HEIDELBERG ARTS LEADERSHIP ACADEMY

PRESENTS

THIS IS US

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POETRY
FAKE VIBES

As I sit here and think how much
I really hate the fact
That I changed myself and my ways that I was
For somebody so long I really didn't know
Deep down inside I really hate
It's been so long now I'm in too deep
Because this someone is in love and I'm not
I tried to make it work but I can't
I tried to play along but playing along
Made me realize love is not a game
I wish my heart
Would stop playing games
With people's feelings and sending off fake vibes
It's crazy how quickly I change
How I feel about someone
I don't understand me
I wish we would end it
Deep down my biggest fear
Is not because I don't know what's next
I know how it feels to be left alone
With nobody to call on
Family don't even pick up to phone
Friends always telling you to stay strong
I have mixed emotions
I don't let my feelings be in the open
I throw them to the side and hide them

Behind a fake smile

Poetry By: Damien
Waking Up

Waking up
On the wrong side of the bed
Thinking of another way to be dead
In my head is all these crazy thoughts
That can’t be said
As these strong pounding sound
Goes on and on
These thoughts make it hard to sleep
As my body is relaxed
My brain is confused about what’s going on

Robinson
Poem

When you come
When you come to me, unbidden
Beckoning me
To long ago rooms,
where memories lie.

Offering me, as to a child, an attic,
Gatherings of days too few.
》》》》》》》》》》}
Baubles of stolen kisses.

Trinkets of borrowed loves
Trunks of scarlet words,
I cry.

—Maya Angelou
This IS ME

This is me, a girl living in a big world. I love to sing and read with big things to see. This is me, a little black girl seeing things a girl haven't seen. People getting robbed, people getting shot, just a girl living in a big world. This is me, trying to figure out what she wants. This is me.

Nasjah
Fullilove

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Be a Poem

Peace

In my mind I feel misplaced, but my jealousy keeps me feeling easy to be replaced. Anxiety is stressing me out, my depression is making me black out. Be my peace so I can be humble. Be my peace so I don't crumble. Never explain my feelings to nobody. I let it show. But sometimes I gotta let some people go.
Poem

"Love"

Love, Love is like a red rose
Love is like happiness, it alway grows
I feel love everytime I walk
Or even when I talk
Love is what keeps me alive
And keeps me ahead
If it wasn't for love
I would probably be dead
Love is me and I am Love
Police Brutality

Is police brutality really as bad as we blacks make it seem? Most African American people feel as if it's a hate crime. I truly feel as if it's a hate but there's more to it than that. I think police officers feel as if they have more freedom to do as much as they want without getting caught. White people always feel as if they own us or can treat us anyway and them being police officers make them feel as if they have even more control over us.
Treyvon Martin was a black male who went to the store for shittles and a Arizona. He had on a black hoodie and just for that he got shot and killed. All because he was, black with a hoodie. White people fear us and their Jutal instinct is to shoot first and ask question later. Treyvon was scared for his life he ran because a black truck was flowing him. Why didn't that police officer ask questions before following? Why did that police officer just pick him out of anybody that was there? There are so many questions that will never get answered, but because of that, man was white he didn't really have to answer them. This government does not care about us they are trying to get rid of us!

Police Brutality is something we can never get rid of. To me I feel like it will always be that because of the simple fact we are black and police officers will never be questioned or punished. And to me there is no win for us. If we speak up only a few will listen and that will get police officers angry which makes them kill even more of us. If we stay silent and afraid, whites will feel as if they won and still own us. The government wants this society to crumble.

“We can’t always talk about genetics. I don’t want people to think black people just aren’t strong. We need to look at something deeper than that.”
In America, 3% of black people die from police brutality, as it states on Topluners Channel. Police brutality is a subject that is being brought up even more because it's happening a lot. When a black male got shot for walking down the street, “A man gets shot by a racist cop.”

These are the cases that I am going to review and tell you about.

The boy who was literally just walking down the street and had nothing that remotely looked dangerous on him was just walking to the store to get the items listed on his paper. The delusional cop walked up to the male (black) and the cop said, “Sir, you hiding drugs on you?” The male replied, “No Sir.” The cop made the male nervous and the male dropped his food. As he went to pick it up, the delusional cop precincted out and shot him. He was later pronounced dead at the hospital in New York. Nevertheless, the trial got taken to court and the cop was found “not guilty” by the jury.

The second case takes place with a dog and man by the name of Fred Johnson. They were totally shot, Fred got shot 7 times by the delusional cop. The cop claims that Fred was telling the dog to attack him. He also said that he heard him say “go attack that cop.”
After that, the cops tells us he shot the dog. When the dog was shot, Fred freaked out and ran to his dog. The cop claims he was charging at him, so he shot Fred 7 times in his chest.

In court this case was also found "not guilty" even with the hard evidence this didn't happen.

In all of these police brutality case, they all seemed like a misunderstanding or a overreaction. Therefore cops need to trained to handle situation like this better.
Stop Teen Pregnancy/STD's

By: Erica May

Sex education in school is a major controversial idea around the world. Some principles don't tolerate it. Tolerance is when people deal with or accept something even though they may not agree with it. Sexual education in school is based on what students need to know to be protected. The schools that do not teach sexual education, teach the idea of abstinence. Abstinence is the idea of retaining from any sexual activity to stay "pure" until marriage.

Schools focus on teen pregnancies, STD and HIV prevention, domestic violence, body image, and healthy relationships.

Sexual education in school has become a recurring problem in society over the years. The early 1912 teachers were being trained to teach sexual education in schools. In 1940 the health and safety department highly advocated sex education slowly started to stop being sex education. It was being turned into the study of abstinence only programs.

In 1998 twenty percent of the United States retained to teaching abstinence and forty-one bills were being considered by state legislatures. Congress committed 250 million dollars from federal funds over five years to promote abstinence until marriage.

By the 1970's, legislatures in the 20 states had voted to restrict or abolish sexuality education.
Clearly, teen pregnancy is a concern among many people in the U.S. One way to help the teen pregnancy statistics would be Birth Control. Teenagers should have more access to Birth Control, particularly LARCs (long-acting reversible contraceptives), and be more informed about it.
Teen Pregnancy

A baby is never a mistake. A surprise sometimes, but never a mistake. Many teens get pregnant and drop out of school. They drop out because they might think their lives are over or that they can't take care of a baby and go to school. Most teen moms get bullied or might commit suicide. The percentage for pregnant teens who drop out of school is 30 percent and 51 percent of teen moms earn their high school diploma.
Pregnant teens go through a lot of stress, suicide is a prominent issue because you will be killing yourself and the baby. They can also overdose on different types of medication because they are stressed out and just want to end the pain. When you're unwanted, that can be hard on a person. You'll just be so depressed and some people don't have anyone to talk to.

If you know you can't take care of a baby, then you shouldn't be having sexual intercourse. If you are going to have sex, make sure you and your partner always use protection. You can also take birth control pills.

Schanice Markray
Is teen pregnancy occurring often in society today? Are there girls ages 13 to 17 getting pregnant? Well to answer both questions, yes, there are teens getting pregnant too fast and early! The girls of this generation often think they’re grown and they can do whatever they want to do. In my opinion, teens shouldn’t be having sex right now unless they’re ready to face the consequences.

I don’t really understand why young girls think it’s okay to have sexual intercourse. But to be honest it’s not always the girls that want to do it. Sometimes it can be the boys that talk girls into wanting to have sex. Some girls are smart enough not to have sex but do it anyway because the boys makes them think it’s okay. Then, if they decide they want to have sex the girls let the boys talk them into not worrying about them wearing a condom.
The boys think they’re men and can have sex. Also, they think they don’t need a condom because they can “pull-out”. Sometimes pulling out is not always a good decision because you might not pull-out in enough time and get a girl pregnant. Most teenager pregnancies happen due to this. Then, in the end, they’re only teens so they can’t take care of the baby so someone will or they will have to get an abortion.
Problem with Relationships?

Justin and Selena have been going back and forth dating for 5 years. You don't want that. You want a stable and healthy relationship. Justin and Selena were toxic and unhealthy. Don't be like Justin and Selena. Justin is a bad boy and Selena is a good girl. Don't mix at all. You also want a boy or man that will be with you through thick and thin. Forgetee or worse, rich or poor.

Halsey and G-Eazy kept their relationship private but don't ever mix pleasure with business. You should keep your relationship separate from work. Your relationship may interfere with work and may cause problems at home. Your relationship becomes a work relationship. Bring! Work should stay at the studio or office and your relationship should be fun and spicy. — Nasjah Fullilove
Animal Cruelty

How do you feel about animal cruelty? For those who don't know, animal cruelty is, abuse of any animal species. Animal cruelty can change and turn a pretty creature into a violent animal. Animal abuse is caused by human suffering or harm upon non-humans. Because people have problems or mental disorders, they take it out on other things. First and foremost, don't do it on purpose. Some people might not know how to properly take care of an animal. They may put them on a short chain with no shelter. Others might think they're helping them by taking 15 dogs. When they can't take care of all of them. Lastly, most people do it on purpose to have control over them. Someone may abuse one dog to show the others who's the boss.
Kidnapping
by: Nasyan Pullilove

Police officers never thought a child would be kidnapped in a day. One million children or babies will get kidnapped in the world kidnapping is rated one of Top 10's most committed crimes over the course of a year. A child may be kidnapped for money or being sad online for personal use. Kidnappers will watch you and study your behavior and daily lifestyle until they notice a pattern of activities. They actually lure you in with questions such as “Do you know where this is?" or “Can I ask you a question?”
Once they kidnap you, they either sell you online or make you do sexual activities you don't want to do. Eventually, parents will start to look for you after 24 hours. They rule the disappearance as a kidnapping or a runaway. Law enforcement will begin to search for you, call every contact that you may know. They will post flyers with your picture and ask questions around the neighborhood.

Kidnapping to me is very disturbing. I never thought kids or babies get kidnapped for personal usages. Kidnapping is a high crime in today's society. I would feel angry, desolate, and hopeless if my child was stolen or taken. Some parents may not see their child ever again. I finally understand why this social issue is serious.
Advice on kidnapping

Here is some advice on how NOT to get KIDNAPPED!

1) Make sure you have a working CELLULAR DEVICE

2) Be prepared to run. There are some stupid people.

3) DON'T walk home alone while it's DARK! 😞

4) If you feel like you're in danger or scared, CALL someone.

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I am Unique

-I come with no wrapping or pretty pink ties.
I am who I am, from my head to my toes.
I tend to get loud when speaking my mind.
Even a little crazy some of the time.
But, I am still Unique.

By
Breana Mury
HIGHLIGHTS
Top 10 Reasons Why School is Important!

1) Gain social skills.
2) Learn other viewpoints.
3) Jobs.
4) Change of direction.
5) Career Advancement.
6) Confidence.
7) Sense of advancement.
8) Success.
Play List
"8 helpful Songs"

A
Anthony Hamilton - Pray for me
Ariana Girande - Almost is never enough

J
J.Cole - Once an addict
Jessie Beyez - Figures

L
Lauryn Hill - I Get out
Ludacris - Run away Love ft. Mary J. Blige

M
Maurice Moore - It's loudest silence

T
Twista ft. Faith Evans - Hope
Top 10 Paying Jobs

- Physician - Annual Salary: $193,942
- Pharmacy Manager - Annual Salary: $148,412
- Pharmacist - Annual Salary: $127,120
- Enterprise Architect - Annual Salary: $113,944
- Corporate Counsel - Annual Salary: $113,380
- Software Development Manager - Annual Salary: $108,879
- Physician Assistant - Annual Salary: $106,781
- Software Engineering Manager - Annual Salary: $107,479
- Nurse Practitioner - Annual Salary: $106,962
- Software Architect - Annual Salary: $105,329

$1,000