



{ COLD PRESSED JUICES }

7 oz. 6 | 16 oz. 12

Enliven

Carrot, apple, mint & ginger.

5-Alive

Carrot, apple, beet, parsley & celery.

Lean Green

Apple, cucumber, celery, parsley, spinach, kale & lemon.

Crimson

Carrot, apple, beet & ginger.

{ SMOOTHIES }

Blended with choice of dairy, almond, coconut, hemp, or soy milk | apple or orange juice | cold pressed juice +\$4

Strawberry Blonde 8

Banana, strawberry, dates & gold flax.

Mountain Masala 8

Banana, Tiger chai, dates, cinnamon & Merlin's Root Tonic.

Tropical Sunset 10

Cold pressed Crimson with pineapple & turmeric.

Black Lotus 8

Blackberry, raspberry, mango & raw honey.

Sapphire 10

Banana, blueberry, dates, cinnamon & gold flax.

Lawn Mower 10

Wheatgrass, spinach, avocado, banana, dates & lemon essential oil.

Acai 10

Strawberry, acai, banana, raw honey, cacao & goji berries.

Rendezvous 10

Banana, almond butter, dates & cacao nibs.

Minty Matcha Magic 10

Matcha green tea, banana, peppermint essential oil, hemp seeds, sea salt & raw honey.

Island Bliss 8

Banana, mango, pineapple, hemp seeds & raw honey.

{ SMOOTHIE BOOSTERS }

Organic & Raw.

\$1

Lucuma powder
Chia seeds
Gold flax
Raw honey
Merlin's Root Tonic
Cacao nibs
Cacao powder

\$2

Almond butter
Bee pollen
Maca powder
Sacha Inchi protein
Matcha green tea
Macro greens
Essential oils
Nutiva hemp protein