

# FRANKLINTON NEWSLETTER

*A product of Franklinton Development Association*



## Introduction

Happy July! Read on for several resources and events coming soon to the neighborhood.

As always, check [Franklinton.org](http://franklinton.org) for updated information. Future issues can be found online at <http://franklinton.org/newsletter/>.

## Walk-in for Wellness

Join Lower Lights Health, Columbus Public Health, and Columbus Public Safety for Walk in for Wellness on **July 10th & 11th from 11:30AM-5:30PM at Lower Lights Health Center in Franklinton** (1160 W Broad St, 43222)! Each individual will receive **one free boxed lunch per person** provided by Simply Plated and Lower Lights Health. There will be health screenings for Diabetes, High Blood Pressure, Cholesterol, and Heart Disease. Wound Care and vaccines for Flu and COVID-19 will be offered.

Connections to Lower Lights Health services:

- Primary Care
- Dental
- Vision
- MAT Services
- Behavioral Health Services/Counseling
- PrEP/HIV Treatment/Prevention
- STI & HEP C Testing

Columbus Public Health & Public Safety Services:

- Health & Human Services Mobile Van
- Legal Aid
- Warrant Set-Asides
- BMV



## Franklinton Wellness Walks

Join Mount Carmel Healthy Living Center for their Franklinton Wellness Walks on the **first and third Tuesdays at 9:30AM!** Enjoy walking with others at a comfortable pace. Wear walking shoes and dress for the weather. We will be walking drizzle or shine! In the event of inclement weather, we will not be walking. Upcoming dates:

- July 2nd & 16th
- August 6th & 20th

**Registration is required.** Upon registration, make sure to verify which location. To register, please email [healthylivingcenter@mchs.com](mailto:healthylivingcenter@mchs.com) or visit <http://www.mountcarmelhealth.com/hlc>.

## Westside Baby Shower

Join CelebrateOne for their Westside Baby Shower on **Saturday, July 27th from 1-3PM, Westgate Park** (455 South Westgate Ave, 43204). Navigating pregnancy and preparing for the arrival of your little one is an exciting yet sometimes challenging adventure. CelebrateOne is here to support you! Come join us at our upcoming community baby shower - designed to connect you with a wealth of resources. Meet with community partners to learn about breastfeeding, health insurance, childcare and medical care during your pregnancy.

CelebrateOne's community health workers will also be there to sign you up with our organization and connect you to the services you need for a healthy pregnancy and your baby's first year of life.

Register here: <https://www.eventbrite.com/e/celebrateone-west-side-baby-shower-tickets-925827092757>.

## Walk With A Doc For Perinatal Families

Little Bottoms Free Store and Nationwide Children's Hospital are partnering to host a new Walk with a Doc program, offering a **monthly walk at Westgate Park** (4555 S. Westgate Ave, 43204) with a special emphasis on pregnant and postpartum families. Families can bring children on a walk/stroller ride while learning about a health topic, socializing with other families, building community, and gaining access to healthcare providers to answer medical questions. **Upcoming Walks on Sundays at 12:30PM:**

- Sunday, July 21
- Sunday, August 25th
- Sunday, September 15th

For more information and to register, visit: [www.littlebottoms.org/events](http://www.littlebottoms.org/events).



## Rise Up CBUS Westside Events

Rise Up CBUS is taking community pride to a whole new level! Join us for a Rise Up CBUS! event near you. Learn about resources from city and community partners. Enjoy free food, music and connect with your neighbors. Admission is **free**. Westside Rise Up CBUS events:

- **Thursday, July 11th @ 5-7PM, Hauntz Park** (480 Columbian Ave, 43223)
- **Thursday, September 19th @ 4:30-7:30PM**, Eakin Elementary (3774 Eakin Rd, 43228)

## Free Collage Workshop

Join We Amplify Voices (WAV) for their Community Creatures: Free Collage Workshop! Craft your unique collage creature, connect with your community, and share love around the westside. Join them **every other Friday from 3-5PM at their office** (1327 Sullivant Ave, 43223). Upcoming sessions: **July 12th & 19th**.

Learn more: [www.weamplifyvoices.org/whatwedo](http://www.weamplifyvoices.org/whatwedo).

## Franklinton National Night Out 2024

Save the date for National Night Out in Franklinton for **Tuesday, August 6th from 5:30-7:30PM at the Avondale School Yard** (141 Hawkes Ave, 43222). National Night Out is a free outing for the whole family, with food, entertainment, children's activities, and raffles.

Follow us on Facebook to stay updated:

<https://www.facebook.com/ftonnationalnightout>.

## Financial LifeSkills Program

Get paid to learn money management! The 12-hour program is broken up into 6 classes:



**Financial LifeSkills**  
PROGRAM

1. Your Relationship with Money
2. Budgeting
3. Banks & Credit
4. Loan & Debt management
5. Job-training & Entrepreneurship
6. Taxes & Risk Management



Upon completion, you will receive a financial incentive of \$252 and a graduation certificate. While in the program, we will connect you with other organizations and resources through guest speakers and materials. Please register online for our interest list: <https://franklintondevelopment.org/flsp>.



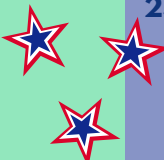
# JULY CALENDAR

To see more details on the events listed visit:  
<https://franklinton.org/resources/events/>.

M	TU	W	TH	F	SA	SU
1	2 FAC Zoning Committee @ 6PM, Mount Carmel Healthy Living Center	3	4  Independence Day	5	6	7

M	TU	W	TH	F	SA	SU
8 	9 Franklinton Area Commission @ 6PM, Mount Carmel Healthy Living Center	10 Walk-in for Wellness @ 11:30AM-5:30PM, Lower Lights Health	11 Free Produce @ 3-5PM, Dodge Rec Center Rise Up CBUS @ 4:30PM, Hauntz Park	12 Collage Workshop @ 3-5PM, WAV Franklinton Friday	13	14 

M	TU	W	TH	F	SA	SU
15 	16 	17 	18 	19 Harm Reduction Pop-up @ 1-4PM, Netcare Parking Lot Collage Workshop @ 3-5PM, WAV	20	21 Walk with a Doc @ 12:30PM, Westgate Park

M	TU	W	TH	F	SA	SU
22	23 FAC Housing & Development Committee @ 6PM, Mount Carmel Healthy Living Center	24 	25	26	27 Westside Baby Shower @ 1-3PM, Westgate Park	28

M	TU	W
29 	30 Westside Stroller Social @ 12:30, Westgate Park	31

**Questions? Comments?**  
 Call us at 614-636-3644, or send us an email at [info@franklinton.org](mailto:info@franklinton.org).

