



Partnership
for Children

Hosted by Oaklawn • St. Joseph County

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OUR PROGRAM



Partnership for Children provides high-quality, free and affordable training in a variety of subjects related to youth mental health. Our trainings can be offered to staff, parents and youth of partnering agencies.

These trainings are typically provided by local trained mental health professionals and subject matter experts. Trainings are delivered by request with the goal of promoting long-term change for the benefit of children and families in our community.

Contact Consultation and Training Specialist Jhunixa Salazar to schedule a training listed in this catalog or to discuss other trainings that could meet your needs. Jhunixa can be reached at jhunixa.salazar@oaklawn.org or by calling 574-349-1853. Trainings can also requested via this QR Code:



TRAININGS

ACE Interface: Introduction To Trauma

An introduction to the ACE Study and the lifelong impact of psychological trauma. Includes information on neuroscience and resilience.

 Duration	1.5-2 hours	 Delivery	In-person or virtual	
 Target Audience	Ages 18 and over	 Fee	No charge	
 Spanish	Available in Spanish			

ASIST (Applied Suicide Intervention Skills Training)*

This suicide intervention training teaches attendees how to recognize, respond to and support an individual contemplating suicide. This training requires a minimum of ten participants.

 Duration	16 hours (over two days)	 Delivery	In-person only	
 Target Audience	Ages 18 and over	 Fee	Varies* (free to partners)	

Balancing ACEs: Positive Childhood Experiences

This training will focus on ways to increase opportunities for youth and families to be more resilient in the face of adversity. Participants will utilize knowledge about the impact of ACEs to identify ways to increase protective factors for youth, families, and the community.

 Duration	1-1.5 hours	 Delivery	In-person, virtual or hybrid	
 Target Audience	Ages 18 and over	 Fee	No charge	

Café

This evidence-based model created by Be Strong Families provides peer support.

Parent Café

This evidence-based model created by Be Strong Families provides peer support for parents and strengthens parents' protective factors.

Professional Café

This modification of Parent Cafés is designed to encourage multi-disciplinary support between professionals and teams.

Youth Café

Youth Cafes use the BSF Evidence-based model to create peer support for people ages 12-18.

 Duration	1.5-2 hours	 Delivery	In-person or virtual	
 Target Audience	Ages 12 and over	 Fee	Varies* (free to partners)	

TRAININGS

Child Abuse Prevention

This training will focus on recognizing the signs of abuse for children and youth, and provide an overview of the requirement for mandatory reporting for helping professionals.

 Duration	1 hour	 Delivery	In-person, virtual or hybrid 
 Target Audience	Ages 18 and over	 Fee	No charge





Cultural Competence, Sensitivity & Humility

This training will focus on practical ways to show cultural humility to People of Color and ways to communicate more effectively with all races by emphasizing verbal de-escalation skills and empathy.

 Duration	1-1.5 hours	 Delivery	In-person or virtual 
 Target Audience	Ages 18 and over	 Fee	No charge


Motivational Interviewing: Introduction

Motivational Interviewing (MI) is a collaborative conversation style for strengthening a person's own motivation and commitment to change. This training will present an introduction to Motivational Interviewing's Spirit and Basic Skills. Participants will practice MI skills through interactions designed for integration into their daily work – into any conversation with others about change. *This training is only offered in the spring and fall, dates to be confirmed.*

 Duration	2 hours	 Delivery	In-person 
 Target Audience	Professionals, youth workers, volunteers	 Fee	No charge

QPR (Question Persuade Refer) Suicide Prevention

This evidence-based suicide program teaches attendees how to recognize and respond to a suicide crisis until more qualified health care professional can take over.

 Duration	1.5-2 hours	 Delivery	In-person or virtual
 Target Audience	Ages 18 and over	 Fee	No charge

SafeTALK

This evidence-based suicide prevention program teaches individuals how to recognize and reach out to someone thinking about suicide and ways to connect to further support. Common barriers to receiving help, including attitudes and a reluctance to talking openly about suicide are also addressed.

 Duration	3.5 hours	 Delivery	In-person
 Target Audience	Ages 15 and over	 Fee	Varies* (free to partners)

TRAININGS

Self-Care: A Professional Imperative

This training provides a professional perspective on holistic self care practices for people in helping professions.

 <i>Duration</i>	1-1.5 hours	 <i>Delivery</i>	In-person, virtual or hybrid 
 <i>Target Audience</i>	Ages 18 and over	 <i>Fee</i>	No charge



St. Joseph County Resources

An overview of formal and informal supports and services for youth and families in St. Joseph County.

 <i>Duration</i>	1 hour	 <i>Delivery</i>	In-person or virtual 
 <i>Target Audience</i>	Ages 15 and over	 <i>Fee</i>	No charge

Trauma-Informed Care

This training focuses on the impact of trauma on child development, trauma informed responses and provider well-being.

 <i>Duration</i>	1.5 hours	 <i>Delivery</i>	In-person, virtual or hybrid 
 <i>Target Audience</i>	Ages 18 and over	 <i>Fee</i>	No charge


Trust-Based Relational Intervention (TRBI®) Introduction

TRBI® is an attachment-based trauma informed intervention designed to meet the complex needs of children who have experienced adversity, early harm, toxic stress, and/or trauma which often results in undesirable behaviors.

 <i>Duration</i>	2-3 hours	 <i>Delivery</i>	In-person, virtual or hybrid 
 <i>Target Audience</i>	Ages 18 and over	 <i>Fee</i>	No charge

Understanding Child Development for a New Professional

This training will provide entry-level professionals and volunteers with an overview of the stages of normative development to increase awareness of how children develop and the role of the adult in youth work.

 <i>Duration</i>	1-1.5 hours	 <i>Delivery</i>	In-person or virtual 
 <i>Target Audience</i>	Ages 18 and over	 <i>Fee</i>	No charge

TRAININGS

Vaping 101: What Adults Need to Know*

Participants will learn strategies to prevent youth from vaping and why it can quickly lead to addiction

 Duration	1-1.5 hours	 Delivery	In-person or virtual 
 Target Audience	Ages 18 and over	 Fee	Varies (free to partners) *
 Spanish	Available in Spanish		

Verbal De-escalation Strategies

Participants will learn techniques to stay in control of their emotions, attitudes and behaviors when faced with confrontation and/or people behaving irrationally, leading to opportunities for more positive outcomes in challenging situations.

 Duration	1.5 hours	 Delivery	In-person
 Target Audience	Ages 18 and over	 Fee	No charge

Youth Mental Health First Aid*

This evidence-based program is designed for adults who regularly interact with young people. Course content includes common mental health challenges for youth, typical adolescent development, and a 5-step action plan for helping young people in both crisis and non-crisis situations. Requires a minimum of 7 participants for this training.

 Duration	7 hours	 Delivery	In-person or virtual 
 Target Audience	Ages 18 and over	 Fee	Varies* (free to partners)
 Spanish	Available in Spanish		