Navigation Program at their resource senior luncheons to assist seniors in identifying and connecting with resources available. The navigator will identify the need, confirm eligibility, and follow the senior, if eligible, through the application process.
Accepting the check: Pastor Paul W. Davis

King’s Daughters Circular June 2022 ~ Page 5
Habitat for Humanity of Sangamon County
$25,000
Support the critical home repair program offering clients assistance with home repairs necessary for health or safety issues. Repairs include roof replacement, HVAC work (air conditioning/heating), interior accessibility aides, foundation work, insulation installation for energy efficiency, replacement windows and doors, etc.

$15,000
Funding for wheelchair ramp installation program to install, utilizing volunteer labor, ADA and code compliant ramps to allow low income, senior homeowners to live in their home longer and allow them to "age-in-place."

$1,600
To help seniors in need of furniture and household items acquire necessary items from the Habitat for Humanity Retail Store.

Illinois Symphony Orchestra
$3,000
To support the Sundays at Six recital series featuring small ISO ensembles performing at senior centers and streamed on the ISO YouTube Channel. These streamed performances will allow seniors to enjoy the engaging and inspiring ISO performances from the comfort of their home.

Accepting the check: Trevor Orthmann

Illinois Presbyterian Home
$10,822
To Purchase senior-safe, outdoor chairs and tables for residence porches and patios.

Accepting the check: Maryann Walker
**2022 KDO Traditional Grant Awards**

Presented by Sandy Bellati, KDO President, and Stacey Reed, CLT, VP of Programs & Marketing

---

**Loami Area Community Pantry**

$5,000

To purchase and provide senior clients with uncommon pantry items such as soaps, lotions, detergents for sensitive skin, blood pressure cuffs, incontinence products, etc.

Accepting the check: **Kathy Garner**

---

**MindsEye Radio**

$5,000

To support the Broadcast Information Program that uses technology and volunteer support to provide free broadcasts of printed material to seniors with vision loss. Broadcasts include local information - news, grocery store ads, and obituaries - that cannot be accessed elsewhere.

Accepting the check: **Angela Banks & Jason Frazier**

---

**Senior Services of Central Illinois**

$11,610

To support Senior Transport program by purchasing items essential to running an efficient and safe transportation program.

$5,000

Support for the Emergency Fund program, which helps seniors in times of financial emergency to make rent or utility payments, avoiding eviction or shut-off.

Accepting the check: **Justin Yuroff**

---

**Springfield Housing Authority**

$5,132

To purchase air mattresses, blankets, and pillows for incoming residents who have been homeless, are very low income, and cannot afford furniture or items.

Accepting the check: **Michelle Sargent**
2022 KDO Traditional Grant Awards
presented by Sandy Bellatti, KDO President, and Stacey Reed, CLLL VP of Programs & Marketing

**The James Project**
$12,000
To provide supplemental grocery expenditures for grandparents and other relatives, who are 55+, and find themselves in the role of foster parent, adoptive parent, guardian, or fictive kin for their foster placement.
Accepting the check: **Terri Enno**

**The Joy of Movement**
$3,120
Support weekly adapted group dance classes for older adults with Parkinson Disease (PD) and their care partners.
Accepting the check: **Eve Fischberg**

**The Parent Place**
$9,407
To provide guardianship assistance, support meetings, and workshops focused on healthy family relationships for grandparents raising grandchildren.
Accepting the check: **Bridgett Hammes**

**The Springfield Salvation Army Corps and Community Center**
$15,000
Support for seniors raising their grandchildren, covering basic needs, such as housing costs, utilities, food, medication, school supplies, etc.
Accepting the check: **Capt. Jeff Eddy**

King's Daughters Circular June 2022 ~ Page 8
The Annual Corporate Meeting and luncheon was held on May 23, 2022, at Westminster Presbyterian Church, hosted by Willing and Friendship Circles. As attendees arrived for the luncheon, Grateful Daughters member Dee Dee Gain provided lovely background music on the piano.

President Sandy Bellatti opened the meeting and introduced special guests from the Community Foundation for the Land of Lincoln: John Stremsterfer, President and CEO; Stacy Reed, Vice President of Programs and Marketing; Sarah Helm, Vice President of Development; and Haley Wilson, Director of Communications. President Bellatti also introduced those KDO Advisory Board members present: Hugh Drake, Dr. Max Hammer, Donald O’Neal, and Maryann Walker (FR).

Cindy Lash of Friendship Circle gave the invocation.

The luncheon was catered by Pat Hymans (GD), who regularly caters events held at Westminster. Members of the hosting circles served the food, taking the extra precaution of wearing gloves and masks due to COVID-19.

Representatives from each of the grantee organizations were present and were scattered at tables throughout the room, with at least one grantee seated at each table. This seating arrangement provided the KDO membership the opportunity to engage with and find out more about the organizations receiving KDO grant funds.

Master gardeners, Diana Hetherington (WI) and Susie Risser (WI) created the centerpieces with help from Jo Bunn (WI) and another master gardener. They arranged fresh flowers and greenery from their gardens, accented with yellow roses.

A special thank you goes to Linda Wilson (MG) from Homescapes for loaning the beautiful centerpiece placed on the food buffet, and special mention goes to Todd Nelson, owner of Starcrest Cleaners, for graciously donating laundry services for all the table linens.

The event received numerous compliments. Members were excited and happy to be meeting again in person after having the last two Annual Meetings held virtually. Next year’s meeting will be May 22, 2022.
Richard Landry and his bunny Snowball entertained on May 18th, sponsored by Willing Circle. Attending for Willing Circle was Jeri Waldeck, Colleen Stone, and Jo Bunn. Residents were included in his magic tricks, and all who wished got to pet Snowball! One resident told Colleen that she hadn’t laughed that much in a long time. That is something we love to hear.

One of the residents getting a close look at Snowball. This time no one tried to sneak Snowball back to their room! (and, yes, that has happened in the past!!)

Bingo was successfully restarted by the Margaret Garfield Circle in April. It is is held the second Wednesday of the month from 2:30 to 4 PM. Circle members call bingo and assist the residents in filling out their cards. The residents’ response has been great, with a turn out between 26 and 30!! Nancy Blunk, Malinda Craig, Dianne Cycholl, Susan Madison, Cathy Tapscott, and Nance Woodward have been the circle “bingo ladies” thus far.

UIS Good as Gold Ceremony
April 25, 2022
Two of KDO’s own, Colleen Stone (WI) (left) and Nance Woodward (MG) (right) received Heart of Gold Community Awards for their volunteer work over the years, both for KDO and for other organizations and causes near and dear to them. Congratulations Ladies and thank you for all your hard work enriching the lives of those in need in our community!!!

Marjorie Post/Nightingale Circle Meetings

March Meeting at Bella Milano
L to R: Anne Russell, Carolyn Austin, Sharon Poynter, Pam Walters, Joanne Roderick, Vickie McHenry, Angela Capranica, Cathy Boerke.

April Meeting at Loukinen’s on 4th
Above, L to R: Joanne Roderick, Cathy Boerke, Karen O’Beirne.
Left, L to R: Nancy Collantino, Sharon Poynter, Pam Walters, Vickie McHenry, Anne Russell, Angela Capranica.
Back Together Again!

KDO Members and community supporters will be back together again for the 74th Annual Luncheon & Style Show on October 10, 2022, at the Crowne Plaza Hotel. Not only is our theme "back together again" but our two major sponsors are back with us as well! Each of these sponsors are known for making a positive difference in the Springfield community.

**Title Sponsor - Concordia Village.** Concordia is a retirement community in Springfield offering an outstanding variety of living options with first-rate services and life-enriching amenities for seniors.

**Event Sponsor - Spavia.** Spavia, located at 3110 West Iles Avenue in Springfield, is an award-winning, resort quality day spa that provides an exceptional experience with luxury in every detail.

More sponsorships are needed for the success of this event. They are available in a range of commitment levels. Tickets are issued to sponsors as a priority. If you are interested in being a sponsor, but did not receive a sponsorship invitation, please contact one of the Co-Chairs promptly. Sponsorships must be received prior to August 12 for priority seating.

Co-Chairs: Kathy Mihelich (815) 416-8794 kmihelich5@aol.com
Diana Szczepanski (217) 381-8048 diszcz@hotmail.com

Won’t you join us?

The event will raise funds to assist in providing grants to organizations who serve seniors in our community. It will feature a run-way parade of models from local boutiques and retailers wearing fashionable apparel and accessories. Lunch will be served throughout the show and classic cocktails will be available at a cash bar.

A unique “White Elephant” shopping experience will open the event. Items for sale, including gently used along with some new, will include jewelry, purses, home décor, kitchen utensils, cookware, dinner ware, linens, and holiday decorations. Homemade bakery goods will be sold as well.

In addition to shopping, there will be an opportunity to bid on Silent Auction items and buy chances for the Basket Raffle or chances to win a portion of the Split-the-Pot Raffle. There will also be a drawing for four $100 Door Prizes, courtesy of Scheels!

Follow King’s Daughters Organization on Facebook for up-to-the-minute information.

**Item Donations Needed**

Gently used items for the shopping experience are being collected now from KDO members and friends through August 17, 2022. Also, items for the Silent Auction and Basket Raffle are being sought. Please email diszcz@hotmail.com to donate.

A Collection Coffee will be held at the Sangamo Club on August 17 beginning at 10 am. Items for donation will be accepted, and sponsorship tickets will be available for pick up. Remaining single tickets for the luncheon will go on sale at this time.

King’s Daughters Circular June 2022 – Page 11
"Sharing Life in Circles of Care and Friendship"

Find us on Facebook or at www.kdospringfield.org

VERY IMPORTANT -- WATCH FOR EMAILS FROM CONSTANT CONTACT!!
KDO is using the email marketing application Constant Contact to keep in touch with its membership. It is extremely important that the KDO Membership Database has up-to-date email addresses for ALL members. Please notify your circle leader of any changes, or email Teresa McElwee at tmcelwee5@comcast.net.

Look for
the KDO Booth in the Illinois Building at the Illinois State Fair.

Mark Your Calendar!
74th Annual Luncheon & Style Show
Monday, October 10, 2022
Crowne Plaza

Stay Tuned
for more information about the KDO Hero’s Breakfast coming in Spring 2023.

IMPORTANT: Distribution of the King’s Daughters Circular is now primarily DIGITAL, either through email using CONSTANT CONTACT or on the KDO WEBSITE (www.kdospringfield.org). If you wish to continue receiving a PRINTED version, please contact TERESA MCELWEE.

Also, please notify Teresa if you have a NEW MAILING or EMAIL ADDRESS, if you will be temporarily away, or if you wish to be removed from the mailing list.

Be aware that if you are removed from the email list, you will miss notifications from KDO.

Contact Teresa McElwee at tmcelwee5@comcast.net or through CFLL at 217-523-4332

Newsletter Editor: Donna Jean Gibney. Assistance with this issue from: Sandy Bellatti, Sally Cadagin, Kim Cochran, Jane Locascio, Kathy Mihelich.