

# Summer Camp Packing List



## What to Bring:

- 5-7 Outfits (including underwear and socks)
- Jacket or sweatshirt
- 2 pairs of shoes: tennis shoes and water shoes (if using sandals, they must have an ankle strap)
- Bathing suit (one piece or equivalent for girls, trunks for boys)
- Rain jacket or poncho
- 2 towels (for showers and swimming)
- Toiletries
- Pillow
- Twin sheets and blanket
- Sleeping bag (can replace sheets, but is needed for campout)
- Water bottle
- Flashlight with batteries
- Bug spray (non-aerosol)
- Sunscreen
- Backpack (to carry water bottle, towels, etc.; preferably not string backpacks)
- Medications, both prescription and over-the-counter, in original container to be given to the Camp Nurse
- Bible
- Pen or Pencil
- Stationary, envelopes, and stamps (you may want to pre-address the envelopes)

## What Not to Bring:

- × Pets
- × iPods, headphones, cell phones, video games, computers, or any other electronic devices
- × Food, candy, or gum
- × Tobacco products, alcohol, or drugs
- × Fireworks, firearms, or other weapons

Please use your best judgement when packing for camp. Camp can be dirty and messy, so we do not recommend bringing new clothing.

NaCoMe is not responsible for lost, stolen, or damaged personal items of campers. Please be sure to label your belongings and to leave all valuable items at home. If you have any questions about packing, please feel free to contact us at [program@nacome.org](mailto:program@nacome.org) or 931.729.9723.