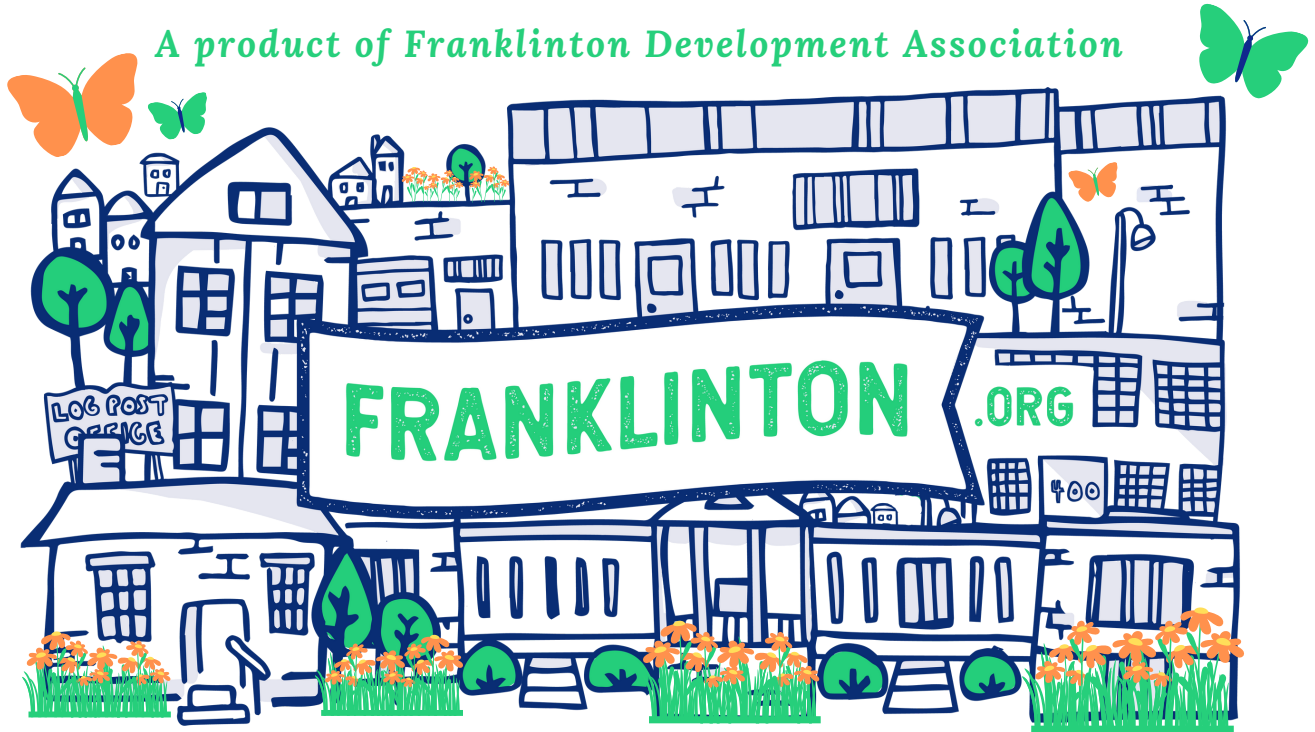


FRANKLINTON NEWSLETTER

A product of Franklinton Development Association



Introduction

Happy April! Read on for several resources and events coming soon to Franklinton this spring.

As always, check [Franklinton.org](http://franklinton.org) for updated information. Future issues can be found online at <http://franklinton.org/newsletter/>.

Spring Break Activities for Youth

During Spring Break week (April 2nd-5th), come hang out at the **Lower Lights Community Learning Center from Noon-2PM each day** for free snacks/food and fun activities. For ages 12-17. Activities planned include:

- Tuesday- Lego Building
- Wednesday- Sports and Sidewalk Chalk (outside if weather permits)
- Thursday- Movie Day
- Friday- Classic Games (board games and card games)

Join the Columbus Office of Violence Prevention, Columbus Public Health, and Columbus Rec & Parks on **Friday, April 5th from 4-8PM at Glenwood Rec Center** for their Spring Break fun! There will be food, a DJ, game truck, bounce house, face painting, balloon twisting, artistic stations, basketball, space dedicated to violence prevention dialogue, and more for all to enjoy! Teens are welcome to bring younger siblings and family members.



Ohio Health Urgent Care

Ohio Health has opened an Urgent Care at **14 McDowell Street, Suite 100** (corner of Broad and McDowell) that operates Monday-Sunday from 9AM-9PM. They provide quick care when you need it most for minor illnesses and injuries. If you are experiencing a life or limb-threatening emergency, call 911 or go to the nearest ER. Secure your same-day appointment spot before they fill up: 614-788-6482.

Services include:

- Drug screenings
- Onsite X-rays
- Physicals
- Select immunizations
- Select laboratory testing

Conditions treated:

- Animal and insect bites and stings
- Asthma Flare-up (wheezing, not improving with inhalers, no difficulty breathing)
- Cold, flu or COVID-19 symptoms (body ache, congestion, cough, fever, sinus infection, sore throat)
- Cuts, bruises or may need stitches
- Earache and infection
- Injuries (possible broken bones, sprains, dislocations)
- Minor allergic reactions
- Minor burns
- Nausea, vomiting or diarrhea without bleeding, abdominal pain or dehydration
- Minor nosebleeds
- Pink eye, red eye, itching
- Rashes
- Sexually transmitted infections with symptoms
- Sprains and strains
- Suture/staple removal
- Urinary, kidney and bladder infections
- Wound check (Increased pain, tenderness, redness, swelling or warmth around the cut or injury, fever, or other changes)

Lower Lights Health OBGYN Care

At Lower Lights Health, we are here to meet all of your gynecological and obstetrics needs. More than just health care, we offer whole-person care. We offer OB/GYN services to women and adolescent girls and those assigned female at birth. There are sliding fees for services, and access to Medicaid eligibility specialists to help with enrollment. Make an appointment at 614-274-1455.

Our services include:

- Prenatal care
- Postpartum care
- Contraceptive counseling
- Pregnancy testing and counseling
- Childbirth education
- Case management, health screenings and referrals to support services
- Doula services
- Gynecological/cervical cancer screenings
- Annual exams for women, including breast exams, pap smears and other cancer screenings
- Adolescent gynecological care



UPCOMING EVENTS

Westside Produce Giveaways at Rec Centers

The below rec centers have produce giveaways throughout the month. Please bring your ID.

- **Sullivant Gardens Rec Center** (755 Renick St) @ 3-5PM free produce (first Thursday)
- **Glenwood Rec Center** (1888 Fairmont Ave) @ 3-5PM free produce (first Thursday)
- **Dodge Rec Center** (667 Sullivant Ave) @ 3-5PM free produce (second Thursday)

Parenting Classes at Gladden

Join Gladden Community House and The Center for Family Resolution for parenting classes on **Wednesdays from 1-3PM on the 3rd floor at Gladden** (183 Hawkes Ave, 43223). No registration is required and you can pick which classes to attend. Topics include:

- April 3: Connecting with Your Child Through Listening
- April 10: Encouraging Your Child do Their Best
- April 17: Rules & Responsibilities
- April 24: Rituals & Routines to keep Children Safe & Secure
- May 1: Celebrate Success Every Day

Community Creatures: Free Collage Workshop

Join We Amplify Voices (WAV) for their Community Creatures: Free Collage Workshop! Craft your unique collage creature, connect with your community, and share love around the westside. Join them **every other Friday from 3-5PM at 1327 Sullivant Ave, 43223**. Upcoming sessions: **April 12th & April 26th**. Learn more: www.weamplifyvoices.org/whatwedo.

Financial LifeSkills Program

Join FDA's Financial LifeSkills Program on **Tuesday, April 23rd at 2PM for an hour long lesson on money management at Little Bottoms Free Store**. This hour-long info session will provide the basics of budgeting, banking, and credit. FDA will also provide an overview of our 6-week Financial LifeSkills Program and how you can enroll in future classes. There is no financial incentive awarded at this info session Register here: <https://franklinton.org/?event-item=introduction-to-money-management>.

If interested in our full 6-week program, our **next cohorts are scheduled for this summer** with registration opening in the next month or so. The 12-hour program is broken up into 6 classes:



Financial LifeSkills PROGRAM

1. Your Relationship with Money
2. Budgeting
3. Banks & Credit
4. Loan & Debt management
5. Job-training & Entrepreneurship
6. Taxes & Risk Management

Upon completion, you will receive a financial incentive of \$252 and a graduation certificate. While in the program, we will connect you with other organizations and resources through guest speakers and materials. Please register online for our interest list: <https://franklintondevelopment.org/flsp>.




APRIL CALENDAR


To see more details on the events listed visit:
<https://franklinton.org/resources/events/>.

M	TU	W	TH	F	SA	SU
1 	2 Ramadan Mubarak @ 1:30-3PM, Franklinton Library FAC Zoning Committee @ 6PM, Mount Carmel Healthy Living Center	3 Parenting Class @ 1-3PM, Gladden Community House	4 Free Produce @ 3-5PM, Glenwood Rec Center Free Produce @ 3-5PM, Sullivant Gardens Rec Center	5 Spring Break Fun for Youth @ 4-8PM, Glenwood Rec Center	6	7

M	TU	W	TH	F	SA	SU
8	9 Franklinton Area Commission @ 6PM, Mount Carmel Healthy Living Center	10 Parenting Class @ 1-3PM, Gladden Community House	11 Free Produce @ 3-5PM, Dodge Rec Center	12 Collage Workshop @ 3-5PM, We Amplify Voices	13 	14

M	TU	W	TH	F	SA	SU
15 	16	17 Parenting Class @ 1-3PM, Gladden Community House	18	19 Hygiene Help @ 10AM-5PM, Dodge Rec Center	20	21

M	TU	W	TH	F	SA	SU
22 Passover Begins at Sundown	23 FAC Housing & Development Committee @ 6PM, Mount Carmel Healthy Living Center	24	25 	26 Collage Workshop @ 3-5PM, We Amplify Voices	27 CAREgivers Retreat @ 10:30AM-4:30PM, Nationwide Children's Hospital Education Center	28

M	TU
29 	30

Questions? Comments? Call us at 614-636-3644,
 or send us an email at info@franklinton.org.

